

NOVEMBER

Meredith & district News



Our FREE Community Newsletter since 1972



inside

Snakes and Fire Hazards -
Our Getting Ready for
Summer issue.

- Managing Serrated Tussock
- On this month: Kinder Ladies Night & Community Showcase
- Successful golf Charity Day

...and the usual **MUCH MORE!**

e: news@meredithnews.com.au w: meredithnews.com.au

Meredith & district NEWS



The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jim Elvey, Dawn Macdonald, David Jones, Stefania Parkinson and Ian Penna. Editor: Jim Elvey, Pam Ridd

NEWS & VIEWS

Subject to the conditions outlined below, contributions accompanied by the contributor's name (which will also be published) and contact details, are most welcome. Please email to:

news@meredithnews.com.au or deliver to the Meredith Post Office or Meredith Hub

DATES AND DEADLINES

The Newsletter is distributed on the first Thursday of the month (except January). All ads and submissions must be lodged by 9.00 am on the last Thursday of the preceding month, but earlier is really appreciated.

ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. Contact us for full details and lodgement forms. Rates are as follows:

B&W/Colour

Business Card	\$14.00
Quarter page	\$25.00
Half page	\$40.00/\$100
Full page	\$80.00/\$180

Note: A \$20 loading applies for preferred position. Please submit in jpeg format, if available.

Classifieds are FREE for small, personal notices from residents. Otherwise \$7.50 on invoice or \$5.00 if paid on lodgement. Community Groups can have a 1/4 page ad for free or a \$25.00 discount on larger ads. (conditions apply)

SUBSCRIPTIONS

If you are outside our delivery area you can subscribe for \$35.00 p.a. (11 issues) and get the Meredith and District News posted to you anywhere in Australia.

CONTACT US

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advertising@meredithnews.com.au
Accounts: Dawn 0428 861274
accounts@meredithnews.com.au
Editorial: Jim: 0409 163169
news@meredithnews.com.au
WEB

You can check back copies and lodge comments at meredithnews.com.au

ONLINE PHOTOS

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions.

connect

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Meredith
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Morrisons
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CHILDCARE
5286 0700

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CENTRE**
5286 0700

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Junior(U16,U14,13)
0448291074
Meredith
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RSL - 5286 1452

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TENNIS
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Meredith
5286 1211

SEW 'N' SEWS
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emergency

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(from mobile phone)	000 or 112
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Police non emergency	131 444
Power Failure	132 412
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Mental Health Advice	1300 280 737
Poisons Information	13 11 26
Barwon Water	1300 656 007
SES Emergency -	
flood & storm	132 500
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24 Hour Drug &	
Alcohol Counselling	1800 888 236
Kids Help Line	
24hr 5-18yo	1800 551 800
Golden Plains Shire	1300 363 036
A.H. Emergencies	0408 508 635
Ranger	5220 7111 or
	0409 830 223
Bannockburn Vet	5281 1221
Golden Plains Vet	5281 2226

Justices of the Peace

Mr Don Atherton.	0409 869 960
Mr Paul Ryan Elaine	0409 861 295

services

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5286 1550	5220 7230
HALL HIRE	PRE-SCHOOL
Meredith Memorial	5286 0722
5286 1251	PRIMARY SCHOOL
Elaine Mechanics	5286 1313
5341 5596	RECREATION RESERVE
Elaine Poo Poo	
5341 5703	
LIBRARY VAN	0429 841399
5272 6010	

..or start something.

If you have a special interest you would like to share with like minded people, let us know and we will help you get it started.



You are graduating, but don't think school is over, the school of life is just beginning.
Keep learning!

Catherine Pulsifer

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Figure 1: MNWF

CONSTRUCTION UPDATE

November 2019

Moorabool North Wind Farm

Progress to date

- Construction has been completed on all access tracks, hardstands and foundations
- Substation works complete
- Cable reticulation installation complete
- 544 turbine components delivered to site
- Installation of 19 turbines complete
- Partial installation of a further 8 turbines

Look ahead

- Energisation of substation
- Continued road maintenance
- Continued electrical and mechanical fit-out of each turbine
- Completion of all turbine component deliveries
- Continued turbine erection and commencement of commissioning



Figure 2: MNWF wind turbine

Moorabool South Wind Farm

Progress to date

- All access tracks complete to base level
- 54 foundation concrete pours completed - 100% complete
- Substation civil works complete
- All Kiosks (turbine transformers) delivered
- 59 turbine components delivered to site

Look ahead

- Continuation of backfilling and hardstand construction works
- Energisation of substation
- Continuation of cable laying
- Continued road maintenance

The Moorabool Wind Farm team aims to keep local disruption to a minimum and apologises if construction activities cause any inconvenience.

Recreation



Meredith Golf Club Day

On 20th October 2019 the first Meredith Golf Club Charity Golf day was held. The event was dedicated to Trudy Mitchell, a well known member of the town and a strong supporter of town events and clubs, but the main purpose of the event was to raise awareness of cancer and to raise funds to support Cancer Council of Victoria.

Trudy was a past member of the golf club and has her name on the honours boards in the clubrooms, she lost her battle with cancer earlier this year, so it seemed fitting the first event be dedicated to her.

There was a lot of organisation to get the event up and running, and a lot of preparation to get the golf course into the best condition we could. There are many to thank for their efforts! In general we would like to thank all those who played and took the time and effort to form a team, all those who donated to the cause, bought raffle tickets, or just spent money on the day. We would like to thank the Meredith Lions Club for coming on board, and helping with working bees to prepare the course, and for catering. Also, the club members who helped with many hours of mowing fairways, clearing fallen branches, and general organising. Also we would like to thank Golf City

Ballarat for donating equipment we used as raffle prizes.

The car park was full on the day, something the club has not witnessed for some time and it was an absolute pleasure to see.

We had seven teams compete from all across the area, one from Melbourne, Ballarat and Geelong respectively and four local teams. It was a modest start to what we hope will be an annual event, but everyone said they had a good time and said they will return next year, and even bring other teams with them.

The winners on the day were a local team led by Dawn Macdonald, closely followed by the team from Geelong and our major sponsor Mentor HR led by Steve McDonald, third was the team from Melbourne led by Harry Nemtsas.

Prizes were awarded for Nearest To The Pin on all par 3s, the winners were Graeme Moore, Andrew Betts, Joel Ford, and Steve McDonald.

We managed to raise an amazing \$1170.00 for Cancer Council Victoria, which we believe to be a great result for our first event and hope to be bigger and better next year.



Alex Hyatt; Mike Palmer; Dawn McDonald; John Tantau.

Church News



CATHOLIC

St. Joseph's Parish Meredith

Parish Priest Father Charles Balnaves

Phone 52861230 0417319556

parishofmeredith@bigpond.com

Mass Times:

Winchelsea: every Saturday at 6pm. Except Nov. 9th transferred to Sunday 10th at 11am

Bannockburn: every Sunday at 9am and every first Sunday of the month at 4 p.m. followed by food and games.

Anakie at 11am Nov 3rd/17th. December 1st/15th.

Meredith: Please note Mass scheduled for Sunday Nov 10th will instead be on Saturday Nov 9th at 6p.m. Sunday Dec 8th/22nd at 11am.

Sunday 24th Nov—Parish Annual Thanksgiving Mass & Lunch Mass at 11am at the new St Mary MacKillop Church followed by bbq lunch. This is the only Mass in the parish this weekend.

CATHOLIC ARCHDIOCESE OF AUSTRALIA

St Marys House Of Prayer— Elaine

Solemn mass Sundays 10.00am.

Rosary and Vespers Saturday 5.00pm.

Confessions by appointment Fr. James

Ph. 5341 5544

ANGLICAN

Weekly Services, baptisms, weddings, funerals and pastoral care.

Contact: Rev. Phil Jacobson Ph. 0419 322 385

Church Office, Byron St. Bannockburn 5281 2553

Service Times: Holy Communion at Anglican Church, Meredith, 11.00am 5th Sunday of the month

Church of Epiphany - Meredith.

11.00am 4th Sunday each month, Holy Communion at Anglican Church. 11.00am 2nd Sunday of month, Holy Communion at Uniting Church

St James. - Morrisons:

The Rev. Glen Wesley Contact: 0429 146 566 or 5368 2730.

1st Sunday of the month at 5pm, 3rd Sunday of the month at 9am.

SERBIAN ORTHODOX

Fr. Theodore—Ph. 5341 5568

Holy Liturgy 10am every Sun, Sat & Major Feast Days.

UNITING CHURCH

MEREDITH Uniting Church

11.00 am, 2nd Sunday each month

BUNINYONG Uniting Church

1st; 3rd, 4th Sundays, 9.30am.

5th Sunday, combined service at Meredith Church of Epiphany, 11am.

Enquires Doug McFarlane 52861283.

Rev. Lindell Gibson 53413 200

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Our Cover

This month we have the children at Meredith PS with their bountiful harvest of broad beans carefully tended with weeding watering and mulching over the past few months. Pictured from left to right are Maxee Mullane, Lilly Parkinson, Sienna Caine, Jack Tabone and Max Murfitt. Well done and enjoy.



Our cover last month featured David Whelan's beautiful picture of a peregrine falcon. Unfortunately we gave an incorrect address for his website. The correct address is www.wildpix.com Our apologies David

Why not share your favourite pics with us? You might even make the front page. You can even join our *Click Clique*.



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A New 'Town Mower'

The Meredith Police Paddocks Support Group was successful in gaining a grant of \$5000 from the Buninyong & District Community Bank. This grant was used to purchase a heavy duty self-propelled mower/slasher to replace the "town mower" which finally expired after 25 years of service. The original mower was provided by Council to assist in maintaining public and community property, and has been used at the cemetery, various church grounds and other locations. Over the last 10 years it has been increasingly used by the Support Group as it developed more walking tracks throughout the Police Paddocks.

The new mower, manufactured in Ballarat, is ideally suited to this work and, like the old one, is available for community use around the town. The Police Paddocks Support Group is especially grateful to the Buninyong & District Community Bank for its generous support, and the significant contribution it has made toward maintaining the Paddocks as a beautiful, and accessible public reserve for community enjoyment.

Jim Elvey

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Meredith Community Christmas Carols

Sunday 22nd December 2019

Venue: Paddock adjacent to Meredith Interpretive Centre

Time: 6.30 pm Sausage Sizzle Lions Club

Face Painting

Children's Activities

7.30 pm Christmas Carols & Santa

JOY



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Go on....SMile!



A doctor accidentally prescribes his patient a laxative instead of a coughing syrup.

-

Three days later the patient comes for a check-up and the doctor asks: "Well? Are you still coughing?"

-

The patient replies: "No. I'm afraid to."

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MAN COOK EAT



Steve Duffy

POPEYE AND THE TRUTH ABOUT SPINACH.

When Popeye appeared in cartoons in the 30's, slapstick and violence were common forms of entertainment. The fact that he got his strength from a can of spinach was unusual in that he actually promoted a very healthy product. Thankfully spinach doesn't turn you into someone who can only use his fists to solve problems. Funny how his girlfriend's name reflected another healthy product: Olive Oil, but spelt Olive Oyl.

This spring I have been enjoying home grown spinach every which way. It's true that the food you grow yourself, especially without synthetic fertilisers and chemicals, tastes the best.

Spinach is rich in vitamins - Typical content of 100g is as follows, showing average daily needs:

Vitamin A	59%	Vitamin B6	15%
Thiamine	7%	Iron	21%
Riboflavin	16%	Manganese	43%
Niacin	5%	Magnesium	22%
Folate	49%	Phosphorus	7%
Vitamin C	34%	Potassium	12%
Vitamin E	13%	Sodium	5%
Vitamin K	460%	Zinc	6%
Calcium	10%		

With less than a half a gram of Fats and Sugars, Three and a half grams of carbohydrates. The rest is water and a little fibre. These figures show what an amazing food spinach is. And even canning or freezing retains most of it's goodness.

But here's the rub! Spinach is NOT an iron rich food. Yes, you can see iron on the list, but it may not always be available for absorption into the digestive system, largely due to other chemicals reactions in the body. You can find these details on line, I won't go into the longer explanation of that chemistry here. But don't let that put you off this delicious vegetable.

Popeye may have had to supplement his spinach with other iron rich foods for a healthy diet. And perhaps change some of those violent outbursts and attitudes as well.

Thanks Popeye, spinach and olive oil is certainly a winner at my table!

Linton Town Wide Garage Sale

Sunday 17th November

8 a.m. to 2 p.m.

Usually 30 sellers

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CHRISTMAS LIGHTS COMPETITION

Categories: Best Business | Best House

To Enter SMS address to 0408599602

Judging: Friday 20th December

2019 at 10.00 pm

**Winners Announced Sunday 22nd
December 2019**

At Meredith Christmas Carols



Now is the time to control Serrated Tussock!

Media Release

October 2019

Serrated tussock is regarded as one of Australia's worst weeds because of its invasiveness, potential for spread, and economic and environmental impacts.

Spring is a critical time to control the invasive weed, as from October onward the plant will begin to flower. Seeds will develop 8 to 10 weeks later, with one mature plant producing up to 100,000 seeds per year. Now is the time to hand-remove or spray serrated tussock before it sets seed.

To further promote awareness of this noxious weed in the Golden Plains region, the not-for-profit Victorian Serrated Tussock Working Party (VSTWP) has launched a new extension project in a region north of Teesdale. The project area is bounded by Teesdale, Bamganie, Meredith and Lethbridge and covers 13,047 hectares.

Tim Johnston, Extension Officer from the VSTWP, will be offering free inspections and providing expert advice to all landowners in the area over the next 6 months.


Mr Johnston advises that "many landholders may not know how to identify and manage serrated tussock and this program aims to increase awareness and provide technical advice on a property by property basis".

"Scattered serrated tussock plants have been observed in the region and adequate control along with early detection of new infestations is critical in managing this invasive plant." stated Mr. Johnston.

For further information on the extension program, please contact Tim Johnston, VSTWP Extension Officer, M: 0408 534804, E: timjohn4@gmail.com.

For further information on the VSTWP, along with extension material, case study videos, newsletters and research material, please visit our website www.serratedtussock.com





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MEREDITH ANGLING CLUB NEWS

The Meredith Angling Club recently obtained \$2000 from our Labour MP Libby Coker the angling club needed some form of heating as our hall doesn't have any

We applied for a stronger communities grant to fund this, but we missed out due to the large number of applications.

We contacted Libby Coker and Libby was kind enough to help us out with a one off payment of \$2000, with which we will purchase a reverse cycle heater for the club rooms. Our members are very grateful to Libby for helping us out with this very important financial issue.

Bert Eldredge, Meredith Angling Club



Meredith Kindergarten AGM

Meredith Kindergarten Committee Inc.
Annual General Meeting will be held on

Tuesday 26 November at 7 pm
at Meredith Kinder - 4 Russell Street, Meredith



Lions Club of Meredith and District



We Serve

Lions are in the business of helping communities and we reckon that is a great thing to be involved in.

Wow, did you know that Lions International is the only Service organisation to have a seat on the UN council....more often than not we are the first to respond to and enter disaster areas with humanitarian aid. The recent Japan Typhoon Disaster is a great example. As your Club in Meredith and District we support the Lions International Foundation with its endeavours. Of course it is not all business we do like to have fun and more fun, even when we are working hard on a project.

How about putting these dates in your calendars;

08 November 06:30 - 0830 pm "Showcasing Meredith", at the Meredith Memorial Hall, come and talk with us at the Lions pavilion.

22 December – Meredith "Christmas Carols", Lions sausage sizzle.

27 January 8:30 – 1230 Lions "Australia Day Celebrations" Pioneer Park BBQ Breakfast, games, best Ozzie day costume, prizes, and a lot more, stay tuned for the flyer to be released.

Lions Christmas Cakes HAVE ARRIVED, order yours now via my Email. You can pick them up at the Christmas Carols.

Our meetings are held on the first Tuesday of the month at the Meredith Golf Club at 7:30 pm

**Contact Jim Baker on 0419 757 965 or
jbgm.meredith@bigpond.com**

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PERMITS TO BURN

Media Release

At Tuesday's October Ordinary Meeting, Council resolved to discontinue the issuing of Schedule 13 Permits to Burn by Private Persons, with the Country Fire Authority (CFA) to manage all Schedule 13 permits.

A Permit to Burn by Private Persons allows land owners or their representatives to conduct stubble burning for agricultural purposes during the Fire Danger Period. Previously, the applicant applied to Council, via the Municipal Fire Prevention Officer (MFPO). The MFPO assessed the information, inspected the property and if all conditions were met, a permit was issued.

In October 2018, Golden Plains Shire Council joined municipalities across the state in transitioning away from issuing the permits due to the inherent risks associated with fire within the Fire Danger Period. Council supported the Country Fire Authority (CFA) during the transition period, through supplying and accepting applications, preparing the permit and forwarding an unsigned permit to the CFA. The transition is now complete and the CFA will manage this process.

Following advice from the CFA in May 2019 that it had capacity to issue permits without Council assistance, Council's Municipal Emergency Management Planning Committee recommended Council cease issuing Permits to Burn by Private Persons.

To apply for Schedule 13 Permits to Burn by Private Persons during the 2019/2020 Fire Danger Period, residents will now need to contact their local CFA district to request and submit a permit application:

CFA District 7 (Geelong)

PO Box 586 North Geelong VIC 3215 (5240 2700)

swrpermits@cfa.vic.gov.au

CFA District 15 (Ballarat)

PO Box 222W Ballarat West VIC 3353 (5329 5500)

d15permits@cfa.vic.gov.au

CFA District 6 (Colac)

PO Box 298 Colac VIC 3250 (5232 5600)

swrpermits@cfa.vic.gov.au

BE PREPARED THIS FIRE SEASON

Media Release

After a dry winter, Golden Plains Shire Council is encouraging residents to ensure their properties are prepared for the fire season ahead of Council's upcoming Fire Hazard Inspections Program.

Starting next Monday 4 November 2019, Council's Fire Hazard Inspections will commence identifying properties deemed to be a fire risk to the property owner or their neighbours.

Owners of land in Golden Plains Shire are required to keep grass on their properties cut to a maximum height of 300 millimetres during the non-fire season and then to a maximum height of 100 millimetres during the fire danger period. Properties deemed to be a high fire risk, such as from long, uncut grass will be issued with a Fire Prevention Notice. The Notice will specify what works are required to remove the fire hazard by Sunday 1 December, 2019.

Council will undertake a second inspection in early December to determine if required works have been undertaken in accordance with the Fire Prevention Notice. If works have not been conducted, Council will issue a \$1,652 infringement and arrange a contractor to attend and slash the property. Property owners will incur a minimum fee of \$267 for this work.

In early October, Council began its own fire prevention works, with contractors commencing the annual roadside slashing program of all sealed roads and strategic fire breaks to reduce fuel loads. Council also conducts burning of selected reserves to remove fire hazards. This program typically commences in the drier south of the Shire before moving north, with the program completed by Christmas.

For more information on Fire Hazard Inspections and Notices, including Frequently Asked Questions, visit goldenplains.vic.gov.au/residents/my-community/fire-prevention/fire-prevention-notices-restrictions



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In our Nature

Wendy Cook

From my garden, I pick a simple daisy flower. With its yellow centre and many narrow pink petals, it resembles a child's drawing. When I look closely, I can see that the petals are not completely flat. Each has shadows running along its length. The petals have rounded tips and are narrower where they attach to the centre of the flower. This middle portion of the flower is not a smooth yellow circle. Its centre is raised and pale green, surrounded by a swirl of bright yellow dots with shadows between them. The outermost edge of the centre appears rougher as if the dots have somehow opened and spread. Underneath the petals, reaching outward from the stalk, is a circle of leaf-like bracts, each green with a few curving white hairs and a triangular tip. This simple daisy is far more complex than it looks at first glance.

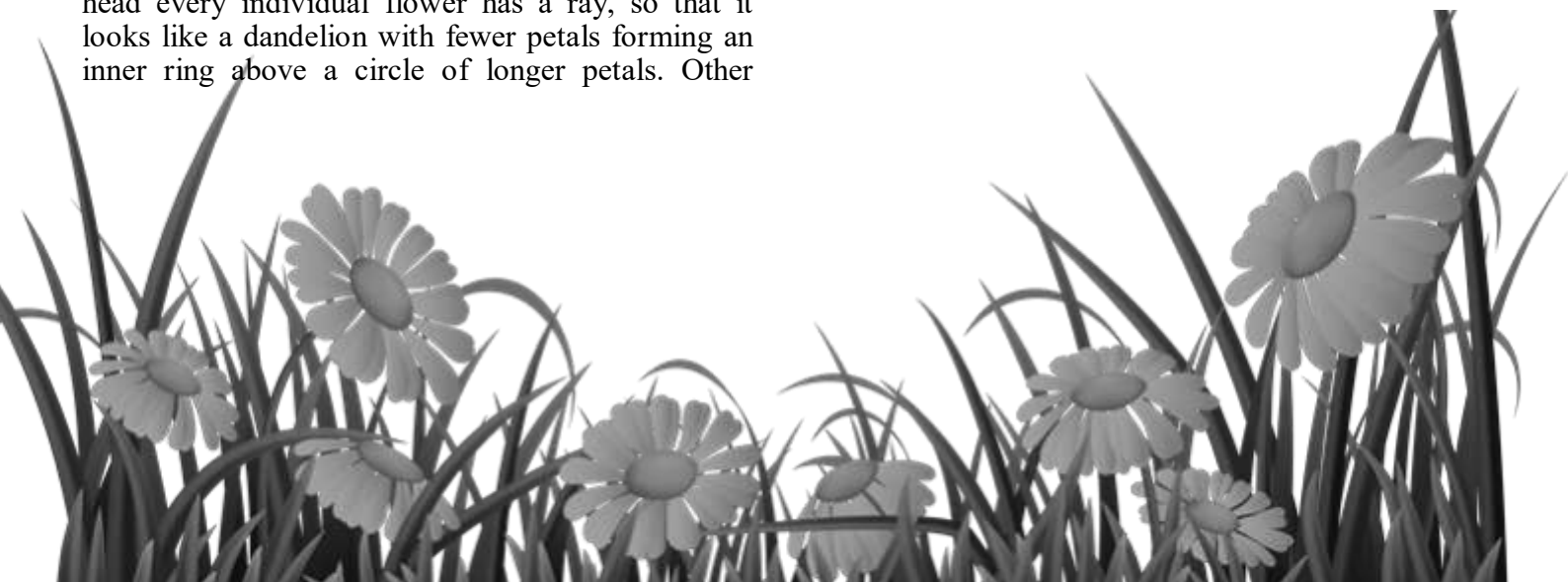
The flower of a daisy is actually a flower head, made up of many tiny flowers. Each of the dots in the flower head's centre is an individual flower. The green ones in the middle are youngest, and will brighten to yellow and open last. Those near the edge of the circle have opened. Each is a yellow tube which may be producing pollen, or may have a stigma and ovary that receive pollen and develop into a seed, or may have both. Out of sight, around the base of each little flower may be a ring of tiny hairs. The outermost flowers are the ones that carry the petals. In many plants, the petals spread out all around the flower. In the tiny outer flowers of a daisy head, the petals have fused, to form a single ray spreading outwards.

Many daisies follow this pattern of a flower head with petals only on the outermost flowers, but there are variations. Murnong, also known as yam daisy, has tuberous roots which formed a staple part of the diet of many indigenous Australians. On its flower head every individual flower has a ray, so that it looks like a dandelion with fewer petals forming an inner ring above a circle of longer petals. Other

flower heads have no rays. Some of these appear insignificant, but others, such as billy-buttons, which grows a round ball of minute golden flowers on a long stalk, can be quite spectacular. Another group of daisies with no petals are the paper or everlasting daisies. The bracts, which in many other daisies look like leaves under the flower, are tough and papery and grow in overlapping layers of yellow, white or pink around the flower's centre.

While we can enjoy the appearance of daisy flowers, their real purpose is reproduction. Each tiny flower, if pollinated, can develop into a seed. These seeds are quite variable in appearance between different daisies. They are often long and narrow and may be rounded or flattened, smooth or with bumps, bristles or spines, or wings down their sides. They may fall out of the old flower head onto the ground nearby, so that a colony of daisies forms, or they may have scales or hairs on one end, so they catch the wind and fly to a new location, like thistle seeds.

While some daisies, such as thistles, are pioneering plants which inhabit newly disturbed ground and have the potential to be weeds, others are found only in their particular habitat, and some are endangered or threatened with extinction. Some species grow in sheltered gullies in wet mountain forests. Others are found in drier places, including brightening desert landscapes after rain. Daisies can be so tiny that few people notice them, or can grow into trees. They provide food for animals, which may feed on pollen or eat their flowers or leaves. People find many uses for daisies. As well as being attractive in our gardens, we eat the leaves of lettuces and the unopened flower heads of artichokes, cook with oil from sunflowers, and drink tea from chamomile, while other daisies have medicinal properties or deter insects. Alternatively, we can simply admire their beauty and the bright colour which they bring to our roadsides and our bushlands in Spring and Summer.



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from the MAYOR

Cr Owen Sharkey
Mayor, Golden Plains Shire



There are certainly many things to love about living in Golden Plains - the beautiful scenery, our rural lifestyle, the towns we each call home. But, undoubtedly, what makes life here so special are the people. A few months ago, I had the honour of presenting this year's Council Community Grants to an impressive group of hard-working and dedicated volunteers from across the Shire; and it struck me how fortunate we are to know these great people, who really are the heart and soul of our towns and villages.

We've all heard the term 'unsung heroes,' but I think it's time to sing the praises of our friends, neighbours and community members loud and proud. This month, Council has two great programs to recognise the commitment and contribution of local volunteers - the Australia Day Awards and the Mayoral Youth Program - and we need your help.

First, the 2020 Golden Plains Citizen, Youth, Senior and Community Event of the Year are waiting to be named and I encourage you to nominate a worthy local resident for recognition at next year's Australia Day Awards ceremony. Second, the Mayoral Youth Program is a new initiative, presenting Community Impact Awards to Golden Plains youth to recognise and celebrate the positive contributions they have made to our community, while encouraging more young people to be more actively involved in our communities. Nomination forms are now available at Council's Customer Service Centres and online at Council's website: goldenplains.vic.gov.au. Australia Day Award nominations close 2 December 2019.

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Landcare News



Nerida Anderson

The annual general meeting of the Bamganie-Meredith and District Landcare Group will be held at 7:30pm Thursday 21 November at the Meredith Community House. Landcare is a community based movement made up of people who share similar land management issues, and who want to find solutions to these issues. At the AGM we will discuss how the Landcare Group can best meet the needs of our community.

This year we have held a number of workshops that were well attended - ranging from collecting and propagating indigenous seeds, plant identification and revegetation techniques, all about the social life of ants, and agroforestry, planting trees for conservation and profit. Do you have any suggestions for projects and activities for 2020? If so please come along to the next meeting and share your ideas.

The next meeting is the annual general meeting at 7:30pm on Thursday 21 November at the Meredith Community Centre. All welcome!

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STEVE GOAT.

Thank you Bangamie/ Meredith Landcare Group. In October they organised another of their information nights. Last month the guest presenter was Rowan Reid, forester and Forest scientist. Let me tell you, it was a fabulous presentation. Mr Reid has built a reputation over many years as an expert in Trees, timber, landcare and innovation. His Book: "Heartwood, the art and science of growing trees for conservation and profit" is a wonderful tome. He writes in a conversational manner, but is unafraid to tackle simple scientific explanations. His presentation, too, was very engaging and easy to listen too.

Lately, in this column, I seem to have been earnest and perhaps too negative about where our culture is headed. Listening to Rowan the other night, I was struck by the need to be more positive in facing the challenges of our times. In his field he is certainly taking this middle road, or "the third wave" as he calls it in his book. There is a middle road between conservation and exploitation. While planting and growing trees for long term returns, there are also lasting benefits to the soil, biodiversity and aesthetics along the way. For this reason Rowan Reid has concentrated on advising farmers to take up tree production. And his property in Bamba is living proof.

Most interesting of all, he explains that good management of plantings can be relatively quick in effect with profitable outcomes.

Oh that we could access such clear spoken advocates of innovation in other areas. Not just in agriculture or horticulture, but also in areas of manufacturing, Land degradation, Culture, logistics and of course waste management. This 21st century certainly has many challenges, but with this "Third Wave" approach we can find solutions to what at this time seem unsolvable. More power to your arm Mr Rowan Reid, and the many others who must step forward to find our way through this leaderless time.

While I'm on the subject of trees: Congratulations to the Meredith History Interest Group and their wildly successful "Significant Trees of Meredith" exhibition of last month; with over 160 entries, and a crowded hall on the day. Great to see so much involvement and some stunning photography. Thanks again Marg Cooper and your hard working committee.

PETE GOAT

My cultural experiences over the last month have been limited. I did encounter a bit of the culture of hospitals and specialists, but that's a story for another time.

However, if the Tanderrum ceremony which opened the Melbourne Festival was my only experience it was enough because it really was such a memorable occasion.

Tanderrum is a coming together of the people of five language groups making up the Kulin Nation which surround what is today called Melbourne. Traditionally the ceremony itself was to welcome visiting groups and ensure them safe passage and a safe stay on the hosts' country, before conducting trade and other cultural business and activities.

The ceremony took place in Federation Square so the hosts were the Wurundjeri Clan of the Woiwurrung people, though Bunurong Country comes very close just south of the Yarra at this point.

So the five peoples of the Kulin Nation are:

Woiwurrung/Wurundjeri whose country is the entire Maribyrnong, Plenty and Yarra River Basins upstream of Melbourne to the Dividing Range.

Bunurong whose country includes the Mornington Peninsula and Gippsland to Wilson's Promontory

Taungurung whose country is north of the Divide to Benalla and Mansfield [so a lot of the Goulburn valley] and east to Kyneton.

Dja Dja Wurrung whose country is west from Kyneton to St Arnaud and Maryborough and north to Boort.

Wadawurrung, on whose country we are, from the Werribee river round the coast to Airey's Inlet then north to Beaufort and the Divide.

It was a beautiful balmy night in Fed Square and an audience of a couple of thousand people gathered round the large space where white sand had been laid with coloured sand defining five paths leading to the centre where a fire was burning. It was an incredible atmosphere created with the evening light on the city buildings as the Elders entered in their possum skin cloaks, eucalyptus leaves were placed on the fire and Uncle Jack Charles, himself with Kulin heritage, began the narration.

There's not space here to describe the whole ceremony as each of the groups of dancers from the five peoples entered the ceremonial ground in turn, danced and sang each in their own language, culminating in all the groups combining in a dance, nor can I possibly describe the atmosphere that was created by this performance.

If this had been a performance by a professional company in front of a paying audience I would have said it was of a very high standard. But it wasn't – it was better than that, it was a traditional ceremony performed by traditional owners on country with pride and belief in their culture – and it was free. What a privilege.

Even if the audience had not already been standing we would have stood to applaud.

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Sunday 27th October:

Legacy, Cartier Travel, Jill's Country Kitchen, EXPRESSO Mobile Café, Jim Leahy and Musicians, Breeze play and parties, Australian Wind Alliance, DELWP Regional Renewable Energy team and Bendigo Bank.

Speed Limit Reduction

- The Speed limit on sections of the Ballan Meredith Road and Ballan Egerton Road have been reduced to **80km/h** until further notice.
- The speed limit on Mount Wallace Ballark road has been reduced to **80km/h**.

These changes have been implemented with Moorabool Shire Council to ensure the safety of all road users during construction. These speed limits are now in operation and being enforced.

Turbine Component Deliveries

Oversize deliveries of wind turbine components are underway at **Moorabool South** wind farm and will continue until late February 2020.

Oversize loads include, Blades, Nacelle, Hub, Generators and Tower sections. Deliveries will be utilising different routes to site. These include:

- From the Western Highway and travelling south along Geelong Ballan Road,
- Travelling north from Geelong on the Geelong Ballan Road through Anakie.

The components will then travel to the relevant access points via the local Roads. For further information please see the factsheets available at www.mooraboolwindfarm.com and also www.mwftraffic.com

Road Safety

Goldwind places a high importance on road safety for all road users and acknowledges the inconvenience that encountering oversize deliveries may cause. All loads will travel in accordance with the relevant permit conditions and be accompanied by pilot vehicles and in some cases, police escorts.

For up to date information on deliveries please register to receive weekly SMS notifications by texting your name to **0418 975 014**.

Ongoing road maintenance is taking place in the vicinity of the wind farm. Regular inspections are conducted on public roads being used by wind farm delivery traffic. Areas which may present a safety concern are flagged and temporary reduced speed limits put into operation. Temporary or permanent repairs are being undertaken as soon as practicable.

**For Further Information about the project please visit
www.mooraboolwindfarm.com, www.mwftraffic.com or call 1800 019 660.**

The Moorabool Wind Farm team aims to keep local disruption to a minimum and apologises if construction activities cause any inconvenience.

Totally Workwear

Marg Cooper

Terry Hart of Meredith and business partner Gavin Holmes are about to open a new shop in Sebastopol. It is big, made of slabs of concrete with a polished concrete floor, on the main street, Albert Street and right next to Aldi.

It seems they have done their homework. Terry and Gavin saw the opportunity to set up a shop on the main street in Sebastopol, as it is the only shop selling workwear on the Sebastopol end of Ballarat.

Terry grew up in Meredith, attended school in Meredith, married a Meredith girl, raised his family in Meredith and still lives in Meredith. He is a talented sportsman, playing golf, football and cricket at Meredith. He started off "making windows" but had a change of career and now the partnership has several shops including Hoppers Crossing, Brooklyn and Geelong. Health and Safety regulations have revolutionised the workwear industry so now shops selling clothes etc to workers are vitally important.

Terry's youngest son Joel has worked with his father since he left school in 2016 and is now working at the Sebastopol shop and his brother Kane, after completing a Commerce Degree at University is now the Marketing Manager. He works at their Head Office organising advertising etc. Another Meredith connection is that the Manager of the shop is Raelene Elder who used to live at Meredith when she was newly married.

At the time of writing the shop was abuzz with people setting out displays, loading racks of clothes and doing paperwork. By the time the newsletter comes out the shop should be open for business.



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Vale to Ian Stuart Downie

18/3/1945 – 22/9/2019

Marg Cooper

Ian was born in Launceston, Tasmania to Maisie and Frank Downie who also had a son Angus and later Tim.

Ian's father was an Anglican Minister so they moved around to a lot of places including Beaconsfield, Cressy, Queenstown, Huonville and Hobart. His mother played the organ at the services so they attended church often, usually three services each Sunday.

Ian attended Taroona High School in Hobart and was very involved in scouting and excelled in athletics.

He finished his schooling at Hagley Farm School, worked on properties in Tasmania then moved to Telopea Downs in Victoria.

He was "called up" for National Service and subsequently posted to Vietnam.

An Army mate who happened to be Zena's brother Garry introduced Zena to Ian. They celebrated being married fifty years on 26/7/2019 with their three children, son- and daughters-in-law and six grandchildren.

Ian became a stockman in outback Queensland after he was delisted from the Army. He was an accomplished horse rider and rode three Snowy River rides.

From 1970 Ian managed farms in various places in Victoria. In 1972 Ian and Zena, with Zena's parents bought a property at the end of Schefferle Road just out of Meredith off the Ballan Road. In 1974 they moved a house there and renovated it while Ian worked for the Agricultural Department in Geelong.

Their moved to "Pennymuir" at Elaine was prompted by Ian's interest in deer farming, as he had only ever seen them as wild animals in Tasmania. Ian enjoyed the challenge of working the deer in a confined environment. During this time Ian bought a boat and the family learned to water ski.

Ian and Zena moved to Shelford Road in 1989 and with the help of their children and grandchildren have continued to enjoy farming.

Everywhere Ian lived he immersed himself in community including Lions, Freemasons, School Councils at Elaine and Meredith, Scouts and CFA where he was a volunteer for over 46 years.

Family tell that he was a proud, happy country gentleman, that he was a prankster or trickster who loved fishing, Slim Dusty, telling stories and blowing up things. Ian's nickname was "Cracker Jack" because he was qualified to use dynamite. He volunteered to organize a fireworks display for the millennium party in Meredith when 1999 ticked over to 2000. It all went off with a bang!

They also told that he liked to encourage young ones and give them a chance and this was no more evident than his roles in Scouts and CFA. For example, Eliza Emmelin greatly appreciated his mentoring and friendship while performing both training and fire fighting.

A picture of Ian, the good, bad and the ugly, was painted by celebrant Judy Hullin, daughter Jackie Ferry and grand daughters Zoe, Alexandra and Stephanie Ferry at the Celebration of his life at King's Funerals, Newcomb on October 1st. David Jones spoke on behalf of the RSL and Chris Jones spoke on behalf of the CFA.

He will be missed as a flag bearer at next years' Anzac March, especially by his grandchildren who loved to march with him.



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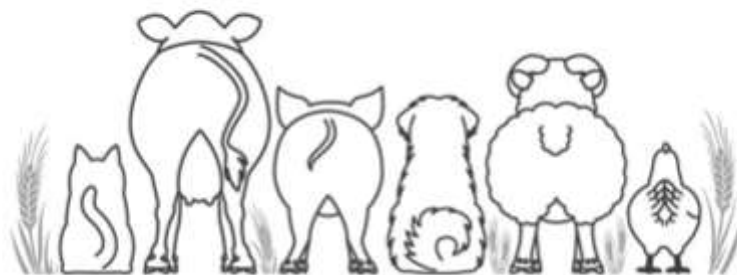
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Vale John Cameron

Farmer, Innovator, Inventor

Andrew Cameron

In 1924 N.W.Cameron bought "Glenspear" and judging by a letter to the bank written in 1934 ('I cannot even afford to pay the interest on my loan') it is obvious life was hard and the farm was only just viable.

Fast forward to 1952- John was just married to Beverley when his father died suddenly, leaving brothers John and Neil to carry on, I suspect, still carrying a fair debt, although it was never mentioned to us children. I guess it was a case of "sink or swim" so swim they did !!

Neil had done Ag Science at Melbourne Uni and was doing a major experiment measuring weight-gain in cattle, so they continued that as standard practice from that time onwards, but that is a story for Neil to tell.

My Father John, with no formal training except 'Leaving certificate' (year 11) at school was innovative and inventive. He said he did his best thinking under the shower so it is lucky we had plenty of hot water provided by our trusty 'Rayburn' stove.

One of the things he was famous for was 'Making Water Flow Uphill'. Armed with his 'Willis Standard Level' and then later a level he had constructed using a war surplus 'Astro-Compass' mounted with a telescopic machine gun sight, he would construct very fine grade drains to flow excess water around the farm to use every drop of available water. Often the optical illusion was that the water was flowing uphill.

Then came his obsession with making quality hay. In 1951 they bought an Allis Chalmers Roto- Baler which made small round bales 3 feet long and 18" diameter tied with a spiral of twine. He was frustrated by the poor quality windrows made by the existing rollerbar rakes of the day, so set about a lifetime quest to make the perfect hay rake. My early memories are of an assortment of finger wheels mounted on arms jutting out from the original rollerbar rake. A 16 year old John Freeman was one of the early test pilots driving the little Fergie tractor towing a massive rake about 25 feet wide and he still recounts being in awe, raking 50 acres in about 2 hours!

By using two Viccon Sprinter one way finger wheel rakes and turning one upside down and inside out, he built what

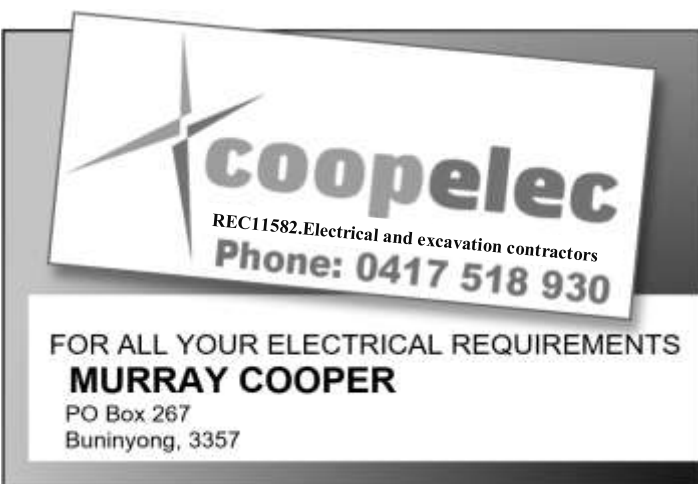
may well have been the first 'V' rake in the world!! In fact when we damaged a Viccon mower one year, Barry Adam, the dealer brought the Viccon engineer to inspect it, and upon noticing Dad's V rake he jumped the fence and took photos of it. The next year Viccon brought out their first 'V' rake the 'Acrobat'. Along with disc mowers and big round balers, this revolutionised hay making.

Sheep handling equipment was another passion of my father. He built a vast array of mobile sheep races and designed numerous crutching machines with varying degrees of success. He made a very simple and effective lamb marking cradle amongst other things.

He designed, patented and marketed a mobile sheep weighing machine which included a small set of portable shepyards. This was named the 'Wayewe' and weighed 10 sheep at a time to get a quick flock average.

One of the more recent inventions which we jointly designed was a bale carrier which handled four big round bales at a time. It quickly carried them from paddock to stack and then was used to feed them back out when required. This we called the 'Quad-Roll' and was marketed for a few years with about 25 units demonstrated and sold at field days across the country. As Dad once said "We didn't make much profit but we saw a lot of the country and met a lot of interesting people".

John Cameron was, to quote The Castle, "An Ideas Man". To list all his innovations would fill a small book and I wish I had taken more note of them at the time but he has certainly left us with the legacy of a well sorted farm. He was still pushing the envelope till the day he died aged 93.



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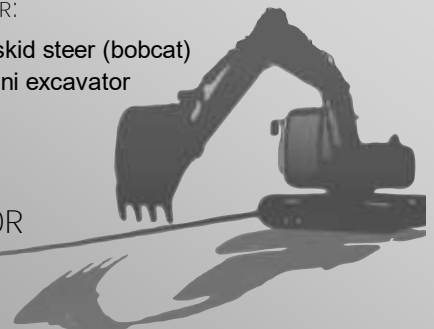
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One Hundred & Fifty Years Old

Marg Cooper

It appears that Archibald McPherson first acquired land at what is now 2560 Midland Highway, Lethbridge in August 1856. Records tell that he was a farmer and lived in Lethbridge on an 80 acre allotment that he cultivated and grazed, that he owned another 80 acres by the railway and 70 acres at Cargarie.

Archibald McPherson married Annie Nicholson in March 1869 and built a new house with a big bay window which is still standing, possibly on the same allotment he bought in 1856.

Archibald McPherson lost everything when the Banks crashed in the 1890's, he then moved to Mt Doran and later Upper Morrisons where he died in January 1913.

Archibald and Annie had one child, a daughter Flora who married Andrew Parkinson of Morrison in 1899.

{From "The Heritage of Lethbridge" by Eric McGillivray.}

Anne and Jim Barker came to Lethbridge to look at a property in 1984. Just for interest they went to an auction of "Moorabool Park" on the same day and much to their surprise bidded for and bought it. They fell in love with the Victorian styled house and there was plenty of land for the children's horses and a few sheep.

The house had been immaculately built. The frame is Oregon that they think was imported from America. A previous owner, maybe Gennetts, Donaldsons, Bryants or Bakers had the house restumped on concrete foundations. But the ballroom was missing, apparently moved across the road to become the basis for a house. Maybe the ballroom was sold off when times became tough!

The house features a wide passageway flanked by several large rooms with high ceilings. The high skirting boards, the doors and the floor are original. There are six fireplaces.

Anne and Jim have re-roofed, re-weatherboarded most of the house, installed new windows, replaced lead light windows, re-plastered and added a small porch at the back for protection from the westerly winds and a huge outdoor living area. They have surrounded the house with a beautiful garden and lawns and tastefully decorated the interior to suit the style of the house.

When their grandson was about 2 years old he refused to enter a front bedroom and called it the "Broken Room". He came recently with a film crew from Swinburne Technical College where he is studying, to create a short film called "The Broken Room". He felt the spirit of a girl who had died in the room!

What stories the 150 year old grand house could tell?



Free TAFE Priority Courses

Media Release

There has never been a better time to study with the State Government's Free TAFE for Priority courses program at TAFE's right across the state.

From the beginning of this year, 50 priority courses were made fee free for eligible students to get the skills needed for Victoria's most in-demand jobs.

Courses range from pre-apprenticeship trade courses through to construction, book-keeping, tourism, education, hospitality, accounting and health, so there is a course to interest almost everyone.

And at the beginning of next year two early childhood courses will also be added to the Free TAFE course list to support the huge job growth expected as part of Labor's plan to introduce universal three-year-old kindergarten.

I encourage anyone looking to study to visit the Free TAFE website on freeTAFE.vic.gov.au to find out more.

More than 25,000 students have commenced training in Free TAFE courses in the six months to the end of June, a 92 per cent increase in commencements in these courses compared to the same period in 2018. Female students account for 57 per cent of all Free TAFE students, up nine per cent compared with the same courses last year.

Free TAFE is providing a once-in-a-lifetime opportunity for Victorians to gain skills to work in one of the government's many priority areas - from disability workers who will support the NDIS, to early childhood educators to rollout three-year-old kinder, to the major construction projects building our state.

If you would like any further information on Free TAFE or any other State Government matter, please don't hesitate to contact Gayle Tierney MP on 5224 2088.

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Yummyeasyanddelish



Creamy garlic prawns with spinach

Serves 4

Prep time 10 minutes

Cooking time 10 minutes

Ingredients

- 2 tps olive oil
- 500g peeled green prawns, tails intact
- 2 garlic cloves, crushed
- 2 tsp finely grated lemon rind
- 3 green shallots, thinly sliced
- 1/3 cup (80ml) reduced-salt chicken stock
- 1/3 cup (80ml) light thickened cream
- 100g baby spinach leaves
- 1 tbs lemon juice
- 2 tbs fresh basil leaves

Method

Heat half the oil in a large non-stick frying pan over high heat. Cook prawns, turning for 2-3 minutes or until golden. Transfer to a plate.

Heat remaining oil in the same pan over medium heat. Cook garlic, rind and shallots, stirring for 2 minutes or until fragrant. Add stock and cream and bring to the boil. Reduce heat and simmer for 1 minute.

Return prawns to pan with spinach and cook, tossing, for 2 minutes or until spinach has wilted. Stir in juice and sprinkle with basil to serve.

Serve with steamed rice if desired.

Recipe from – Everyday Italian

Stefania



Snakes Alive!

Media Release

Snakes are protected under the Wildlife Act 1975. It is

illegal to capture, harm, or kill them. Unfortunately,

with the weather warming up, our cold-blooded reptile

friends are now becoming a lot more active. If you live

in an area with snakes, please remember:

- When left alone, snakes present little or no danger to people
- If you see a snake, keep calm and move yourself, anyone with you and pets away from the area
- Don't attempt to capture or harm the snake. Call 136 186 (DELWP) for further advice, or a licensed snake catcher
- Maintain lawns and clean up around your house; snakes are attracted to shelter such as rocks and timber, metal sheeting and building materials
- Undertake first aid training and ensure your first aid kit contains several compression bandages. If someone is bitten, call 000 immediately

First Aid for Snake Bites



For all snake bites, provide emergency care including cardiopulmonary resuscitation (CPR) if needed. Call triple zero (000) for an ambulance. Apply a pressure immobilisation bandage and keep the person calm and as still as possible until medical help arrives.

Avoid washing the bite area because any venom left on the skin can help identify the snake.

DO NOT apply a tourniquet, cut the wound or attempt to suck the venom out.

Visit <https://www.healthdirect.gov.au/snake-bites> for more information



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Marg's Book Review

The Life and Adventures of William Buckley

Edited and introduced by Tim Flannery

Almost four books in one!

Firstly the introduction by Tim Flannery of thirty six pages. He talks about Buckley's escape from the convict settlement near where Sorrento is today, and of his thirty two years amongst the Aborigines, his wandering over the then unexplored country round Port Phillip, his return to white man's world in 1835 and his subsequent life, Flannery also sets the scene of the times and tells of two authors who wrote about Buckley.

Secondly a preface by John Morgan to his book "The Life and Adventures of William Buckley" of six pages. It seems that Buckley was not a scholarly man and was reluctant to tell his story, but Morgan said that Buckley solicited Morgan to write a history of his life. Buckley had been discharged from a government job in Tasmania, and Morgan had retired as editor of a colonial newspaper, so he undertook the task for their mutual benefit. It is suggested that they both needed to make some money.

Thirdly the reminiscences of Buckley by Rev. George Langhorne. Buckley was seconded to work under the missionary as an interpreter. The account Langhorne obtained from Buckley was later transcribed onto just four closely typed pages that remained "buried treasure" for nearly eighty years until it was found and published in *The Age* in 1911. It revolutionised the understanding of Buckley and his experiences.

Fourthly the book written by John Morgan in 1852. He wrote the book in the first person and endeavoured to express the thoughts of a humble, unlearned man in simple and truthful language. Some of his contemporaries recalled Buckley as a "mindless lump of matter". He was a simple soul who understood the Aborigines like no other. The Aborigines believed him to be the reincarnation of an Aboriginal warrior and called him "Murranghurk". The book describes many Aboriginal customs of the time before they had been influenced at all by white man.

Buckley's improbable survival is believed to be the source of the phrase "you've got Buckley's or none" which means no chance at all! Studies of Aboriginal people have long been based on archaeological research but here is an account that most historians now see as "close to fact" although some ignored it because it is "so at odds with contemporary preconceptions".

It's a great story of a giant of a man, reputed to be six foot six inches tall who shambled into the camp left by John Batman after being thought dead for thirty two years.

The Dance Train

Geoff Winkler

In 1977 the Victorian Railways stripped the interior of carriage 11 BCPL and converted it to what became known as the 'Dance car'. It was used around the state, available for hire to any interested groups. Unfortunately though, it only survived for six years, being withdrawn from service in early 1983.

Normally it was attached to other standard passenger cars, the number dependent on the size of the party, and run as a 'special train' to various destinations. Meredith was one of the more popular of these, particularly for Geelong groups. It wasn't too far and the hotels were close by, enabling the patrons to adjourn for a meal and a drink after the train arrived at the station.

I was a fireman on a dance train that came to Meredith in the early 1980's. When I heard of this particular planned trip, I grovelled to the 'Roster clerk' and scored the job, working alongside Driver Geoff Sang. I thought it would be fun ...and it was!

On the Saturday night I came to Meredith, the train was booked by the Myers Social Club. Three or four carriages made up the train including the dance carriage. Patrons could sit in the carriages or go to the dance carriage to dance to the music of the band.

We left Geelong early in the evening and later that night, we left Meredith after the hundred or so patrons were gathered up. It was a fairly loose schedule!

The train crew also went to the hotels and enjoyed a meal, non-alcoholic refreshments and the merriment while the Stationmaster kept an eye on the train.

Those were the days!

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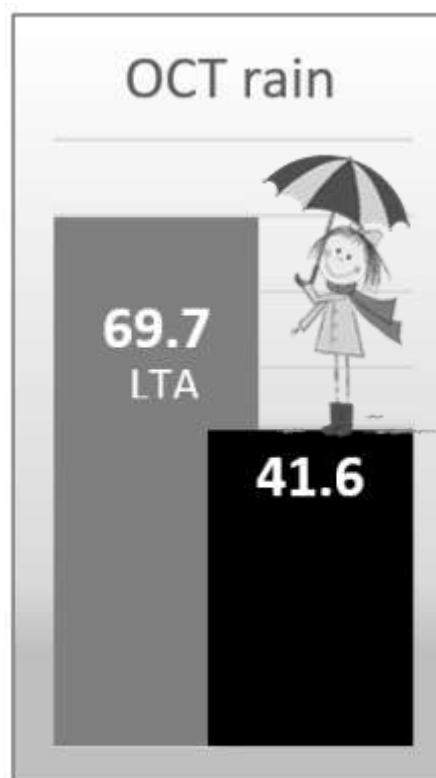
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the rainfall report



A Way of Life

by KERRIE KRUGER



A PRACTICAL GUIDE TO A MORE SUSTAINABLE LIFESTYLE

In our previous property we had this system working beautifully and it works so well, that its worth considering when setting up new chook yard, especially if you like to save time and effort for maximum results.

Throw in mulch or compost that's not quite broken down around the orchard and then let the chooks in. They will get to work spreading the mulch around. After a week or so much of the litter has been turned over by their constant scratching. They will have eaten any grass seeds and germinating weeds; they will also eat any bugs harbouring in the soil including the codling moth larvae... a plague to all apples.

Over time you end up with an orchard covered in a deep layer of mixed hay and chook poo. The soil will be full of worms and the trees will thrive. In the Autumn the chooks will eat any fallen fruit thus saving you a job. The chooks keep grass around the fruit trees down, another job done.

In Summer the trees provide shelter and coolness from the sun for the chooks and water from drinkers when cleaning them can be emptied onto the trees.

About twice a year we will shovel up the mulch and barrow to the vegie patch. Layer it up, water if dry, and in a while, you will have beautiful compost for the garden's beds.

See gardening is not all about hard work, it's about planning and integration and that gives you a system that works for you and benefits all.

If you have been raising your seedlings or need to make a trip to garden nursery or better still find a farmer's market or fete where there is bound to be seedlings on sale, or find a community member and barter, seedlings for eggs or promise of jam or pickles etc. There are so many options to obtaining your seedlings.

Good to go now are beetroot, beans, broccoli, capsicum, carrots, celery, cucumber, leeks, lettuce, melons, peas, parsnips, potatoes, pumpkin, radishes, silver beet, spinach, sweet corn, sunflowers, tomatoes, turnips and zucchinis.

Now remember to stagger your planting so you don't get inundated and only grow what you and your family like to eat or that can be preserved as sauces, pickles or bottled for winter eating.

Now one of the benefits of growing your own is that you can control what is on them...so if you are like

me and are wary of or worried about pesticides, herbicides and fungicides, the Dirty Dozen* is a guide of what produce to avoid, and what produce is deemed 'safe'.

What I do know, is that if you're wanting to buy organic, these foods should get top priority on your shopping list, apples, cabbage, strawberries, capsicum, tomatoes, celery, lettuce, mushrooms, nectarines, grapes, cucumber and oranges. Personally, I would also err on the side of caution with foods like spinach, culinary herbs, cherries, blueberries, broccoli and asparagus. All of these foods showed varying levels of pesticide residue. Some very high... apples, strawberries and lettuce in particular. A crop like strawberries will always have lots of pesticide residues because they are vulnerable to pests, they grow directly on the soil, have a high-water content and lack a protective outer peel so, they are on the top of my grow my own fruit list.

I figure that when growers decide to use pesticides, herbicides and fungicides it's really a business decision. They don't necessarily want to spray a lot of pesticides etc but to get their produce to a level that they will be accepted by the supermarket buyers and therefore by the consumer without blemishes or bugs. Because heaven forbid if a broccoli had a caterpillar or carrot had a small hole or apple a few blemishes... well you get the picture.

The "Clean" a.k.a. the produce from conventional growers that generally had less residue and this year they are:

Overall, Australia's 'cleanest' were peas, onions, bananas, carrots, frozen corn and watermelon.

But, is buying organic the be all and end all? Well it's important yes, but I feel buying local (from farmers direct were you can chat about their growing methods) trumps buying organic from overseas (enter zero waste and food miles) and growing your own tops them both, (as long as you don't use pesticides!!)

If organic produce doesn't fit into your budget, use a water-and-vinegar solution to soak produce of all

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varieties. Soak produce in a mixture of water and vinegar (1/2 cup distilled white vinegar per 2 cups of water) for 5-15 minutes.

Even fruit and vegies bought locally or grown yourself, you use a fruit and vegetable brush to scrub away dirt and germs from fruits and vegetables with firm skin, such as potatoes and carrots you will then not even have to peel them if fresh from garden. Produce with irregular surfaces, such as broccoli, cauliflower and leafy ones like spinach should be soaked in cold water for 1-2 minutes to remove impurities and any bugs from the crevasses. Any other fruit and vegies just give a quick wipe down in cold water.

As well as having fresh, chemical free fruit and vegies why else should you get out in the garden?

Yay, Gardening burns calories. Gardening is considered a moderate-intensity exercise and it can lower your blood pressure. Except if the dogs have dug up your newly planted tomatoes!

Spending time outside is good for your bones. When you're outdoors and your skin is exposed to the sun, it prompts your body to make vitamin D. (FYI: You should still apply sunscreen and wear a hat if you're planning on spending more than a few minutes in the sun.)

Absolutely, Gardening can relieve stress. Gardening has been linked with reduction in depression and anxiety symptoms especially if you add a few chickens. Everyone is so busy, there's so much stress now with electronic devices and social media that respite from all this is needed and a garden most definitely provides that respite. (But only if you leave the phone inside, it will be okay, for both you and the phone!) And therefore, Gardening makes you happier, the act of growing plants helps boost your mood, gardening I truly believe increases your quality of life and to garden is to have faith in the future.

So, let's go and get dirty in the garden this Summer!

Kerrie

Lethbridge Tree

Diane Lang

My tree stands at the rear of the property I live on; this same property was home to an Inn back in 1854 during the Gold Rush in Ballarat and before Lethbridge was officially settled in 1857.

People travelled from Geelong to Ballarat stopping over at various points along our now Midland Highway. I imagine my tree being planted by the first settlers as a reminder of home and to provide shelter, as it was always dry under them. So, I'm not sure what age my tree was in 1854 when the Eureka Stockade took place.

Peter Lalor the leader of the Miner's revolt against the Governments licence fees, had been severely injured and with 200 pound reward on his head [which in those days was a lot of money] was smuggled out of Ballarat in a dray covered with blankets. They stopped overnight at the Inn, but Peter spent the night hidden in a haystack at the rear of the property; where my tree stands.

If my tree could talk, the events it has seen, people travelling between Geelong and Ballarat by horse and cart, the railway line being built and opening in 1862, wet winters, dry summers, brilliant springtimes, houses being built, roads formed, humans growing from babies to adults, and fire burning down the original dwelling/inn in 1969.

I've known my tree since 1972 when the property was overgrown, as it had sat vacant after the fires went through. I remember being too scared to walk under its low hanging branches as huge spiders would dangle on their single thread of web.

Over the years it has been a wonderful place to store the odd car or round bale of hay, even an old horse drawn buggy sat there for quite a few years.

Sadly my tree died a few years ago, but it still stands and is a favourite hang out for our Magpie family, Cockatoos passing through, Rosella and recently Ibis roosted overnight in its top branches. Lizards live under its decaying layer of bark and my horses don't mind a rub against it occasionally.

Diane exhibited several photos of her tree, a silhouette with the moon behind, at the Significant Trees of Meredith & District Exhibition.....an absolutely beautiful photo with such a fascinating history.





it's History

Meredith History Interest Group

available. Please take books to read, replace books if you like and enjoy the read. It is still to be called "Ewe Read", hence the sheep sitting in an armchair reading by lamplight but wait, there are more decorations to come!

Catalogue: Thursdays from 9 am.....welcome!

Significant Trees of Meredith & District Photo Exhibition:

The exhibition of over 160 photos opened on Sunday, October 20 at the History Centre. Paul Ryan talked about a "petrified" tree on the Morrisons Road from Elaine, the house that used to be near it and the resident, Mr Fahey who was associated with a murder at the Elaine Hotel. Kerrie Kruger spoke about the Staughton Street oak, plane and elm trees that were planted about 1910 and of the tree guards that had to be extended up because of poking horses. Diane Lang talked about her tree at Lethbridge. {please see about her tree in another article in the Newsletter}. Pat Gabb from Skipton opened the exhibition and said how important it is to record the landscape and how "treemendous and treeific" the exhibition was. Thank you to everyone who helped to mount the exhibition from the photographers onwards. We aimed to make people aware that trees are historic and to collect photos and information about trees. Maybe next time we could photograph buildings or ???

Woolly Tails or Tales

You are invited to the History Centre on Sunday, November 24 at 1.30 pm to hear Heather East's reflections on the sheep industry from the perspective of a wool classer.

Cargarie Tour:

To familiarize the Thursday crew with Cargarie we recently took a car trip on along Boundary Road to see the remains of Woodburn House and a collection of vehicles that each have a history and on to Cavey's Corner to see a plaque erected by MHIG. From there to the Creamery Corner to see the Serbian Monastery, Soldier Settlers Memorial and to hear about former houses in that area. On to Larundel gateway on Orrells Road, up to Cargarie State School site and Creed's hedge and on to Junction Bridge. We drove past Meredith Music Festival Site, past Meredith Dairy to Woodburn State School site and the sculpture to record where the first Woodburn School was and back to Meredith for lunch. It was enjoyed by all with Jim Connell along to relate the history to us.

Calendar 2020:

The calendar that features property names of Meredith & District is at the printers and will be available to purchase very soon at Back Creek Café and the History Centre. The cost will be \$15.00 with profits going to MHIG.

Street Library:

Because the cupboard housing the library was starting to crack and crumble it has been replaced with a metal cabinet of larger proportions...so many more books are

OUR BALLARAT LETTER.

A very important matter in connection with the mining prospects of this district formed the object to secure a deputation waited on the Minister of Mines on Saturday last. Years ago the result of certain surveys made at the instance of some of our leading mining men showed that the bed of the river Leigh, at the Leigh Grand Junction Bridge, was so low as to admit of the drainage of the very deepest known alluvial ground under the Sebastopol plateau into it if a communication could be made; but at that time mining was in full swing all over the plateau, and the number of powerful pumping engines that were then at work was quite equal to keeping the water down.

Gradually, however, as the main auriferous gutters got worked out, mining companies ceased operations, until only so few were left that the water began to rise, and has since risen to a level of nearly 220ft. above that of the deepest ground previously worked, and the consequence is that the miners have now no chance of getting at any of the numerous tributaries or reef washes that are alleged to exist under the level to which the water has risen. Further surveys made about the same time proved that it was quite possible, first, to put in a tunnel, estimated at from five and a half to six miles in length, from the Leigh at the point named to a point at which the deepest ground under Sebastopol could be drained into it, and thus effect a drainage that would keep that district quite free from water for all time, and save all expenses of pumping to free the deep ground from water, the estimated cost of the proposed tunnel being about £33,000; and it was further estimated that the drainage of the district referred to would lead to the employment of some thousands of miners for many years. *The Australasian (Melbourne, Vic. : 1864 - 1946) Saturday 15 June 1878*

Jan McDonald, Meredith History Interest Group



The Meredith Kindergarten Committee's Annual ladies market night will be held on Friday 15th November from 7.00 to 10.00 pm

The evening showcases many local businesses. This is always a fun night out for mingling and shopping! Fund-raising this year will go to Kinder Committee for additional funds for the kinder to provide additional resources and programs for the Kinder and to Jo Vermeend's great fund-raiser for Love Your Sister towards cancer research.

Just a couple of contributors to whet your appetite.



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WEEKLY CLASSES

Don't forget our regular health and fitness classes happening every week.

TAI CHI

Meredith - Tuesday 9.30-10.30
Teesdale - Thursday 9.30 - 10.30
Bannockburn - Tuesday 5.00-6.00

STEADY FEET

Meredith - Wednesday 9.30-10.30
For more information on any of these classes or to enrol go to our website or give us a call

W: www.meredithcommunitycentre.com.au | E: learnlocal@meredithcommunitycentre.com.au

<http://www.facebook.comMeredithCommunityCentre>

4 Russell St. Meredith Vic. 3333 Ph. 5286 0700

Opening hours: Monday, Tuesday, Wednesday, Thursday 9am to 3pm Friday Closed



Bannockburn Pharmacy Newsletter

Proprietors: Scott Wilkes & Damian Bennett

6 High Street
Bannockburn VIC 3331
Phone: 5281 1519

Christmas Shopping Night – Friday 22nd November

Don't forget this month on **Friday 22nd November** from **6:30pm to 9:00pm** we have our annual Christmas Shopping Night.

On the night will be offering our Loyalty Club Members **30% off all gifts!!** We also offer complimentary Christmas gift wrapping on the evening. This will be a great chance to kick start your Christmas Shopping if you haven't already started!

We will have finger food and drinks provided throughout the evening. We will also have Clyde Park Vineyard here with wine tasting plus bottles of wine at special prices available to purchase on the evening as well.

Again, this year there will have lots of prizes to be won. We are expecting to have over **\$4,000 worth of prizes to be won**. Plus, for the first time we will have a **\$1,000 Travel voucher** to be won!!! This voucher is kindly sponsored by Clyde Park Vineyard and Stockdale & Leggo Bannockburn. We thank them for their support.



Please bring your friends and family and join us on what will be another fun and enjoyable evening on Friday 22nd November from 6:30pm to 9:00pm.

Baby Club

Did you know that we have a Baby Club!. If you have a child who is under 2 years of age we can join you up to our baby club. Once they turn 2, we transfer any money you have accumulated back to our Loyalty Club. Below are some of the benefits of joining our Baby Club:

FREE to join

We will add a **\$5 sign up bonus** to your Baby Club to spend on your next visit

10 cents for every \$1 spent (Double normal loyalty club amount) on products bought within the following categories: Children's Health, Franjo's Kitchen, Moo-Goo, Therapeutic Skin care, Health Management, Mother & Child and Vitamin & Supplements.



Loyalty Club

Are you a member of our FREE Loyalty Club? It's FREE to join and you receive a **20% discount** on all gifts all the year!!! Plus 5% of your purchase price goes back onto your Loyalty Club to spend on your next purchase or at a later date (the choice is yours & there's no expiry on money accumulated).

Pharmacy Features:

medAdvisor

Vaccination Clinic

Glasshouse Fragrances

Ear piercing

Medela (we hire Breastpumps)

MooGoo

Roogenic teas

Natio

Sukin Organic Products

Nude by Nature

Diabetes Australia Agency -NDSS

Giftware for all ages

Salt & Pepper

Digital Photo printing

Passport photos

Webster-paks

Home Medicine Reviews

Free gift wrapping

Trading Hours

Monday:	8:30am - 6:30pm
Tuesday:	8:30am - 6:30pm
Wednesday:	8:30am - 6:30pm
Thursday:	8:30am - 6:30pm
Friday:	8:30am - 6:30pm
Saturday:	8:30am –1:00pm
Sunday:	CLOSED

Christmas Shopping Night – Friday 22nd November

AUSTRALIA DAY AWARD NOMINATIONS

The Australia Day Awards are an opportunity to formally acknowledge extraordinary individuals and community groups who make an outstanding contribution to the Golden Plains Shire in fields such as community service, arts and culture, environment, business, economic development and sport.



2019 Australia Day Award-winners

Citizen of the Year	Senior Citizen of the Year	Young Citizen of the Year	Community Event of the Year
Anthony Walker	Malcom Johns	Luke Getsom	Meredith History and Interest Group

Nominees must be an Australian citizen, who either lives or works in Golden Plains Shire, who have made a noteworthy contribution during the current year and/or given outstanding service to the local community over a number of years.

Nominate Today

Hard copy nomination forms: Available at Council Customer Service Centres in Bannockburn, Linton and Smythesdale.

Online: Fill out and submit the form online at: goldenplains.vic.gov.au/forms/australia-day-awards-2020

More information: Call 5220 7245

Nominations must be received by 5pm, Monday 2 December 2019

PADDOCK PERFORMANCE YOU CAN TRUST.
19TH ANNUAL RAM SALE FOR PRIVATE SELECTION

OFFERING 31 RAMS IN TOTAL. LISTED BELOW IS OUR 16 TOP OF THE DROP

TAG	BWT	WWT	PWWT	PFAT	PEMD	C+	TCP	PRICE
180329	0.25	10.4	16.7	-0.4	2.3	210	143.2	1000
180333	0.27	9.5	15.9	0.4	2.1	201	138.8	1000
180334	0.23	9.5	16.1	0.7	2.4	203	139.6	1000
180337	0.24	9.1	15.6	0.4	2.3	200	139.3	1000
180345	0.24	9.1	15.1	-0.4	2.1	200	140.5	1000
180346	0.3	9.8	16.3	-0.1	2.2	205	142	1000
180353	0.17	8.8	14.1	-0.5	1.7	191	135	900
180361	0.3	10.2	16.3	-0.5	1.2	196	135.9	900
180362	0.28	9.9	15.9	-0.1	2.1	203	139.5	1000
180364	0.17	9.5	16.2	0.3	2.7	208	142.6	1000
180375	0.22	8.2	14.1	-0.1	2.1	193	138.2	900
180376	0.21	10	16.4	-0.5	2.9	215	147.3	1000
180381	0.28	10	16.2	-0.7	1.9	204	142.1	1001
180386	0.27	9	14.9	0	2.2	198	137.9	900
180409	0.26	9.5	15.7	0.1	2.3	203	140.7	1000
180410	0.3	9.8	16.2	0	2.4	206	142.7	1000
Woodbank Avg	0.26 Top30%	9.4 Top 40%	15.6 Top 30%	0.1 Top 15%	2.2 Top25%	202 Top 25%	140.1 Top 25%	
Terminal Avg	0.36	9	13.9	-0.5	1.7	191.7	135.5	

15 Rams below 190 Carcase + for sale at \$ 800 all prices subject to GST.

ALL RAMS ARE ULTRASOUND SCANNED FOR EYE MUSCLE AND FAT DEPTH, WE WEIGH AT BIRTH, WEANING AND POST WEANING, ALL DATA IS PUT THROUGH TO LAMBPLAN FOR EACH ANIMALS ASBV [breeding value] RESULTS

ASBVs Are expressed as either positive or negative deviations from the average taken from the breed [for example, a ram with a post weaning weight PWWT of +10.2, Will have progeny that will on average be 5.1kg heavier at post weaning than an animal with a PWWT at 0] Rams contribute half the genetics of their progeny and the ewe the other half.

BWT: Birth Weight, Rams with a more negative Bwt produce lambs which are lighter at birth

WWT and PWWT: Weaning and Post Weaning: Rams with more positive figures produce progeny that grow quicker and are heavier at a certain age.

PFAT: Fat Depth, Rams with more negative fat produce leaner lambs and more positive produces more fat.

PEMD: Eye Muscle Depth, Rams which are more positive produces progeny that have more muscle.

Pictured Right - Showing great growth and structure are these 5 ½ month old 2019 drop Ram Lambs .Genetics and Performance where it counts for the Prime Lamb Producer

Pictured Below - These are our 2 Stud Sires used for this year's Sale Rams. Left Woodbank 160151 and Waratah 150165- (Rated in the Top 5% of all Terminal Sires Australia Wide on Lambplan)



Private sales on property enquiries welcome

559 Mt Mercer Rd
Meredith VIC 3333

David Hutchinson
0439 310 202

E: wws@hotmail.com.au
f Find us on facebook

Leonie Guinane
0400 850 306



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What's On!

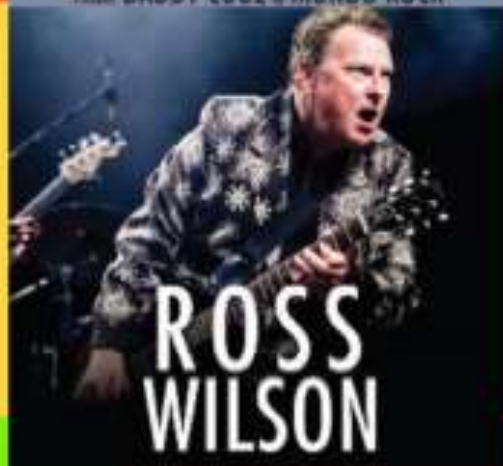
TELEPHONE: 5286 1100



SUNDAY 17TH NOVEMBER 2PM
UNCLE & BLACKY FREE ENTRY



FROM DADDY COOL & MONDO ROCK



SUNDAY 24TH NOV.
2PM TICKETS \$40

FRIDAY 29TH NOV.
8PM TRISTAN J ROSS



SUNDAY 15TH DEC.
2PM TICKETS \$40

Absolutely
80S



PLAYING ALL THEIR FAVORITE HITS INTO
THE ABSOLUTELY 80S ROAD

