

MEREDITH and DISTRICT NEWS

Meredith & district News



OUR **FREE** COMMUNITY NEWSLETTER

AUGUST 2023



inside

- LAL LAL Primary School's Story Dog
- Hilda Greaves' Generous Endowment
- Waste Water Plan for the Shire
-and all your regular favourites

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COMMUNITY UPDATE - August 2023

APPLY NOW: MWF Community Grant & Scholarship Fund Round Five

Community Grant Fund.

Aimed to offer financial support for projects that will provide lasting benefits, promote positive and long-term results for the local community and promote sustainability.

Scholarship Fund

Can be awarded to a community member undertaking studies from any age, for any level of education (e.g. primary, secondary, tertiary) educational experiences, and/or skill workshops/camps.

Scholarships will be decided based on eligibility and the selection criteria noted in the guidelines. Selection will be based on merit irrespective of financial need.



Fund guidelines and the application link can be found at the QR code or:
mooraboolwindfarm.com/community/community-fund



SCAN ME

FUND APPLICATIONS NOW OPEN: APPLY BY 11:59PM 31ST AUGUST

Landscape and Visual Screening Program

Owners of residential dwellings within 4km of the Moorabool Wind Farm are invited to participate in a landscape and visual screening program. All agreed works are undertaken by Moorabool Wind Farm at no cost to dwelling owners.

The program is now closed for Moorabool North and will end on 30th Sept 2023 for Moorabool South. Please contact us if you have not previously participated and would like to register your interest.



For more information, please visit: mooraboolwindfarm.com
To contact us or register to receive project updates via email, get in touch:
info@mooraboolwindfarm.com or 1800 019 660.

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Member for Eureka

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✉️ michaela.settle@parliament.vic.gov.au 📱 MichaelaSettleMP

Meredith & District News



The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jim Elvey, (general editor and chair) Stefania Parkinson, Ian Penna, Sue Higgs, Alex Hyatt, Nerida Anderson and Ian Leighton. Production is undertaken by Peter Boer, Don Atherton, Marlene Johnson and Jim Elvey.

NEWS & VIEWS

Appropriate contributions accompanied by the contributor's name (which will also be published) and contact details, are most welcome. Please email to news@meredithnews.com.au or deliver to the Meredith Post Office or Meredith Hub

DATES AND DEADLINES

The Newsletter is distributed on the **first Thursday** of the month (except January). All ads and submissions must be lodged by 9.00 am on the **last Thursday** of the preceding month, but earlier is **really** appreciated.

ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. RATES: excluding GST, are as follows:

	B&W	Colour
Business Card	\$20	\$20
Quarter page	\$30	\$30
Half page	\$50	\$110
Full page	\$100	\$200

Community Groups can have a 1/4 page ad for free or a \$30.00 discount on larger ads. (conditions apply) .

A \$20 loading applies for preferred position. Please submit in jpeg format, if available.

Classified ads cost \$7.50 on invoice or \$5.00 if paid on lodgement.

Classifieds are FREE for small, personal notices from residents.

SUBSCRIPTIONS

If you are outside our delivery area you can subscribe for \$35.00 p.a. plus GST (11 issues) and get the Meredith and District News posted to you anywhere in Australia.

CONTACT US

Post Office, Meredith, 3333

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advertising@are.com.au

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accounts@meredithnews.com.au

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news@meredithnews.com.au

WEB

You can check back copies and lodge comments at meredithnews.com.au

ONLINE PHOTOS

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions

FEEDBACK

es please! Send it to news@meredithnews.com.au

Issue Production: Don Atherton Editor: Marlene Johnson

connect

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ANGLING CLUB 0419 248 660	GOLF CLUB 0407 795 342
B'BURN ART GROUP 0410 808 483	HISTORY GROUP 5286 8201
BLUE LIGHT DISCO 5286 1222	LANDCARE 0409 862 326
BOOK CLUB 5286 8201	MEMORIAL HALL 0409 662106
CFA 000 for fire calls Elaine 0409 861 296 Meredith 5286 1502 Morrison's 0417 770 765	MEREDITH SEWING GROUP 0491 184 999
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CRICKET Elaine 0448 291074 Junior (U16,U14,13) 0448 291074 Meredith 5286 1434	POLICE PADDOCKS 0409 163169
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	SEW 'N' SEWS 5286 0700
	FRIENDS OF THE BRISBANE RANGES 5286 1252

..or start something.

If you have a special interest you would like to share with like minded people, let us know



Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born.
ANAIS NIN

emergency

Police, Ambulance, Fire (from mobile phone)	000
Meredith Police Station	000 or 112
Police non emergency	5286 1222
Power Failure	131 444
Nurse-On-Call	132 412
Mental Health Advice	1300 606 024
Poisons Information	1300 280 737
Barwon Water	13 11 26
SES Emergency - flood & storm	1300 656 007
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24hr 5-18yo	1800 551 800
Golden Plains Shire a/h emergency Ranger	1300 363 036
	0408 508 635
	5220 7111
	or 0409 830 223
Bannockburn Vet	5281 1221
Golden Plains Animal	5281 2226
Pets and Horses 24/7	0421 617 238

Justices of the Peace

Mr Don Atherton. 0409 869 960

Mr Paul Ryan Elaine 0409 861 296

services

CEMETERY TRUST 5286 1550	MATERNAL & CHILD HEALTH 5220 7230
HALL HIRE Meredith Memorial 5286 1545 Elaine Mechanics elainetownhall@gmail.com Elaine Rec Res 5341 5703	PRE-SCHOOL 5286 0722
LIBRARY VAN 5272 6010	PRIMARY SCHOOL 5286 1313
	RECREATION RESERVE 0429 315 575

Church News



Meredith Uniting Church

Services have recommenced. 11.00 am 2nd Sunday each month. Enquiries:

Rev. Paul Sanders 0407 833 515 5341 2440

Serbian Orthodox - 5341 5536

Daily services: Matins 08.00 am, Vespers 6.00 pm.
Divine Liturgies on Saturdays & Sundays 10.00 am.

Worship on Sundays in the Anglican Parish of Inverleigh+Bannockburn+Meredith:

8.00 am Holy Communion St Paul's, Inverleigh

10.00 am Family Communion. St John's, Bannockburn

5.00 pm Prayer and Praise Epiphany, Meredith

Find us at: www.goldenplainsanglican.org or
office.revdrtim@hotmail.com

The Revd Dr Timothy Smith

PiC Anglican Parish of

Inverleigh+Bannockburn+Meredith

St Josephs Parish of Meredith

St. John the Baptist, Winchelsea Sat @ 5pm - Aug 5, 12, 19, 26

Recreation



Meredith Tennis Club News

Bridget Dyer

We are excited to announce that our Winter competition is now underway and that we have 8 teams in the Wednesday night competition and 12 teams in the Thursday night competition! This is an amazing turn out and we are pleased to see so many new faces, plus all our old favourites.

As with the Autumn competition, we have 14 children playing with parents, grandparents and siblings, across both nights, which is a wonderful way to develop those children. We also have a few more people getting into tennis for the first time! We will again have a cash prize and dinner will be available for purchase on the night. Meal planning is underway and we have some delicious ideas lined up.

Our AGM will be held on August 24th at 7.00 pm at the tennis courts. Please feel free to come along and watch a match or two while eating dinner, before joining us at the AGM. Some key things on the Agenda are a new constitution, code of conduct, the future of Junior coaching, and discussions regarding which association/s the club wishes to be involved with in the upcoming Summer season.

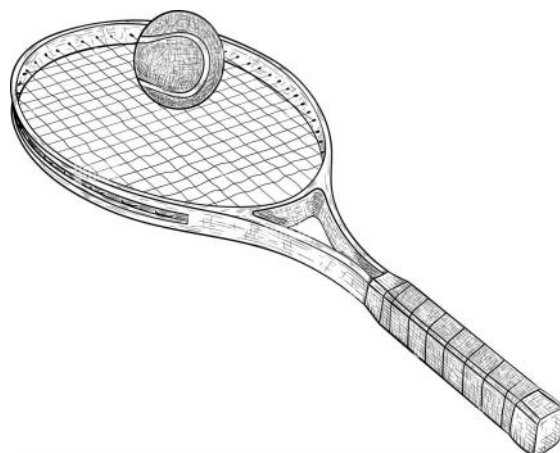
The next Saturday Summer competition will begin in October and as part of the lead up, we will be organising a grading day, where children can come and have a hit and register their interest. Part of registering their interest will be putting preferences in for teams. We also hope to be able to enter new younger players in an orange ball competition for term four.

OUR COVER

© Ian Davies | Macaulay Library at the
Cornell Lab of Ornithology
(ML82323101)



Share your favourite pics with us.
You could make front page news!



Little Athletics Club

Heather Parkinson

As winter sports draw to a close it's time to start thinking about summer sporting opportunities,

Little athletics is a great way to stay fit and active over summer, make friends and enjoy friendly competition over a range of different activities. There's something for everyone with long and short distance running, jumping and throwing.

At Golden Plains Little Athletics Club we welcome children from 5 to 17 years of age, who want to be active and learn new skills whilst having fun with friends. We compete on Saturday mornings from October through to March at Goldsworthy reserve in Corio.

Our come and try day on Friday 29th September, (grand final public holiday) is a great opportunity for you to come along and have a chat and see what little athletics is all about. For more information please call Heather on 0403 195 283 or keep an eye out for our advertising in your local area!

Maude Recreation Reserve

Notice is given of a PUBLIC MEETING to be held at Maude Tennis Hall on Sunday 10th September commencing at 3:00pm.

The purpose of the meeting is to nominate no less than three (3) or more than nine (9) persons as the Committee of Management for the Maude Recreation Reserve for a term of three years.

The current committee's term will expire on 26/10/2023.

All positions will be declared open, and nominations will be accepted prior to or on the night.

Nominations from women, Aboriginal people, people with disabilities, young people and people from culturally diverse backgrounds are encouraged.

Further information, nomination forms and nominee declaration forms may be obtained by contacting your

Notice of AGM - Meredith Community Village Inc

Notice is hereby given that the 1st Annual General Meeting of Meredith Community Village Inc will be held on Saturday, the 2nd of September 2023 at 9:00am at the Meredith Community Centre, 4 Russell Street, Meredith.

Prospective new members are very welcome.

For any enquiries please call Martin: 0417823965

Bingo is back - all welcome!

WHERE: Elaine Mechanic's Hall

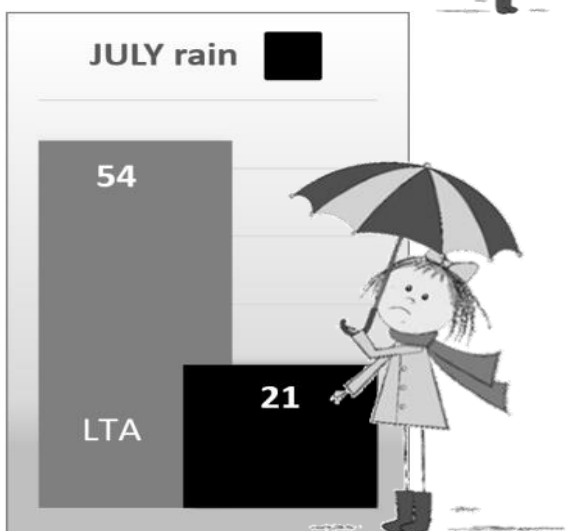
WHEN: Sunday 13th August at 1 p.m.

HOW MUCH: \$20 person

WHAT TO BRING: Some snacks to share!

BOOKS and DABBAS supplied.

Whaat's been happening with the weather?



Kerry Thomson

Our July outing took twelve of us to Bunjil Lookout at Maude where we welcomed Leanne for the first time and David for his second. Despite the cold windy conditions we managed to find a variety of sheltered positions from which to capture on paper the various views across the valley, the amazing architecture of the Lookout, the fireplace and some local vegetation. Once again a variety of mediums were used to great effect which was followed by some lively discussion over a very welcome hot cuppa.

Next outing: 8th August (2nd Tuesday). Meet directly at Maude Tennis Club. 10 am - 12.30pm. BYO artist equipment, chair, warm clothes, cuppa for after.



What's On



TERM 3

Fermentation Made Easy with Narelle

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For Kids!

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 Kindergarten - Expressions of Interest

Mums & Bubs

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Tai Chi - \$15 per session

Tuesdays @ Meredith with Sandra - 9.15 - 10.15
 Wednesdays @ Bannockburn with Desma - 9:30 - 10.30
 Taking Expressions of Interest for Inverleigh!

Steady Feet @ Meredith - \$10 per session

Wednesdays - 10:00 - 11:00 am

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PLAYGROUP

TUESDAYS

9.00am - 11.30am

\$2 per family

Croc Report



Sunday the 16th of July saw the to take on the Sunbury Lions. The for our old legs as the Sunbury ground is wanted to be playing on a heavy ground.

The game got underway and it was a steady pace from the start. The first quarter saw a pretty even contest with both sides kicking a couple of goals. The second quarter saw much of the same but the Crocs managed to kick a couple more than the Sunbury lads. With his new found role up forward, Shaun Faulkner was proving to be a great target, relieving some of the pressure on our oldest Croc, Daryl Jones.

As the game progressed the size of the ground started to play a factor with everyone's legs getting tired. The third quarter saw the croc take a bit of control and kicked away to lead by around 5 goals going into the final quarter.

The lead proved too much for the sunbury Lions and the crocs ran out the game to win by 5 goals. This was the first time in about 5 years we have beaten Sunbury so we made sure to celebrate this great victory.

On a sour note, new recruit Paul Jones did his ACL and wont be back for the rest of the season. Paul was having a fantastic game and would have been best on ground. Also, Kelvin Vince had to leave the field with a torn Calf. We wish both players a speedy recovery.

Best players for the day were, Mitch Troy was great in the middle showing that youth definitely counts for something in masters footy. Chris Parker was also fantastic out of the middle running all game. Mick Battye had a ripper up forward after having a rest for a few games. Kev Murray was great up forward kicking a goal and narrowly missing another, and proving that he still has it, Phillip Doopa Cranage had one of his best performances this year across half back.

A thoroughly enjoyable day was had and Sunbury are always great hosts. Next game is Sunday the 30th at Ballarat.

This week we received our new Goal post padding which was funded by a Community Strengthening Grant from the Golden Plains Shire, Craig Taylor from Fixel Telecommunications and Phillip Cranage from Cranage Glazing and Caulking. This is a much needed upgrade for the current padding which has been in place for around 20 years. A big thankyou to Kerrie and Marg from the Meredith History Interest Group for their excellent guidance and help with the grant application process.

Mighty Crocs travel once again to Sunbury weather was near perfect which was great the same size as the MCG and no player

The Philatelist

Michael Riseley



Pocket Money

In 1948, Australia issued a set of 4 high value stamps bearing the Coat of Arms. They were 5 & 10 shillings and 1 & 2 pounds. In the early 1950's my father worked in the import/export department of a Hobart bank. Tasmania produced lots of lovely apples and one of the main markets was the UK. Farmers often arranged bank loans using their apple crop sales contracts as security. Naturally enough the Bank had documentation, that gave them control of the apples being exported, but more importantly the financial transactions involved.

The apples were sent by sea, but the documentation went by airmail to the Bank's London office. As you may imagine with bureaucracy in those days, there were lots of documents and the envelopes were quite large. And so quite expensive to post, which meant using lots of high value stamps.

Some bright spark (probably a stamp collector) realised that these used stamps had a value and arranged for the London office to send back the empty envelopes to the Hobart office. These stamps would then be sold to the local stamp dealers. And so the bank staff made a few extra bob pocket money.

Today a good used 2 pound Coat of Arms stamp would cost about \$10 to buy.

I would think that there would be similar lurks still happening in the business world. Especially so, given that Australia now issues stamps specifically for use with International mail, and so would be difficult for dealers and collectors to find them locally.

So if you send expensive mail to family or friends overseas, get them to send the stamps back. You might make a bob or two extra pocket money!

Local Wedgetail Eagles

Cover Story By Douglas Johnson

We moved to the area almost 12 months ago and have been enjoying the wildlife especially the birds.

Last year we saw a couple of wedgetail eagles flying overhead, but this week, there was an awful kerfuffle in the sky above, with lots of birds sounding very angry. Looking up, we saw four wedgetail eagles flying low overhead, being pursued by lots of smaller birds.

Our neighbour says there have been a pair of eagles nesting near her property for a number of years, and she has been lucky enough to have had them sitting on her clothesline to admire.

When I think back to my younger days in western Queensland and recall there was a bounty of \$1 on these majestic birds, it is so pleasing to see them in the wild.

Meredith Playspace

Media Release

The Meredith Multi Playspace featuring an upgraded skate park and new BMX track was officially opened on July 1st.

Member for Eureka, Michaela Settle MP and Golden Plains Shire Mayor Cr Brett Cunningham were joined by Meredith Recreation Reserve Committee of Management representatives, local school children, and Meredith resident Harley Murfitt, to officially open the Multi Playspace.

This exciting community-driven project included an upgrade of the existing skate park, the development of a new BMX track, a new play space, basketball tower and installation of pathways, seating, a drinking fountain, shelter and landscaping.

The idea for the initial skate park upgrade was credited to Harley and former resident Max Love, who wanted to see improvements at their local skate park, and took their idea to former Meredith Primary School Principal Stephen Trotter and Leading Senior Constable Craig Malthouse. The upgraded skate park design was presented to Council, who successfully advocated to the Victorian Government to make a commitment to the project.

The Meredith Multi Playspace is a partnership project, funded by \$420,000 from the Victorian Government and \$480,000 from Golden Plains Shire Council.

Michaela Settle MP, said "Harley and Max's idea has come to life. From a small idea by two local primary school students, it has grown into something amazing at the heart of Meredith.

"I'm excited to see kids having a blast at the play space and improving their skills at the skate park."

Cr Brett Cunningham said "The Meredith Multi Playspace is fantastic for the local community, and community engagement has delivered a bigger and better result for young people in Meredith and surrounding towns.

"Council is grateful for the support from the Victorian Government to make this project a reality, and the new equipment, along with the improvements to the skate park and new BMX track will be enjoyed by families, children and young people of all ages."

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Chicken Pasta with Creamy Avocado Sauce

Prep time 5 minutes, Cook time 10 minutes

Serves 4

Ingredients

- 250g spaghetti or dried pasta of your choice
- 1 medium ripe avocado
- 1 lemon zested and juiced
- 150g shredded, cooked skinless chicken breast
- 1 large tomato, roughly chopped
- Staples**
- Flat leaf parsley, chopped, plus extra to serve
- 1 1/2 tablespoons olive oil

Method

1. Cook pasta in a saucepan of boiling water following packet instructions, or until tender. Reserve 3/4 cup of the pasta water, then drain and set aside.
2. Meanwhile, process avocado, parsley, three-quarters of the rind, juice, oil and 1/2 cup of water in a food processor until smooth. Season with salt and pepper.
3. Return pasta to the pan and heat over a low heat. Add chicken and toss for about 1 minute or until heated through. Remove from heat. Add avocado sauce, reserved pasta water and tomato. Toss to combine. Serve sprinkled with extra parsley and remaining lemon rind.

*Recipe from: 5 Ingredients
Stefania :)*

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In the School Garden

Mrs Garden

with some of the grade 2/3 students

There was a group of students from grade 2/3 out in the garden last month. Charlie, Cody, Harvey and Willow were willing workers as there was much to be done. Winter can appear to be a quiet time in the garden as many plants seem to be doing very little or nothing at all. However, it is a perfect time to clear out and rejuvenate beds and it's not too late to pop in some cold-loving plants that do not thrive in hot conditions. The chewing bugs can sometimes be less active which is a bonus.

So, there were two of our wicking beds in particular that needed a good clean up. One still had the old tomato plants in it and the other had the last tangle of the spaghetti squash pumpkin vine and a few weeds. We dug in compost and planted some seeds and seedlings.

Here is how the students would like to tell it...

I helped with the wheelbarrow because I have my wheelbarrow licence. A wheelbarrow licence is when you know how to use a wheelbarrow. The way to use one is by using two hands on the wooden handles and then lift it up so it doesn't tip. I had lots of fun. We had to get a heavy bag of compost over to the garden beds and a wheelbarrow is the best way. **Charlie**

After we pulled out the old plants, we had to put the compost on and till the soil. We couldn't fit a cultivator in our little beds like a farmer so we used little shovels to cultivate. Then we planted pea seeds at a two centimetre depth. We checked a week later but nothing had come up.

We will keep looking.

Harvey

We smoothed the dirt so the plants grow well. If there is a lump in the road, the roots won't go down. **Cody**

In the second bed, I dug a hole and I put the garlic plant in the hole. I covered around the hole with the dirt and gave it a little pat. We got some water in the watering cans and gave the plants a sprinkle. **Willow**

Along with the garlic, some tiny silverbeet plants went in. Garlic is a great companion crop as a natural pest and fungus deterrent and it can help improve the health and flavour of other plants. It doesn't take up much space and can grow in most conditions. It is also a good friend to fruit trees and roses. However, there are just a few plants that are best kept away and these include asparagus, beans, peas and parsley. The pea seeds we planted went in a different bed quite a distance from the garlic one.

Silverbeet is always a reliable cropper so there will be plenty for us to cook and eat and plenty for the chooks as well, as long as we can protect them while they grow. It is sometimes known as Swiss chard and often has beautiful ruby red or golden yellow stalks. Packed with nutrients, especially iron, the leaves and stems are edible and it can be used in salads, soups, casseroles and with feta cheese wrapped in pastry.

As well as silverbeet and peas, you can put in spinach and broad beans now. Our broad beans are flowering and if you look closely, you can see the tiny beans forming.

August is also a great month to get the potato patch ready and other areas cleaned out for some spring planting.

Happy gardening from all at Meredith Primary School.



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 5281 2226



Music Fest Tucker Tent

The Meredith Community Tucker Tent is a facility built, managed, and run entirely by volunteers to feed the hungry crowd at Meredith Music Festival and the Golden Plains Festival each year.

Over the two festival weekends we use more the 300 volunteers, working in 6-hour shifts.

At each festival we serve up in excess of 4,000 bacon and egg sandwiches, 3,000 sausages in bread and 1,000 veggie burgers amongst other things.

ALL the money raised by the Tucker Tent goes right back into the Meredith community.

Groups who benefit from the Tucker Tent include

Meredith Primary School

Kindergarten

Memorial Hall

Football Club

Cricket Club

Tennis Club

Golf Club

Recreation Reserve

We also give a donation to support the ongoing care of Chris Nolan after every festival.

The Meredith Music Festival takes NOTHING from the Tucker Tent. In fact, they support us in many ways to help us keep our costs down, and our contribution to the community up.

Over the years the Tucker Tent has directly given hundreds of thousands of dollars back to community groups. This is ALL down to the generosity of the Festival for allowing us to operate, and down to the incredible work done by so many volunteers to make this happen twice a year.

Whilst we call ourselves the Tucker Tent, we actually operate from a purpose build shed, which replaced the original marquee more the 15 years ago.

Currently we are looking at upgrading our cooking and food handling facilities. This is essential for us to maintain compliance with food hygiene, energy safe and OH&S. We have to replace our grills, workbenches and wet areas.

If you are involved with:

- the manufacture, supply or installation of commercial kitchens, or
- folding, welding or working in general with stainless steel
- (or know someone who is)

We would love to hear from you!

If you feel you have anything to offer our upgrade program, then please reach out.

tuckertent@gmail.com or call 0417 823 965

Thank you!

Lake Eyre

Marg Cooper

Tick off the Bucket List

About two years ago we planned to drive to William Creek after a visit to the Flinders Ranges and fly over Lake Eyre. But the Premier of South Australia suddenly closed the border with Victoria, because of Covid and we had to take off for home and we missed out on the flight.

In late June this year we again planned to drive to William Creek and fly over Lake Eyre. But it rained in the outback and the road to William Creek was closed. Not wishing to miss out on our planned visit to Coober Pedy we drove from Leigh Creek, back to Port Augusta and up the bitumen road to Coober Pedy. Luckily our travel agent was able to reschedule and we got to fly over Lake Eyre taking off from Coober Pedy, and even landing at William Creek for morning tea.

The vastness of “out there” is mind boggling! The rivers that bring water to the lake, the Cooper, the Georgina, the Barcoo, the Diamantina, the Warburton and more, drain just under one sixth of Australia. This includes much of inland Queensland, large parts of South Australia and Northern Territory and parts of New South Wales. It is the largest, least developed arid zone in Australia. The lake is mostly shallow, the deepest part being fifteen metres below sea level. Fresh water flows in carrying lots of fish which eventually die in the super saline lake, if they are not eaten by the many birds that come to the lake when there is water in it. Sometimes, eighty per cent of Australia’s pelicans come to the lake.

Our pilot told us that seven weeks previous to our flight the lake had been empty. He was excited to see the first water enter the lake and measured the flow at eighteen kilometres per day.

Our flight took us over three boundaries of Anna Creek Station which has been owned by the Williams family since 2016. They also own five neighbouring stations. They bought Anna Creek Station from Kidman and Co. It is the largest, working cattle station in Australia consisting of 24,000 square miles. From the air it looked red and arid but the rain had filled waterholes and made large puddles all over the property. Our pilot told us that he regularly flies the owners to check fences and search for animal pests such as wild camels.

At William Creek, where there is a pub and some accomodation for visitors and eight young pilots who fly for Wright’s Air, must be about the most isolated place on earth but well worth a visit!

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in our NATURE

Wendy Cook

The forest was quiet as the storm approached. Heavy grey clouds dulled the light. A distant murmur increased as cold wind and rain arrived. An old tree stood strong, its sturdy roots anchoring it as gusts pulled at its canopy and water drops weighed down its leaves. One of its large branches creaked and groaned as the wind pushed at it. Inside, a fungus had been at work, its threads of mycelium decomposing the wood, leaving it broken into coarse brown cubes, reducing the strength of the branch. As each gust pushed harder, the creaking became louder. There was a loud crack as the branch broke. It crashed to the ground, breaking branches from a smaller tree in its path and smashing bushes as it landed.

That was many years ago. The tree remains, still strong but with a reduced canopy and a broken stub where the large branch once grew. Cockatoos with strong beaks dug out rotten wood to create a hollow in the branch end. They lined it with woodchips and reared two chicks. They have often returned in following years to breed. Wood ducks have also raised a family there, softening the hollow with downy feathers. On winter days, a brushtail possum curls up inside, warm and dry, to sleep.

Below the tree, the branch lies where it fell, most of its bark stripped away to become part of the leaf litter. A quick glance shows a log of dead grey wood, but a more careful inspection reveals other colours. An area on top of the log is covered in pale green circles and spikes of lichens. Green moss clings to its shady south side. A patch of it growing in a slight dip has died and composted into soil. More moss grows on this small pocket of earth, as well as a tiny tree. Its seed floated down from the old tree above and found enough food and moisture to begin its life. Nearby, small grasses trace the line of a narrow crack. Dark leaves and purple flowers of a purple coral pea creep across the smaller end of the log. Beside it, bright orange brackets of fungus grow like small semicircular shelves. Their undersides are darker and release spores from tiny pores. Inside the log, this fungus is rotting the wood, turning it white and soft. Other fungi are at work too. They show as little brown caps on stalks, clumps of contorted white jelly, and a white paint-like surface on the lower part of the log. Below them, other fungi assisted by bacteria and tiny creatures, break down leaves and bark that have accumulated in the log's shadow, gradually turning them into soil. A frog hides in this cool damp place. The log's bulk prevents leaf litter from drying out or blowing away. It also slows the flow of water after a storm, reducing erosion.

While all of this is happening outside the log, there is plenty of activity inside too. Threads of fungi and rotting

wood provide food for beetles and slaters. Their droppings form part of the decay inside the log. As spaces and cracks in the wood widen, there is room for larger animals. A blue-grey centipede with yellow legs flattens its body to slip into a crack. Claws close to its head are used for catching prey, such as beetles, and injecting them with venom. The humid environment inside the log suits the centipede. Spiders also live and hunt on the log and inside it. One of them becomes the first meal for a lizard when it emerges from its woody winter hiding place carved by the beetles and slaters. Well-camouflaged, it basks in the sun on the log's grey surface. Ants set up a colony at one end of the log, eating passages and chambers into the wood where they can live and care for their young. An echidna sniffs for them, presses its nose to the log, then tears a hole into it with sharp claws. Its long tongue stretches into the tunnels, as it licks up the occupants. After it leaves, a robin flies down from the branch of a small wattle, perches on the damaged area and enjoys its own meal of ants. At night, another predator visits. It is an agile antechinus, a small carnivorous marsupial which hunts for beetles and spiders, but avoids the centipede.

More years pass and decay continues. The inside of the log is now hollow. Its walls are no longer wide enough to hold the ants' tunnels, so they have moved their colony elsewhere. Further generations of antechinuses use the log's inside as a pathway across the forest floor. The space inside is big enough for an echidna to shelter from summer's heat. The tiny tree has grown into a sapling, its roots growing through the decayed wood into the soil beneath. As its weight increases, it bears down upon the hollow log, breaking it and blocking the antechinuses' trackway. Slowly, the fungi and the animals eating away at the log break it down further. Eventually, it is reduced to small pieces of wood among the sticks and leaves that fall to the forest floor. Different fungi and insects continue to thrive on the nutrients that the remains of the log provide, until it becomes part of the soil, feeding plants, including the sapling, now a tall strong successor to the old broken tree. Its fallen branch may have been dead for many decades, but for all that time it has been

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POST SCRIPT: Social Media response to July Wombat article

This article excited much discussion on the Elaine Community Facebook Page. Sightings on wildlife cameras, Dollys Cree Road, and one informed view that the nearest location of wombats at present is Moorabool Reservoir north of Western Highway. Another contributor is convinced he has one or two on his 12 acres at Mt. Doran and has seen one very recently on Mount Doran/Edgerton Road. The most upfront experience was the contributor who has had one that digs craters around their dam for tubers and comes through the property every two months of so. So be on the lookout, people!

The Kookaburra

Something white in the background of the bush attracted my attention and as I got closer, I realised that it was attached to a wire netting fence. At first, I thought it was a piece of paper perhaps blown by the wind and caught in the fence, but on closer inspection turned out to be a very young kookaburra who had obviously flown into the netting, his head having penetrated the netting and he was hanging by the neck. He wasn't moving so I presumed he was dead and picked him up and freed his head. His body was still quite warm and then I thought I detected a faint heartbeat, so I took him back to my shed and put him in a cardboard box in the sunlight. I checked on him a half an hour later, and he was sitting there with his eyes open, another hour later he was perched on the side of the box, and another hour later he had disappeared!

I fantasise that the kookaburra who often comes along and hammers on my kitchen window early in the morning is the same bird.

Probably not.

Piano Recital—Anthony Halliday

On Saturday afternoon, August 19th at 2.30pm, internationally renowned pianist Anthony Halliday will perform Beethoven, Chopin and more in an exciting recital at the Anglican Cathedral Synod Hall, 49 Lydiard St., Sth. Ballarat. For bookings <https://www.trybooking.com/events/landing/1091543>





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Melissa Arch's Once Upon a Benson CHAPTER 7

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Last time.... Scott continues to face judgement in the community. Whilst his mother, Margie, is unable to tell husband, Merv, about her shock diagnosis. Lottie gets in strife with her mother, Bonnie.

Bonnie's mobile phone began to ring. She could see it was her Dad, Merv. An odd time for him to be calling, right on teatime. Bonnie answered, curiously.

"Hi Dad. How are you? Is everything OK?"

"Oh Bon...No, not really. Your Mum's had some bad news at the doctor today".

"What is it?" Bonnie was right about there being a reason for her father's call.

Merv took a deep breath, bursting into tears.

"Your Mum has Leukemia". Bonnie was unable to move or speak.

That evening, the Bensons gathered around the kitchen table, at the family home. Tear stained faces and cups of tea, together. Bonnie's mind raced. She had called in sick for her upcoming night shift.

Scott was at the table, eyes downcast. He had been shocked to hear of his mother's diagnosis. Why did these things keep happening to their family? It was like a curse!

Margie had already voiced that she did not want a fuss made but had to accept that her family was in shock.

"What's the next step Mum?", Bonnie enquired, gently.

"I don't know Bon, until I meet with the specialist next Tuesday", Margie replied, complacently.

"She hasn't been told anything, except the bloods results", Merv finished for his wife. He looked shattered.

The silence was palpable. Scott could not take it anymore. He rose from the table and pushed his chair in, quietly leaving the room. Bonnie looked after her brother with a feeling of concern. They had barely spoken since Scott came home from prison. Bonnie felt as though she no longer knew him. Perhaps prison had changed him but for the worse.

The family needed to stick together, more than ever, at such a time. Bonnie was desperate to think of a special family event, in the case of her mother becoming unwell, too soon. Her heart ached at what may be to come.

Gerald fired up his laptop for the first time since he had signed up on the Winkety Wink dating website.

His thoughts had been preoccupied by the silly bingle he had with old Eunice across the road. He had come home, to find a note attached to his front door, from Eunice, regarding the situation. He had managed to dodge her so far but most likely, not for much longer. Oh well, he thought, as he poured himself a chardonnay.

Gerald's laptop signified it was booted up. He eagerly logged into Winkety Wink, hoping for some responses to his winks, from potentially eligible women. He wondered who he may

be destined to come across? If his past was anything to go by, he should not hope for too much.

"Hiya handsome!" one read. Another had sent a very inappropriate photo of herself. Gerald felt his face heat. Was it the wine or was he embarrassed at the sight? So, this is what he had heard about others' experiences online dating. A mixed bag it seemed. He kept scrolling.

"Oh my god!" Gerald spat out his wine. The woman at the end of his street had messaged him! Gerald squirmed at the thought of having a date with her.

"No chance lady, sorry", Gerald smirked as he deleted the woman's request. He wondered if she had recognized him or had just been trying her luck? Boy, she is going to need luck,' he thought to himself. Mind you, Gerald Crocker certainly was no oil painting.

Gerald's self-confidence grew, as the wine bottle further drained. He was so enthralled that he decided to open another. He did not care that he had to work. He operated simply fine, to enable him to get through the day.

Gerald was no longer being cautious in his female pickings, deciding to message whoever he thought he liked. Never mind him batting above his average. Suddenly, Gerald saw her—the most stunning woman he had ever laid eyes on! He was quite alcohol affected by now and did not think twice about messaging her. He just started typing...

to be continued...

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Waste Water Plan

Media Release

The previous Domestic Wastewater Management Plan (the Plan), adopted in 2015, was reviewed and updated to reflect current legislative requirements and policy changes as well as growth within the Shire.

As the population of Golden Plains Shire continues to grow, ensuring effective management of domestic wastewater becomes crucial for preserving the environment and safeguarding public health. The newly adopted Plan sets out a strategic framework that not only addresses current needs but also accounts for future challenges and developments.

Domestic wastewater management refers to the management of wastewater generated by households, commercial or public buildings which are not connected to reticulated sewerage.

In Golden Plains, only parts of Bannockburn, Smythesdale and Enfield are serviced by reticulated sewerage with all other areas of the Shire serviced by onsite wastewater management (septic tank) systems (OWMS), designed to treat and contain waste within the boundaries of a property.

The adopted plan also highlights the township of Meredith as a high priority for sewerage and proposes Council pursue a case for sewerage in the township of Meredith.

This is the third Domestic Wastewater Management Plan for Golden Plains Shire and has been developed following input from stakeholders, including the community.

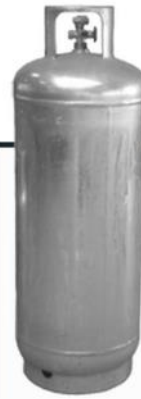
Golden Plains Shire Mayor Cr Brett Cunningham said Council was pleased to adopt the Domestic Wastewater Management Plan 2023.

“Most dwellings within Golden Plains Shire are unsewered, resulting in approximately 8,500 existing onsite water management systems. With the population projected to increase in the Golden Plains over the coming decade and increased subdivision of lots, it is important to have in place a current plan that gives clear direction in relation to the management of domestic wastewater.

“Now adopted, Council will collaborate with the Meredith community and relevant agencies to pursue a case for sewerage in Meredith.”

The adopted Domestic Wastewater Management Plan is available on Council’s website: goldenplains.vic.gov.au, or a print copy may be requested at Council’s Customer Hubs, 2 Pope Street, Bannockburn and The Well, 19 Heales Street, Smythesdale

The development of the Domestic Wastewater Management Plan 2023 was partially funded by a \$20,000 grant from the Victorian State Government’s Department of Energy, Environment and Climate Action (formerly known as the Department of Environment, Land, Water and Planning).



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Meredith History Interest Group



Marg's BOOK REVIEW

Atlas, The Story of Pa Salt

by *Lucinda Riley and Harry Whittaker.*

I have been waiting for this book to be written and published. Lucinda Riley wrote seven books about seven sisters, inspired by the mythology of the famous star constellation Pleiades. Six of the sisters, Electra, Taygete, Celaeno, Alcyone, Sterope and Merope were adopted by Pa Salt and one sister, Maia was his own daughter but was missing from his life.

Pa Salt left clues to the history of each sister, by leaving an object and the co-ordinates of the place in the world where they were born, on an armillary sphere in his garden consisting of intricate, slender bands that overlapped and was skewered by a slim metal rod with an arrow at the end of it.

Each of the seven books written by Lucinda Riley details how, after Pa Salt died, each sister discovers how Pa Salt found them in many different parts of the world and tells of their life.

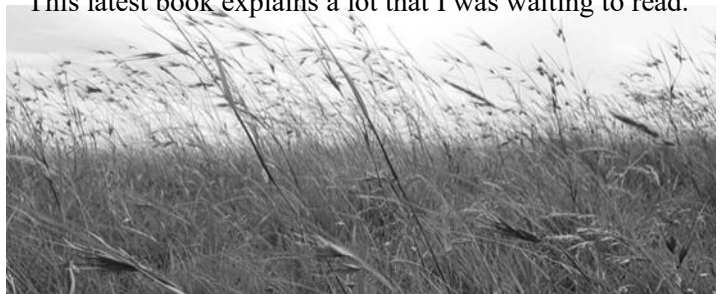
What each book doesn't tell us is much about the father who adopted them, who they called Pa Salt. We know he is rich, he travels the world, he has established a house on Lake Geneva that he calls Atlantis. He loves his daughters and encourages them in all their endeavours, and that he dislikes and is scared of a man called Kreeg. He has loyal staff including the sister's guardian, the housekeeper, the skipper of the boat that takes them across the lake to the house.

This new book that Harry Whittaker wrote after his mother died using fragmented notes that she had written in a document, tells the reader all about Pa Salt.

The sisters who gather to honour him one year after Pa Salt's mysterious death, are presented with his diary entries. We read the diary, but also are presented with the reactions of each of the sisters to his astonishing history.

The sisters find that each of them was connected to his past life. Usually the babies he adopted were a descendant of someone who had done him a favour, or had helped him in his earlier life, including the granddaughter of a girl he met on a voyage to Australia, who talked honestly to him and helped him out of his doldrums.

Lucinda Riley's books are entertaining. The backgrounds and lives of the girls are vastly different to each other, but they are devoted sisters to each other and to their father. This latest book explains a lot that I was waiting to read.



Treasure Day:

This popular event is back after a break due to Covid 19.

Bring along your favorite treasure... photos, clothes, toys, trophies, documents and join the discussion about why it's a treasure to you.

Sunday 20th August 1.30 pm. History Room 31 Staughton St. BYO Afternoon Tea to Share.

River flats to Tablelands:

A display of photos, maps and documents of Morrissions.

Morrissions is about 10 km north from Meredith. Morrissions was centrally located between Dolly's Creek and Tea Tree Diggings and was the principal business district with a general store, bakery, churches, hotels, blacksmiths, and school. In 1861 there were 681 people living in and around Morrissions, mostly young adults with lots of children – 214 according to the census.

Saturday 14th October 10am to 4 pm and Sunday 15th October 10am to 3pm

Memorial Hall Corner Staughton & Mcleod St Meredith Entry - Gold Coin Donation

Muter's Cow:

A somewhat peculiar circumstance happened to a heifer owned by Mr. Muter of the Golden River Hotel Morrissions, last week. It was seen to have its tongue hanging out, and could not draw it in, and appeared as if in great agony; the jaw appeared to be broken, and many who examined the animal were of the same opinion, until Mr. Stafford, who was passing from Meredith was called in. He gave it as his opinion that something must be fast in the mouth, and as such was really the case, as a large jaw of a sheep was stuck in the cheek, and had become firmly wedged in, the narrow end being embedded in the roof of the mouth. The animal has now almost recovered.

Ballarat Star 14th December 1886

Dredge:

The Moorabool and Dolly's Creek dredge cleaned up last Friday for 56 oz. which is a decided improvement on the previous fortnight's yield. The ground generally appears to be patchy, though considerably less than this would pay handsomely.

The Ballarat Star 26 Feb 1906

MHIG is open Thursdays from 10 to 3pm or by appointment. We have a collection of photos, maps, family histories and events available for research purposes. We cover Meredith, Elaine, Morrissions, Steiglitz and Lethbridge.



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Letter to the editor

The Editor

Meredith and District News

Our road – Steiglitz-She Oaks Road, is a local treasure, with its close border of trees and the beauty of nature so prevalent. Our road is part of a popular ‘Loop’ or Circuit, used by many sporting or activity groups, such as Cyclists, Motor bike clubs, Vintage cars, Veteran cars, Classic cars etc.

It is wonderful to see the cyclists doing the loop from Maude, down through Steiglitz, up to our road and then back again to what we call ‘Quarry Corner’ – only to repeat for several more laps. Always well organised and enthusiastically participated in, an annual event which proves the tourist value of our region.

The motor bike groups don’t do circuits, but fill the road with their distinct noises as they go past. Classic cars are different, not too much noise, but they seem to love the curves, bends and hill climbs. Perhaps it is one of these who like to stop for a Cappuccino or Soy Latte?

Every group that uses the circuit or Loop, seems (logically) to position Marshals at the intersection of Meredith-Stieglitz Road and Steiglitz-She Oaks Road (obviously important or even critical to the planning of such events). But twice now, there has been evidence of Groups who have used the intersection as a marshalling point, having dumped many dozens of paper cups, napkins, drink bottles and more. They have made no attempt to gather their rubbish, or to remove any. On the first occasion I removed over fifty coffee cups and lids (obviously not a physically sporting group, more a social activity or car group). There were many more that I couldn’t crawl around to gather together.

Today I spotted a new dumping of paper cups and other litter left not long ago.

Solution?

* Can the council erect a bin – or would that be dismissed as it would therefore need emptying...

* Could the council erect a sign saying something along the lines of Take you Litter Please!

We’re really not happy about groups who organise a country outing, do planning of routes and sights, but feel nothing about dumping their obviously organised rubbish.

Yours sincerely

David Neilson

Potholes

Kerrie Kruger

Hello Meredith Residents,

Advance Meredith Association Inc is circulating a petition on behalf of residents of the township of Meredith, as individual complaints/requests have not been acted on.

The purpose is to express the communities’ deep concern and dissatisfaction regarding the deplorable condition of our roads mainly due to the persistent issue of potholes. Over the past years the state of our roads has deteriorated, and the many potholes has made commuting a hazardous experience.

The petition is available to sign at the Roadhouse, Meredith Stock and Pet Supplies and Meredith Post Office for the next few weeks, which we will then forward to the Golden Plains Shire.

Regards

Kerrie

Secretary AMA

Citizen’s Recognition Award

Press Release

Ross Creek teenager Grace Crowe has been recognised for her exceptional athletics achievements with a Citizen Recognition Award at the Golden Plains Shire Council meeting on 25 July 2023. Grace is 14 years old and recently represented Victoria in sprint and relay events at the 2023 Australian Track & Field Championships in Brisbane, taking home bronze as part of Victorian Under-16 4X100 metres relay team. Grace also excelled at Victorian Under-16 Championships in Melbourne earlier this year, taking home gold in the 100 metre and 200 metre sprint events.

In addition to representing Victoria, Grace is an invaluable member of the Ballarat Harriers Athletics Club. Furthermore, she competes individually and as part of relays for Ballarat at the state level, displaying her determination and sportsmanship. Grace joined Little Athletics at the age of eight and has demonstrated her passion and talent for the sport ever since.

Golden Plains Shire Mayor, Cr Brett Cunningham congratulated Grace on her well-deserved recognition: “Grace’s achievements inspire us all, and we are proud to have her as an exemplary member of our community. The Citizen Recognition Award is a testament to Grace’s remarkable success, resilience, and dedication to athletics. Golden Plains Shire celebrates her achievements and looks forward to witnessing Grace’s continued growth as an athlete and as a role model for our youth.”

Council’s Citizen Recognition Award program recognises Golden Plains Shire residents who take part in State Level or Above competition. To nominate yourself, or another resident, visit www.goldenplains.vic.gov.au/community/awards-and-recognition/recognising-local-citizens



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The deadline for copy is **9.00 am on the last Thursday** of the preceding month

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Advance Meredith Association **BATTERY MUSTER** collection point



G'Day from the penners for August, with only one month left officially for winter we can finally look forward to a little warmer weather coming. I must admit I have been cold this year.

This month's story comes from a new member of our group, Gail Griffin has a world of experience from having lived in many places around the globe and her perspective on life takes us many places we don't normally hear about. We hope you enjoy this little story she has written about the inevitability of growing older.

Til next month, cheers. We can always be contacted via our email. goldenpens4@gmail.com

Wendy

The Caregiver Burden

Air bags deployed, the car came to a crunching halt.

'Oh no!' Nola screeched.

'What'd you do that for?' gasped Phillip, the town's only police officer.

'You said to turn left, Phillip.'

'Yes, but I meant at the next intersection. Not straight away!'

'Oops. I didn't think.'

'Mmm. Obviously. Well, I think that answers my question about whether or not you should be allowed to keep your licence.' With an outstretched hand, Phillip indicated that Nola had no choice but to surrender her car keys.

'But how will I get home without my keys?'

'Don't worry. Once we're sure you're not hurt, I'll get your car towed and organise a lift home for you with Jane. You've got her number in your phone, haven't you?'

'Yes,' confirmed Nola, as she scrolled through her contacts. 'Here it is,' she said, holding up her phone for Phillip to see.

'Good. How about I help you out and you can wait with me until she arrives?'

'If you're sure I can't drive myself home...' and with that Nola fainted and fell face first onto the deflated air bag.

Jane arrived on the scene a short time later, and bundled her mother into her car. 'Thank you for all your help, Phil.'

'Not a problem, Jane. I'll call around later on today to check in on your Mum.'

'I can't guarantee she'll be awake. She has a long afternoon nap these days.'

'Never mind if she's asleep. It'll give us a chance to talk about going forward with your Mum.'

Arriving at home, Jane parked her car on the driveway, saying: 'Come on, Mum. Let's get you inside and into bed.'

'Where's my car? I left it here.'

'You were in an accident, remember?'

'What accident? Rubbish! I want my car!'

'It's gone, Mum. You're not allowed to drive it anymore.'

'Says who?'

'Mum. Stop!' screamed a teary, exhausted Jane. 'Enough!' Then, gathering herself, she added, 'We'll talk about it later.'

Blind to the distress she'd caused, Nola whined, 'I'm tired. Where's my bed?'

Stumbling forward into the house, through to her bedroom, Nola put herself to bed. Then, in a child-like voice she pleaded, 'Can we sing our song later?' as she slid under the doona.

'Absolutely, Mum. Tomorrow.'

'What's tomorrow?'

'Tomorrow's another day,' replied Jane, planting a wet kiss on her mother's forehead and tucking her in.

Smiling, Nola croaked, 'Sorry I was so bad. Am I forgiven?'

Nodding slowly, and blowing kisses, Jane waltzed out the door, hearing her mother singing, 'Let it go...'

Richard returned from work and was greeted with Jane announcing: 'Mum's driving assessment went belly up.'

'How's that?' he responded, half-listening, opening the fridge door.

'She crashed her car and it had to be towed away. It's going to be written off.'

Eating a leftover sausage, he asked, 'So where's Nola now?'

'Here, in bed but I had to go and collect her.'

Mouth full, he mumbled, 'Must be okay then if Phil let her come home.'

'Okay? She's eighty-nine years old with dementia and she's had a car accident. Can you just show a bit of empathy?'

Swallowing, he gulped: 'How's this for empathy? What do you know about dementia support?'

'To be honest I haven't given it much thought. I've been too busy.'

'Yep. Too busy supporting everyone else but me. It's just as well I've made the time to investigate the Dementia Australia website. It's a one stop shop for everything we're going to need to help your dear Mum enjoy the time that she has left with us.'

'Is this your way of saying you're offering to help with Mum?'

'Of course. You don't have to do this on your own.'

Sharing a laugh, they kissed, hugged each other and danced--ballroom-style--into Richard's office and turned on his laptop.

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LONG TIME RESIDENT'S FAMILY ENDOWS THE ELAINE COMMUNITY HALL IN HER MEMORY

Hilda and Bill Greaves landed in Fremantle as 'ten pound poms' in 1967. They came for a 'better life' after experiencing the hardship of the depression and war years. Bill had been a POW for five years. From Fremantle, they moved to Fynesford until 1980,



In 1980, they moved to their own little piece of Elaine heaven where they spent 43 happy years together. They brought up 6 of their 7 children here—Beryl the eldest stayed in England. Bill passed and Hilda joined him at 96 years in April this year—just short of her 97th birthday..

Hilda loved owls and collected them in many forms, she also loved giving back to the community. She'd been involved in the Ladies Auxiliary for the Fire Brigade in Geelong, and she was involved in the Elaine Hall in her early days here. She loved living in Elaine and loved the community.

Hilda knew the Elaine Hall Committee was saving for emergency equipment including a defibrillator and desperately wanted to help.

She had told her children that she did not want flowers at her funeral service so they decided that donations to the cost of the defibrillator would be the perfect way to honour their mother's memory. To their amazement, the congregation, including the celebrant, were very generous. Helen and Stephen proudly presented the proceeds of \$1800 to the Elaine Hall committee in memory of their mum..

Hilda has left a wonderful legacy of caring for community to her marvellous extended family—7 children, 20 grandchildren and 11 great grandchildren! RIP Hilda.

Elaine Hall Committee receives a cheque for \$1800 from Helen and Stephen Greaves in memory of their Mum, Hilda Greaves.

LAL LAL PRIMARY SCHOOL WELCOMES THE STORY DOG PROGRAMME

The Story Dog Programme is about making reading fun for children so they become confident, lifelong readers. A dog and its handler goes along to a school on a weekly basis for one on one reading sessions with nominated children. Siobahn Gosney, the principal of Lal Lal Primary School, is a host of a Story Dog.. Lal Lal PS has 39 pupils across Prep to Year 6..

"I've known about the programme for a few years now . We had a brief experience with one dog, and we've been really keen ever since then. We've been on the waiting list for some time. Unfortunately, there are not enough story dogs around," said Siobahn.

Luckily, we've now got Marlene and lovely Nisha who volunteered midway through this year. So we're all very excited."

"The teachers think that Story Dog is the best thing ever. We'd love

every kid to have a Story Dog because we've seen a big change in students who are always calmer after being with Nisha. The kids love coming in on a Thursday to have their sessions. It not only helps them with literacy, it helps them socially and emotionally. We have noticed the growth in confidence and positive enjoyment in reading.'

James was passing by, 'Yeah, I love reading with Nisha!'

'Story Dogs need to be sponsored Originally, we thought it would cost us \$500, so the kids started fund raising—casual clothes day, selling super doopers - to pay for a story dog. Luckily , we have a sponsor so that took a barrier out. I think all schools should have a Story Dog.'

If you are interested in the Story Dog Programme, contact - *Ballarat Story Dogs:*

Jacqui.macmillan@yahoo.com.au



Lal Lal Primary School Principal, Siobahn Gosney with Story Dog visitor, Nisha.



Spring 18 SEPTEMBER TO 15 OCTOBER INTO Summer



ACTIVE
GOLDEN PLAINS

The four week program offers a range of physical activities across Golden Plains, delivered by experienced local health, fitness and sport professionals with options suitable for all ages, interests and fitness levels.

Council's four week 'Spring into Summer' program returns to Golden Plains in 2023 with the program running across the Shire from Monday 18 September to Sunday 15 October.

The program offers a range of physical activities to be delivered across Golden Plains, delivered by experienced local health, fitness and sport professionals with options suitable for all ages, interests and fitness levels.

The program allows community members to explore new ways to move with a range of different activities that encourage physical activity and social connection.

The timetable will be released shortly, with a mix of free and low-cost activities, there is something for everyone.

To get involved in this year's Spring into Summer program, or if you have any queries, contact Council's Recreation Team on 5220 7111 or email:

recreation@gplains.vic.gov.au

For further information and updates, visit Council's website: goldenplains.vic.gov.au/activegoldenplains



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