MARCH 2020 HORDER CONTROL OF CON

Our FREE Community Newsletter since 1972

- Celebrations for Mary Foster
- Farewell to Diane & Roy Ritchie
- Vale to two lovely ladies
- Another inspring creative for you to meet

and the usual MUCH MORE!

e: news@meredithnews.com.au w: meredithnews.com.au



The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jim Elvey, Dawn Macdonald, David Jones, Stefania Parkinson and Ian Penna.. Editor: Pam Ridd **NEWS & VIEWS**

Subject to the conditions outlined below, contributions accompanied by the contributor's name (which will also be published) and contact details, are most welcome. Please email to

news@meredithnews.com.au or deliver to the Meredith Post Office or Meredith Hub DATES AND DEADLINES

The Newsletter is distributed on the **first** Thursday of the month (except January). All ads and submissions must be lodged by 9.00 am on the last Thursday of the preceding month, but earlier is really appreciated.

ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. Contact us for full details and lodgement forms. Rates are as follows:

B&W/Colour		
Business Card	\$14.00	
Quarter page	\$25.00	
Half page	\$40.00/\$100	
Full page	\$80.00/\$180	

Note: A \$20 loading applies for preferred position. Please submit in jpeg format, if available.

Classifieds are **FREE** for small, personal notices from residents. Otherwise \$7.50 on invoice or \$5.00 if paid on lodgement. Community Groups can have a 1/4 page ad for free or a \$25.00 discount on larger ads. (conditions apply)

SUBSCRIPTIONS

If you are outside our delivery area you can subscribe for \$35.00 p.a. (11 issues) and get the Meredith and District News posted to you anywhere in Australia.

CONTACT US

Post Office, Meredith, 3333 Advertising: Ian 0409 016815 advertising@meredithnews.com.au Accounts: Dawn 0428 861274 accounts@meredithnews.com.au Editorial: Jim:0409 163169 news@meredithnews.com.au **WEB**

You can check back copies and lodge comments at meredithnews.com.au **ONLINE PHOTOS**

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions

ADVANCE MEREDITH 5286 1291

ANGLING CLUB 0419 248 660

B'BURN ART GROUP 0410 808 483

BLUE LIGHT DISCO 5286 1222

BOOK CLUB 5286 8201

CFA 000 for fire calls Elaine 0409 861296 Meredith 5286 1502 Morrisons 0417 770 765

CHILDCARE 5286 0700

COMMUNITY CENTRE 5286 0700

CRICKET

Elaine 0448 291074 Junior(U16,U14,13) 0448 291074 Meredith 5286 1434

CUBS & SCOUTS

Anakie 5281 9497 **ELAINE HALL** 0403 193006

.. or start something.

If you have a special interest you would like to share with like minded people, let us know and we will help you get it started.



connect emergency

Police, Ambulance, Fire	000
(from mobile phone)	000 or 112
Meredith Police Station	5286 1222
Police non emergency	131 444
Power Failure	132 412
Nurse-On-Call	1300 606024
Mental Health Advice	1300 280 737
Poisons Information	13 11 26
Barwon Water	1300 656 007
SES Emergency -	
flood & storm	132 500
24 Hour Helpline	1800 629 572
24 Hour Drug &	
Alcohol Counselling	1800 888 236
Kids Help Line	
24hr 5-18yo	1800 551 800
Golden Plains Shire	1300 363 036
A.H. Emergencies	0408 508 635
Ranger	5220 7111 or
Bannockburn Vet	0409 830 223
Golden Plains Vet	5281 1221
Pets and Horses 24/7	5281 2226

Justices of the Peace

Mr Don Atherton. Mr Paul Ryan Elaine

0409 869 960 0409 861 296

services **CEMETERY TRUST MATERNAL & CHILD**

5286 1550 HALL HIRE Meredith Memorial 5286 1251 **Elaine Mechanics** 5341 5596 Elaine Rec Res 5341 5703 LIBRARY VAN 5272 6010

HEALTH 5220 7230 PRE-SCHOOL 5286 0722 **PRIMARY SCHOOL** 5286 1313 RECREATION RESERVE 0429 841399

"Sing like no-one is listening. Dance like you need to be shot with a tranquilliser dart. From "Betwixt" Darynda Jones

Elaine 0448 291 074 Meredith 5286 1211 SEW 'N' SEWS

FOOTBALL

GOLF CLUB

0407 795 342

5286 8201

LANDCARE

5286 1243

0409 862 326

0435 312 984

0491 061640

0419 757965

0437 009 250

PLAYGROUP

POLICE PADDOCKS

RSL - 5286 1452

SENIOR CITIZENS

5286 0700

5286 1273

5286 8232

TENNIS

MEMORIAL HALL

MEREDITH LIONS

MOTORCYCLE CLUB

Seniors 0408 545 246

Juniors 0430 587 674

HISTORY GROUP

5286 0700

FRIENDS OF THE **BRISBANE RANGES** 5286 1252



Woolabrai has changed its name but will continue to provide the same friendly, local, and reliable service!

Annual Field Day!

We are having a field day in store to provide information about various products. We are also using this opportunity to launch our new name and new look. Come down with family and friends to see what we have to offer! Most of our major suppliers will be in store with stalls and/or information.

Here's some of the things to expect on the day:

- BBQ (Gold coin donation for Meredith Lions)
- Face Painting
- Raffle (Ticket upon entry and you must be in attendance at time of draw.)



When: Wednesday 11th of March Time: approx. 10am - 2pm Where: Meredith Rural & Pet Supplies (Woolabrai) 4350 Midland Highway, Meredith

Phone: (03) 5286 1223

A party, an award, a trip to her home country

Marg Cooper

Mary Foster celebrated her 60^{th} birthday on January 18 with a party in the Meredith Hall celebrated by family and friends. Her daughters planned a dress up party with a 1960's – 1970's theme. Mary and her close friend June dressed similarly with black curly wigs, black boleros and psychedelic skirts, although they hadn't conferred about what they were wearing.

On January 28 Mary was declared Citizen of the Year for the Golden Plains Shire for her contribution to the Meredith Community as reported in the last Meredith Newsletter.

Mary and Greg are planning a trip to England. She was born in West Yorkshire and arrived in Australia in 1971 when she was 11 years old with her parents and a brother. Two brothers remained in England and two brothers had already migrated to Australia. Mary was the youngest in the family. They stayed in a migrant hostel in Nunawading before settling in Geelong, in a house across from St Marys Church. It suited them perfectly, the beach, the city and the church.

Mary attended Sacred Heart College and either wanted to be a nurse or get married and have children. She met Greg when she was 12 years old, he'd also come from England and he was her boyfriend from that time. They got engaged when Mary was almost 17 and married a year later. Greg worked as a brickie and Mary worked in a Real Estate Office.

They came to live in Meredith in 1987. Mary's friend June had built a house in Teesdale. and when Mary and Greg visited them, they came to Meredith to church. They found the people friendly so started to look for a house for their growing family. Pop Gargan suggested the old hospital. They thought it would be out of their price range but managed to secure it. It was a dream come true. They had been living in an 11 square house with 5 young children. The hospital had many huge rooms with high ceilings. They had 5 more children while living at 21 Staughton Street.

Mary home schooled her children for 10 years from 1995. When the last children went back to school, she felt guilty about not helping with family finances, so she trained at the Gordon Institute as a Nurse. She worked for 7 years in Dementia until they got rid of their mortgage and now she spends her time babysitting grandchildren, in her garden, helping at St Josephs Church, as well as contributing to the Meredith Community.

Mary and Greg have many relatives in England to visit including her brother who she hasn't seen since she left aged 11. They also want to see the country they left behind.





An open invitation to join us as we bid fond farewell to Diane & Roy Ritchie on Sunday 22nd March At 12.30 pm At Meredith Memorial Hall Please bring a plate Enquiries Mary Foster 0424 037 542



Vale to Mardi Wall

Mardi Wall was a lovely lady, with a beautiful smile and sweetness personified.

Her compassion showed through every time you spoke to her she always asked how you were and had a ready ear to listen to your reply. She would offer her food or possessions to others before partaking herself.

Mardi loved to shop for plants, material and gifts. She often lingered to chat and listen and became best friends with many shop keepers. She filled her house with collections of teddy bears, birds, elephants, scarves etc.

She loved her garden and created a wilderness of plants that threatened to deny her access to her home. It was filled with hollyhocks, agapanthus, fuchsias, lilies, geraniums, tulips etc, many ordered from catalogues and faithfully watered by her daughter.

Mardi kept her mind active with an interest in history, she completed a BA in her senior years and travelled to Melbourne and Geelong for years to attend University of the Third Age classes.

She read extensively with her library suggesting that the countries of the Middle East such as Albania, Turkey, the Balkans and Russia were of primary interest.

Retirement from her job as a secretary at the Wool Stores in Geelong brought the opportunity for overseas travel. Mardi participated in the Art Group on Saturday mornings and dabbled in water colour which she applied with a delicate touch. She was a much-loved member of the Meredith Community Centre and participated attending classes the sew n sew group and also contributing as a member of the Committee.

She loved animals especially her dogs, Georgie and in later years Maggie May, a rescue dog who became devoted to Mardi.

Bon Voyage Mardi. We'll see you in Broome, your favourite destination in Australia.

Mardi died on January 28, 2020 and was privately cremated.







Meredith Primary school families were certainly busy during the holidays caring for Lick the Lizard, selling plums to support the firefighters and keeping the veggie gardens going at school. This is Kingston helping out checking on the water levels.



Get active, get involved!

This Girl Can Week is dedicated to encouraging women to get active and get involved in physical activity.

23 to 29 March 2020

Grab a friend and try a new activity this week, with a number of free sessions on offer. To find out more visit: www.goldenplains.vic.gov.au





#ThisGirlCanVIC









Community

Meredith Senior Citizens

Jim Hynds

The seniors journeyed to Fyansford Hotel for our first get together of the new year. Members enjoyed a great two course meal and soon settled in, catching up with other seniors who they hadn't seen since the Christmas Party. Of course some of us had a flutter on the pokies!

On a sadder note, we farewelled Joyce Stanley who passed away on January 31. Joyce was a long standing member and an extremely popular member. Joyce will sorely be missed.

Our next gathering will be at the Meredith Hall on Monday, February 24 for lunch and to plan the activities for the coming year.

New members are welcome!



POLICE PADDOCK MEETING

1.00 PM on **Sunday 5th April** at the Community Centre

The Police Paddocks Support Group, local people with an interest in improving the Paddocks for local people, meet twice a year to review and plan activities.

Come along if you would like to

JOIN IN or just LISTEN IN.

Or call Jim Elvey on 5286 1273

Meredith Memorial Hall 2020 AGM

The Annual General Meeting of the Memorial Hall will be held Monday 23rd March, 7.30pm at the Hall.

All positions become vacant and an election is conducted to fill the 12 months term.

The Annual Financial Report is presented. And a short Committee meeting is also held to get the year's business underway!

YOU ARE MOST WELCOME TO ATTEND.

Sandra Pearce 0409 662 106

Information for Golden Plains Festival

In preparation for the Golden Plains Festival, scheduled to take place from Saturday the 7th to Monday the 9th of March 2020, please find key contacts and information below.

Contacts

If you have any comments or ideas about any matter related to either Meredith or Golden Plains, including any concern or question about traffic or noise management, please get in touch by email (<u>auntym@mmf.com.au</u>) or phone/text (0430 091 120).

These contacts are operational 24 hours over the festival weekend. There is also more information available via the website - <u>aunty.goldenplains.com.au/</u><u>locals/</u>.

Traffic Management Plan

The summary of the traffic management plan is outlined here. The festival will:

- Implement a speed reduction on Meredith-Mount Mercer Road and Cameron Road from two days prior through to the day prior.
- □ Implement one-way traffic on Meredith-Mount Mercer Road from Bamganie Road to Cameron Road from approximately 4am the day prior to approximately 7pm on the first day. Traffic within the one-way zone travelling to Meredith will be diverted down Cameron Road.
- Station traffic controllers on the corner of the Midland Highway and Staughton Street on the final day to assist vehicles turning left or right onto the Midland Highway.
- Install no-parking zones along Meredith-Mount Mercer Road and some surrounding roads.

Classifieds

First insertion of small ads are FREE to district residents

The deadline for copy is 9.00 am on the last Thursday of the preceding month

Church News

<u>St. Joseph's Catholic Parish News for March and April</u>

Mass Times:

Winchelsea every Saturday at 6 p.m.

Bannockburn every Sunday at 9 a.m. and Family Mass every First Sunday of the month at 4p.m. followed by games, fun and food.

Anakie at 11 a.m. Sunday March 1st/15th/29th April 12th (Easter Sunday) /26th

Meredith at 11 a.m. Sunday March 8th/22nd April 5th/19th

No Mass at Inverleigh for month of March. Next Mass Sunday April 26th at 4 p.m.

Easter Schedule:

Meredith Ecumenical Way of the Cross Good Friday at 10 a.m. starting at St. Joseph's with hot cross buns.

Winchelsea Ecumenical Way of the Cross at 10 a.m. starting at the mud brick hut and ending at St. John the Baptist.

Holy Thursday Winchelsea Mass of the Lord's Supper 7p.m.

Good Friday Bannockburn Solemn Liturgy 3 p.m.

Holy Saturday Easter Vigil Mass Meredith 8 p.m.

Easter Sunday Masses : Winchelsea 8 a.m. Bannockburn 9.30 a.m. Anakie 11 a.m.

CATHOLIC ARCHDIOCESE OF AUSTRALIA

St Marys House Of Prayer— **Elaine** Solemn mass Sundays 10.00am.

Rosary and Vespers Saturday 5.00pm. Confessions by appointment Fr. James

Ph. 5341 5544

ANGLICAN

Weekly Services, baptisms, weddings, funerals and pastoral care. Contact: Rev. Timothy Smith , 0412 673152 **Church Office**, Byron St. Bannockburn 5281 2553 **Service Times**: Holy Communion at Anglican Church, Meredith, Every Sunday at 5.00pm **St James.** - Morrisons:

The Rev. Glen Wesley Contact: 0429 146 566 or 5368 2730.

 1^{st} Sunday of the month at 5pm, 3^{rd} Sunday of the month at 9am.

<u>SERBIAN ORTHODOX</u>

Fr. Theodore—Ph. 5341 5568 Holy Liturgy 10am every Sun, Sat & Major Feast Days. <u>UNITING CHURCH</u> MEREDITH Uniting Church 11.00 am, 2nd Sunday each month BUNINYONG Uniting Church 1st; 3rd, 4th Sundays, 9.30am. Rev. Carlynne Nunn 43330273. 0409285182



Why not share your favourite pics with us? You might even make the front page.



You can even join our Click Clique.

We didn't expect to be...

Mowing the lawn,

Walking in fog,

Turning a heater on,

Watching the tanks overflow,

Picking mushrooms,

Raiding the winter wardrobe,



Farewell to Meredith

Roy and Diane Ritchie and family, Marcus, Nicholas and Emily wish to say goodbye to all our friends in Meredith and District and thank you all for being such an important part of our lives for 34 years.

We came to Bamganie in 1986 with Emily as a 6 year old in grade 2 at Meredith Primary School and the boys already students at St. Joseph's College in Geelong, later moving to St. Patrick's college in Ballarat.

We quickly settled in to country life, Roy farming up to 800 acres as well as being General manager of the Ford dealership in Geelong - Cam Dawson Ford which later became Colin Kerr Ford.

Some of the activities we became involved in were the Meredith Country Fair/Festival, Parents and Friends Association, Meredith School Council, Meredith Netball Club, Meredith Tennis Club, Meredith Cricket Club (with Marcus and Nick being part of the glory days of the 2 premierships), Meredith Recreation Reserve Committee, Meredith Hall Committee, Bamganie and District Landcare Group, Meredith Music Festival Catering, Advance Meredith Association. Meredith Community Coordinators, Meredith Rose Day, Meredith Clearing Bannockburn Shire Council, Meredith Sales. Community House Committee, Meredith and District Lions and of course St. Joseph's Catholic Church and wider parish.

Thank you for a wonderful, fulfilling and grace filled 34 years. We have made may amazing friendships and we will treasure these for ever. We have sold our farm to Cheryl and John McPherson and family and we hope they will be as happy at Alcon Park as we have been.

We are moving to the Swan valley in Perth W.A. to be with our family. We hope we have contributed in some way to make Meredith the great community that it is. You will always be welcome to 69 John St. Henley Brook. W.A. (just perhaps not all at once)



Watch this space!!!

On the 5th of December the Meredith tennis club held an AGM The following people formed the new committee.

President: Madeline McColl

Vice President: Melita Cordie

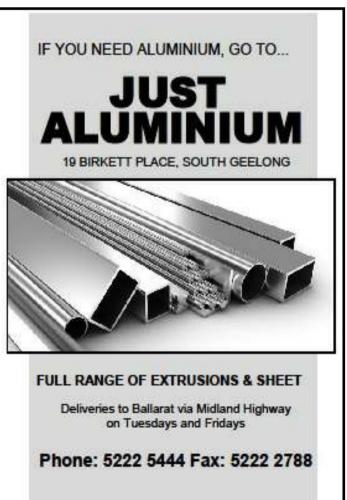
Treasurer: David Osborne

Secretary: Meg Hay

We have a super exciting year ahead of us. Starting with the Free junior tennis coaching. Prep-6 4pm yr 7 and older 5pm. Starting 12th of February. Beginners more then welcome

Meetings will be held on the 1st Wednesday of every month. All welcome.

Ballarat Begonia Quilters Inc. 2020 Quilt Exhibition Festival of Quilts WHEN: Saturday 7th March 10:00 am – 5:00 pm Sunday 8th March 10:00 am – 5:00 pm Monday 9th March 10:00 am – 4:00 pm WHERE: <u>New Location</u>: Ballarat Masonic Centre 616 Barkly St, Ballarat ADMISSION: \$5.00 per adult



Landcare News

News from the Bamganie-Meredith Landcare Group

Target 5000 - Seed pricking day Saturday 28th March

Would you like some tree and shrub seedlings to plant on your land without the financial cost? The Bamganie-Meredith Landcare group has a goal to plant 5000 trees in our region. The seeds have been germinated - now we just need to 'prick' them out into the tubes where they will grow until ready for planting out later in the year.

We are having a seed 'pricking out' day on Saturday 28th March at 9:30am – 12:00pm at Rowsley Landcare Centre,1327 Glenmore Road, Rowsley (YMCA Lady Northcote site). Lunch will be provided. Pricking out is easy and fun, a great chance to meet people while also helping revegetate our landscape. Everyone is welcome. For catering purposes please let us know if you can help, or if you would like more information, please contact Nick McKinley at <u>nick@leighcatchmentgroup.org</u> or phone 0455 147 398, or email <u>meredithlandcare@gmail.com</u>.

Can't make it but would like some tree seedlings?

We are keen to reach our target of 5000 new trees planted this year. If you would like some seedlings to plant out but cannot make it to the pricking out day please email or phone Nick (contact details above) or email <u>meredithlandcare@gmail.com</u> to let us know how many trees, and what species, you would like to plant.

Other activities in 2020

The Bamganie-Meredith Landcare Group has lots of events planned for 2020. These include a trip to the Bambra Agroforestry farm for a guided farm tour, introduction to

farm mapping, building soil carbon, how to maintain biosecurity on your farm, and options for farm electronic surveillance. Arrangements are still being finalised but watch this space for more details as they become available.

Alternatively, to find out more about the activities in our area come to the next Landcare meeting. New members are welcome. For more information about the Landcare group contact Mat 0409 862 326, Maddi 0424 754 179, or Nerida 0409 335 693.

The next meeting is 7:30pm on Thursday 19 March 2020 at the Meredith Community Centre.



Gorse on your Property?

Moorabool Catchment Landcare Group has obtained funding from the Victorian Gorse Taskforce (VGT) for landholders who would like to participate in a new Gorse Rebate Program. This program offers a <u>rebate of 50%</u> for control costs including: use of a contractor to spray or mulch; diesel costs for mechanical removal and for the cost of chemical for spraying (an Agricultural Chemical Users Permit or ACUP may be required for some chemicals). Please note that there is a capped rebate amount per property. Gorse Rebate program will run from November 2019 to April 2020 but may be extended.

To find out if you qualify for program, organise a field inspection or register your interest in the program, contact Jennifer Johnson (Moorabool Catchment Landcare Coordinator) on :

0497 770 075 or moorabool.landcare@gmail.com





Note: No credit given and no EFTPOS on premises



Steve Goat

Australia in the Frame

From March 7th 2020 through to May 3rd 2020, the Geelong Art Gallery has a very special exhibition. The Gallery is host to a wonderful collection of photographic portraits called "The Look". Over 60 images from the National Portrait Gallery's collection. More than half of the 3000 images held in Canberra are photographs. These are certainly memorable faces and images on display: Heath Ledger, Megan Gale, Brian Brown, Gotye AKA Wouter (Wal) Backer, and an amazing photo of Gill Hicks, the spirited survivor of the 2005 London bombing. These images manage to be windows into the souls of the sitters, captured so well by master photographers.

The Modern face of Geelong

While you are in our closest city, glance above street level, and look up to the rising sky line. From the main streets you will see many old facades of the boom buildings of the late 19th/ early 20th century. But many have undergone a face lift, or what is currently referred to to as "Facadism"; where the shell or facade of the building has been kept and new structures support, and in many cases stand over the originals.

I don't know about how you, the reader, feel about this type of architecture. I find it interesting if not a little disconcerting. What are we trying to preserve here? What are we trying to project? Australia, being only recently effected by British colonisation, has a short European history. This architecture itself is a colonial reworking of older classical styles from the northern hemisphere. Is Geelong just another bland satellite city? Have we built to suit our climate and heritage? Eastern Beach has beautiful views to the You Yangs, but look over your shoulder and you could be anywhere. The new Malop Street layout is pedestrian friendly, but don't look up.

Not only have we reworked these sites, but we've done it quite a lot. There are a disproportionate number of make overs. Ballarat by contrast has preserved a much larger number and proportion of older building. Have these developments added to the quality of the streetscape? Or have they created canyons of vacant small shopfronts between the shiny glass and steel. There seem to be so many tired and empty single-fronted old shops as well. Some of the high rise examples are truly woeful. How do you feel about it? The built environment should matter to us. Just saying......

PETE GOAT

This month I had a very rich cultural experience down in the very green Otways.First was a performance, in Deans Marsh, of "The Go-Between; Murranghurk William

Buckley"

by Jan "Yarn" Wositzsky. Most of us are familiar with the story of Buckley, who escaped in 1803 from the convict settlement that briefly existed at Sorrento and then lived for 33 years with the Wadawurrung People, until he encountered members of Batman's party at Indented Head in 1835.

The Wadawurrung accepted him as a "ngamadjidj", the spirit of a recently deceased clan member and gave him the name Murrangurk.

Much of his time was spent along the coast between Breamlea and Aireys Inlet, but he does relate coming up the Moorabool as far as Ballark on occasions.

What Jan explores particularly in this show, in his inimitable way with words, wit and music, is how Buckley's experience offered a unique opportunity to minimise the conflict between the colonists with their livestock, flooding in first from Tasmania and then overland from north of the Murray, and the Wadawurrung People.

With Buckley's knowledge of Wadawurrung language and culture the outcome could have been very different from what had happened in Tasmania, that is a full on frontier war. He was appointed Official Interpreter by Commissioner Lonsdale and there was initially some genuine attempt to achieve this.

However, it very soon became apparent to Buckley that he was being used entirely to achieve the will of the colonists to their maximum advantage and disillusioned, he gave up his position and spent the rest of his life in Tasmania. The Wadawurrung had been his family for the greater part of his life and he could not face seeing them so badly treated.

Interestingly, Governor Arthur said in hindsight that the huge financial cost to the colonisers and the cost of life to the Pelawa [Tasmanian Aboriginal Peoples] could have been avoided if a Treaty like the Treaty of Waitangi in New Zealand had been offered, with adequate terms of compensation made.

Then next day I travelled with Jan to Qdos Arts at Lorne where Professor Fred Cahir spoke about his new book [which I first read about in The Meredith News last year] " My Country All Gone, The White Men Have Stolen It : The Invasion of Wadawurrung Country 1800 - 1870 "

This was a natural follow-on after Buckley and Fred's book very comprehensively documents the events of this period. Overwhelmingly it is a story of ruthless dispossession but here and there are examples of colonists who sought to help the Wadawurrung preserve their culture, had great respect for them, admired their knowledge and even tried to acquire it. A lot of this knowledge comes through in the book.

In the audience was John Clark, a Gunditdjmara man who responded with his wish, that if we are all going to share this country, that we all need to understand it and respect it in a spiritual and cultural way, not just endlessly exploit it. We need to seek this knowledge.

Fred Cahir's book is available from him at: f.cahir@federation.edu.au





Close Proximity

Over the past year of commuting to work every day, I have learnt a thing or two about what it takes to survive in the surprisingly competitive world of regular train travel.

It is within the confines of a train carriage for an hour that you get to observe the sounds, behaviours and – unfortunately – smells of a myriad of different people. All this while simultaneously being provided with the opportunity to be introduced to the dubious dance that is public transport courtesy.

For instance, I have learnt that if you politely keep your elbows in at your sides (even though it hinders the way you hold your book), you open yourself up for space intruders. While some – like myself – view the armrest not as armrest but as a divider between their space and yours, others see it as a way to assert dominance. By resting their arm on the rest immediately after plonking themselves down heavily beside you, they are saying, 'Ha, take that! Enjoy your new deficit in space'.

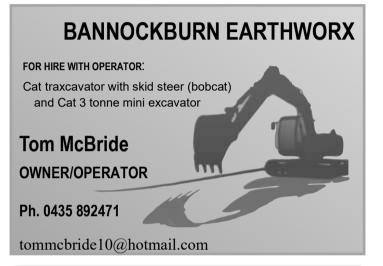
I have also learnt that, unbelievably, people actually think treating public spaces as an extension of their own bathroom is perfectly acceptable. Think unthinkable nasal explorations, nail clippings discarded like shed hair, shed hair, and makeup applied with surprising precision while clouds of their foundation powder settles onto your black blazer.

Like to keep your conversations private? Well judging by this small, concentrated sample of society, you're in the minority. Always keep a pair of headphones handy and your phone fully charged so you don't have to listen to obnoxiously loud phone conversations about Barbra's recent test results or Gary's pros and cons list of picking up a roast chook on his way home. The idea that private conversations held in public are less likely to be overheard definitely does not apply to train carriages.

And nothing will ever prepare you for the Hunger Games that is trying to get onto a late or downsized service. Just stick your elbows out and pray that the pushing and shoving of other sweaty bodies will get you through the door and into a seat without too much damage to your psyche.

Public transport travel offers a clustered mass of personalities that would not otherwise come into such close contact with each other were it not for the shared need to get from A to B. While this microcosm could be an anthropologist's delight, for most of us it is a time to thicken our skin against the repulsions of this world. Headphones in, eyes down and arms out. Assert your dominance and don't be afraid to perfect your 'don't mess with me face'. It's commuter eat commuter out there.

Gemma



Local Shearers Available

Large and Small Lots

Phone Shane & Seamus Dunne

0448 291074

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Sonia's Massage Therapy



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Lions Club of Meredith and District



We Serve

What a land we live in! Devastating bush fires and know rain that is lifeblood to the land and its people. Yes, we have lost many things; homes, animals both stock and fauna, forests, grasslands, infrastructure and much more.

Yet, we are a resilient people and are at this very moment in recovery mode. Lions Clubs all over the country are helping out and assisting those in immediate need. Indeed your Lions Club of Meredith and District has given a substantial monetary amount to the our Lions District (V2) appeal. The District Council has received funds from the international and National Lions Foundation. 100% of these funds will be utilised on the recovery phase of this disaster. Our Lions Clubs representatives on the ground have asked those affected what they need the most, generators, water tanks, tools and animal fodder

At last count for example we have been able to supply 100 trucks of hay, sourced from the Colac region, 90 water tanks and several containers of tools this is allowing folks to start their rebuilding and recovery now. As serving members of Lions this makes us very proud indeed. We will be continuing our support in any way we can.

On a lighter note what are we doing for you our own community? We have a new flag pole, new picnic tables, shade cloth and copious quantities of paint and heaps of work to do in our community's Pioneer Park? The purchase of these items was able to be completed as a result of a very generous grant from the Free Masons Lodge.

We are also helping and Animal refuge at Anakie who have injured and orphaned Koalas to treat and look after. We shall be constructing shed and compound for that facility. The wonderful lady who manages this very worthwhile venture at her own expense is Sandi her mobile number is 0428 341 368. She is in particular need of folks to collect and deliver to premises, feed Eucalypt (manna and box varieties) for these unique creatures of our Aussie bush. She can be contacted via mobile and will give you her address for delivery. Please consider helping.

Oh yeah, we are always on the lookout for new members, so come along to a meeting or our projects and talk to one of your our own who just happens to be a LION.

We meet the First Tuesday of the month at the Meredith Golf Club at 7:30 pm.

Contact Jim Baker on 0419 757 965 or jbgm.meredith@bigpond.com

Meredith Community Ce working for our community			
SELF DEFENCE FOR KIDS THURSDAY MARCH 5 3.45pm - ART WORKSHOP WITH JEN JO	•	-	WEEKLY CLASSES ar regular health and fitness classes appening every week.
SATURDAY MARCH 28 10:30au FRIMENTATION MADE SIMP FRIDAY MARCH 20 10am - 1 BE CONNECTED DROP IN	<u>LE</u>	<u>Mer</u> WEDN	Exercise for Over 65's edith Community Centre NESDAYS (School Terms) 10:30-11:30 - FREE
FRIDAY MARCH 20 10am - 1 CHEESEMAKING AT HOME FRIDAY MAY 15 10am - 1		Meredith - Teesdale - Bannockburn -	TAI CHI Tuesday 9.30-10.30 Thursday 9.30 - 10.30 Tuesday 5.00-6.00
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Walking through the small bush reserve, I heard a rustle. A short-beaked echidna was approaching. I stood silently, watching it. With its poor eyesight, it couldn't see me. It sat with its hindquarters on the ground and nose pointed up in the air, sniffing, relying on its good sense of smell to tell if there was danger nearby. After a few minutes, it decided it was safe, and continued on its way, towards me. It regularly pressed its nose to the ground or to sticks, searching for ants and termites. The echidna may have been using its sense of smell, but it can use another sense for locating food. In the tip of its snout are electroreceptors which can detect the weak electrical fields which all animals create. The snout is always wet which may help. So does wet earth after rain. It may also press its snout into the ground searching for food, leaving oval-shaped holes which taper to a point. When an echidna has located food it uses its strong claws to tear open the ant nest. It pokes its snout into the ants' tunnels, and uses its long tongue covered in sticky saliva to lick up the ants, along with dirt from the walls. Echidnas have no teeth, but have tough areas at the back of their tongue and on their palate, which they use to crush the ants.

The echidna I was watching, continued towards me as I stood motionless. When it was about one metre away, it become uncertain again. It stopped and sniffed, but this time decided that something wasn't right. It waddled away from me, stopping at the base of a tree a few metres away. Its hearing was far better than its sight. When I moved, it heard me and started to dig into the ground. This is one of the echidna's means of defence. It can curl into a ball of prickly spines. It can also hide in a hollow log or a crevice, and extend its legs and spines, wedging itself in securely. Adult echidnas have few predators, although dingoes may be one, and they are at risk from cars. Their defences prevent adults being successfully attacked by cats or foxes. The young are more likely to be eaten by these animals as well as by snakes and goannas.

For most of the year echidnas lead a solitary life. In winter and early spring, they form mating trains with up to ten males following one female, sometimes for weeks. Eventually she mates with one of them. About three weeks later she lays an egg. Although nobody has seen this, it is believed that she can lay it directly into her backwards facing pouch. About 10 days later, the baby, called a puggle, hatches. It is 1.5cm long, bald and poorly developed, but has tiny claws on its front legs. It uses them to cling to its mother's fur and move to her milk patches, which have numerous pores which secrete milk. The puggle grows very fast. By the time it is two months old it has grown spines among dark fur and is out of the pouch. It is then left in a nest lined with leaves and grass inside a short nursery burrow. The mother blocks the entrance and returns every three to ten days to give it a large feed of her rich milk. The baby is weaned at seven months old, but may stay with its mother until it is one year old.

Echidnas are very adaptable animals and can be found anywhere from sea level to lower alpine areas but not in rainforest or large areas of farmland. They need a constant supply of ants and shelter, and can use dense vegetation, hollow logs or caves. They can also burrow and escape fires by staying underground. In cold areas they hibernate in winter, waking every two or three weeks for a few hours. They are usually active during the day, except in hot weather, when they prefer to be out in the cool of night.

Our local short-beaked echidnas belong to the small group of egg-laying mammals known as monotremes. The others are the platypus and three more species of echidnas in New Guinea. They are always interesting to watch, so if you see one, stay still and silent, and it may come close enough for you to have a very good look at it.

Wendy

This article first appeared in the April 2015 edition - Ed.



"Doctor, I keep seeing an insect buzzing around me."

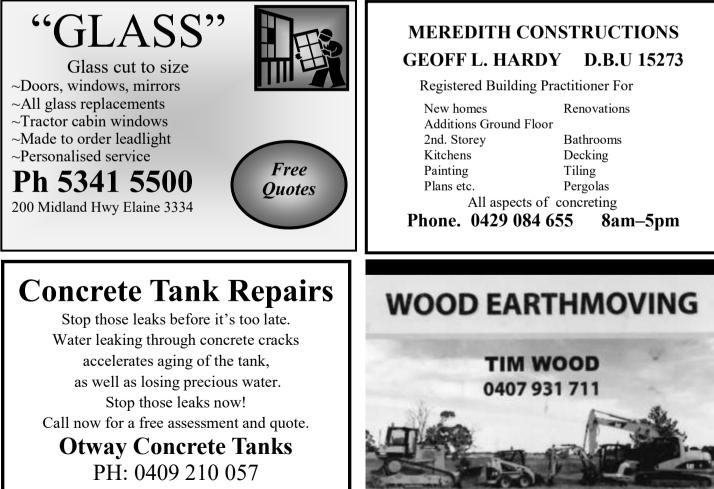
"Don't worry; that's just a bug that's going around."



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MEREDITH and DISTRICT NEWS



from the MAYOR

Cr Owen Sharkey Mayor, Golden Plains Shire

Big ideas and projects often take significant time and commitment to make a reality, which is why we're asking everyone to get involved with the Golden Plains Shire Community Vision 2040 Project.

Facilitated by Council, the Community Vision 2040 will outline how the entire Golden Plains community can work together towards common goals and meet the Shire's needs, both now and into the future. It will be used to guide strategic planning and decisionmaking for the future of Golden Plains Shire.

Engagement for the Community Vision has been designed by the community, for the community. Last year, a Community Reference group was formed, representative of many demographics from townships across the Shire. Since then, the Community Reference Group has undertaken consultation training, and have shaped the current community engagement

Engagement is well underway, and there are a number of ways you can get involved to help shape the vision:

Online at goldenplains.vic.gov.au/consultations

Fill out the paper survey included in the February edition of *The Gazette*

- * Pick up a postcard from one of Council's Customer Service Centres in Bannockburn, Linton and Smythesdale
- * You can also chat with Council staff and Community Reference Group members at one of the remaining Community Vision 2040 conversation posts:
- * □ 4 to 8pm, Friday 27 March, Bannockburn Skate Park Competition, 3 Moore Street, Bannockburn
- * □10am to 2pm, Saturday 28 March, Meredith Sharing Shed Community Action Day, 10 Wallace Street, Meredith

In February, conversation posts were held at the Shelford Duck Race and the Ross Creek-Smythes Creek Community Car Boot Sale. Thank you to all residents who stopped by to share their vision for our Shire. The survey only takes a few minutes, and asks:

- * \Box What do you love about Golden Plains?
- * \Box What is your hope for Golden Plains in 2040?
- * □ What would you like to see in your community in 2040?
- * What you are willing to do to make this a reality?

To make sure the Golden Plains Community Vision 2040 is representative of the whole Shire, we're also asking for which suburb or town you live in, your age, and your gender. The Community Vision 2040 survey is open for your ideas until 9am, Monday 30 March.

I encourage all residents to get on board and help shape the Community Vision 2040 project today.



Fees are payable at the time of consultation by cash or eftpos. Bookings are available online (visit our website) or by phone and we are accepting new patients living in the Golden Plains Shire. Every effort will be made to accommodate your preferred time and preferred doctor.



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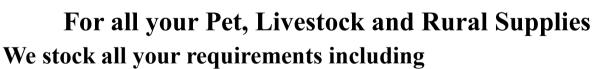
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MEREDITH and DISTRICT NEWS



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Artisans in our midst

....workers in a skilled trade especially one that involves making things by hand.

Marg Cooper

On the block of land where the Elaine Railway Station was are several sheds where many artisans work. George works with Australian wood, crafting mainly doors. Jason restores leadlight and creates leadlight to fit in the doors that George produces and for other orders. Mark oversees the business as well as creating both leadlight and stained glass, extruding lead and slumping glass.

Mark Gallo was born in Footscray, grew up in Werribee, completed a motor mechanic apprenticeship and resigned when he gained his ticket because he couldn't see himself doing that job for the rest of his life. His father suggested lead lighting. Mark tells that when he heard the "hiss" of a glass cutter slice through a piece of glass and saw how it could cut shapes from the glass, he was hooked. Mark asked Reg Lotes, an expert artisan in Werribee if he would teach him the trade, so Mark paid Reg to teach him full time for twelve months.

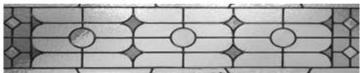
Mark started Werribee Leadlights in a corner of his father's factory. George was a cabinet maker and joiner and had the business Western Cabinets. A gap year

travelling in Europe where he studied the windows in churches and cathedrals added to his enthusiasm for the art. In 1985 he started Lara Glass in Lara. He had two factories there, a timber factory and a glass factory. The business moved into wholesaling, employed fifteen or so and was producing large quantities of doors etc for hardware shops like Dahlsens, but overseas suppliers got hard to compete with on price.

Mark likes being in the country. After his house burnt down at Wye River he was looking for another area when a friend suggested Elaine. Mark didn't know where Elaine was but came for a look, liked it and bought a small farm on Horse Hill Road West in 1994. He ran his business Lara Glass from the farm for six years before setting up in Elaine on the Midland Highway.

Their core business is lead light and stained glass but they has several sidelines, like extruding lead and supplying lead cames, solder, flux, foil, bevelled glass and putty to other businesses, and slumping glass otherwise known as visual tactile glass.

Mark says, "Let your imagination unlock your potential and be your own designer with unlimited range and texture, unique to you alone and magnificent." What's more, he is willing to teach so you can create your own masterpieces!





Vale to Joyce Lorraine Stanley

Joyce was short in height and she was quick. Fast of foot and of mind. From a young age in Elaine she would run or ride her bike everywhere. In the Christmas holidays she would ride out and back to her grandparent's farm at Dollys Creek.

She took up tennis and quickly became very good. Tennis and particularly Ballarat Country Week was a big part of her summer life for many years. She was part of the Mooney Cup Association Country Week winning team in 1953 when only 18. She played in the Association up to the age of 40.

After tennis there was golf. Every Tuesday between April and September was golf day. She played for fun and friendship. She played pennant and tournaments at such exotic locations as Rokewood and Trentham and had many trips to sandgreen championships and "up the Murray". She held the position of handicapper for many years and loved working out the figures with pen and paper. This was an Eberhart tradition from the days at "The Shop". She was the daughter of Jack Eberhart who ran the general store in Elaine. She had a sister Betty and brother Ken.

Joyce had a long and deep affection for "The Cats". After her husband Bill passed away she became a member, got her own reserved seat and attended all home games. She also travelled to games in Melbourne with the Geelong Cheer squad. Her cousin Val went along too and Joyce often stayed overnight at her home in Geelong after a Melbourne night game.

Joyce seemed to have lots of boyfriends, but she settled for a bloke from Steiglitz. After they married, they lived for a time at Moranghurk, then to Staughton Street, across from the "Top Pub" before moving to what was known as Morrisons Road 60 years ago. {This area was affectionately known as Stanleyville as 3 families of Stanleys lived there.} Christmas times were special. There would be a hot midday feast at Nanny and Pop's with Elaine, Brian, Karen and Daryl and Hec, Wendy, Anne, Trevor and Glenn. Then in the evening up to Elaine for the cold feast with Gran, Grampy and Ken and Betty.

Dogs were very important to Joyce in her later life. There was never a skinny dog in the house. Like the dogs "us kids" were spoiled. She couldn't do enough for us. I was spoiled because I looked like an Eberhart. Leanne was spoiled because she was the only girl and Tony was spoiled because he was the youngest.

Joyce was old fashioned and a worrier. She was competitive, independent and strong. She wanted to stay in Meredith but because her health had deteriorated she moved to the John Curtain Aged Care facility in Creswick in October 2019. She blamed the cigarettes and the years bagging onions in the dust and dirt for her lung disease. She died there on January 31, 2020.

Although Joyce lived in Meredith for 60 years in many ways she was still a girl from Elaine.

Abbreviated from eulogy presented by son Warren Stanley.





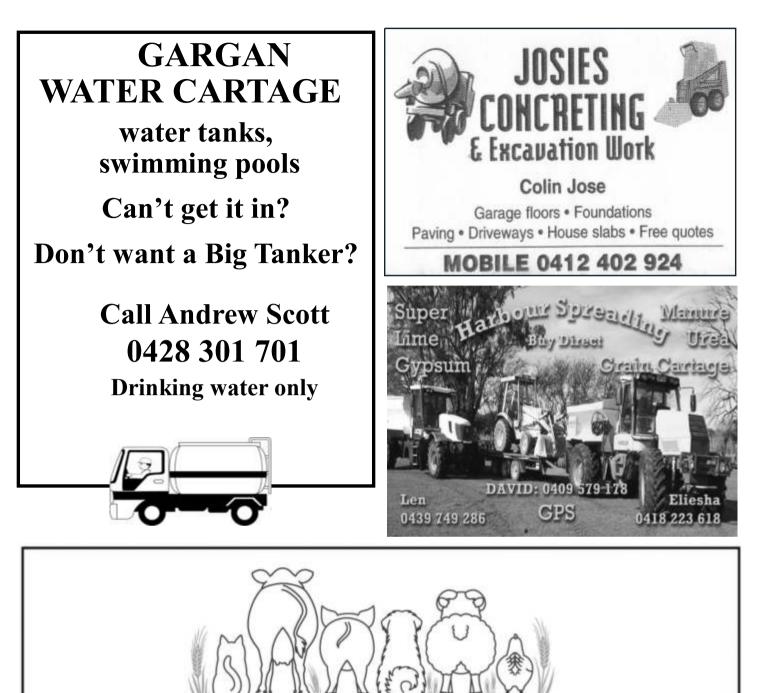
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If you didn't already realise, we aim to live a simple life, but one full of abundance, which lately from the garden means zucchini, tomatoes and eggs.

So, what do to with this abundance, well there is zucchini slice, cake, soup and tomatoes on sandwiches & crackers and soon passata and tomato sauce to make for winter months.

Eggs can be hardboiled for sandwiches or soft boiled for breakfast, turned into sponges, custards, scrambled with herbs or as an omelette for dinner. They are also very welcome gifts for those who live without chickens.

So, which came first the chicken or the egg?

It is a question that has vexed philosophers since the Greeks. But it seems that the answer to the beguilingly simple question of Which came first? Is the egg. ... By scientists reasoning, the first chicken did indeed come from a chicken egg, even though that egg didn't come from chickens!!

Well either way, what to do with the eggshells? Rather than throw them in rubbish bin destined for landfill there are many ways to use them in your home and garden.

Egg shells are high in calcium, water, protein, fat, ash, phosphorus, sodium, magnesium, potassium, sulphur and glutamic acid

Can you compost eggshells? Absolutely, they're packed with calcium, which both plants and worms love. You can add them as they are but crush them first for the best results.

So how store eggshells:

Clean the eggs after using them to avoid the inside membrane becoming mouldy and/or smelly.

Allow to dry in a sunny spot or pop into the oven after you've been cooking to dry them out.

Once dry, smash them with a potato masher, you can roughly, finely or very finely mash depending on use.

Keep dry in a glass container, well-labelled, till you need them.

So how do you use the dried smashed up eggshells?

A good option is to feed them back to the chooks, by just popping them in the chook bucket they provide a calcium boost. I like to feed back this way, no point in giving the chooks any ideas about egg eating, as it is such a hard habit to break once started.

Use as a slow-release calcium boost perfect for the citrus.

You can place in the hole prior to planting or sprinkle around the tomatoes, the nutrients seem to help stop the blossom end rot.

Slow down the slugs and snails who can decimate seedlings overnight by sprinkling around newly planted seedling, apparently, they don't like sliding across the sharp edges of the *roughly* smashed eggshell shards.

A easy non-toxic Abrasive Cleaner is made by adding 1 cup of *finely* mashed eggshell powder to 3 cups baking soda in a jar. With lid on shake to mix. To use, just mix the powder with vinegar (or water). Use on pots and pans (with baked-on food), shower doors (with months of gunk), toilet bowl rings and grout.

A cheap and easy Dog Health Boost is achieved by adding crushed eggshells. They are an excellent way to add extra calcium to your dog's diet. Sprinkle the *very finely crushed* eggshells over your dog's food. The extra calcium boost can help strengthen bones and teeth.

Or you can use the eggshells halves - I do like to clean out membrane or let dry out before using, just be safe.

Seedling pots, one of my favourites after cracking the eggs in half is to use both halves to plant in. Just make a drain hole in the bottom, fill with potting mix, plant a seed and watch them grow, then plant the whole lot in the designated garden bed, the shell will breakdown and add nutrients to the soil around the growing seedling. I like this method for larger seeds, like pumpkin, corn, beans etc

And finally, a little bit of garden magic, make some decorative Candles, simply melt soy or bees wax, pour into clean dry 1/2 shell and add a wick. Keep your candle sitting upright by placing it in an egg cup or shallow bowl filled with sand.

Now brew a herbal tea from the garden, (mint, chamomile & lemon verbena) light your candles and sit, watch the chooks, smell your flowering nectary, listen to the wind, for a few simple moments in the sun, just allow yourself to believe in abundance.

"Riches are not from abundance of worldly goods, but from a contented mind." – Unknown

Kerrie







"The Pearl Sister" by Lucinda Riley

Lucinda Riley said that when she had the idea of writing a series of books based on The Seven Sisters of the Pleiades, she had no idea where it would lead her. She was very attracted to the fact that each one of the mythological sisters was, according to their legends, a unique and strong female. They had many children with various Gods who were fascinated by their strength, beauty and ethereal air of mysticism. The books bring the sisters into the modern world.

She said that she wanted to celebrate the achievements of women, especially women of the past where so often their contributions to making our world the place it is today, has been overshadowed by the more frequently documented achievements of men. As she travels around the world following the footsteps of her factual and fictional characters to research stories, she tells she is constantly humbled and awed by the tenacity and courage of the generations of women who came before her. Whether fighting the sexual and racial prejudices of times gone by, losing their loved ones to war or disease, or making a new life on the other side of the world, these women paved the way for us to have the freedom of thought and deed that we enjoy today and so often take for granted.

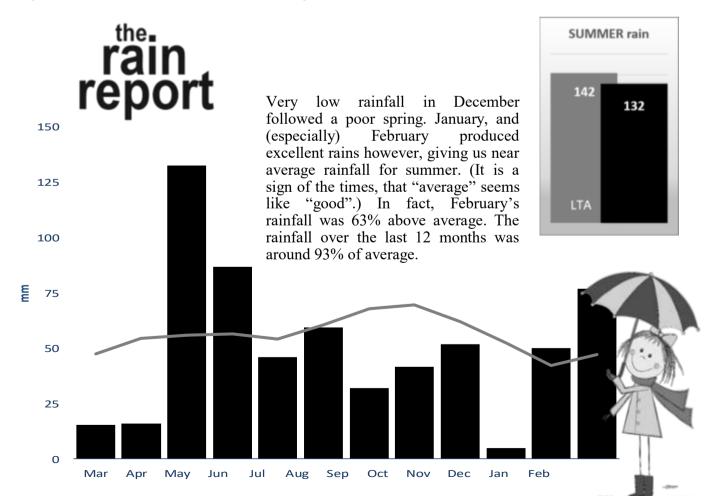
The series of books follow seven sisters and begins as their adoptive father, the elusive billionaire they call Pa Salt, dies. When the sisters come home for his funeral they are each presented with a letter written by him and some tantalising clues as to their past. They were all adopted as babies from all over the world. Each book is the story of one of the sisters as they trace their origins.

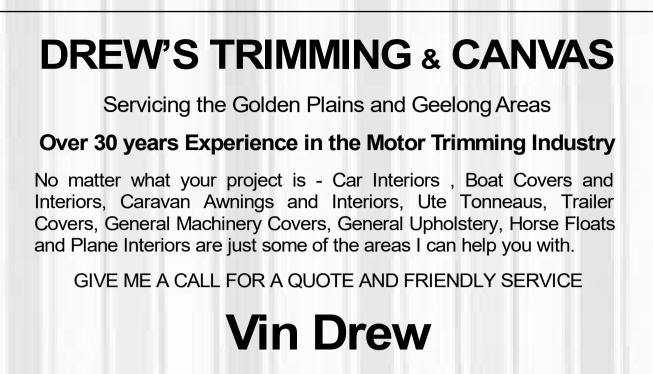
I have read "The Pearl Sister". Ce Ce is unhappy at Art College in London and feels "left-out" because her closest sister Star has a boyfriend so she sets off for Australia. Her clue is a black and white photo and the name of a pioneer woman who lived in Australia over 100 years ago.

After stops in Thailand and Broome she finally reaches the searing heat and dusty plains of the Red Centre of Australia. Something deep within her responds to the energy of the area and the ancient culture of the Aboriginal people. She has a sense of belonging and home. Her story includes the early pearling history in Broome, pioneer of Adelaide, Albert Namatjira etc.

I look forward to reading others in the series. The books have been described as a fantastic literary holiday or a magic mystery tour.

The book for discussion in March is "The Single Ladies of Jacaranda Retirement Village" by Joanna Nell.





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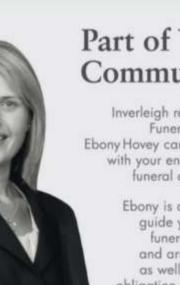
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Meredith History Interest Group

Annual Meeting:

You are invited to the Annual Meeting on Sunday, March 1 at 1.30 pm at the History Centre followed by the debut screening of "Down Shelford Road", a historical trip. The video has been produced by David Law of Redwood Entertainment, Ballarat East. The video includes film shot of the road, voice by Doug McFarlane, still photos, music and animals. The video was produced as part of "Escape to the Country" project in which we endeavour to document every road, farm building and people in the district of Meredith.

Pub Crawl

For the Australian Heritage Festival we are preparing a display for the Bannockburn Library about Hotels in Meredith and District. We are also planning a Pub Crawl for Sunday, May 3 when we will conduct a tour to the sites of some former pubs, visit present pubs and enjoy some interesting stories.

There is much conjecture and confusing information about two of Meredith Hotels.

Where was the Crown Hotel?

Local knowledge tells that it was on Allotment 5, Section 11, or one of the blocks presently being sold on Sutherland Street.

A land sale notice tells that Allotment 6, Section 1 was for sale and that it was at the rear of the Crown Hotel. That would put the Hotel on the corner of Ballan Road. Did the Stag or Stag and Hounds Hotel ever exist?

We have one reference that tells that a Licence was applied for this hotel.

If you remember foundations, if your grandfather told you stories, if you have found old bottles, if you have the titles or any information, please tell us!

Emu Plume

"During the 1880's William Shanahan joined the Gympie Mounted Rifles and had become Captain by April 1891. He was called upon to lead his Corps for service out-west to assist in keeping the peace in the Shearers dispute. After arriving in Barcaldine, Lieutenant Shanahan was placed in charge of Coreena Station some 35 miles north, north east of Barcaldine at Aramac and proceeded there with a number of troops to maintain law and order.

Bill Leishman told that Terry Rogers and himself, of the Gympie Corps, came upon Bill Shanahan's patrol chasing an emu. They were the first to pull the tail feathers and place them in their hats. Then all the patrols got the feathers and placed them in their hats.

When they returned home the Queensland Government allowed the Mounted Infantry to wear the emu feathers in recognition of their service during the strike. At first it was solely a Queensland decoration but in 1903 the privilege was extended to Tasmanian and South Australian Regiments and finally, in 1915 to all regiments of the Light Horse."

From: The Descendants of Thomas Shanahan by Phillip Shanahan, relatives of Margaret Parkinson of Meredith.

Workshop

Three of our volunteers attended a workshop at Smythesdale on Wednesday, February 12 run by Museums Victoria and organised by Golden Plains Shire. A lot of information was obtained about mounting displays and preparing text for interpretive panels and labels. Remember: Memories are shot through with fiction!



TOWNSHIP OF MORRISON.

Morrison is a township on the Moorabool River, about 25 miles from Ballarat. It owed its rise to mining, for as far back as 1858 the miner was at work, and a large amount of gold was won. The Hit or Miss mine alone obtained 8000 oz. Mining in the district generally takes the form of tunnelling from the steep banks of the river and creeks. The Redjacket, a local concern, is in over 2000 feet, and the Ballark, an Adelaide syndicate, have driven, within the last few months over 1000 feet, and have just erected machinery, which will probably start wash-ing in a week or two.

Grazing, dairying and farming interests are well represented, and bring in a good revenue to the district. The estate of the late Mr. D. S. Wallace is in the neighbourhood, and the famous Carbine was once an inmate of the stables. Another Cup winner, Mentor, was born and bred on the estate. There is good fishing in the river, trout, perch, eels, &c., falling to the lot of the expert angler.

Leader (Melbourne, Vic. : 1862 - 1918, 1935) Saturday 24 August 1907

Jan McDonald, Meredith History Interest Group



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Looking for a really quick easy and decadent desert for a special occasion. This is my favourite go for a desert which is sure to please. It can also be gluten free by using gluten free cornflour.

Sultana pecan and chocolate torte

Ingredients

¹/₃ cup chopped pecans
¹/₄ cup sultanas
¹/₄ cup rum cognac or brandy
185g dark semi sweet chocolate
185g unsalted butter
¹/₄ cup caster sugar
3 large eggs
1 tbsp corn flour

Method

Prepare cake tin by lining the base with nonstick paper. Butter the base and sides use a deep tin as it will prevent the top from colouring too much. Place the nuts and sultanas in a bowl, add rum, leave to stand for 30 minutes. Break the chocolate into squares and place in a basin with butter roughly chopped. Stand this over a saucepan of hot water. As they warm, add the sugar and leave until all melted. Stir well. Beat the eggs until frothy, add the nuts and sultanas and stir in cornflour. Lastly add the chocolate mixture and pour into prepared tin.

Bake at 160° for about 20 minutes or until set on the edges, leaving the cake still slightly soft in the centre. Leave in the tin at least 20 minutes before turning out.

Recipe from The complete Beverley Sutherland Smith Cookbook

Pamela



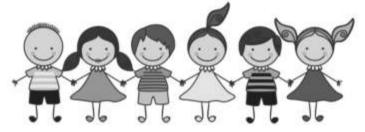
Photo by Y. Cai on Unsplash

Meredith Community Centre Occasional Care 2020 SESSION TIMES MONDAY - 9:15 - 2:15 - Waitlist TUESDAY - 9:15 - 1:45 - 4yo - 2-3:15 WEDNESDAY - 9:15 - 1:45 FRIDAY - 9:15 - 2:15

Call us on 5286 0700

Or

Visit our webpage www.meredithcommunitycentre.com.au

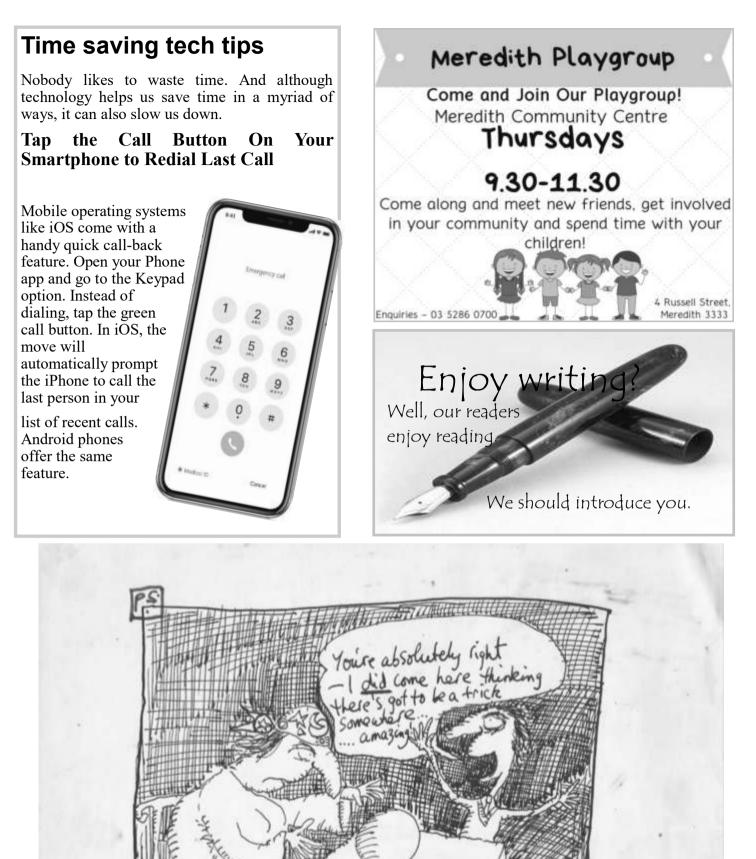


The THINGS We Say

Let your hair down

Commonly associated with people letting themselves go and having some fun (perhaps with the aid of a drink or two), letting your hair down means to behave freely and to let go of inhibitions. The origin of this one is simple enough: in the 17th century women were expected to have their hair done up when out in the public eye. Dishevelling one's hair (yes, this term used to apply specifically to unpinning the hair) was saved for when women came home when they could brush or wash it.





healthS+VE pharmacy Bannockburn Pharmacy Newsletter

Proprietors: Scott Wilkes & Damian Bennett

6 High Street Bannockburn VIC 3331 Phone: 5281 1519

Glasshouse reimagined available Monday 16th March!!!

Monday 16 th March will be see the official launch of all the new Glasshouse products!!!!
What's new you might be asking???
There will be existing and new products across 3 Glasshouse fragrance ranges:

1. Personal Fragrance

- a. Perfumes (EDP) 7 different fragrances (NEW)
- b. Body Lotions 7 different fragrances (NEW)
- c. Shower Gels 7 different fragrances (NEW)
- d. Body bars

2. Home Fragrance

a. Candles (NEW 380g size but price is remaining the same)

- i. 5 New fragrances
- ii. New soft touch packaging
- iii. New Soy blend wax
- iv. New jars and all candles will be white except A Tahaa Affair
- b. Diffusers
- c. Scent Stems (NEW) liquidless diffusers

3. Hand Care

- a. Hand Cream
- **b**. Hand Wash

As part of our **FREE Loyalty Program** we will continue to offer a **20% discount ALL YEAR** on ALL of our Glasshouse fragrance products. No other stockest of Glasshouse offers this amazing discount. We also offer Complimentary Gift Wrapping with our premium gift wrapping paper.

To be kept up to date with the latest happening in the pharmacy please make sure you like & follow our FaceBook & Instagram pages.

NEW Gifts arriving this month!

At the end of last month we flew up to Sydney for the annual Sydney Gift Fair. This was a very productive weekend where we have bought lots and lots of new gifts that we haven't stocked before. So needless to say we are very excited to be sharing these with you when they arrive into the pharmacy. These will start arriving through this month too

Pharmacy Features:

- medAdvisor
- Vaccination Clinic
- Glasshouse Fragrances
- Circa Home
- Ear piercing
- Nose piercing
- Medela (we hire Breastpumps)
- MooGoo
- Roogenic teas
- Natio
- Sukin Organic Products
- Nude by Nature
- Diabetes Australia Agency NDSS
- Giftware for all ages
- Salt & Pepper
- Passport photos
- Webster-paks
- Home Medicine Reviews
- Free gift wrapping

Trading Hours

Monday:	8:30am - 6:30pm	
Tuesday:	8:30am - 6:30pm	
Wednesday:	8:30am - 6:30pm	
Thursday:	8:30am - 6:30pm	
Friday:	8:30am - 6:30pm	
Saturday:	8:30am – 1:00pm	
Sunday: CLOSED		

Follow us on Facebook and Instagram



Kerry Thomson & Amanda Hyatt

Patricia (Pat) Carter

Patricia (or Pat) Carter is a Yamatji Woman from Geraldton, Western Australia, who now lives overlooking the Maude/Lethbridge valley where eagles fly daily, giving her joy and inspiration. Her mother was part of The Stolen Generation and a huge influence in all aspects of Pat's life. One of her mother's favourite sayings was 'There are two types of people in this world, the survivor or the victim and we choose which one we are'. Her mother chose to be a survivor and took up painting as a way of personal healing and 'a way to remember who her people were and are'.

Pat follows in her mother's footsteps, having painted for more than 40 years. She has had work displayed and sold in Australia and all round the world (including Scotland, Germany, Switzerland and England). With her sister she helped set up the Narana Aboriginal Cultural Centre in Geelong where the ceiling is painted with her mother's story. She has also sold work





through The Gordon in Geelong, Collingwood Gallery and numerous other venues. Traditional dot painting and Pyrography (using a wire heated in fire to burn a drawing into wood) were her mother's mediums which Pat adopted early on but has gone on to use these techniques in her own creative way. Pat combines contemporary styles with dot painting, line work and other techniques, often using earth tones but not afraid to add colour. In addition, she has painted emu eggs, didgeridoos, ceramic pots, slate, made redwood resin tables and burned sticks whose shapes have inspired her but, now, her preferred medium is acrylic on canvas. She doesn't do the traditional linear or skeleton art of the Northern Territory and because dot work is not done in Victoria she had to obtain permission to do this from the Elders in Western Australia. Pat loves painting rocks for her grandchildren.

Ideas derived from nature, especially trees and animals like goannas, turtles and eagles and family stories are key elements of her work. As well as her mother, other artists such as Clifford Possum, John Beck (a W.A. minister), Neil Daimer (a recently deceased local artist) and Geelong Didgeridoo player Norm Stanley also inspired her in various ways.

Pat believes there is an urge to be creative in her and art is in you like being indigenous is in you. She has a great affinity with re-engaging with the bush and one of her dreams is to develop bush medicine to keep without preservatives. She has great empathy with people who struggle and this led to three years teaching art to aboriginal boys in Marngoneet Correctional Centre - taking great delight when Jeff Kennett and Geelong Hospital bought paintings done by some of the boys. For the last 30 years she has also run a soup kitchen in Little Myers Street where she encourages many of the troubled people to use art as a means of recovery and healing. Pat loves connecting with people, and, especially, teaching children as it's her way of sharing and passing down her cultural heritage to family members and the community. Painting is her passion, is relaxing and meditative and part of who she is but, even so, she sees herself as a really good teacher rather than as an artist.

Images

Left: Pat with 2 contemporary works, top one combines pyrography with line/dot work and the bottom uses more motifs/symbols with dots.

Above: multi patterned piece which represents her mother's stories - each section containing a particular memory such as: the heart motif showing her mother's feeling for her people, open house and kindness towards others; honeybees and flowers of W.A. relate to collecting wild honey and its healing powers: and stars and using them for navigation at night.



MOORABOOL Wind Farm

CONSTRUCTION UPDATE

March 2020



Moorabool North Wind Farm

Progress to date

- Completion of all turbine components delivered to site
- Installation of 46 turbines complete
- Turbine installation on the eastern side of the project is complete
- Partial Installation of a further 4 turbines is complete

Look ahead

- Continued turbine erection on the Western side of the project.
- Energisation of substation
- Continued road maintenance
- Continued electrical and mechanical fit-out of each turbine
- Commencement of commissioning
- Environmental reinstatement and rehabilitation

Moorabool South Wind Farm

Progress to date

- Installation of tower sections completed at 19 turbine locations.
- 31 turbine components delivered to site.
- All access tracks and hardstands complete.
- Substation civil works complete
- All Kiosks (turbine transformers) installed
- Cable laying 100% complete and rehabilitation underway.

Look ahead

- Continuation of turbine component deliveries.
- Continuation of installation of turbines.
- Energisation of substation
- Continued road maintenance
- Environmental reinstatement and rehabilitation

For Further Information about the project please visit <u>www.mooraboolwindfarm.com</u>, <u>www.mwftraffic.com</u> or call 1800 019 660.

The Moorabool Wind Farm team aims to keep local disruption to a minimum and apologises if construction activities cause any inconvenience.

Ballan Autumn Festival

Moorabool Wind Farm is proud to be the <u>Official Association Sponsor</u> for the Ballan Autumn Festival this year. Be sure to visit our stall outside 120 Inglis Street to discover all the latest information about the project.



There will be special guests, children's entertainment and giveaways at our stall, so make sure you come along and say hello on **Sunday 15th March**.

Community Fund Update

Moorabool wind farm are pleased to introduce the Guidelines for Moorabool Wind Farm Community Fund. They are available to download from the Moorabool wind farm website. Hard copies are also available from 120 Inglis Street, Ballan and the Black Creek Cafe, Staughton Street, Meredith. If you would like a hard copy posted out to you, please contact us.

The Fund is divided into two Rounds:

- Round 1 of \$125,000 will open on 1st May 2020 (applications must be submitted by the 18th June at 3pm)
- Round 2 of \$135,000 is anticipated to open in approximately November 2020.

Applications will only be accepted via the website using SmartyGrants.

Information Sessions will be held at 120 Inglis Street, Ballan on:



- 27th April 2020, 5.30pm 8pm
- 28th April 2020, 9.30am 12pm

Bookings are NOW OPEN and ESSENTIAL for these sessions through Eventbrite via the link: <u>www.eventbrite.com.au/e/85589547641</u>

Or by searching the Eventbrite website for Moorabool wind farm: www.eventbrite.com.au

In addition to the sessions above, four casual **Drop-in sessions,** for Community Groups requiring assistance with their applications, will also be held at 120 Inglis St, Ballan during May and June 2020. Details will be provided via the website.



For Further Information about the project please visit www.mooraboolwindfarm.com, www.mwftraffic.com or call 1800 019 660

The Moorabool Wind Farm team aims to keep local disruption to a minimum and apologises if construction activities cause any inconvenience.

"Fjording Around" Award or "Built Fjord Tough!"

Marg Cooper

Riding mostly bareback or on a bareback pad, Rachel Young on her horse "Rachem" Zeeha {Zee} won the Fjord Promotional Group's "Fjording Around" Award for the distance ridden from April 1st until December 31st 2019.

They clocked up 1006 km's in the nine months with her little Jack Russell dog "Jessie" running alongside on every ride.

She was awarded the winner's rosette and a hand made wooden trophy depicting a horse and its devoted owner. Rachel is a member and committee member of the APSB Fjord Promotional Group and in 2019 they introduced the "Fjording Around" Award. It was designed to give members a chance to compete for an award that wasn't based on competition or showing. The object of the award was to see who could cover the most km's riding or in harness with their nominated Fjord Horse.

She tells that she feels very blessed to own Fjord horses. The first imports to Australia arrived in Queensland in the 1920's. They have been intentionally bred overseas for at least 2000 years and therefore are solid in both mind and body and have staying power and dependability. They are now in every state of Australia, are a solid horse of between 13 and 14 hands and are usually a dun colour.

Rachel owns Rachem Stud and has a stallion and four mares. She previously owned other breeds but since being involved in an accident she is not allowed to fall off, so needs horses that she describes as having "perfect temperament". She tells they come across a lot of wildlife on their rides but Zee takes it all in her stride. Nothing fazes her!

Living in a rural area she tells that she is fortunate to have plenty of country bushland and roads to ride on and enjoy. She rides virtually every day, rain, hail or shine and records the distances she rides on an App on her phone called "Viewranger". She aims to ride 10 km's per day, she walks, trots and canters and covers on average six km's per hour. Her favourite rides are "The Loop", "Fire Hill", "The Paddock", "Loop and Coolebarghurk Road", "Pioneer Ridge Road" and "Taylors Road". After each ride she records on paper where she rode and the distance.

In the beginning when she entered Zee she thought that 300kms sounded achievable but after a month they had well and truly passed that. By the end of August she thought "Wow", maybe they could reach 1000 kms by the end of the year. Rachel said, "We rode home victoriously on December 31 having ridden 1006.36 km's. I couldn't believe that we had reached and passed my goal of 1000 km's."

Zee wore out five sets of shoes in nine months and her farrier was in disbelief.





Dean Wilson 0418 521 322 Julie Kaye 0411 059 001



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JAZZ & HOGES FRIDAY 6 TH MARCH 8PM 8PM FREE ENTRY









TUESDAY DINNER SPECIALS

