Meredith & district News

OCTOBER 2026

YOUR FREE COMMUNITY NEWSLETTER







inside

- Our new Newsletter Team.
- Getting Ready for Summer
- Our Netballers and Footballers shir

CELEBRATING 50 YEARS OF PUBLICATION

see the LOOK BACK LIFT OUT INSIDE

e: news@meredithnews.com.au w: meredithnews.com.au

Meredith & district News

The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jim Elvey, (general editor and chair) Ian Penna, Nerida Anderson, Amy Medley, and Ian Leighton. Production is undertaken by Peter Boer, Don Atherton and Jim Elvey.

NEWS & VIEWS

Appropriate contributions accompanied by the contributor's name (which will also be published) and contact details, are most welcome. Please email to **news@meredithnews.com.au** or deliver to the Meredith Post Office or Meredith Hub

DATES AND DEADLINES

The Newsletter is distributed on the **first Thursday** of the month (except January). All ads and submissions must be lodged by 9.00 am on the **last Thursday** of the preceding month, but earlier is **really** appreciated.

ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. Rates, excluding GST, are as follows:

	B&W/Colour
Business Card	$20.00
Quarter page	$30.00/$50
Half page	$50/$110
Full page	$100/$200

A $20 loading applies for preferred position. Please submit in jpeg format, if available.

Classifieds are **FREE** for small, personal notices from residents. Otherwise $7.50 on invoice or $5.00 if paid on lodgement. Community Groups can have a 1/4 page ad for free or a $30.00 discount on larger ads. (conditions apply)

SUBSCRIPTIONS

You can subscribe to get the Meredith and District News posted to you anywhere in Australia for what it costs us to send it - $59.50p.a. (11 issues)

CONTACT US

Post Office, Meredith, 3333
Advertising: Ian 0409 016815
advertising@meredithnews.com.au
Accounts: Ian Leighton 0428132880
accounts@meredithnews.com.au
Editorial: Jim: 0409 163169
news@meredithnews.com.au

WEB

You can check back copies and lodge comments at *meredithnews.com.au*

ONLINE PHOTOS

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions

FEEDBACK

Yes please! Send it to news@meredithnews.com.au

Production: Don Atherton; Editor: Jim Elvey

connect

ADVANCE MEREDITH
0409 027 359

ANGLING CLUB
0439 733 474

B'BURN ART GROUP
0410 808 483

B'BURN MENS SHED
0407 835 731

B'BURN SOFT TENNIS
0409 236 420

BLUELIGHT DISCO
5286 1222

BOOK CLUB
5286 8201

CFA
000 for fire calls
Elaine
0419 767982
Meredith
5286 1502
Morrisons
0417 770 765

CHILDCARE
5286 0700

COMMUNITY CENTRE
5286 0700

CRICKET
Elaine
0448 291074
Junior (U16,U14,13)
0448 291074
Meredith
5286 1434

CUBS & SCOUTS
Lethbridge
0435 042077

ELAINE HALL
53415575
0409861296

FOOTBALL
Seniors 0408 545246
Juniors 0430 587 674

GOLF CLUB
0407 795 342

HISTORY GROUP
5286 8201

LANDCARE
0409 862 326

MEMORIAL HALL
0409 662106

MEREDITH SEWING GROUP
0491 184 999

MOTORCYCLE CLUB
0437 009 250

PLAYGROUP
5286 0700

POLICE PADDOCKS
0409 163169

RSL - 5286 1452

SENIOR CITIZENS
0407 683 892

TENNIS
Elaine
0448 291 074
Lethbridge
52 817 321
Meredith
0424 754 179

SEW 'N' SEWS
5286 0700

FRIENDS OF THE BRISBANE RANGES
5286 1252

emergency

Police, Ambulance, Fire	000
(from mobile phone)	000 or 112
Meredith Police Station	5286 1222
Police non emergency	131 444
Power Failure	132 412
Nurse-On-Call	1300 606 024
Mental Health Advice	1300 280 737
Poisons Information	13 11 26
Barwon Water	1300 656 007
SES Emergency - flood & storm	132 500
24 Hour Helpline	1800 629 572
24 Hour Drug & Alcohol Counselling	1800 888 236
Kids Help Line 24hr 5-18yo	1800 551 800
Golden Plains Shire	1300 363 036
a/h emergency	0408 508 635
Ranger	5220 7111
or	0409 830 223
Bannockburn Vet	5281 1221
Golden Plains Animal	5281 2226
Pets and Horses 24/7	0421 617 238

Justices of the Peace

Mr Don Atherton. 0409 869 960

Mr Paul Ryan Elaine 0409 861 296

services

CEMETERY TRUST
5286 1550

HALL HIRE
Meredith Memorial
5286 1545
Elaine Mechanics
53415575
0409861296

LIBRARY VAN
5272 6010

MATERNAL & CHILD HEALTH
5220 7230

PRE-SCHOOL
5286 0722

PRIMARY SCHOOL
5286 1313

RECREATION RESERVE
0499 707 881

..or start something.

If you have a special interest you would like to share with like minded people, let us know



"We're not meant to get hot days like this in October," I say, standing in front of the open freezer.

– Graffiti moon, Cath Crowley

Local **knowledge.**

Local **agents.**

Winners of

LEGENDARY SERVICE Finder AWARDS 2025 REAL ESTATE AGENT

MOST LOVED Finder AWARDS 2025 REAL ESTATE AGENT



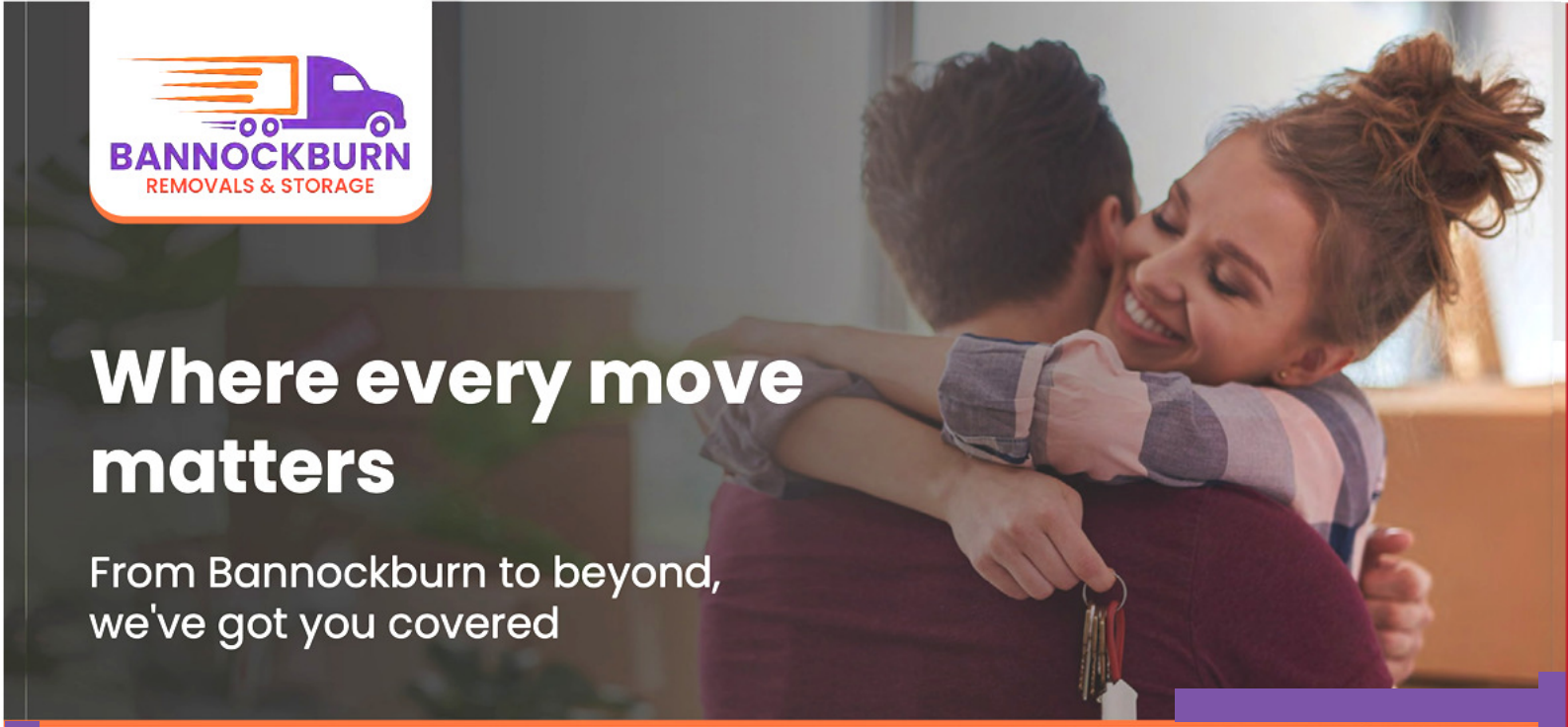
firstnational REAL ESTATE Golden Plains

03 5281 4500

goldenplainsfn.com.au

We put you first

BANNOCKBURN
REMOVALS & STORAGE



Where every move matters

From Bannockburn to beyond,
we've got you covered

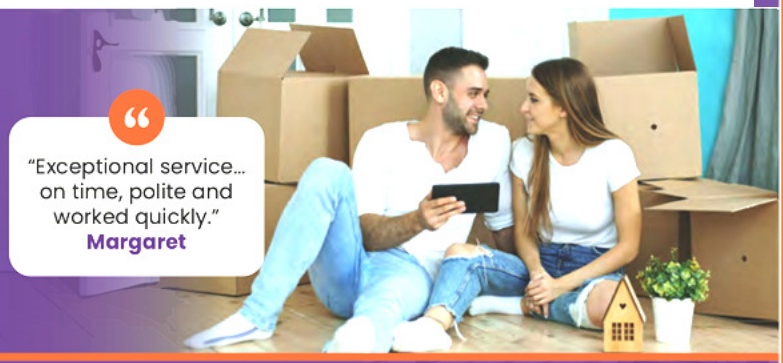
At Bannockburn Removals and Storage, we're proud to be a family-owned business with over 40 years of experience, dedicated to making moving and storage stress-free. Whether you're moving locally within Bannockburn, across the Golden Plains, through Geelong or the Surf Coast, or heading into the city, our experienced team is here to deliver professional, reliable support every step of the way.

Stress-free moving and storage

Whether you're relocating across town or downsizing for a fresh start, we make it easy.

Our services

- Home and office removals
- Antique and piano transport
- Packing and unpacking
- Secure short- and long-term storage
- Packing supplies available



"Exceptional service... on time, polite and worked quickly."
Margaret



"Super professional, friendly and efficient. They handled everything with care and made our move stress-free."
Millie

Why locals choose us

- Over 40 years of experience
- Family-owned and operated
- Friendly, professional team
- Available 7 days a week
- Flexible, tailored solutions

GET A QUOTE TODAY

0461 529 860
info@bannockburnremovals.com.au
www.bannockburnremovals.com.au

BANNOCKBURN
REMOVALS & STORAGE

Michaela Settle MP

State Member for Eureka

The condition of our roads is not good enough

SO, WE ARE SPENDING $352 MILLION MORE FOR ROAD REPAIRS, DOUBLING THE NUMBER OF POTHOLES FIXED



Fixing more potholes , sooner.

Most of the potholes will be removed over the second half of this year and into January, when it's driest.

michaela.settle@parliament.vic.gov.au 5331 7722 /MichaelaSettleMP michaelasettle.com.au

SIMCO
PLUMBING SERVICE

Domestic – Commercial – Rural

0400 643 976

All general Plumbing and Gasfitting - Renovations and Extensions
Hot water and Heat pump - Split system and Wood heaters
Water tanks and Pumps - Roof and Gutter
Septic and Treatment plants - Blocked drains and CCTV Inspection
Excavation, Bobcat and Tipper - Driveways and Earthworks

Simon Mcgillivray
Lic: 109610 Freequotes, Fast & Friendly Service

The good news is, there will be…

More Good News!

Meet Next Year's Newsletter Team



We are very pleased, relieved and excited to say a new team of volunteers has stepped forward to carry on the production and publication of our community newsletter.

So our history will continue to unfold, thanks to…



Lachie Anderson - Lachie and his family have been in the district for over 10 years. His passions are family, friends and agriculture where he enjoys learning new ways to see small improvements in agricultural production each year. He has always looked forward to receiving his copy of the paper in the mail box each month as it has kept him up to date with what has been happening in the community. He wants to do all that he can to keep the paper part of the community into the future.



Helena Botha - A recently arrived resident of Mt Doran, Helena is a full time teacher in Geelong and the mother of three young children. She was motivated to step forward by the magazine itself and a willingness to do what it takes to keep it alive. She will be a co-editor.



Peter Kinnear - Peter found and fell in love with Meredith over many years attending the Music Festivals. He now lives on a property at She Oaks. He has a background in business management and consultancy and has offered to take on both the treasurer's role and managing advertising.

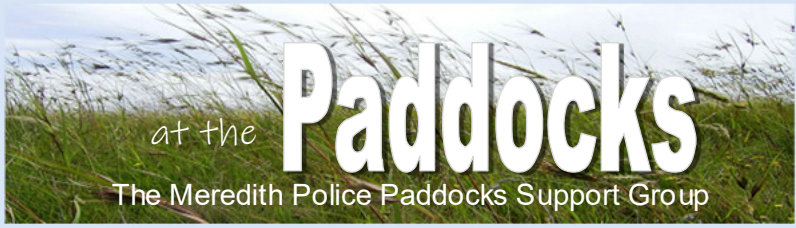


Havva Lachmann - Our other new co-editor, Havva, moved to property in Meredith a few years ago and has a background in law and project management. Like Helena, she is a busy mum as well.

Louise Murray - Another local, Louise has offered to help in a variety of ways and will undoubtedly find a useful role or roles to play once the new team is in place.

Committee member, Nerida Anderson will join Don Atherton to share the production role, giving us a full complement of production volunteers.

Jim Elvey and Peter Boer will retire from their production roles at the end of this year.



Jim Elvey

The Meredith Police Paddocks Support Group has two projects on the go at the moment. One is the establishment of a landscaped native plants garden in the vicinity of the container near the Campion Street entrance. This will soften the appearance of the container, as well as exhibit plants typically found on the site and used in past times by Wadawurrung moving though it. A centerpiece will be a large reproduction of B.J. O'Toole's painting, celebrating the site from a Wadawurrung perspective.

The second project adds two information signs, one at each entrance, providing a concise account of the police presence on the site since the early 1830s.

I will retire from the Group at the end of the year, having convened it since its inception in 2007 (except for a few years when the then site manager gave up its delegation and set us adrift.)

I appreciate and thank the large number of dedicated volunteers I got to work with over that time. And there have been many achievements. We raised money for and executed a number of projects, including the track network, installed information signs, seats and entry fencing as well as planting countless trees, shrubs and grasses. We successfully sought grants to buy equipment, and Group members have researched and published on various aspects of the site's history.

I want to especially mention a fellow founding volunteer, in Doug McFarlane. The ever-affable Doug was a willing ally who trod the heavily grassed paddock with me designing and cutting the track lay out and then spending many hours over many years behind an aging mower, keeping it mown. It should be known as the "McFarlane Track".

Where Next? The two projects underway are, of course, our focus at the moment and should be in place over the next few months. And the site's delegated managers, Western Region Ecological Network (WREN), will continue its work in cutting grass and managing weeds., while pursuing a Master Plan to foster and conserve its natural ecology. And the Support Group will continue as a sub-committee of WREN, working to ensure this wonderful asset remains available to the community as a place of passive recreation and renewal, where visitors can enjoy a conveniently located walk, immersed in a natural environment and learning of the site's considerable history.

Join Us. The Support Group needs renewal too, so if you would like to join a group of like minded locals, working to maintain, improve and promote this wonderful 20Ha of bushland on our doorstep, please give me a call or text on 0409 163 169.



Church News

Meredith Uniting Church

Services have recommenced. 11.00 am 2nd Sunday each month.

Enquiries: Pastor Andrew Shearer-Cox Ph:0429 261 954

Serbian Orthodox - 5341 5536

Daily services: Matins 8.00 am, Vespers 6.00 pm.

Divine Liturgies on Saturdays & Sundays 10.00 am

Anglican

8.00 am Holy Communion St Paul's, Inverleigh

10.00 am Family Communion. St John's, Bannockburn

5.00 pm Prayer and PraiseEpiphany, Meredith

Find us at: www.goldenplainsanglican.org or

office.revdrtim@hotmail.com

The Revd Dr Timothy Smith

Catholic Parish Of Meredith Mass Times – October 2026

Winchelsea - St. John the Baptist @ 5PM Sat. Oct.3,10,17,24,31

Meredith–St. Joseph NO MASS

Bannockburn–St. Mary MacKillop @ 11amSun.Oct.4,11,18,25

Inverleigh – Sacred Heart – @ 4pm Sun. Oct.18

OUR COVER

Our cover revisits the site of the January bushfires, as depicted on our February cover. It gives a hint of the remarkable survival skills of eucalyptus trees after a bushfire attack. Within weeks they will sprout epicormic growth along trunks and branches, enabling them to stay alive until normal foliage can re-establish. Learn more about this botanical marvel on page 40. Wendy Cook's *"In Our Nature"* column also touches on the secret life of trees. And thanks to Nerida Anderson for both photos.





If you have taken a photo you think would make a great cover, send it to us at news@meredithnews.com.au

Meredith Community Centre
working for our community

What's On This Month

GET ONLINE WEEK!

WEDNESDAY - OCTOBER 21 - 11.30 AM - 1.30PM

JOIN US FOR A DAY OF FUN ONLINE!

BOOKINGS ESSENTIAL FOR CATERING -

BY OCTOBER 14 - 0491 184 999

COMMUNITY DROP IN -

TALL TREE WIND FARM INFORMATION SESSION

WEDNESDAY OCTOBER 7- 9.00 AM - 12.30 PM

SINGING GROUP - $2

EVERYONE IS WELCOME TO BELT OUT A TUNE!

COME JOIN THE FUN!

TUESDAY NIGHTS - 7PM- WITH KYM (RESTARTING TERM 4)

TUESDAY MORNINGS - 10.30AM - WITH ANNE

AT THE COMMUNITY CENTRE

THE MEREDITH MART

MONDAY - 9AM-1PM

TUESDAY - 9AM-1PM

WEDNESDAY - 9AM-3PM

THURSDAY BY APPOINTMENT

BALLARAT FOUNDATION



GEELONG FOODSHARE

SUPPORTED BY FOOD BANK

WE ARE NOW TAKING DONATIONS OF NEW WITH TAGS CLOTHING!

ALL SIZES

PLEASE DROP THEM OFF TO THE OFFICE - NO USED ITEMS PLEASE

TAI CHI - $15 PER SESSION

TUESDAYS @ MEREDITH WITH SANDRA - 9.15 - 10.15

WEDNESDAYS @ [illegible]SMA - 9:30 - 10.30

GENTLE EXERCI[illegible] FOR OVER 65'S

THURSDAYS @ 9.15 - 10.15 - FREE

DESMA IS CURRENTLY ON LEAVE - WILL RETURN IN TERM 4

TO BOOK:

LEARNLOCAL[AT]MEREDITHCOMMUNITYCENTRE.COM.AU

WWW.FACEBOOK.COM/MEREDITHCOMMUNITYCENTRE

PH. 5286 0700 / 0491 184 999

JOIN US ON FACEBOOK & INSTAGRAM [AT]MEREDITHCOMMUNITYCENTRE

PLAYGROUP

CURRENTLY TAKING A BREAK

11.30AM

$2 PER FAMILY

Round 9- vs Ballarat

Well the Crocs had a mighty bus trip up to Ballarat and we put on a show whilst taking on the The Diggers - Ballarat AFL Masters FC . The Crocs stole the show putting on a spectacular performance. It was great to see such a good turnout with a few first timers and returning players pulling on the boots. We thank The Diggers for hosting us and putting on a great day out.

Special thanks to the Wellington Warriors Football Club for having a few of our players fill in for your team.

Awards for the day went to,

Chris, Bats, Cowie, Mitch and Johnno.

Thanks to our sponsors who support us every week.

Round 10- vs Goulburn Valley

The Crocs travelled up the highway to Shepperton to take on the GV Giants. The weather was perfect for football and the Giants put on the pre-game show with their dress up day.

In a hard fought match, the Crocs got away early and seemed to be taking control of the game. The Giants then kicked a few to claw back on the score board. But to the undermanned Crocs credit they all held strong and ended up winning by a small margin. Another win for the Crocs and win for Masters footy. Best for the day were; Nathan Lambert, James Groves, Scott Cowie, Kelvin Vince, Mick Smith, Kev Murray and Scotty Thompson.

Round 11- vs Wellington

The Moorabool Valley Masters F.C. Moorabool valley Masters F.C. CROCS have concluded their season. The Wellington Warriors Football Club presented a formidable lineup, which immediately challenged the Crocs. The Crocs ultimately secured a hard-fought victory after a demanding match. The day was enhanced by favourable weather conditions and strong spectator support.

The Crocs extend their sincere gratitude to all sponsors for their invaluable support throughout the season. We anticipate your continued partnership for the upcoming season.

Our profound appreciation is also extended to all volunteers who contributed their time and effort across various functions, including game day operations, training, and kitchen and bar services. Your dedication is highly valued and instrumental in the success of our club.

We wish to acknowledge Coach Micky D for his significant contributions to the club's coaching and development. We look forward to his continued participation as a player and his enjoyment of the sport we all cherish. His commitment has been exceptional.

The Croc Family expresses its collective thanks to everyone involved.

A big congratulations to our raffle winners. Thank you to everyone who bought tickets and supported the club.

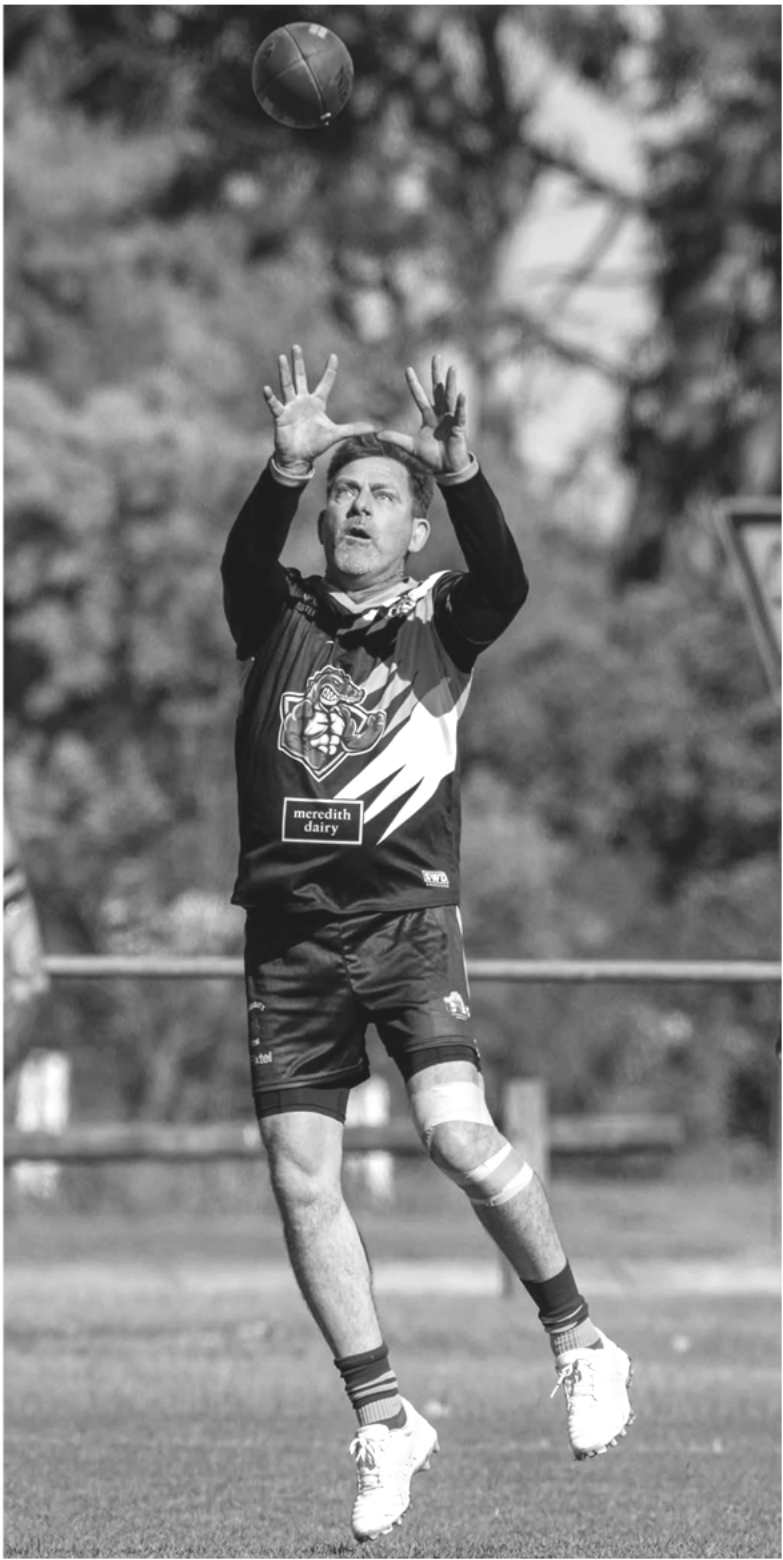
1st prize: John Ballestrino

2nd prize: Jamie Boyd

3rd prize: Kim Plews

A few of the Crocs will be heading to Newcastle to play in the AFL Masters National Carnival. They will be representing Victoria Country. Keep an eye on our facebook page for updates

GO CROCS!!



R. One of our coaches, Craig Taylor, demonstrating concentration.

MULCAHY & CO

Helping committed clients achieve and maintain financial security.



Our professionals live in and service the Ballarat area. We have specialists in **Accounting, Agri Business, Bookkeeping, Financial Planning, Legal, Lending** and **Marketing** to assist individuals and businesses to thrive.

So whether it's a website, your tax, your farm finances, your conveyancing or will, your home loan or your retirement planning- let our experts help!

300B Gillies St Nth
Wendouree VIC 3355
Phone: 03 5330 7200
www.mulcahy.com.au

Our 12 Steps to Success

Meredith Cricket Club

2026 Season Launch-

Senior Men's Cricket

Once again, this season The Rams will be fielding two senior teams in the Geelong Cricket Association competition.

We are delighted announce the appointment of Matthew Ringin as our senior club coach for the coming season. Matt brings a wealth of cricket knowledge and experience to the Rams, having played and coached at the highest level in the Ballarat Cricket Association.

Our leadership group is complimented by star allrounder Tyler Dittloff who will continue on as captain of our 1st X1, and James Parkinson and Will Young as joint captains of the 2nd X1.

In some exciting news, for the first time in the clubs history we have recruited a couple of English cricketers to the Rams. Freddie Scrogham, a big hitting left arm fast bowler and Ed Cox, a classy middle order bat and quality off spinner will add some excitement and depth to our senior squad. Both of these lads will be assisting with our Junior and Womens cricket programs. A huge thank you to our major sponsor- Meredith Dairy for their continued support and assistance in welcoming the boys to the Rams.

Pre-season training has already commenced with a number of well attended indoor and outdoor sessions. Training for Seniors (Rams), Women (Ewes) and Juniors (Lambs) will be conducted every Thursday at Meredith from 5pm. Round 1 season opener is on Saturday October 3rd. We are always looking for new players of all ages and ability, no previous cricket experience is required, so come along and join in the fun of playing a great sport for an iconic local club.

Womens/Girls Cricket (Ewes)

After an incredibly successful inaugural season in 25/26, we continue growing our womens/girls programme, which is open to all females above the age of 12.

No previous cricket experience is required, all gear and coaching is provided by the club and fun is guaranteed. Anyone interested, please contact the club for more information.

Junior Cricket Programme (Lambs)

The Club will be holding a Junior Cricket "Come and Try" day on Sunday October the 4th at 10am at the Meredith Rec Reserve. Boys and girls of all ages are most welcome to attend.

No previous cricket experience is required, all gear and coaching is provided by the club and fun is guaranteed.

We will definitely be fielding an U11 side once again and depending on player availability, we would love to have teams in other age groups. Please come along for a bit of fun and register your interest in joining.

Follow the Meredith Cricket Club on Facebook, or call or message our President- Terry Hart 0418 178 513, Vice President- Joel Hart 0407 147 358, Secretary- Tyler Dittloff 0400 975 081 or Junior Co-ordinator- Sandy Warwick 0412 228 705

Local Trio Shine

Terry Hart

Congratulations to 3 of our local sporting talents for their outstanding seasons at the Buninyong Football/Netball Club in 2026.

At the clubs Best and Fairest evening held on September 18th at Mars Stadium in Ballarat, former Lethbridge Primary School Vice-Captain Hayden Spiller was the run-away winner of the clubs senior football Best & Fairest award. In his 1st full season at the club, after playing the majority of his junior and senior football with Bannockburn, Hayden had an outstanding season for the Bombers, also finishing 5th in the Central Highlands Football League Best and fairest award.

Former Meredith Primary School Captain Ruby Hart dominated the A grade Best & Fairest netball count until injury ended her season after 9 rounds. In an incredible performance she managed to hang on and win the club's highest netball award despite missing the final 8 games of the season. Having played all of her junior and senior netball for Buninyong, this was fitting recognition for her hard work and determination.

In another fantastic honour for our local talent, Joel (Cakes) Hart a former Meredith Primary School Captain, Junior Crocs player and current star player at the Meredith Rams Cricket Club was awarded the Reece Marshall Award for the club member that best embodies the 'Spirit of Team and Mateship'.



Local sports stars, (from top) Hayden Spiller, Ruby Hart and Joel Hart. Congratulations and Well Done!



Wendy Cook

A brown bird glided downwards to land low on the trunk of a rough-barked Eucalyptus. He had white spots on his sides, but was named for the white feathers below his beak and for his behaviour, the white-throated treecreeper. He walked up and around the tree trunk, one foot always above the other, pausing frequently to probe cracks and crevices in the bark with his gently curving beak. He was seeking ants, which he licked up with the fringed tip of his tongue, but also ate other insects that made their homes or laid their eggs within the bark. He crept up the tree and along the underside of a branch, hanging upside down, still searching for food. When he had finished, he climbed onto the top of the branch, spread his wings, displaying their pale stripe, and glided again. He bypassed the smooth trunk of a manna gum, and landed just above the ground on a wattle, where he repeated his feeding climb, before taking flight again. He preferred trees with a rough texture to their bark, as it was easier to grip as he walked upwards.

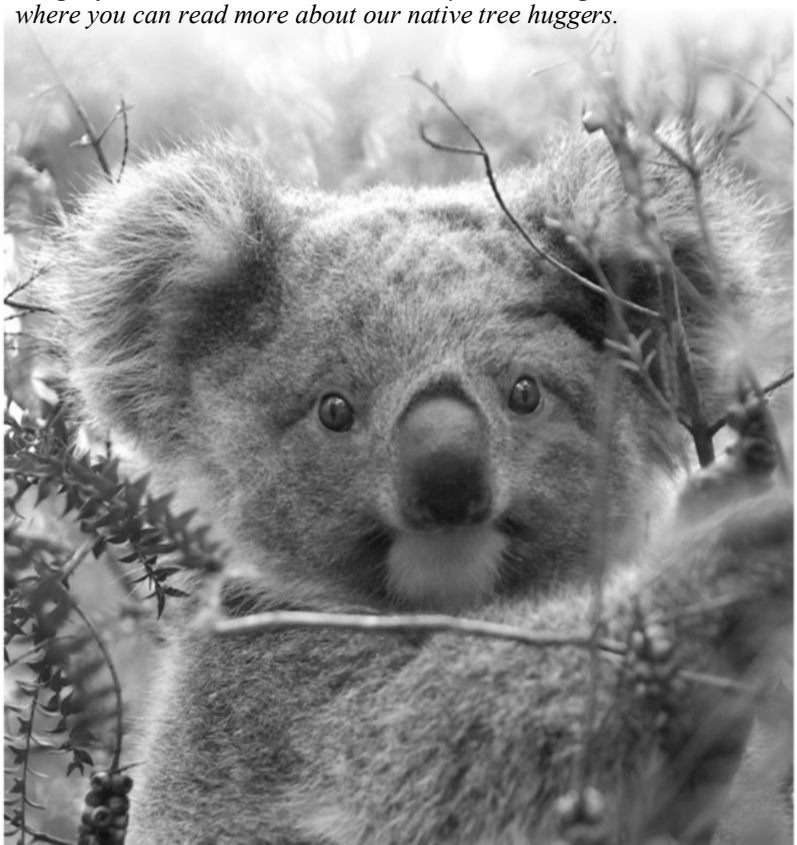
Other birds are comfortable on smooth-barked trees, such as the manna gum. A larger bird, a grey currawong, perched on a branch of the gum close to the trunk, where strips of fallen bark had accumulated. With her yellow eyes, she looked thoughtfully at the pile, while her strong beak pulled at the top piece of bark, revealing a huntsman spider and two grubs, which she quickly ate. As the currawong rummaged through the strands of bark, they fell to the ground, where they would provide shelter for other spiders and insects. Eventually, aided by these small creatures, as well as fungi and bacteria, the bark would break down and become part of the soil, returning nutrients to the manna gum and other nearby plants.

The manna gum shed its bark to allow its trunk to grow more quickly, and as a way of removing organisms that might harm it, such as some beetles and fungi. Lichens and mosses were also discarded in this way, while on trees that keep their bark, they can grow and persist, and form the basis for communities of tiny animals. Trees with thick bark have different advantages. The dense layer can protect against physical damage, including from fire and some pests. Bark helps trees to retain moisture, and provides insulation for the inner trunk, keeping it warmer in winter and cooler in summer. Koalas are aware of this, and on hot days they hug a branch or the trunk of a tree, to keep themselves cool. Bark on the trunk and branches is deeper than the outer layer that we see. The innermost layer of bark is the phloem, in which sap transports nutrients from the leaves to other parts of the tree.

Many of the characteristics of bark seen in gums and other Eucalyptus are common to the bark of other trees, but some have their own special features. A chemical found in the bark, leaves and fruit of some plants is tannin. Wattle bark has particularly high levels of tannin, which is a defence against harmful bacteria and fungi. After Europeans settled in Australia, they found it useful for tanning hides and as an antiseptic, and harvested large quantities of wattle bark. Indigenous people also appreciate wattle bark for its antiseptic qualities, and as a source of string and for weaving baskets. Another tree with bark they find useful is the Melaleuca or paperbark tree. The bark of these trees grows in many strong layers with a papery texture, which can be peeled off in thick or thin sheets, to be used for various purposes, including bedding, bandages, coverings for shelters, and to wrap food for cooking. Another tree, although not an Australian native, for which people have found multiple uses is the cork oak. This tree has thick grey bark with deep fissures and retards fire. Bark can be sustainably harvested from a cork oak about every ten years, as the tree regrows it. The bark is used for corks, floats, flooring and as insulation against noise and heat.

It is not only people who appreciate the qualities of bark for a comfortable home. One of our local carnivorous marsupials, the brush-tailed phascogale, makes a round bark nest inside a tree hollow. This is a simple construction made by one animal for itself, or by a mother for her babies. Another of our locals, the white-winged chough, creates a more complex and enduring nest. These large black birds with red eyes live in families, usually of four to eight, and build a mud nest. It is strengthened with plant material, often stringybark, which is torn from a tree and carried to a supply of mud. The bark is mixed into the mud, then transported to the building site on a horizontal branch, where a round nest is constructed. The bark is carefully tucked into the mud, which is smoothed with a beak. More bark may be used to form a soft lining inside the bowl-shaped nest. The nest may be used several times over the years, with a new rim added to the top of the nest before each use. Although the bark will only be seen when the nest eventually falls to the ground and breaks after many years of rearing chicks, it is a crucial part of the structure, just as bark is crucial to the lives of trees, and many of the creatures that live on them or visit them.

Image from livescience.com/46073-why-koalas-hug-trees.html where you can read more about our native tree huggers.



GOLDEN PLAINS SHIRE COUNCIL NEWS



COUNCILLOR GROUP MESSAGE

OCTOBER 2026

One of the greatest strengths of Golden Plains Shire is the diversity of people who call our communities home. From young people stepping into leadership roles, to seniors remaining active and connected, Council is committed to creating opportunities for everyone to participate, contribute and thrive.

This month, we were delighted to welcome Caleb Stephenson as the new Youth Mayor for 2026-27. Through the Golden Plains Youth Council, young people from across the Shire are helping shape decisions, advocate for issues important to them and develop valuable leadership skills. We congratulate Caleb on his appointment and look forward to seeing the positive contribution he and the Youth Council make over the coming year.

We are also proud to support initiatives that encourage inclusion and participation for all residents. The new All Abilities Cycling Program at the Bannockburn Bike Park will provide opportunities for people of all abilities to build confidence, improve wellbeing and enjoy the social benefits of cycling. The introduction of adaptive bikes is another important step towards ensuring our community spaces are accessible and welcoming for everyone.

As October approaches, we encourage our senior residents to take part in the Victorian Seniors Festival. With a variety of activities and events planned, the festival is a celebration of positive ageing and offers valuable opportunities to connect with others, explore new interests and remain actively involved in community life.

There is also plenty on offer for younger residents during the upcoming spring school holidays, with a range of free activities including paintball, bowling, skating, movies and YouthFest. Programs such as these help young people build connections, learn new skills and enjoy safe, welcoming experiences close to home.

While delivering programs and services locally, Council continues to advocate for greater investment in rural communities. Through the Invest in Rural Victoria campaign, we are working alongside councils across the state to seek fairer funding for roads, community infrastructure, housing and local services. Strong advocacy remains essential to ensuring Golden Plains communities receive the investment needed to support future growth and prosperity.

Thank you for the many ways you contribute to making Golden Plains Shire a connected, inclusive and vibrant place to live.

Yours in community,

Golden Plains Shire Councillor Group



JOIN AUSTRALIA'S BIGGEST SECONDHAND TREASURE HUNT!

Golden Plains Shire residents are invited to take part in the final ever Garage Sale Trail, Australia's largest celebration of second-hand reuse.

Over two weekends, 7-8 November and 14-15 November 2026, households, schools, community groups and businesses can host a garage sale or explore local bargains while helping reduce waste and support a circular economy.

Registration is free, and sellers receive resources and promotional support to help make their sale a success.

Meet your neighbours by bringing your street together or hosting a joint sale with friends.

Give your pre-loved items a second life and help keep good quality goods out of landfill, and support our local circular economy.

Visit:
garagesaletrail.com.au/Golden-Plains
to register or find sales near you.

GOLDEN PLAINS SHIRE

2 Pope Street,
Bannockburn, VIC 3331

19 Heales Street,
Smythesdale, VIC 3351

5220 7111
enquiries@gplains.vic.gov.au
goldenplains.vic.gov.au

GoldenPlainsShire
lovegoldenplains



BUILDER HANDYMAN

ANDREW ROBERTS

- Decks
- Carports
- Weather boards
- House maintenance
- Renovations

0438 184797

No job too small, just give me a call for a free quote.

Registered Builder DBU 19908 Email: *golfbuggy65@bigpond.com*

WATER DELIVERY

Call "Youngy" on

0436 451 995

or 0407 841 920





Country to Coast Electrical

R.E.C. 14586

All Types of Electrical Installations
Pensioner Discounts and Free Quotes

Mob. 0419 504 297

Shaun Bubb
email: shaun.bubb@bigpond.com
66 Brunel St. Lethbridge 3332

Getting Fire Ready

We're finally starting to see some nicer weather which means we're also starting to see residents preparing their properties ahead of summer. This is fantastic!

Unfortunately, it also means we have already seen a handful of burn piles reignite, in some cases weeks after they were originally burned.

To help you prepare for summer, and to help prevent unnecessary pressure on our firefighters, we'd like to share a few simple tips.

What can I do to prepare my property?

- Keep grass cut to less than 10cm.
- Keep gutters clear of leaf litter and debris.
- Clear loose twigs, bark, dry leaves and grass clippings from around your property.
- Store woodpiles well away from your house.

What can I do to reduce the risk of escape or reignition?

- Check local conditions and weather forecasts, including predicted wind changes, on the day of your burn and in the days following.
- Keep a clear area or fire break of at least 3m around your burn pile.
- Make sure your burn is completely extinguished before leaving it unattended.
- Continue to check your burn pile regularly in the days and weeks after burning. If in doubt, treat it as though it is still hot.

Please check local restrictions before lighting your burn, as rules change during the Fire Danger Period and burning may require a permit.

Register your burn by visiting https://firepermits.vic.gov.au/ or calling 1800 668 511.

The Travelling Post Office

A poem by A,B, (Banjo) Paterson

The roving breezes come and go, the reed-beds sweep and sway,
The sleepy river murmurs low ,and loiters on its way,
It is the land of lots o' time along the Castlereagh.

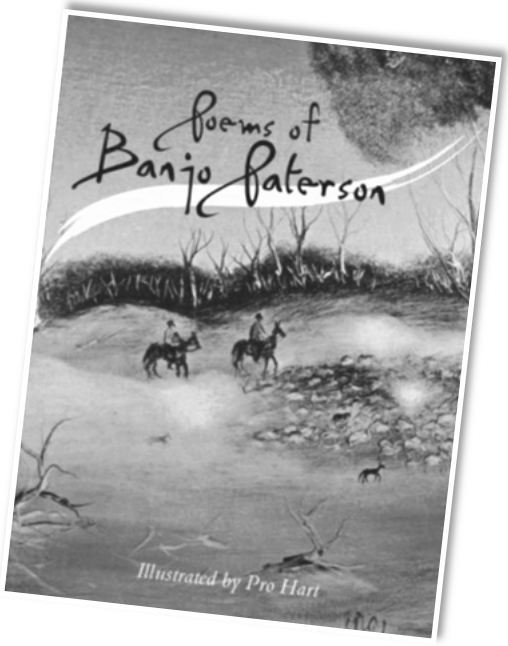
The old man's son had left the farm, he found it dull and slow,
He drifted the the great North-west, where all the rovers go.
"He's gone so long", the old man said; "he's dropped right out of mind,
But if you'd write a line to him I'd take it very kind;
He's shearing here and fencing there ,a kind of waif and stray -
He's droving now with Conroy's sheep along the Castlereagh.

"The sheep are travelling for the grass, and travelling very slow,
They may be at Mundooran now, or past the Overflow,
Or tramping down the black-soil flats across by Waddiwong
But all those little country towns would send the letter wrong.
The mailman, if he's extra tired, would pass them in his sleep;
It's safest to address the note to "Care of Conroy's sheep",
For five and twenty thousand head can scarcely go astray,
You write to " Care of Conroy's sheep along the Castlereagh'".

By rock and ridge and riverside the western mail has gone
Across the great Blue Mountains Range to take that letter on.
A moment on the topmost grade, while open fire-doors glare,
She pauses like a living thing to breathe the mountain air,
Then launches down the other side across the plains away
To bear that note to "Conroy's sheep along the Castlereagh".

And now by coach and mailman's bag it goes from town to town,
And Conroy's Gap and Conroy's Creek have marked it "Further down".
Beneath a sky of deepest blue, where never cloud abides,
A speck upon the waste of plain the lonely mailman rides.
Where fierce hot winds have set the pine and myall boughs asweep
He hails the shearers passing by for news of Conroy's sheep.
By big lagoons where wildlife play and crested pigeons flock,
By camp-fires where the drovers ride around their restless stock,
And past the teamster toiling down to fetch the wool away
My letter chases Conroy's sheep along the Castlereagh.

Source Poems of Banjo Paterson volume 2 illustrated by Pro Hart published 1976
Submitted by Janene Schillier



GORSE - Stop the SEED!



Gorse is **NOW IN FLOWER** so it's a great time to cut and paint or spray your outbreaks large or small

help stop the seed. Start with one plant - it all helps

Visit *vicgorsetaskforce.com.au* for information and inspiration:

Tackling gorse takes effort but doing nothing means it just gets worse



SUPAGAS

100% AUSTRALIAN

Paul Ryan

YOUR SUPAGAS DEALER

SUPAGAS is pleased to announce that **Paul Ryan**

is delivering SUPAGAS to your area.

Paul will supply competitive 45kg, forklift and BBQ gas cylinder refills in a reliable and friendly manner.

- 45kg Domestic and Commercial Cylinder applications
- Fork lift Cylinders (15kg Aluminium Cylinders)
- Refills BBQ and Camping Cylinders
- Bulk Gas Quotations supplied

Please contact Paul to arrange your next SUPAGAS LPG delivery

Contact Paul Ryan on 0409 861 296

DURRAN BRICKLAYING

SPECIALISING IN

- brick & block masonry construction
- Solid brick houses
- Retaining walls
- Scaffolding
- Telehandler Hire

Anthony Durran 0409 524438

a.durran@durranbricklaying.com.au

More than just tyres at Bannockburn.

Passenger & 4WD | Mechanical Repairs | Light Truck | Agricultural

60 Holder Road Bannockburn

5281 1666

BRIDGESTONE

Bridgestone Service Centre

It's time to reconnect, reminisce & celebrate!

Back to STEIGLITZ REUNION

MEMORIES

FRIENDS

COMMUNITY

Different times. Same Steiglitz spirit.

SUNDAY 25TH OCTOBER 2026 — 10.00AM TO 2.00PM —

STEIGLITZ TOWNSHIP

EVERYONE WELCOME! PAST RESIDENTS, FAMILIES & FRIENDS

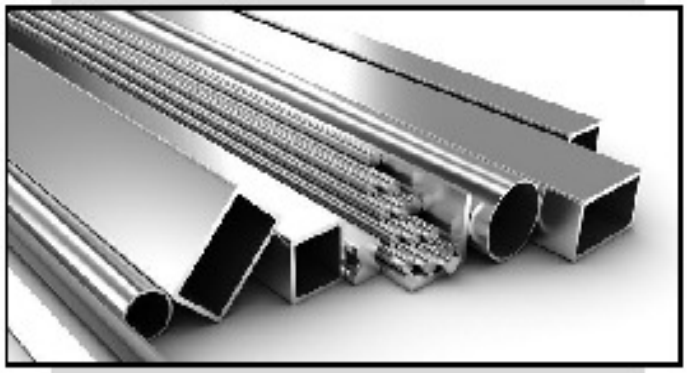
LET'S CATCH UP, SHARE A STORY & CELEBRATE WHERE IT ALL BEGAN.

Spread the word!

IF YOU NEED ALUMINIUM, GO TO...

JUST ALUMINIUM

19 BIRKETT PLACE, SOUTH GEELONG



FULL RANGE OF EXTRUSIONS & SHEET

Deliveries to Ballarat via Midland Highway on Tuesdays and Fridays

Phone: 5222 5444 Fax: 5222 2788

Meredith Tennis Club News

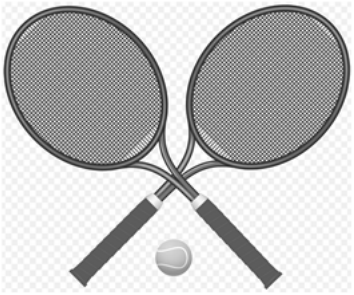
Bridget Dyer

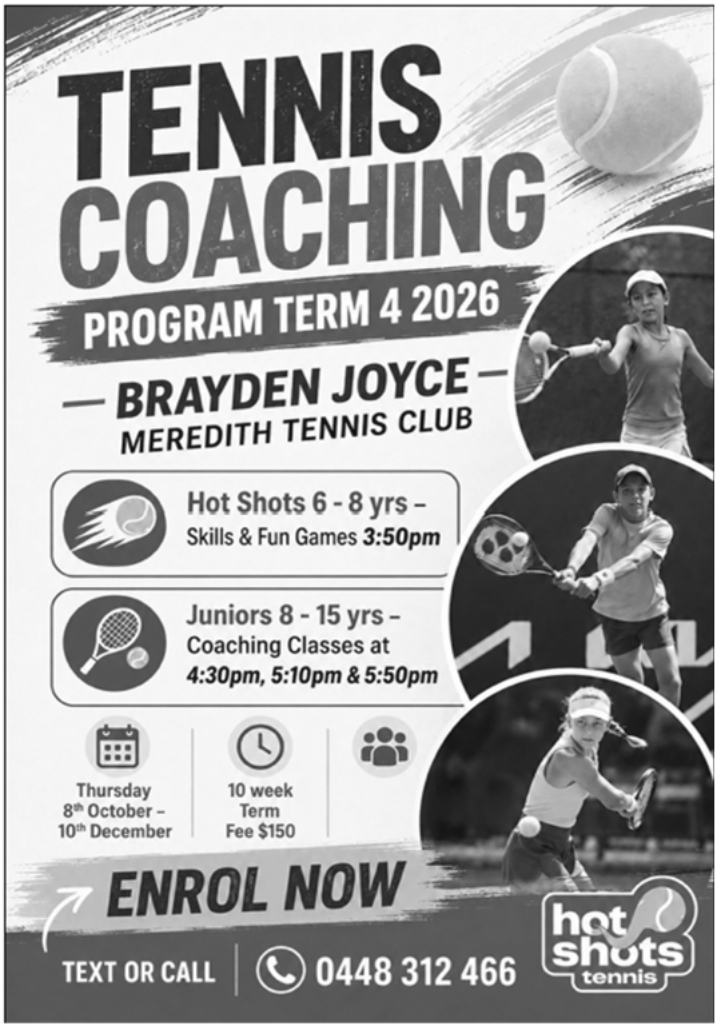
The new season is about to begin, and we are excited to again have seven junior teams representing the club, which is a fantastic number for a club of our size. All junior teams will compete in the Geelong competition this year. Although the teams have been finalised, several would benefit from an additional player or someone available to fill in occasionally. If your child would like to play but cannot commit every week, please let us know.

We will also have one senior team competing in the Buninyong Association competition. The team is always keen to hear from people who are available to fill in occasionally, so please contact Maddy Reynolds if you are interested. We wish all our junior and senior teams the best of luck for the season and hope everyone has plenty of fun.

Coaching will return on Thursday evenings in Term 4, with new coach Brayden Joyce joining the club. Sessions will cater for players of various ages and abilities. Anyone interested in participating or learning more is encouraged to contact Brayden and keep an eye on our Facebook page for further details.

Our popular Spring Thursday Night Competition is back for 2026, and registrations are now open. A number of teams have already registered, and it is exciting to see several new faces joining us. This social competition gives players of all skill levels the opportunity to enjoy friendly competition and connect with other community members. As in previous years, the club will continue to offer $10 meals. If you would like to be involved, please contact us through Facebook or email - *meredithtennis2020@gmail.com*.









Advertising in the Meredith & District Newsletter is a great way to let district residents know about your business.

FULL COLOUR ADS are available in every issue (Conditions apply)

Ring Ian on 0409 016815

Please submit in jpeg format, if available
See inside front cover for more details.

Victorian Seniors Festival 2026

Discover Your Inner Writer

Thursday 15th October from 2:00 pm to 3:30 pm

At the Bannockburn Library,

25 – 27 High Street, Bannockburn

Presented by Golden Pens – Write Side Up.

Release your inner writer with a friendly and enthusiastic group of like-minded individuals. Dabble in the art of flash fiction, poetry or memoir writing.

No Booking Required

Just bring pen, paper and your creative self.

For further information:
Contact Gordon Vanbeck at
gordon.vanbeck@gmail.com

ARLO'S

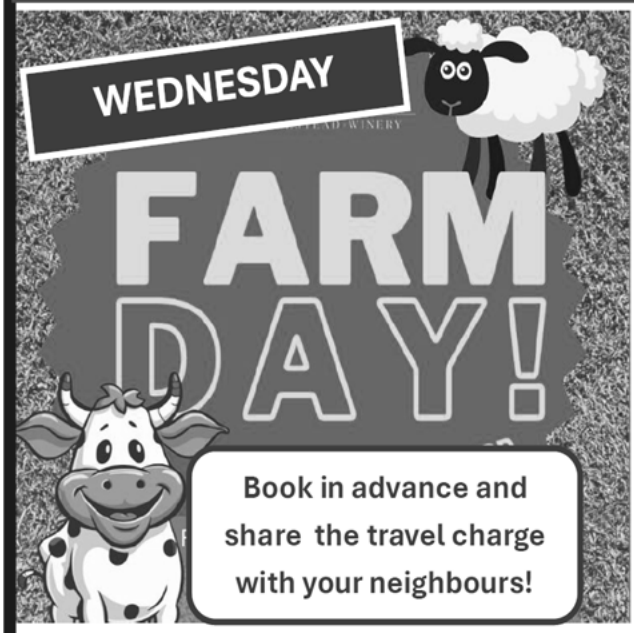


WATER CARTAGE

SERVICING MEREDITH & SURROUNDS

0419 113 630

BALLARAT PET+FARM VET



5336 0006

STARTS - JULY 1st 2026

CALL US MON-FRI 8.30am-6pm
www.ballaratpetfarmvet.com.au

MONTHLY - Wednesday Run for Farm Animal Vet

Pre-book non-urgent veterinary work and share the travel charge. Ideal for preventative herd health such as vaccinations and parasite control, as well as any routine ruminant consultations and procedures. *(Note – we do not provide vet services for horses).*

NORTHERN –
2nd Wednesday of the Month
Creswick, Clunes, Daylesford, Dean, Newlyn, Learmonth, Bald Hills, Ascot, Allendale, Kingston, Glendaruel

WESTERN –
1st Wednesday of the Month
Beaufort, Learmonth, Snake Valley, Miners Rest, Haddon, Smythesdale, Scarsdale

N W E S

EASTERN –
3rd Wednesday of the Month
Ballan, Bungaree, Wallace, Gordon, Millbrook, Trentham, Greendale, Blackwood

SOUTHERN –
4th Wednesday of the Month
Buninyong, Meredith, Elaine, Mt Mercer, Enfield, Cape Clear, Yendon, Lal Lal, Scotsburn, Napoleans, Durham Lead, Dereel

Vale to Don (Dutchy) Van Beusichem

21 November 1932 - 24 August 2026

Don arrived in Sydney on May 6, 1951 after his Auntie paid his fare to Australia. He had decided that there was only limited opportunity to pursue a career in agriculture and decided to migrate to Canada, however at the last minute there was a vacancy on a plane to Australia which he decided to take. He left Holland the following Sunday which started the journey which was to be a 6 day trip to Australia. The plan was to leave Amsterdam and travel to Cairo, then Karachi, to Calcutta, to Singapore, to Darwin and to Sydney, staying overnight in each city. The total flying time was approximately 46 hours.

Don worked at various jobs in different parts of Victoria including a few years in Donald on a wheat and sheep farm. He applied and got a job with the Lands Department in Meredith in the late 1950's. In the 1960's he had a small stint driving trucks for Bill Wiseman before he returned to work for the Lands Department, which he did for the rest of his career.

He met Coral MacDonald outside the Lucas Factory in Ballarat where the Target Store is now. She came from Gellibrand and was boarding and working in Ballarat. They married on March 7, 1959, honeymooned at Warburton and lived at 35 Wallace Street for over 60 years until they retired to Estia Aged Care in Bannockburn in 2024.

Don was Meredith's handy man. He was willing to work at weekends and was talented at building, demolishing and reusing. At one time he tendered to demolish the vicarage in Wallace Street. He used a lot of the materials from it to add rooms to his house and to build sheds.

Don and Coral always had an extensive flower and vegetable garden and extensive knowledge, experience and expertise of plants and their propagation.

He liked to keep busy and had lots of interests including collecting seeds of trees and propagating them, collecting precious stones and polishing them, collecting shearing gear and building display boards for the gear, restoring Howard rotary hoes and various shearing equipment, building chook houses with off cuts from a second-hand dealer in Geelong and helping Coral with her black sheep, her chooks and the garden.

Because Don worked for the Lands Department and they sprayed, rabbited, inspected etc in every corner of the district, he knew the district probably better than any other person. If you spoke about the back paddock of Boltes he had been there, if you spoke about the Bamganie Forest, he'd been all through it, if you spoke about a gully at Steiglitz he'd been there. This knowledge is now lost, no one will know the land like Dutchy did.

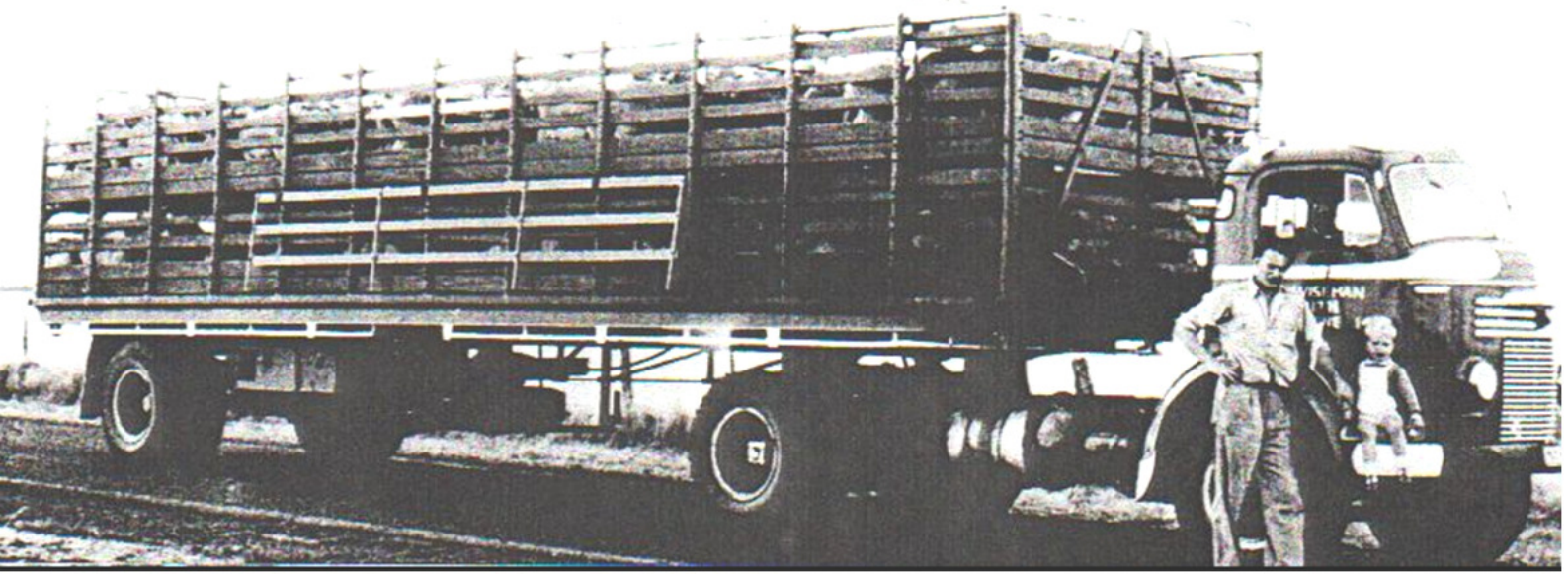
He maintained his interests, even while living in Estia Aged Care at Bannockburn and he read extensively. His son David kept taking him books about machinery, shearing sheds, outback stations etc and he studied them and talked about what he had learnt.

Dutchy has been a great citizen of Meredith, we're glad that he came.

The family held a private funeral and cremation.



Dutchy as a young man, and below, with his son David and Bill Wiseman's semi trailer.



GET FIRE READY

Come along, chat with your local CFA about preparing your home and property this fire season and enjoy a great family day out!

Free Food & Beverages | Animal Farm | Giveaways | Free Activities | Sausage Sizzle | Family Fun | And More!



EVENT DATES:

Napoleons CFA - Sunday 4 October, 10am - 2pm

Meredith CFA - Sunday 18 October, 10am - 2pm

Teesdale CFA - Saturday 24 October, 9am - 2pm

Dereel CFA - Saturday 31 October, 9am - 1pm

Maude CFA - Sunday 8 November, 9am - 1pm

To find out more about these events visit **goldenplains.vic.gov.au/events** or scan the QR code.

ABN-13 971 741 500

0404070191

Carpenter/Tiler

Mark Wells

Specialising in

Bathroom

renovating, rectifying and rebuilding

Catherine King MP

FEDERAL MEMBER FOR BALLARAT

CONTACT CATHERINE



$11.7M for better local roads

The Albanese Government is providing **over $11.7 million** through the Roads to Recovery program to help Golden Plains Shire Council upgrade, maintain and improve local roads.

This funding for the 2024-2025 to 2028-2029 financial years will support safer travel, better road conditions and stronger local communities.

Standing up for our community!

Authorised by Catherine King MP, 5 Lydiard St Nth, Ballarat VIC 3350

Making good things happen

When you bank with us, profits pour into the community.
$2,500,000 so far.

A bank giving back sounds unusual. For us, it's business as usual.

Find out more. Call us on 5341 8066 or search Bendigo Bank Buninyong.

COMMUNITY $2,500,000 INVESTMENT



Bendigo Bank

Community Bank Buninyong

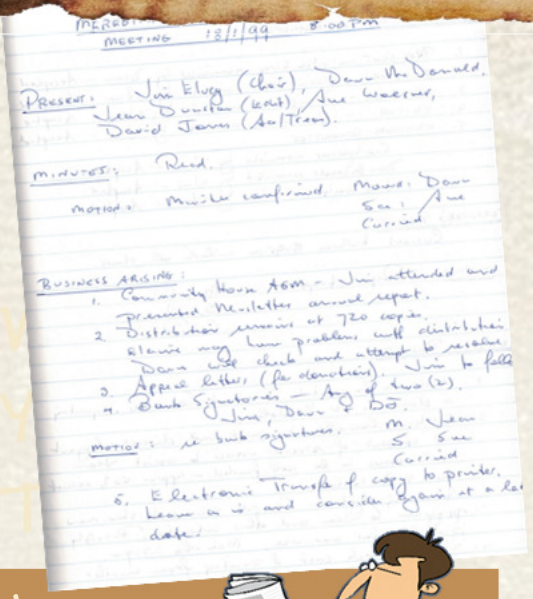
Bendigo and Adelaide Bank Limited ABN 11 068 049 178, AFSL/Australian Credit Licence 237879 A1390563, OUT_46070022, 15/07/2025

It's our 50th Anniversary

THE LOOK BACK LIFT OUT



1976 to 2026



Insights...

This month, we take another look at the minutes of the Sub-Committee that oversees and monitors the Newsletter. These extracts give us some insight into the issues and key moments in the development of the News letter over its 50 years. – Ed.

2005-2009

- 12 October 2005 - Birthdays: The printing of birthdays was discussed. It was decided that the secretary will produce some lists for the Playgroup, Kinder and School for parents to confirm their wish to have birthdays listed in print. The former lists are somewhat outdated now, with current privacy legislation this needs to be kept renewed and checked.
- 12 April 2006 - Shelving for the Computer room with the excess grant money that we are holding was discussed, also the possibility of using an area in the Maternal and Child Health room and fitting that area out was considered. An inspection took place. The Chairman is to make an application to the Community House Committee re this as a possible permanent home for the Newsletter equipment etc. and also investigate furniture for the area.
- 5 July 2006 - Business arising: A new desk has been purchased for use in the new area we are going to use for the Newsletter, sharing with the Shire Health Nurse, who will need the room on a fortnightly basis. A computer has also been given to us, by the Mitchell family, to use as a second computer. The required power points etc. to finalise this room for use was discussed and will be organized, in consultation with Janice Anderson the nurse.
- 4 October 2006 - new printer etc has been purchased and new shelves installed above the desk at our cost. The move to this area is proving most satisfactory.
- Due to the workload of all the current production team it was decided that an appeal for helpers be written for the next edition with the suggestion that without support for production we may need to go to printing once a month only.
- 4 December 2006 - The Newsletter will be published on a monthly basis. Newsletter to be available on the first Thursday of every month, excluding January, copy to be due on a deadline of the last Thursday of every month.
- 25 October 2007 - The results of the recent survey were presented in detail, with discussion. Overall it appears the Newsletter is well accepted within the District. The following specific actions were agreed to be effective for 2008:
    - Revision of Masthead.
    - Birthdays are to be deleted.
    - Church notices to be (reviewed) to remove (references) irrelevant to circulation area.

6 February 2008 - Extra copies: Following requests from the Meredith Shop and other individual sources it was decided to extend our copies by another 30 to 750 each edition.

12 November 2008 - Acceptance of articles that have controversial content and what the decision making process will be (were discussed). It was decided that the Editor would have the final decision on what is or is not printed. General rule being that we serve the purpose of supporting the community but not to be divisive in any way.

What You Think.



Cathie Boer, one of our Roving Reporters seeking the views of residents on the Newsletter, asked Jude Wood for her thoughts on our community publication.

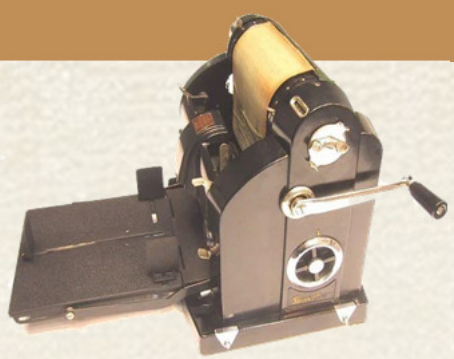
I've lived her for 17 years, close to our family farm., having decided this would be a nice place to raise children.

I read the News every month and that includes everything in it! It's important for finding Tradies and great for celebrating community events. It is also a platform for local news, the police column, local stories and photos.

It plays an important role in keeping the community connected.

-Jude

(If you would like to share your views, get in touch at news@meredithnews.com/.au.)



The Words We've Left Behind.

Snippets from 2017 to 2019

This period is not so much notable for change of style as it is for its representation of changing content . We have community news and quirky observations, but also the Two Goats column, which did an admirable job of showcasing cultural activities accessible to district residents. One of the "Goats" even produced a wry and witty cartoon over a couple of years.

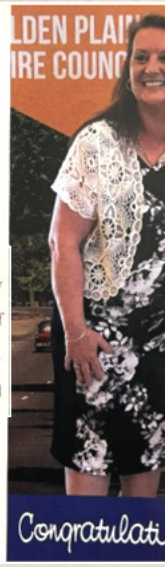
February 2018

Australia Day Awards

Some of Golden Plains' most community-minde people for 2017 were recognised at Golden Plains Shir Council's Australia Day Awards ceremony on Tuesda 23 January in Bannockburn.

Citizen of the Year – Margaret Cooper

Margaret received this award in recognition of her many years of service to the Meredith community. She is a volunteer at the information centre, an active member of the Meredith Art Group, and a founding member of the Meredith Book Club and Meredith History Group. Margaret has written many books including Significant Women of Meredith and she also produces a local calendar!



Meredith Community Christmas Carols.

Di Richie

On Sunday December 17th a large gathering of families and couples enjoyed a lovely night of Christmas carols, songs and stories. Kim Ivory was the MC extraordinaire and the wonderful Dawn Macdonald joined with the Bannockburn Momentum church musicians to provide the fantastic musical accompaniment. The children enjoyed the face painting beforehand and a wonderful Chocolate Christmas Story.

The Meredith Lions Club cooked the barbeque tea (thank you girls) and the three Meredith churches provided the food.

And of course Santa arrived on a very large firetruck complete with sirens and handed out lots of lollies to all the lucky children.

Thank you to everyone who contributed to make the night a community Christmas celebration.

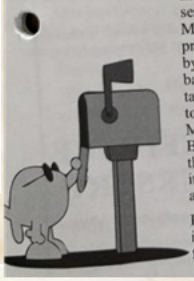




February 2018

January 2017

Newsletter a Little Dizzy?



If you live in the Meredith Rural Delivery zone, your newsletter may be feeling a little dizzy this month, and from now on. It was sent electronically from Meredith to the Geelong printers, where is was picked up by our volunteer and brought back to Meredith. Then it was taken by the postal service back to North Geelong, identified as Meredith mail and taken to Bannockburn for collection by the delivery contractor. Finally, it was brought back to Meredith and taken out to your place.

Phew! We recommend you rest it in a quiet, calm location for a few minutes, before reading it.

A Huge Thank You

Dear Sir/Madam,

I write as a member of the Ulysses Club travelling from Meredith to Anakie via Ste afternoon of 30 Nov 2016.

On the 2nd last corner of the first descent out the rider preceding me, missed the bend a about 30 metres into the scrub, about 20 fee having traversed a deep gutter of the road rising terrain and came to rest on his side ha through the main trunk of a fallen tree. I wa scene having almost missed the accident, ju glimpse of the fallen bike's mudguard amon dust as I passed by. Luckily for the rider was full of dry rot and disintegrated when h else things may have been much worse.

I write not to discuss the accident but rather thanks of our group and our individual excellent turnout of emergency services. mobile coverage in the area and a local p offered to help by going back up the hill tow contact an ambulance.

Very shortly the rest of our group returned us at the next marked turn and almost imm council truck arrived which had been operat organised some traffic control. The Loc Emergency Response Unit was quickly on gave initial help and assessment of our fe ambulance and two police cars were quick also and a further ambulance arrived a short Ullyses men were able to walk the damag Les offered to use his horse float and take for safe keeping until Macca (our injured arrange to retrieve it. The remoteness of that the ambulance litter could not be a Macca's injuries were limited to broken ri the ambos assisted him to the ambulance "stabilized" (if that is the right word} befor off to Ballarat hospital.

All-in-all I believe the exercise was classi s most efficiently and professionally c members of the emergency services inclu workers and they should all be thanked and

I ask that you convey our most heart felt a who took part and attended to the nee Macca.

Yours sincerely,
Jim Atkinson, (*Tail End Charlie* on the da



STEVE and PETE GOAT

Pete Goat

PETE GOAT hasn't got a lot to report, which isn't saying that he's been in a cultural desert....and even in a desert there's lots going on in little bits and pieces. But he should have a good story to tell next month after going to Canberra to see the Seven Sisters Dreaming at the National Museum of Australia, a mighty cultural project spanning the continent and crossing many deserts.

Till then, Chew The Cud

Steve Goat

In the last few articles we have talked about big cultural events like Shakespeare and the Archibald exhibition. This month let's turn our sights on the local scene:

THE MEREDITH COMMUNITY LEARNING CENTRE - OUR CULTURAL HUB.

Originally the Community House, managed for 17 years by Joan Brick, the Centre has been expanded with Pam Ridd as Manager/Coodinator for the last 4 years. With a background in Training and Community Service, Pam came to us from the Clunes Neighbourhood House. These days she coordinates both the pre-accredited and hobby/ interest courses. The current Course guide was in last month's Meredith News, and is available at the Centre. Have a look- you might find something that interests you.it is amazing the breadth of choices: Tai Chi, Bee Keeping, Computers, Painting and even an upcoming Work Ready course (contact Pam if interested in this one!) If you are not familiar with the Centre the upcoming special event is a must:

Fascinating CERT Ladies

Julia Dunscombe

During March, four ladies from the Meredith CERT attended a two day training conference at beautiful Beechworth. We stayed in the nurses' quarters at the old Asylum along with many other CERT and ACO members from the surrounding district. After arriving late on Friday night we ate breakfast on Saturday morning with all the other members, before beginning our first of four workshops for the day. These were cardiac arrest, unconscious asthma, childbirth, multi-casualty incident and triage. These workshops provide members with the skills to deal with the various incidents that may occur at any time of the day or night.

In the evening we were provided with a two course dinner and a band. The theme for the night was hats and halos, with an auction and a raffle where I am sure everyone must have received a prize, with so many gifts donated by all who attended. It was amazing to see so many people who give their time to support the needs of their communities.

Volunteering as a CERT member is very rewarding, and the training provided gives you skills for life. Training is once a month with a 20 hours per month self- rostering system. If you think that you would like to volunteer as a CERT member or require more information on what is involved, please contact our Team Leader, Martin Peters, on 0417 823 965 for more details.



Lynn Heard, Julia Dunscombe, Cathie Boer and Marg Millar

February 2017



February

Again, the fun of assembling the snippets, is matched by the difficulty of choice. Of the 51 collected by our volunteer researcher, only a third made the cut. Still, what did, makes for a good cross section of



August 2019



ride, when
iglitz on the

of Meredith,
nd ended up
off the road
and sharply
aving crashed
s first on the
st catching a
gst a cloud of
the tree trunk
is body hit it;

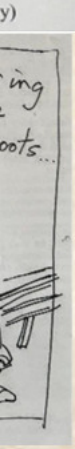
to extend the
elves for the
There was no
asser-by (Les)
ards Meredith

having missed
diately a local
ing nearby and
al Community
the scene and
low rider. An
y on the scene
time later. The
d bike out and
it to his house
member) could
the site meant
ccessed and as
bs and bruising
where he was
e they took him

c text book and
rried out by all
ding the council
congratulated.

ppreciation to all
ds of our mate

y)



Cash Cow in Meredith

Marg Cooper

Susan Sanford has messaged the Sunrise Television Show every day for three or four years with the 'Cash Cow' code word and it finally paid off. On January 31, 2017 she messaged the code word "Chance". The next morning Sunrise rang her and because she answered the phone before three rings (actually she answered on the first ring) they announced to her that she had won $50,000 and asked her to please step outside.

Outside was the Cash Cow (a person in a cow suit), who gave her a hug and presented her with a bunch of red roses. The television crew from Channel 7 quickly rigged her up to a microphone so they could catch her reaction and speak to her live on the show. She was so shocked that she didn't show much reaction and she couldn't say much. Susan remembers that the week before she almost gave up entering the competition.

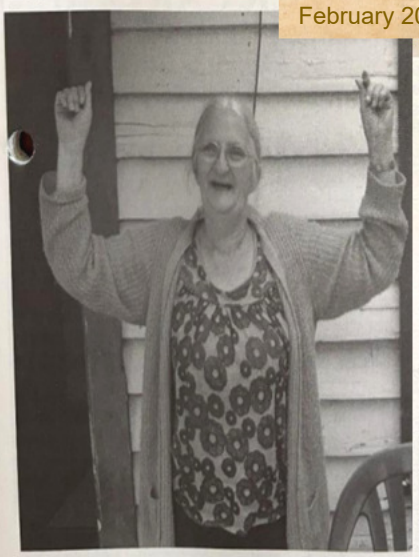
Just before 7 am, Susan's husband John had walked around the block to begin his role bus driving local school children to Ballarat, when he noticed a Toyota car with tinted windows drive slowly around the block. When it did another lap he became suspicious that the occupants may be "up to no good" and he almost rang the police. He noted the registration! Gerry, who lives next door to Susan and John, saw the car stop next to his house and a person don the cow suit and thought that maybe his wife had won. Susan said Kenneth had seen people at the ...dhouse with Sunrise t shirts. Kenneth did not believe them ...en they said they were security!

John laughs as he recalls how Susan rang him when he was half way to Ballarat to tell him the good news but some of the children on the bus already knew - before he did. Their daughter had posted it on Facebook to share the good news around. Although they haven't received the money yet they are planning to put a new roof on their house, take a holiday to Tasmania later in the year and help their children.

Susan is now telling her friends to watch Sunrise, note the code word each day, message the code word plus name, address and phone number and, maybe, become a winner like Susan.

Congratulations !!

February 2017



Susan Sanford cash cow winner .

Elaine Cricket Special Report

James Parkinson

We finished 2016 off with a T20 match against Napoleons/Sebastopol at Victoria Park in Ballarat. Napoleons/Sebas 6/155 and Elaine 4/133. We lost by 22 runs.

Our first game for 2017 was at home (Elaine) and we were playing Buninyong. We are looking forward to playing Creswick Imperials at home.

We train at Elaine nets every Thursday night and our coach is Nigel Parkinson who happens to be my Dad. Dad lets us decide on the batting and bowling order for each game. Dad used to play for Meredith and Elaine and is an 'alright' cricketer. Dad often tells me stories on the way to cricket about how he was such a good cricketer and wicket keeper. I do believe that he is telling me stories but at the time I think he thought he was pretty good. It's good that my coach is my Dad because he tells me what we are going to do each game.

Thanks Dad for coaching Elaine Under 13's.



January 2017

What we know about...



This year, we're all going to learn about the origins and significance of the months that make up our year. Gemma Hanon will be researching and reporting her findings in her usual engaging style. And, as they say on the networks, we kick off the season with a double episode!

January

We all know January as the first month of the year. The month where we make resolutions with good intentions and break them with slightly guilty faces and a nonplussed shrug of the shoulders. Latin in origin, popular assumption is that it is so named for the ancient Roman god, Janus who presided over doors, gateways and beginnings. Often depicted as having two faces looking in opposite directions, Janus symbolises looking to the past and the future. Before Julius Caesar got his hands on the calendar year, January had only 29 days…so you can thank him for the two extra days of summer.

and February

This tricky little month likes to throw a spanner in the works every four years and deliver us an extra day, leaving some people with the awkward scenario of choosing when to have their birthday. As the last month of summer we hang onto it with nostalgic longing for days at the beach and skin stained with Aerogard. From the Latin word meaning 'month of purification', nowadays we could probably attribute it to the month after we have to stop blaming our over-eating and drinking on the festive season. Before 450 BC, February was considered the last month of the year before being promoted to one of the top spots.

January and February were bought to you by Gemma Hanon.

January 2017 - *As well as her regular "life as a young adult" column, Gemma gave us bonus content, like this series about the origin of the names of months and, a year later, the "Things We Say" column above.*

A Royal Quest

Marg Cooper

Did you know that "Royal Hotel" is the most popular name for pubs in Australia? According to the web site titled "The Royal Quest" there are 162 of them: 2 in Western Australia, 4 in South Australia, 99 in New South Wales, 27 in Victoria, 29 in Queensland and 1 in Tasmania.

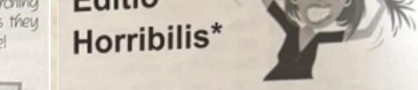
The Royal Hotel at Meredith recently received a visit from five men in their quest to conquer all Royal Hotels in Australia and "to bring the patrons and guests of all Royal Hotels, together". They arrived unexpectedly (because they like to see hotels as they really are) and intended to enjoy the hospitality and move on to the Daylesford Hotel but it is reported that they enjoyed themselves so much that they stayed the night in the barn out the back. Claire said the men are mainly school teachers and that it all started as a bet. They now spend part of their holidays visiting Royal Hotels all over Australia.

They have a web site that lists all the Royal Hotels in alphabetical order from Adelong to Yeoval with information about each hotel and town. People can post comments and created dialogue between Royal Hotels.



Royal Questers Josh Perizzolo, Martin Blake, David Thomas, Simon Wright, and Blair Newham and the team at the Meredith Royal.

January 2017



April 2018

Editio Horribilis*

Producing the newsletter each month is always a demanding, deadline driven task, but this issue was a shocker. Firstly, two of the three volunteers normally involved were overseas. Then, on the production week, when we collect all the editorial material submitted, we were locked out of our email server because our email address had been commandeered by a third party to distribute spam. When we finally recovered access, we found over 42,000 *returned* emails. (they are the ones that weren't correctly addressed.) Goodness knows how many were dispatched.

Then, after two days of work, the newsletter file and back up file were corrupted and made inaccessible, necessitating a rework. With the need to squeeze some time in for family over Easter, it all meant we couldn't print a copy for our proof readers. So please, be kind.

**forgive the hammy Latin, but you get the idea.*



"Bite the Bullet"

Sometimes, you've just got to bare something a bit unpleasant in order to get through a situation or reap later benefits. However, when that 'something' is undergoing a surgical procedure without anaesthetic, you're going to have to be a bit more literal about the whole thing or risk the prospect of biting off your own tongue. Before anaesthesia, patients would bite down on pieces of wood to avoid breaking their teeth. The 'bullet' part of this saying has murky origins but is widely attributed to soldiers biting on lead bullets while undergoing surgery. But like all good origin stories, there is no evidence to back this up.

March 2018

It's Been 10 years Since...

In February 2007, we published our first monthly issue. From 1972 up until then, it was a weekly, fortnightly or twice monthly publication. (Can you spot a trend there?) Yes, we went to a monthly publication to ensure our tiny band of volunteers didn't burn out. But we also made up our mind that the monthly issue would be much better and bigger than any of its predecessors. So we set about recruiting some regular contributors and made sure we continued to look after our advertisers.

We must have got something right - that first monthly issue was 24 pages and for several years now we have regularly published between 40 and 52 pages. And we are proud of the fact that the huge growth in advertising support has been balanced by even more, high quality editorial content. We are even more proud that the News plays such an important role in supporting a community conversation. Our last issue, for example, included 26 community organisation contacts, 20 emergency service numbers, 13 community service contacts, 19 notices of community events, 27 contributed articles and 74 advertisements for local goods and services. And you can be assured we will endeavour in the years ahead, to keep the News an enjoyable and an informative read.

Jim Elvey, Editor.



Not the first monthly cover, but October 2008, the first one for which we have an image.

January 2017

Celebra

50th Anniversary

1976 to 2026

Our Cover Story

The Changing Face of our Covers
2017 to 2019

We see here, the final step toward our current format when, in 2018, we moved to colour covers in every issue. Content is interesting too. We recognise, as we do in every May issue, Meredith's Anzac Day March, and the arrival of our broadband tower, giving residents a long awaited chance to move on from dial-up. We also have the cover of our biggest issue, which also announces the one time we had to skip an issue through absence of key volunteers.





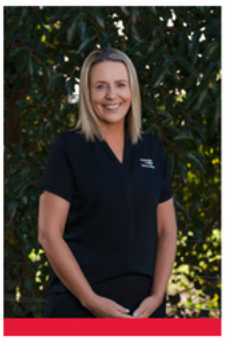






Stockdale & Leggo

MEET THE BANNOCKBURN TEAM



JULIE KAYE
Director/Licensed Estate Agent
0411 059 001



DEAN WILSON
Director/Licensed Estate Agent
0418 521 322



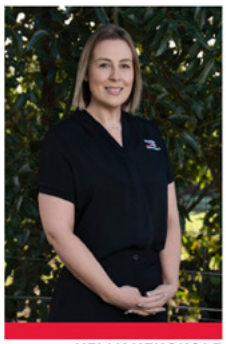
ANDREW WILSON
Senior Sales Consultant
0452 498 254



FLETCHER WILSON
Sales Consultant
0490 120 668



KERRIN PALTRIDGE
Property Manager
5281 4444



KELLY KENSHOLE
Office Manager
5281 4444

Sales - Rentals - Commercial

Stockdale & Leggo Bannockburn | Shop 14, 6-8 High Street, Bannockburn VIC 3331
P 03 5281 4444 | W stockdaleleggo.com.au/bannockburn

Ballarat Insurance Brokers

Aviso Integral
Insurance Services
An Aviso Group Partner

Ballarat Insurance Brokers has recently rebranded to Aviso Integral Insurance Services. Our team have been part of your community for over 50 years, and are here to assist with all your Farm and Business Insurance needs—Victoria wide.

Our team of qualified Insurance Brokers can help with:

- Farm and Crop Insurance
- Marine Transit Insurance
- Business Package
- Liability and Tools of Trade
- Fleet Motor and Plant & Equipment
- Cybercrime & Liability
- Management Liability Insurance

31 Armstrong Street South, Ballarat VIC 3350
03 5333 5222
www.avisointegral.com.au

Aviso Integral Pty Ltd trading as Aviso Integral Insurance Services ABN 67 007 323 622 AFSL 241365

A. Crumble's

eats and treats

Red Velvet Muffins

The Australian Women's Weekly "Muffins, Scones & Breads"



Will & Eden

Ingredients

- 2 large (500g) beetroot*
- 260g (1 3/4 cups) self-raising flour
- 35g (1/3 cup) cocoa powder
- 220g (1 cup) caster sugar
- 2 eggs, lightly beaten
- 80ml (1/3 cup) vegetable oil
- 80ml (1/3 cup) buttermilk

**or you can buy peeled and cooked beetroot in supermarkets vacuum packed and ready to use; if you use these, skip steps 2 and 3; you will need about 320g.*



Evie

Method

1. Grease or line a 12 hole muffin tin.
2. Wash beetroot then boil or steam unpeeled until tender.
3. Rinse in cold water and peel while still warm.
4. Blend until smooth - you will need 1 1/3 cups of puree.
5. Heat oven to 190°
6. Sift dry ingredients into a large bowl, stir in beetroot and remaining ingredients.
7. Spoon into the prepared pan and bake for about 20 minutes.



Eden & Madeline



Evie & Will

"REAL Red Velvet Muffins have beetroot to make the colour." - *Evie*

"It is an easy recipe to try because you just need a few ingredients." - *Madeline*

"You mix the dry ingredients and then put the liquid ingredients and mix it together. Do not over mix though."- *Eden*

"To make buttermilk you put an acid like apple cider vinegar in full cream milk." - *Will*

Willow,

MORTIMER PETROLEUM

For all your Household and Business LPG requirements

We have a fleet of trucks delivering LPG gas daily.
No rental or delivery charges apply.

45kg Household LPG bottles
Bulk LPG gas tanker deliveries with tanks
15kg forklift bottles
BBQ LPG bottles





To order or enquire simply call
David Mortimer on 0418 524 219

Paul Ryan Transport

- Livestock & General Cartage
- Bulk Haulage
- Grain and Fertilizer

0409 861 296
5341 5575



the Philatelist



Michael Riseley

USA EXPANSION

Donald Trump. Well what can you say. Probably lots. Go forth and multiply is a phrase that comes to mind in a geographic sense, of course. The US flag has 13 stripes representing the original 13 colonies that declared independence and 50 stars representing the 50 states. Mr Trump would seem to be a strong believer in the "bigger is better" theory. On many occasions he has talked about a 51st state.

But which one. Let's start with Greenland. Already USA has a strong military base on the island as a counter to Russian activities in the Arctic. Greenland is a self governing autonomous country within the Kingdom of Denmark. Greenland controls its own domestic affairs, natural resources which includes lots of rare earth minerals and economy. Denmark handles foreign policy and defence. Both say Greenland is not for sale and 85% of Greenlanders oppose a USA takeover. It has been a discussion item at different levels of US government and military since the 1860's. In fact in 1946 President Truman made a secret offer to buy Greenland for $100 million in gold. Denmark rejected the offer.

Or maybe Canada. Mr Trump has often complained that Canada takes advantage of USA in trade and security. He is very critical of Canada's border security and defence commitments. He has referred to the Prime Minister as the Governor of Canada (US states have Governors!). It all seems to be part of his argy bargy about trade discussions and deals. But who knows. After all Alaska is in the north west corner of Canada some 800 kms from US land and the 740,000 population may want a land corridor connection.

Or perhaps Puerto Rico. It is a US territory in the Caribbean with a population of 3.2 million who are strongly in favour of USA statehood. Surprisingly this would actually be a simple process. The USA Congress has the power to grant statehood and can do it by a majority of Congress voting in favour.

Or maybe Washington DC. Prepare to be confused. Washington State is a state in the north west of USA on the Pacific coast. Washington DC is a federal district called the District of Columbia and is on the east coast. It is not in any state but surrounded by Maryland and Virginia. It is the capital of USA and houses the federal government and is controlled by Congress. It was made this way by the constitution so as to avoid any undue influence on Federal affairs by any one state. But it has no voting representation in Congress or House of Representatives which does not please its 700,000 tax paying residents. There is a strong push to be granted statehood.

And there could be others. Guam is an island in the Pacific and is a USA territory since 1898. It is a major strategic military outpost. And of course USA has recently taken a particularly strong position in Venezuelan politics. And its oil industry! And recently the US ambassador to Iceland made a joking reference to Iceland becoming a USA state. This was not very well received by Icelanders who missed the joke. Or Panama Canal Zone which used to be controlled by USA before handing it back to Panama. Perhaps USA may see the need to protect this vital shipping route.

All I know is that I will need to buy another album to house my growing USA stamp collection.

CENTRAL HIGHLANDS
ANTENNA SERVICE
PTY. LTD.

Master Technician with 35 years industry experience and service to the region

- Digital antenna systems
- Satellite/VAST systems
- Metro & Regional Reception
- On site Signal tests & quotes
- Home Theatre, DATA & Phone
- Friendly Service, Advice & 5 year warranty

Frank Schaefer
53334441 or 0418508524 anytime
www.chantenna.com.au

LETHBRIDGE QUARRY
North Altona Rock Blasting Pty Ltd

All Quarry Materials Available

Supply & Delivery available

Hours: Monday - Friday 7am – 4pm

(Saturday by appointment only)

Office: Pauline: 5281-7190

Paul: 0429 361 378

Email: lethbridgequarry@bigpond.com

180 Lower Plains Rd, Lethbridge 3332

Please Note: Car Trailers Not Permitted.

The Risks of Q fever

Dr Jeff Cave, Senior Veterinary Officer (media release)

At times, Q fever is contracted by people who may not have realised that they were at risk.

It is caused by a bacterium called Coxiella burnetii. The disease was first identified in Queensland in the 1930s, but at the time scientists didn't know what caused it. It was named 'Q fever', with the 'Q' standing for 'query'.

It is one of several diseases that are transmissible from animals to humans. Such diseases are known as zoonotic diseases.

Cattle, sheep and goats are the most common sources of infection in humans. Infection generally occurs through the inhalation of infected material.

Placental material or afterbirth is a particularly significant source of infection. Hence, strict hygienic practices should be followed around calving, lambing or kidding.

People may also become infected by contact with infected animals and their waste, and occasionally by ingesting unpasteurised milk.

"Placental material or afterbirth is a particularly significant source of infection. Hence, strict hygienic practices should be followed around calving, lambing or kidding."

Therefore, people who are in regular contact with livestock, such as abattoir workers, farmers, veterinarians, and others involved in handling livestock, are at the greatest risk of contracting Q fever.

The most common clinical signs of Q fever include headaches, fever and muscle pain.

This could be easily misdiagnosed as influenza. Therefore, if you are in a high-risk group and are experiencing flu-like symptoms, it is worth discussing the possibility of Q fever with your GP. It is usually treatable with an appropriate antibiotic.

On occasion, Q fever sufferers can develop post-Q fever fatigue syndrome which can be quite debilitating.

A vaccine is available to prevent Q fever and people at high-risk of exposure should consider vaccination.

If you're an employer, Q fever vaccination should be incorporated into your occupational health and safety procedures to help protect staff.

Many people who contract Q fever are employed in short-term livestock handling roles or work in jobs that involve indirect contact with livestock. These workers are often not immunised. Employers and employees should carefully consider Q fever vaccination where there is a risk of exposure.

For further information on how the disease affects people, please contact your medical practitioner and for your animals, please contact your local veterinarian, an Agriculture Victoria Veterinary or Animal Health Office.



G'Day from the penners for October. This is an exciting month for us at the group, with the launch of our new anthology, 'Between Fencelines' happening on the 10th at the Bannockburn library from 10 am til 12 pm. This is an open event and we hope that you can pop in to help us celebrate, along with some local district school children, who have contributed to our book. Copies will be available for purchase on the day for just $10, increasing to $15 afterwards.

This month's story is from Laima McArdle, who has written a heartfelt story about the loss of a dear friend. We hope you enjoy it. Don't forget we can always be contacted via our email address goldenpens4@gmail.com and we meet every fortnight on Thursdays from 1:30 to 3 pm. You are most welcome to come and visit to see what we are about. - Wendy

A MOMENT IN TIME

It is just a moment in time. It goes unnoticed when it is part of an action that is happening just then. Like calling on the phone and saying, 'I'm coming your way, how about lunch?' and your friend dropping what she was doing: 'Yes, I'll meet you at the café!' She walks to the venue, and you greet each other with familiar smiles and nods, and joy at the reunion, no matter that you met two days before. It's always a welcoming warm reunion of friendship of many years' duration.

Now you see the sunshine, feel it's warmth and are tempted to ring to set up a rendezvous. But you don't, because your friend is no longer there. You drive past the café, but can't stop yourself from checking the people on the street, looking for the familiar shape, the graceful gait, but only strangers hurry past to unknown destinations. You do not realise how those tiny moments - the cheerful voice on the phone, the ambling figure approaching you as you wait at the café door, the smile of acknowledgment of your presence, the friendly greeting, the familiar relaxation into conversations that needed no explanations, the sharing of your secret thoughts and baring of your inner selves on all sorts of matters to a like mind, how precious they were. How important it was to your life as it was then, until she is now unreachable, except through memory.

And you realise that the moments that are minute and glossed over unconsciously as unimportant, are those that are, and remain, the most precious in remembrance. We live from day to day, stacking up moments, one on top of the other, not seeing them as important, just the norm, the habits, the experiences, the everyday routines. Even when we share these times with someone else, they are accepted without question, unnoticed. It is only when the other leaves, or dies, that we remember the most mundane, uneventful, small moments whose significance magnifies to overwhelm us and teaches us that those are the times when we miss the other the most. The cessation of these little interchanges and moments in time between people that were shared and accepted unconsciously become a huge meaningful, now conscious experience. It is what we remember, because the emptiness of their absence is grief.

MONEY Matters



with Sandy Hoffmann

PRACTICAL ADVICE FOR MANAGING YOUR MONEY

Why a Separate Business Bank Account Makes Tax Time Easier

If you are running a small business, have a side hustle or are self-employed, one of the simplest things you can do to help yourself at tax time is to keep your business transaction separate from your personal spending.

It might sound obvious, but when business and personal expenses are all coming out of the same account, working out what relates to the business can become a time-consuming job.

You may be thinking that this is just a side hustle and is not worth a separate bank account, but if you get into this little habit now and your side hustle takes off, the foundation building blocks are already in place.

So how would you get started…

So many of us have that bank account in our name that hasn't been doing anything but simply sitting there and preferably it is one with minimal or no fees. First, you would transfer some money into that account to give it surplus. This would allow you to spend money relating to the business to get it started or if the business has been going for a while, transferring the profits into this account to get started.

Then anytime you receive money for the business you would have that money go directly into this business bank account.

With the expenses, spend the money from that account that are business related.

If there is not enough money to cover the expenses, you would need to do a personal top up to that bank account. These top ups are not income to the business but rather you are giving the business a loan to get it started or keep it going.

Now all your business income and expenses are in one place. When it comes time to prepare your accounts and tax return, it is much easier to see what money has come in and what was spend and what needs further checking.

It can also make it easier to:

- Keep track of business income
- Identifying deductible business expenses
- Reconcile your accounting records with the bank
- Keep better records throughout the year
- Reduces accidently claiming a personal expense as a business deduction.

It doesn't mean that every transaction in a business account is automatically deductible – you still need to consider the rules around what is a tax-deductible business expenses. But having a separate account makes it much easier to account for the running of the business.

The biggest benefit is that you don't have to wait till tax time to sort out 12 months of mixed personal and business transactions.

A little organisation throughout the year can save a lot of time when tax time comes around.

So if you have a business or side hustle and don't currently have a separate account, consider setting one up and using it consistently for your business transactions. Your future self – and your tax accountant – will thank you!

Household savings hack of the month:

Get your Home Summer Ready before Your Wallet Feels the Heat!

Firstly, before the first really hot day, clean your air conditioner filters and give it a run.

It sounds boring, but a dirty filter makes the system work harder to move air around your home. A quick clean before summer can help your air conditioner operate more efficiently.

Secondly check all the seals on your doors and windows – any gaps can cost you.

You can either put a piece of paper in the door and then shut the door. If you can easily pull out the piece of paper while closed, there may be a gap. Or on a windy day hold a strip of very light tissue paper near the edge of the closed door and windows. If it has noticeable movement there is an air leak.

If you find a leak, a door snake, weather seals or inexpensive draught strips may be the solution.

Thirdly, do a little investigating. which rooms of the house heat up first.

On a warm spring day, walk around your house and notice:

- Which rooms get direct afternoon sun?
- Which windows get the hottest?
- Which rooms actually need cooling?
- Are blinds or curtains keeping the heat out?

Then make a plan to keep the heat out rather than paying to remove it later. Close blinds/ curtains on hot sunny windows, particularly in the afternoon, and open up the house when the outside air becomes cooler. Consider installing shutters to assist with keeping the heat of the windows.

The cheapest kilowatt of air-conditioning is the one you never need to use. A little preparation in spring can mean less work – and potentially less energy use – from air conditioners once summer arrives.

Bannockburn's trusted local destination for expert physiotherapy care since 1992

Physiotherapy Clinical Pilates Remedial Massage

- Back and Necks
- Sporting injuries
- Aged Care
- Injury advice
- Exercise Prescription
- Manual Therapy

GOLDEN PLAINS PHYSIO & HEALTH

9 High St, Bannockburn 3331
5215 1155 · reception@goldenplainsphysio.com.au · goldenplainsphysio.com.au



SHE'S IN2TAX

Your Local Tax Agent & Accountant

With over 23 years' experience in tax returns

Sandy Hoffmann CPA

Ph: 0434 013 184

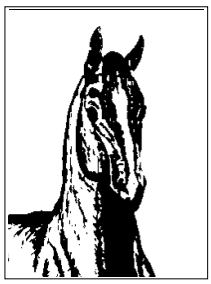
CPA

B&S Stock & Pet Supplies

Cnr Milton & Burns Sts. Bannockburn
Phone 52 811 566

We stock all your requirements including:

- Horse Feed
- Molasses
- Dog & Cat Food
- Horse Shoe Nails
- Poultry
- Collars & Leads
- Bird Seed
- Supplements
- Pure Apple Cider Vinegar available
- Horse Rugs (all sizes)
- Double Horse Float Hire



Agents for Sureguard Solar Electric Fence Energizers

Delivery can be arranged

Hours:- *Mon - Fri 8.30am- 5.30pm*
Sat 8.30am-1pm

Please note - closed Sundays until further notice

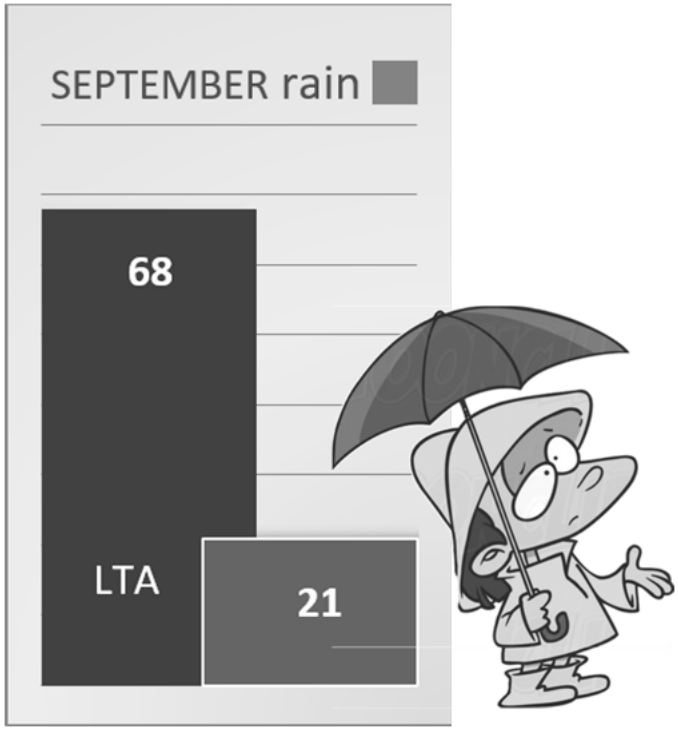




How to Wash a Cat

1. Put both lids of the toilet up and add 1/8 cup of pet shampoo to the water in the bowl.
2. Pick up the cat and soothe him while you carry him towards the bathroom.
3. In one smooth movement, put the cat in the toilet and close the lid. You may need to stand on the lid.
4. At this point the cat will self agitate and make ample suds. Never mind the noises that come from the toilet – the cat is actually enjoying this.
5. Flush the toilet three or four times. This provides "Power Wash" and "Rinse'.
6. Have someone open the front door of your home. Be sure that there are no people between the bathroom and the front door.
7. Stand well back behind the toilet as far as you can and quickly lift the lid.
8. The cat will rocket out of the toilet, streak through the bathroom, and run outside where he will dry himself off.
9. Both the cat and the toilet will be sparkling clean.

the (not much) rain report



The Dog



You do know this is a joke, right? - Ed.

BANNOCKBURN SURGERY

Dr Benjamin Fry
Dr Cameron Profitt
Dr Rupali Jain
Dr Rebecca Tidd
Dr John Henderson
Dr Veronica Donahoe
Dr Edward Carson
Dr Mohana Govardhanan

Bannockburn Surgery is a fully accredited medical practice that provides comprehensive GP services and have been practising within the community for more than 30 years. Bannockburn Surgery is the largest practice within the shire.

We are an accredited teaching practice – training medical students, nursing students and future GPs.

We also offer the following services:

- Diabetes Education
- Podiatry
- Dietitian
- Q Fever (Testing & Vaccines)
- Yellow Fever (Vaccine

NEW PATIENTS WELCOME

16 High Street, Bannockburn VIC 3331

Tel: (03) 5281 1481

www.bannockburnsurgery.com.au Online bookings available



Part of Your Community.

Inverleigh resident and Funeral Director, Ebony Hovey can assist you with your enquiries and funeral care needs.

Ebony is available to guide you through funeral planning and arrangements as well as provide obligation free funeral advice and information.

...for a life worth celebrating.

Tuckers
Funeral & Bereavement Service
www.tuckers.com.au 5221 4788

FOR SALE

HYLINE BROWN (Isa Brown)
Pullets/Hens
sexed and vaccinated
Delivery to Information Centre, Meredith

Call Kelvin on
0400 559 559
to Order



BALLARATCHOOKS

History Comes Home

History Month 2026 invites Victorians to discover their local past

Media release

This October, communities across Victoria will mark History Month 2026, a state-wide celebration inviting locals to explore the histories of their own towns, suburbs and neighbourhoods.

Around 100 local historical societies, museums, libraries and community groups from across the state are taking part. Programs vary widely and include talks, walking tours, exhibitions, open days and community gatherings.

Many participants are drawing on this year's theme, "The places that made us," exploring the buildings, streets and landmarks that shape local identity. Others are showcasing different aspects of their community's history, with every organisation free to shape its event around whatever local history matters most to them.

"This year's theme, 'The places that made us,' reminds us that history isn't only something we read about, it's something we experience every day. The streets, buildings and landmarks of our own neighbourhoods carry stories that shape who we are, and History Month is a chance for Victorians to rediscover and celebrate them. Local historical societies are the ones who do the vital work of safeguarding these stories. They collect what would otherwise be lost, and share it in ways that keep communities connected to their past. Find events near you: historymonth.org.au/events-calendar



You can read about what our very own and very active Meredith History Interest Group is up to in its report on page 36. The above photo, taken outside the Railway Hotel and the blacksmith shop in Staughton Street, showing one of the first cars in town.) is from their collection . (Did the blacksmith sense the significance?)



Dear Residents,

I'm writing to let you know the dates for the next Meredith and Golden Plains Music Festivals, which are:

Meredith 34: December 11, 12 & 13, 2026

Golden Plains Nineteen: March 6, 7 & 8, 2027

You can contact me via auntym@mmf.com.au if you have any questions, concerns or suggestions. My door is always open.

Aunty x

Why is every American allowed to wear short sleeves to work? Because the Second Amendment gives them the right to bare arms.



coopelec
REC11582.Electrical and excavation contractors
Phone: 0417 518 930
FOR ALL YOUR ELECTRICAL REQUIREMENTS
MURRAY COOPER
PO Box 267
Buninyong, 3357

Classifieds

First insertion of small ads are FREE to district residents

PERSONAL CARER AVAILABLE - Nursing experience and exceptional references. Able to assist with personal care, meal preparation and cooking, house duties, gardening, social visits and animal husbandry practices. Call CLARE on 0439 690 153

FOR HIRE - Registered commercial kitchen. Geelong area. $100 per day. Fridges, stoves, benches, good bench space, huge car park. Call 0439 690 153

Twelve Enterprises

Marg Cooper

John Farrugia retired from work in 2008 so he could prepare and then partake in a bike ride around Australia. John and his wife Denise also moved from Melton to a Town House in Portarlington. But, after seven months of riding and being outside, John craved more space around his house and room to pursue some farming interests. They moved to 5 acres on the Mt Mercer Road at Meredith.

His twelve enterprises were:

Firstly, he bought a miniature Galloway cow, heifer and a bull. They grazed in the paddock behind the house and after 12-15 months John sold them for a profit.

Next, John bought several chickens of various breeds, including Sussex and Isa Browns. They supplied eggs for John, Denise and friends.

Turkeys were the next enterprise. John bought the young, relatively rare breed of turkeys. It was a joy just looking at them.

The grass in the paddock grew so John bought White Dorper sheep, then he got proper Black Headed Dorpers. They bred and he ended up with about 50 which he sold as a herd.

The sheep were followed by 7 Alpacas and one Cria. John greatly admired these animals and swore that they never showed any aggression or spat at him.

Number 6 enterprise was 6 Angora goats which he bought from a woman at Lara. They were adorable, especially the babies. He also had Boer goats and common farm goats.

John then bought some young peacocks from Tasmania. John paid for the owner to bring them to Victoria in the back of a ute on the Spirit of Tasmania. Then he bought 30, 3-month-old birds from Queensland. They came via special animal transport. The birds grew up and John sold them. He says that they were well sought after.

Then came miniature pigs, followed by Razor Backs and whites and lastly a Durack which is an American breed that grows big quickly.

Number 9 enterprise was Finnish and Belgium Giant rabbits. This was his most unsuccessful enterprise as they didn't breed and the virus got them in the end.

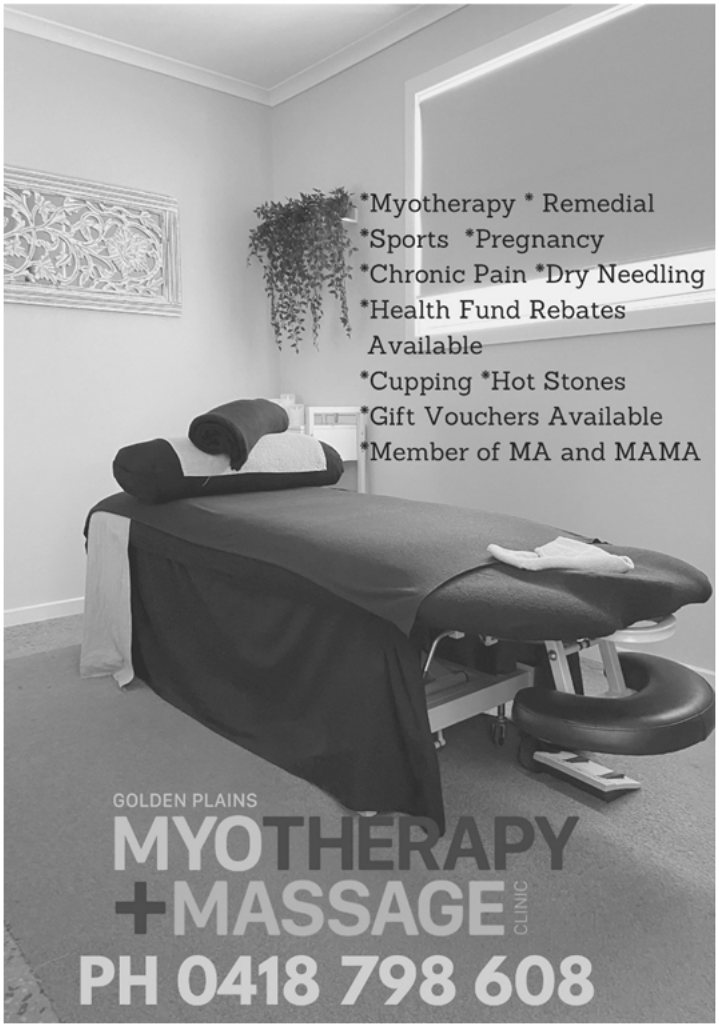
John and Denise travelled to Tasmania to have a look at miniature donkeys, came close to buying some, but bought a miniature horse instead. It got the staggers so John gave it to a 13-year-old girl and the horse suddenly recovered from its affliction.

Angus/Friesian cross steers were next. They were 2 months old when they came and they grew rapidly in the paddock behind the house.

And, last but not least, came the birds including zebra finches, canaries, budgies, pigeons, golden pheasants and ducks.

During his 11 years living at Meredith John enjoyed looking online for different enterprises. He enjoyed trips to look at different enterprises, and learning about each, and building the facilities required, including a cage for the peacocks which was 6 metres long and 6 metres wide and 4 metres high. He enjoyed looking after, selling, and eating some of his products from the enterprises.

John and Denise have also had German Shorthair Pointers, a Bassett Hound, Fox Terriers and other dogs. But, he has never taken a fancy to cats!



TEST'N'TAG

All plug in electrical items can be tested and certified safe.

On-site or off-site testing. Reasonable rates.

Contact Meredith Maintenance
(Licensed Tester)

5286 1550 or **0427 300742**

EPA Accredited

REGIONAL LIQUID WASTE

ABN: 34 976 656 819

- SEPTIC TANK CLEANING
- WATER TANK CLEANING
- HYDRO EXCAVATION
- GREASE TRAPS
- PORTALOO / HOLDING TANKS
- HIGH PRESSURE CLEANING

Mobile: 0427 304 959



it's History

Meredith History Interest Group

Elaine Thru the Lens Book Launch:

You are invited to the launch of the Elaine Book on Sunday, October 18 at 1.30 pm at the Elaine Hall. The hall will be open from 12.00, so people have time to look at the collection of photos of {mainly} people of Elaine that will be on display, and to have time to talk to each other.

The Elaine book contains most of the photos that were displayed at the exhibition held in October last year which are of bridges, churches, schools, enterprise, buildings, sport, etc but doesn't include photos of families, men, women and children.

If you have some photos of people of Elaine and District that you would like to display on October 18, please bring them along or better still, bring them to MHIG before the event so we can scan them and print copies. We would like your family to be represented.

The launch will be followed by afternoon tea. We are asking attendees to please bring a small plate to be shared.

Calendar:

The 2027 calendar is ready to go to the printers. It celebrates dry stone walls of Meredith and District. MHIG invites you to a talk about dry stone walls and a visual presentation on Sunday, November 15 at the History Centre. On this day the calendar will be launched and available for sale.

Laurie Atkins is a MHIG member and an enthusiastic student and researcher of stone walls. He is also a member of the Dry Stone Walling Association of Australia [DSWAA] and has served on their Management Committee. The DSWAA is dedicated to increasing the appreciation of all aspects of dry stone walls and dry stone structures.. He has supplied the photos for the calendar and will tell you about the cultural, historic and architectural significance of dry stone structures on November 15.

The Morrison Family Shack at Steiglitz:

The shack was originally built in 1930 by William Morrison and family. It was located by the Moorabool River just off the road that runs between Meredith and Steiglitz.

It was a rather primitive building consisting of two rooms only. It was not lined and made from corrugated iron, wood and hessian. Each room had a door and small windows. The first room was the kitchen which seemed to be able to fit however many people there were at any time!

The second room was a bedroom in which the children slept. There were many night noises including possums which used to come right into the room. The kitchen doubled as a bedroom for our parents at night. At various times the accommodation was increased with the use of as many tents as were required. There always seemed to be plenty of food and plenty of fun.

The back water wash of the Moorabool River did duty as a bathroom where teeth were brushed and bodies bathed. There was a lovely sandy beach on the other side of the river which we would walk to for a proper swim. Up the track to the road, over the bridge and then back to the river, almost opposite the shack for an afternoon of fun.

This is part of an article written by William's grand daughter.

Back to Steiglitz:

This event is being held again on Sunday, October 25 at Steiglitz and the committee say that it is going to be a great day!

BACK TO STEIGLITZ REUNION 2026

Sunday 25th October 2026

10.00am – 2.00pm

Steiglitz Township

Come help celebrate the history of Steiglitz with a day of entertainment, historic displays, activities, stalls and a sausage sizzle throughout the day.

Steiglitz is the last town in Victoria to not be connected to the modern power grid, so bring cash!

In Plain Sight

Marg Cooper

You may have noticed some daffodils flowering in the streets of Meredith, recently. Sadly, there are only a few left of numerous plantings executed in the late 1980's to beautify the town.

Rose day in Meredith in the late 1980's was an annual day that was celebrated for about 10 years. A group of enthusiastic gardeners, ladies and gents who particularly loved the Queen of flowers …Roses …. used to swap cuttings and discuss roses. Out of that came an idea to hold an annual day to showcase everything about roses.

There was no group or organization that ran the day but everyone was welcome to contribute. It began at St. Joseph's Parish Centre (now the op Shop) and over the ten years outgrew that site and it was then held at the Recreation Reserve building. It featured a rose show/ display of beautiful local roses, sale of rose cuttings, a guest speaker about growing roses, sales of roses and other plants, rosehip jam, even a home-produced book on caring for your roses. The building was beautifully decorated in rose themed decorations, Devonshire tea with the yummiest homemade scones and jam and cream all served on fine bone china with …of course roses on them. Visitors sat at little round tables with lace tablecloths. Garden furniture was for sale and masses of plants. All in all, they were lovely days. People came from far and wide….we even had buses of people coming.

Any profit that was made was used to beautify the town. Several times the money was used to buy daffodil bulbs which were planted by the same volunteers along the complete length of the path in Wallace Street, where the Interpretative Centre is now. There were also plantings in front of the Memorial Hall and at the base of the tree guards. Sadly there are only a few plantings left. Time for some new plantings. Any volunteers?

Some of the volunteers involved were Diane Ritchie, Judy Alexander, Rosemary Gargan, Lyndsay Fink, June Cameron, Jessie Osborne, Marg Cooper and Don Van Beuschiem.

Trust Australia's largest LPG supplier...



Elgas is a local business, run by local people offering LPG for your home

Elgas Welcome Package
OPEN NEW ACCOUNT & RECEIVE $80 WORTH OF LPG GAS ACCOUNT CREDITS*
*For all terms and conditions see website www.elgas.com.au

NO CONTRACT TO SIGN

©2019 ELGAS LTD.

Give Elgas a call and get friendly reliable service in your area

131 161
www.elgas.com.au

ELGAS

BYV WOOLBROKERS & BUYERS

Family owned & operated for more than 30 years

A family owned Australian business

Specializing In:
- Clip Brokering
- On Farm Pricing
- Shed Clean Ups

Secondhand packs replaced free of charge

SERVICING ALL AREAS
Call today and we'll come to you
P: (03) 5267 2703 0417 054 792

Monday to Friday 8am-5pm

2990 PRINCES HWY, WINCHELSEA
admin@byvwool.com.au www.byvwool.com.au

HEATH MAINTENANCE

Fred Heath
0400 045307
fred.heath67@gmail.com



- Home and Property Maintenance
- General Repairs
- Window Replacement
- Carpentry and Woodworking



The deadline for copy is
9.00 am on the last Thursday
of the preceding month

SOUTHERN GRAIN STORAGE PTY. LTD.

BULK & BAGGED FERTILISER GRAIN PASTURE SEED SEED CLEANING

15 Murrell St, Winchelsea
(03) 5267 2351



Marg's Book Review

The Glassmaker *by Tracy Chevalier*

The glassmaker of the title is Orsola Rosso, a young woman living on the island of Murano just off the coast of Italy, next to Venice. At the start of the book, in 1486, the Renaissance is in full swing and Murano's reputation as the Island of Glass means that her glassmaking family enjoys a stable happy life - that is, until Orsola's father dies suddenly and her brother takes over the business.

Women in that time were not meant to work with glass but Orsola flouts convention to save the family from ruin. It's a man's world. It is also a world where children follow in the business and live at home after they marry. It is also where secrets abound between glassmakers. Orsola is talented, strong, resilient, determined and passionate and she challenges societal norms to become a glassmaker.

Orsola learns to craft glass in secret making beads over a burning lamp in a corner of the Rosso kitchen. This enterprise leads her to venture beyond the island to forge lasting alliances beyond her class and experience a world unknown to most women from Murano. She is even commissioned to make a necklace for Empress Josephine.

A most interesting feature of the book is the author's concept of time, bending all the rules and creatively reshaping it to craft this imaginative story which follows Orsola through six centuries from 1486 to the Covid 19 pandemic. As time skips forward like a skimming stone, through wars, regime changes, plagues, political upheaval and much more, Orsola ages slowly.

Early in the book Orsola has a lover who is forced to leave the island. She yearns for him all her life and he sends her small glass dolphins, just to keep in touch. At the end of the book she meets a young man who she realizes is a descendant of her ex lover and she also realizes that he has been dead for centuries and that members of his family have continued to make and send glass dolphins to her.

It was fascinating to read about the glassmaking industry and how crucial it was to Murano. It was also interesting to read about Venice. The time period covered meant that Venice saw huge changes and yet some things remained the same: how much people relied on dealers and fashions and, later, tourism for survival, the constant threat of rising water and the way women have to prove themselves time and time again.

Book Launch!

Come and join us at the Bannockburn Library for a free event, on
Saturday the 10th October 2026 at 10am
To launch our new anthology;



Between Fencelines

by

Golden Pens – Write Side Up

Featuring stories from some of our local school children.

Meet the authors, including special guest:

Marley Betts - local artist, author and illustrator of Between Fencelines.

Purchase a book on the day for $10 and get your favourite writer to sign it. (Cash only)

Come and support our local creatives and encourage the future writers of our district.

Everyone is welcome to this free event!

Refreshments will be provided.



1. How many stripes on the American flag.
2. What is the 49th state of USA.
3. What is the 50th state of USA.
4. What is the French flag commonly known as.
5. What is a flagstaff.
6. What is a flagfall.
7. What flag is blue with silver stars.
8. What colour flag is used to signal the winner of a car race.

Answers

1. 13, 2. Alaska, 3. Hawaii, 4. Tricolour, 5. Flagpole, 6. Start of a cab fare, 7. Eureka, 8. Chequered



Sharing safety advice today, protects your family legacy tomorrow.



Safety, it does more than keep you safe.

Passing down accurate safety advice today, protects your family legacy. To learn more about loading tractors safely visit **worksafe.vic.gov.au/tractors**

Scan for farm safety support.

WorkSafe Victoria

VICTORIA State Government

Hard to kill

Why eucalypts are survival experts

Dr Gregory Moore, University of Melbourne

They can recover from fire. Grow back from a bare stump. Shrug aside bark loss that would kill a lesser tree. Endure drought and floods.

Eucalypts are not interested in dying. They're survivors. The world's 800-plus species are almost all found in Australia, a continent with old, degraded soils and frequent fires and droughts.

In the fossil record, they first appear about 34 million years ago. As the Australian continent dried out, eucalypts gradually emerged as the dominant trees in all but the most arid and tropical areas.

But what is it about eucalypts that makes them survivors? It's a combination. Leathery leaves. Fire-resistant bark. Dormant buds under bark, waiting for fire. Mallee roots (lignotubers) at ground level to let them regrow. Roots which put out special chemicals to unlock scarce nutrients. And gumnuts which use fire to germinate and get a head-start on any rivals.

In a difficult place to survive, they thrive. Here's how they do it.

Leaves

Many gum species have leaves which hang vertically. These adaptations are about water. Water in Australia is often scarce, and it makes sense for trees to hold onto it when they have it. Vertical leaves means less direct sun, which means less evaporation. Their dry, leathery leaves also keep the water inside. It also improves their tolerance to bushfire.

Bark

Stringybark, ironbark, candlebark – the bark of eucalypts is used to identify them. But it's also one of their great adaptations. The bark is often an excellent insulator against hot, dry summers as well as a protective barrier against fire.

Stringy bark is so fibrous that despite singeing and looking black on the surface, it often doesn't burn, meaning buds beneath it are protected from damage.

Buds

Underneath the bark of a normal-looking eucalypt lie thousands of dormant buds. These invisible "epicormic" buds are a remarkable adaptation, letting the tree rapidly regrow after bushfires, severe insect and animal grazing, storms, droughts or floods.

You can spot epicormic shoots sprouting up and down the trunks of gum trees after a fire, making them look like "toothbrush trees".

Epicormic Shoots emerge from Eucalyptus buds hidden under the bark after a bush fire. Forest Service/Flickr

Epicormic shoots can grow 27cm in a single day, or up to 6 metres in a year. When epicormic buds touch soil, they can sometimes develop as roots. This allows fallen trees or even large branches to re-establish and anchor after storms and floods.

This is an excerpt from a paper that first appeared in "The Conversation".)

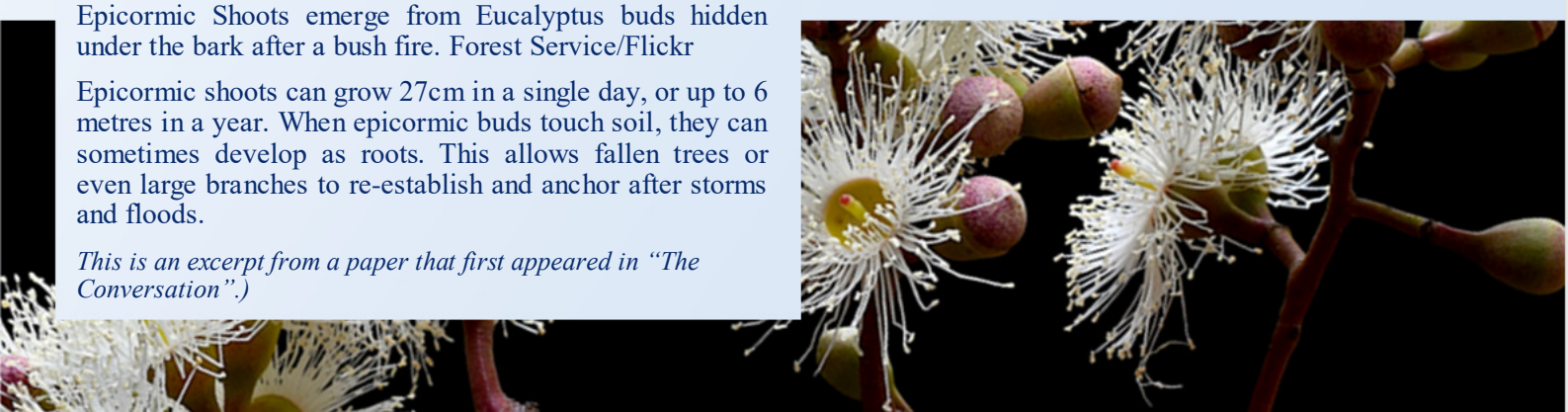
Jess & Asher's MONTHLY PUZZLE

Find your way through the farmyard animals until you reach the end of the maze. You will need to travel through in this order: Chicken, Sheep, Cow, Dog.





If you don't find this at all funny, then visit *betterhealth.vic.gov.au/health/*



ADVERTISEMENT

EMMA MUIR

LIBERAL FOR **EUREKA**

"Jess and I will give Eureka a Fresh Start"





Get your copy

OurPlan.au

JESS WILSON'S COALITION TEAM
FAIR SHARE GUARANTEE
LIBERAL VICTORIA

Positive plan for Meredith

Reduce crime.

- Recruiting 3,000 more police and reopening police stations
- Extending police station operating hours in Bacchus Marsh
- Creating Break Bail, Face Jail and real Adult Crime, Adult Time laws

Lower costs.

- Scrapping the emergency services tax and lowering land tax
- Establishing a 25% Fair Share Regional Infrastructure Guarantee
- Scrapping Labor's GP tax and schools tax

Government that works.

- Eliminating one million potholes and maintaining our roads properly
- Fixing ambulance response times
- Holding a Royal Commission into Big Build corruption

Authorised by A Hannam, Liberal, Level 12, 257 Collins Street, Melbourne 3000

GOLDEN PLAINS ANIMAL HOSPITAL

Veterinary care for your family pets when you need it

Our Veterinary Hospital provides modern, professional and affordable health care for your pets. Our long standing and dedicated staff and experianced, leading veterinarians are all passionate about your pets and avid animal lovers.

Opening Hours:

Monday to Friday 8:00am - 6:00pm

Saturday 8:30am - 1:00pm



Emergency Triage - 24 hours a day

12 Milton Street, Bannockburn

(03) 5281 2226

https://gpah.com.au/

acciona energía

TALL TREE WIND FARM

Mobile Office Drop-in Sessions - extended

We will be extending our Mobile Office sessions throughout 2026, providing additional opportunities for community members to meet with the project team, ask questions, and share feedback.

Monthly drop-in sessions: Over the coming months, our project team will be in the local area. Community members are welcome to drop in, ask questions, and learn more about the project.

1:1 technical discussions: If you have a technical question or would like a dedicated conversation with the project team, we can book a one-on-one session with the relevant specialist. Please note this will be limited to availability, so may not be available on the same day.

MOBILE OFFICE LOCATIONS AND SCHEDULE

Engagement dates and locations will be provided via the Community Hub.
Please scan the QR code to view the schedule for the September and October sessions.

CONTACT US

Feel free to get in touch for more information via email talltree@acciona.com or call our free helpline on 1800 283 550.

You can also visit our online community hub to find out more about our project at community.acciona.com.au/talltree.

MORTIMER PETROLEUM

MEREDITH ROADHOUSE

Take-Away Menu

Toasties

Bacon and Egg
Bacon and Egg Roll
Bacon, Egg and Cheese Muffin
Ham and Cheese
Ham, Cheese, Tomato
Bacon, Egg Breakfast

Fresh Rolls and Sandwiches

Ham and Cheese
Ham, Cheese, Tomato
Ham, Cheese, Pickle
Egg, Lettuce
Ham, Salad
Chicken Salad
Salad

Fried Food

Hot Chips + Gravy
Flake Battered
Fish Battered
Squid Rings
Crab Stick
Battered Sav
Battered Burger
Chicko Roll
Spring Roll
Mini Spring Roll
Dim Sims- Steamed/Fried
Chicken or Pork Dim Sims
Potato Cakes
Chicken Wing Dings
Chicken Garlic Balls
Chicken Strips
Kransky
Hot Jam Donuts

Hamburgers

Cheese Burger
Double Cheese, Sauce, Pickles

Plain Burger
Lettuce, Cheese, Tomato Sauce

Hamburger with the Lot
Lettuce, Cheese, Tomato, Bacon, Egg, Onion, Sauce

Steak Sandwich
Lettuce, Cheese, Tomato, Bacon, Egg, Onion, Sauce

Chicken Schnitzel Burger
Lettuce, Cheese, Tomato, Mayo

Chicken Chilli Wrap
Lettuce, Cheese, Tomato, Sweet Chilli Sauce

Veggie Burger
Lettuce, Cheese, Tomato, Sauce

EXTRAS
Beetroot
Pineapple

Coffee

Cappuccino | Latte | Flat White | Mocha | Long Black | Chai Latte | Hot Chocolate

Available in 3 sizes

Small Medium Large

Milkshakes & Thickshakes

Chocolate | Vanilla | Caramel
Strawberry | Blue Heaven | Banana | Lime

Cold Barista Beverages

Iced Coffee | Iced Chai | Iced Chocolate
Iced Mocha

Alternative milks: Soy | Almond | Oat | Lactose Free

PHONE 03 5286 1556
Select option 4

MEREDITH EMERGENCY SERVICES EXPO

Meet your local emergency services, explore the vehicles and get fire ready

18 October
10am - 2pm



Free Entry

- Displays
- Giveaways
- Sausage sizzle
- Free coffee



Free activities:

- Petting zoo
- Face painting
- Have a go with a hose
- Games





Meredith Recreation Reserve, Wilson St

CFA - VicPol - SES - CERT