





The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jim Elvey, Pam Ridd, Dawn Macdonald, David Jones, Stefania Parkinson and Ian Penna. Editor:Jim Elvey

NEWS & VIEWS

Subject to the conditions outlined below, contributions accompanied by the contributor's name (which will also be published) and contact details, are most welcome. Please email to

news@meredithnews.com.au or deliver to the Meredith Post Office or Meredith Hub **DATES AND DEADLINES**

The Newsletter is distributed on the **first** Thursday of the month (except January). All ads and submissions must be lodged by 9.00 am on the **last Thursday** of the preceding month, but earlier is really appreciated.

ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. Contact us for full details and lodgement forms. Rates are as follows:

B&W/Colour

Business Card \$14.00 Quarter page \$25.00 \$40.00/\$100 Half page \$80.00/\$180 Full page

Note: A \$20 loading applies for preferred position. Please submit in jpeg format, if available

Classifieds are **FREE** for small, personal notices from residents. Otherwise \$7.50 on invoice or \$5.00 if paid on lodgement. Community Groups can have a 1/4 page ad for free or a \$25.00 discount on larger ads. (conditions apply)

SUBSCRIPTIONS

If you are outside our delivery area you can subscribe for \$35.00 p.a. (11 issues) and get the Meredith and District News posted to you anywhere in Australia.

CONTACT US

Post Office, Meredith, 3333 **Advertising**: Ian 0409 016815 advertising@meredithnews.com.au Accounts: Dawn 0428 861274 accounts@meredithnews.com.au Editorial: Jim:0409 163169 news@meredithnews.com.au

WEB

You can check back copies and lodge comments at meredithnews.com.au

ONLINE PHOTOS

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions

ADVANCE MEREDITH 5286 1291

ANGLING CLUB 0419 423 960

B'BURN ART GROUP 0410 808 483

BLUE LIGHT DISCO 5286 1222

BOOK CLUB 5286 8201

CFA 000 for fire calls Elaine 0409 861296 Meredith 5286 1502 Morrisons 0417 770 765

CHILDCARE 5286 0700

COMMUNITY CENTRE 5286 0700

CRICKET Elaine 0448291074

Junior(U16,U14,13) 0448291074 Meredith 5286 1434

CUBS & SCOUTS Anakie 5281 9497

FOOTBALL Seniors 0408 545 246 Juniors 0430 587 674

GOLF CLUB 0407 795 342

HISTORY GROUP 5286 8201

LANDCARE 0409 862 326

MEMORIAL HALL 5286 1243 0435 312 984

MEREDITH LIONS 0491061640 0419757965

MOTORCYCLE CLUB 0437 009 250

PLAYGROUP 5286 0700

POLICE PADDOCKS 5286 1273

RSL - 5286 1452

SENIOR CITIZENS 5286 8232

TENNIS Elaine 0448 291 074 Meredith 5286 1211

SEW 'N' SEWS 5286 0700

FRIENDS OF THE **BRISBANE RANGES** 5286 1252

If you have a special interest you would like to share with like minded people, let us know and we will help you get it started.

..or start something.

connect emergency

Police, Ambulance, Fire	000	
(from mobile phone)	000 or 112	
Meredith Police Station	5286 1222	
Power Failure	132 412	
Nurse-On-Call	1300 606024	
Mental Health Advice	1300 280 737	
Poisons Information	13 11 26	
Barwon Water	1300 656 007	
SES Emergency -		
flood & storm	132 500	
24 Hour Helpline	1800 629 572	
24 Hour Drug &		
Alcohol Counselling	1800 888 236	
Kids Help Line		
24hr 5-18yo	1800 551 800	
Golden Plains Shire	1300 363 036	
A.H. Emergencies	0408 508 635	
Ranger	5220 7111 or	
	0409 830 223	
Bannockburn Vet	5281 1221	
Golden Plains Vet	5281 2226	
Pets and Horses 24/7	0421 617 23	

Justices of the Peace

Mr Don Atherton. 0409 869 960 Mr Paul Ryan Elaine 0409 861 296

services

CEMETERY TRUST MATERNAL & CHILD

HEALTH

5286 1550 HALL HIRE Meredith Memorial 5286 1251 Elaine Mechanics 5341 5596 Elaine Rec Res 5341 5703 LIBRARY VAN

5272 6010

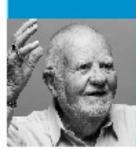
5220 7230 PRE-SCHOOL 5286 0722 **PRIMARY SCHOOL** 5286 1313 **RECREATION RESERVE** 0429 841399



"It is spring again. The earth is like a child that knows poems by heart."

- Ranier Maria Rilke

Victorian Seniors Festival October 2019



Got into it!

seniorsonline. vio.gov.au

#Vio8eniorsFestival



Presented by:
Golden Plains Shire Council
Geelong Regional Library
Corporation
Dementia Australia
Haddon Community
Learning Centre
Smythesdale Seniors
Meredith Community Centre
Dereel Community Centre
Integrated Living
RACV

Trailblazer Walk

Thursday 3 October

10.00am, approx. 5km walk followed by refreshments.

Walk leaves from Bannockburn Cultural Centre, 27 High St, Bannockburn

Bus departs from Smythesdale (8.45am), Dereel (9.00am), Rokewood (9.15am)

Gold coin donation

RSVP essential 5321 1500 or thewell@gplains.vic.gov.au

Neural Knitworks for Seniors

Find out how to keep your brain sharp, engaged and healthy as we craft colourful neurons for our Neural Knitworks community art project. No experience needed, welcome to BYO crotchet hooks, knitting needles and grandchildren!

Friday 4 October 2:00pm - 4:00pm

Bannockburn Library, 27 High St, Bannockburn

RSVP 5281 2367

RACV Years Ahead – Personal and Home Safety

Learn about personal and vehicle safety, managing home security and home emergencies, and preventing falls in the home.

Monday 14 October

10.30am morning tea, 11.00am presentation

Dereel Hall, 14 Swamp Rd, Dereel

Please note: a minimum of 20 people are required for this session to run, please RSVP your attendance to Lucy on 0409 247 237

Lunch and Learn - Get Online Week

Come along and learn about the online world. Stay for lunch.

Wednesday 16 October 11:00am – 2:00pm

Meredith Community Centre, 4 Russell St, Meredith

RSVP 5286 0700 or admin@meredithcommunitycentre.com. au

Worried About Your Memory

Information on memory, common changes with ageing and strategies for improving memory presented by Dementia Australia.

Friday 18 October 1:00pm - 3:00pm

Bannockburn Cultural Centre,

27 High St, Bannockburn

RSVP Alexa on 5220 7135

Smythesdale Seniors Bus Trip to Sorrento via Queenscliff

Tuesday 22 October

Leave The Well, 19 Heales St, Smythesdale 8:00am – return approx. 5.00pm

Cost: \$30 Includes bus & ferry costs

RSVP essential Robyn Green on 0407 851 668 or robynsnest@bigpond.com

Seniors Mystery Bus Tour

Join the bus to a mystery location.

Wednesday 30 October

Bus departs:

Bannockburn cultural centre (08.30am) Rokewood Community Hall (09.00am) Napoleons Memorial Hall (9.45am)

Return home approx. 5.30pm to Bannockburn

Cost: \$25. Includes bus, moming/afternoon tea & lunch

Bookings essential RSVP by 5.00pm 23 October 5220 7154 or therese.dhelin@gptains.vic.gov.au

Haddon Community Learning Centre

Chair Yoga for Seniors

Easy 'chair yoga' exercises, great for mind and spirit.

Mondays 9:30am - 10:30am and Tuesdays 6:30pm - 7.30pm during October

Free

Seniors Be Connected Program

Increase your online confidence and skills includes email, myGov help, using an IPad or tablet, online shopping, sharing photos and social media.

11.00am — 1.00pm Tuesdays, Wednesdays or Thursdays during October

Gardening Locally – What plants should you grow?

Wednesday 9 October 10:00am - 11:00am

Free Includes coffee and cake

IT First Ald

Bring along your laptop or tablet and we can try to help you with your problems. We have 6 places available.

Friday 11 October

Half hour sessions 10:00am - 2.00pm

Chat and Chew Community Lunch

Thursday 17 October 12:30pm

\$10 for 2 courses

Come and Try Ukulele

It's easy and fun, no musical experience needed.

Monday 21 October

11:00am - 12:15am or 4.00pm - 5.15pm

Free. BYO ukulele or we can organise one for you

Free for over 50s

RSVP essential for all events 5342 7050 or manager@haddonleming.org.au

Northern Community Centre, 396 Sago Hill Rd, Haddon















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STEVE ROPER Sales Consultant P 0411 381 243

P (03) 5281 4444 E bannockburn@stockdaleleggo.com.au





AUSTRALIA DAY AWARD NOMINATIONS

The Australia Day Awards are an opportunity to formally acknowledge extraordinary individuals and community groups who make an outstanding contribution to the Golden Plains Shire in fields such as community service, arts and culture, environment, business, economic development and sport.



2019 Australia Day Award-winners

Citizen of the Year	Senior Citizen of the Year	Young Citizen of the Year	Community Event of the Year
Anthony Walker	Malcom Johns	Luke Getsom	Meredith History and Interest Group

Nominees must be an Australian citizen, who either lives or works in Golden Plains Shire, who have made a noteworthy contribution during the current year and/or given outstanding service to the local community over a number of years.

Nominate Today

Hard copy nomination forms: Available at Council Customer Service Centres in Bannockburn, Linton and Smythesdale.

Online: Fill out and submit the form online at: goldenplains.vic.gov.au/forms/australia-day-awards-2020

More information: Call 5220 7245

Nominations must be received by 5pm, Monday 2 December 2019



MEREDITH PS

School Readiness Support Pack

Students can enter school with over '200 Worries' like...

'Do I have the right pencils?' 'Am I wearing the same uniform as everyone else?' 'Who am I going to play with?'

Meredith Primary School acknowledges the challenges involved in transitioning from Kinder to Foundation at any school.

The aim of this program is to reduce the '200 Worries' of our youngest students through exposure, confidence and the ability to build relationships in a safe and friendly school environment. To do this we are providing a structured opportunity for all Foundation enrolments at Meredith PS to join our

School Readiness Support Program

To join, simply hand in your enrolment form. Once received you will be provided with the below transition package.

Student Starter

Pack

A basic summer uniform including:

- MPS Shorts
- MPS Polo Shirt
- MPS Bucket Hat

Valued at approximately \$60

Basic Stationary Pack (provided at the beginning of 2020 school year)

Valued at approximately \$60

Reducing your Parent Payments Levy (School Fees) from \$200 to \$140

Total value of \$120

5 Free Transition

Sessions

At your convenience* your child will receive 5 individual 1 hour sessions in the Foundation/Year 1 Class to support exposure to the school environment and to give each child an opportunity to establish relationships prior to their first year of school.

*These transition sessions will have to be booked 1 week prior to participation to ensure there are no other events happening that may interrupt each student's session.



Community

Meredith Seniors

Jim Hynds

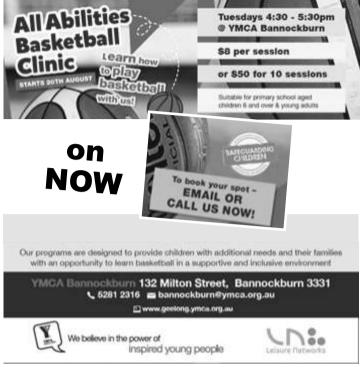
The seniors travelled to the Western District on Monday, September 16 to visit the restored mansion named Narrapumelap. We had a morning tea stop in Skipton. Our journey took us past Lake Bolac to Wickliffe. They have had a good season out that way with hundreds of acres of canola in full flower. It was a magnificent sight! After a little confusion as to where to park we arrived at the Narrapumelap Mansion entrance and were greeted by Kevin McIntyre whose family owns the property. We walked up the driveway into a beautiful garden with conifers shaped into huge bells all around the entrance. It was a truly beautiful sight and in front of us was the mansion, in all its glory.



The entrance was guarded by two magnificent lions made of cast iron which had been manufactured in Geelong in the 1800's. A guided tour took place with Kevin McIntyre explaining the restoration room by room including the magnificent tower and court yards. Kevin's dedication to the restoration single handedly is by his words "a glorious obsession".

Finally we boarded the bus for home. A magnificent day all round.





MEREDITH MUSIC FESTIVAL TICKET ALLOCATION FOR LOCALS

An allocation of tickets for the Meredith Music Festival is available for locals. Tickets can be purchased from Back Creek Cafe (1/27 Staughton Street, Meredith) from 10am on Tuesday 12th November until sold out. Limit of 3 per person. Please bring proof of residential address. CASH sales only. For more information contact us on 0430 091 120 or via auntym@mmf.com.au. Information for locals is available at www.mmf.com.au/locals. Thanks very much.

Jobs at the Festival

Expressions of interest open for two opportunities at the Meredith Supernatural Amphitheatre.

Venue / Facilities Manager

Maintenance and Groundskeeper

MMF Pty Ltd supports equal opportunity, diversity, inclusion and respect for every worker.

https://aunty.mmf.com.au/opportunities/

Classifieds

First insertion of small ads are FREE to district residents

The deadline for copy is **9.00 am on the last Thursday** of the preceding month

BATSMAN

Recreation



A New Senior Coach

Marg Cooper

A young, accredited cricket coach who describes himself as a "cricket tragic" is the catalyst for Elaine Cricket Club to enter a senior team in the Ballarat Cricket Association for the forthcoming season.

Brant Hocking grew up between Hanging Rock and Bacchus Marsh. He started playing cricket when he was 8 years of age, showed promise, so trained with Richmond Cricket Club and played a handful of games with them and other Melbourne Clubs before he moved to live at Ballan for work and wife. He played with Ballan for 2 years and then became Captain Coach at Hanging Rock, which is a small country club, for 3 years.

As a youngster he was a bowler, all rounder but now is more a batsman. He admitted to several scores of 100 and lots of 50's.

A friend told him about the Elaine club and that many members of the Under 17's team from last season would have to leave Elaine, unless they got a senior team so he met with the executive and they offered him the position of player/coach. He is enthusiastic. Elaine is not too far from his home for travelling and Brant is keen to develop the right skill set and make it fun.

Training for Seniors and Under 17's starts on Wednesday, September 18 at 5.15 pm. Brant and the Elaine Cricket Club invite anyone who would like to play to come along or contact Brant on 0401 522 645. He promises an emphasis on skills and fun rather than fitness.

The facilities at Elaine are excellent with refurbished cricket nets, a new pitch, a new bowling machine and a well maintained oval. Brant is amazed by the friendliness and enthusiasm of the club and has never seen it in such abundance at any other club. The new senior team is being sponsored by Murray Cooper of Cooperlec. Playing shirts have been ordered, training is on Wednesday evenings and matches begin on Saturday, October 5.

The club also has cricket teams of Under 15 and Under 13 years.

Digital & Satellite Installations FREE QUOTE SERVICE CALL OUTS ALL WORK GUARANTEED Contact Robert Rivo: 0439 785 703 Email: arrow-antennas@hotmail.com

Meredith Playgroup

Meredith Playgroup meets every Thursday from 9.30am



During the School Term

Enjoy new activities every week. All Welcome Contact Community Centre for details 52 860 700

TEST'N'TAG

All plug in electrical items can be tested and certified safe.

On-site or off-site testing. Reasonable rates.

Contact Meredith Maintenance (Licensed Tester)

52861550 or 0427300742



CATHOLIC

St. Joseph's Parish Meredith

Parish Priest Father Charles Balnaves Phone 52861230 0417319556 parishofmeredith@bigpond.com

Mass Times:

Winchelsea: every Saturday at 6pm. Except Nov.

9th transferred to Sunday 10th at 11.am

Bannockburn: every Sunday at 9am and every first Sunday of the month at 4 p.m. followed by food and games

Anakie at 11am October 6th/20th. November 3rd/17th. **Meredith**: at 11a.m Sunday October 13th/27th. Please note Mass scheduled for Sunday November 10th will instead be on Saturday November 9th at 6p.m. 11am on Sunday November 24th.

Inverleigh Inverleigh Community Mass for October Sunday 27th at 4 pm. All other news, bulletin etc Catholic Parish of Meredith facebook page.

CATHOLIC ARCHDIOCESE OF AUSTRALIA

St Marys House Of Prayer— Elaine

Solemn mass Sundays 10.00am.

Rosary and Vespers Saturday 5.00pm.

Confessions by appointment Fr. James

Ph. 5341 5544

ANGLICAN

Weekly Services, baptisms, weddings, funerals and pastoral care.

Contact: Rev. Phil Jacobson Ph. 0419 322 385 Church Office, Byron St. Bannockburn 5281 2553 **Service Times**: Holy Communion at Anglican Church, Meredith, 11.00am 5th Sunday of the month

Church of Epiphany - Meredith.

11.00am 4th Sunday each month, Holy Communion at Anglican Church. 11.00am 2nd Sunday of month, Holy Communion at Uniting Church

St James. - Morrisons:

The Rev. Glen Wesley Contact: 0429 146 566 or

1st Sunday of the month at 5pm, 3rd Sunday of the month at 9am.

UNITING CHURCH

MEREDITH Uniting Church

11.00 am, 2nd Sunday each month

BUNINYONG Uniting Church

1st; 3rd, 4th Sundays, 9.30am.

5th Sunday, combined service at Meredith Church of

Epiphany, 11am.

Enquires Doug McFarlane 52861283.

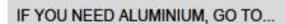
Rev. Lindell Gibson 53413 200

SERBIAN ORTHODOX

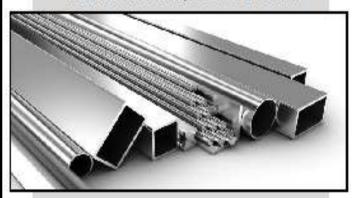
Fr. Theodore—Ph. 5341 5568

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The Newsletter Committee (which is a subcommittee of the Community Centre) deals with the management and governance of the newsletter. It oversees policy and deals with issues such as advertising fees and protocols, risk management, financial monitoring and strategic planning. If you have skills in any or all of these areas, you may be interested in joining the committee. It meets only four times a year in the late afternoon early evening.

Please contact us at news@meredithnews.com.au outlining your interests, experience and skills relevant to the position. You can contact Jim Elvey on 5286 1273 for more information.



Vale John Cameron

Of Camberley, Mount Mercer and Magnetic Island, Qld John Cameron died suddenly on September 7 2019 in Queensland, aged 93 years. He is survived by his children, Peter, Andrew, Margaret, Dinny and their families including 11 grandchildren and 7 great grandchildren.

John was cremated privately. A Memorial is to be held at a later date.

10 year CERT Service Awards



On the 25th September Cathie Boer, Julia Dunscombe, Martin Peters and Lynn Heard were awarded their 10 year service medals and 10 year safe driving medals at an Ambulance Victoria ceremony in Ballarat.

Congratulations to our amazing CERT team members who provide this invaluable essential service on a totally voluntary basis to the Meredith Community.

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Hours:- Mon - Fri 8.30am - 5.30pm

Sat 8.30am-1pm Sun 10am-1pm

Another of George Shell's jobs.

Raymond Kelly

Redemptorist Priests came from Ballarat every four weeks in the 1950's and 1960's to help the Parish Priest. They travelled on the afternoon train from Ballarat to Meredith, arrived at 4 pm and stayed overnight at the Presbytery.

On the Sunday they celebrated Mass at 9 am at Anakie and at 10.30 at Lethbridge. The Parish Priest celebrated Mass at Meredith and Elaine.

Martin Sharkey and Jack and Len Gargan took the Redemptorist Priests from Meredith to Anakie and Lethbridge before returning them to Meredith where they had lunch before leaving for Ballarat on the train.

George Shell was called on to drive them to Anakie and Lethbridge when one of the other drivers was not available. George's father, known as Pop Shell, had a truck which he used to cart the footballers to matches in and a car in which he carted pregnant women to hospital. A taxi service!

Two Redemptorist Priests came to Meredith every three years to conduct Missions or Supply. Each priest spent a week at either Anakie and Lethbridge or Elaine and Meredith. A family would board the priest for the week. All the parishioners attended Mass in the morning (at Lethbridge it was 6.30 am so some men could get to work in Geelong in time), the priest visited parishioners in their homes during the day and parishioners attended devotions at night which included the Rosary, a Sermon and Benediction. The last Mission was held in 1982.

Redemptorist Priests also came as needed to fill vacancies when a parish priest went on holidays or was ill.

The monastery in Gillies Street Ballarat closed in 1998.

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Steve Duffy

SPICES REVISITED

Recently I was lucky enough to take a short trip to Java, Indonesia. I spent a week in the cultural city of Jogjakarta. Let me tell you this is not Bali, with all it's Tourist Mayhem. Although this city has two of the most iconic cultural sites in South East Asia: Borobudur- 8th Century Buddhist Temples and Prambanan- a 9th century Hindu Temple Complex of over 2000 buildings; there is no large Faux Tourist Cafe/Traveller Scene like Bali. A city of over 3 and a half million, the people are very friendly and inquisitive.

In the middle of town, in the Marlioboro District, are the central Markets, with a main building of 2 stories sprawling over a whole city block. Meandering through areas of clothing, batik, fresh food sellers, and just about anything else one may want to buy, I found the Spice Market. Over twenty stalls with displays of a huge range of whole, chopped and ground spices. Luckily I could recognise many of the different types, but certainly not all. The air was pungent with curry, floral and spicy aromas.

At a little Warung, a type of small food stall that would seat no more than 6 or 7 people, right on the street/footpath, I watched some of these spices turned into a delicious salad dressing for greens and vegetables. This dish is called Gado Gado. Literally meaning "mixed". In a large mortar and pestle type stone bowl the lady behind the jump ground fresh chillies, kencur ginger, lime leaves and garlic. When smooth, she then added some ground roast peanuts and some tamarind water. Finally tossing in the mixed greens, a few pieces of boiled egg, a few bean shoots and cold steamed potato slices and then scooped on to a plate or more commonly a sheet of grease proof paper. While my wife and I were chatting with the

locals with broken English/Indonesian, laughing a lot and eating this delicious food, the stall turned out 30 or more take aways on paper. Mother and 2 daughters work this stall 6 days a week.

What a wonderful time was had in the busy friendly city. Yes I did bring home some of the spices, I look forward to trying more of these local foods and flavours.



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www.mulcahy.com.au 300B Gillies St Nth, Ballarat, Vic, 3355 P 03 5330 7200 E info@mulcahy.com.au

DAVID WHELAN

Nature Photographer

David's love of nature started whilst growing up in the local area and his encounters with wild birds of prey. At 13, he inherited a young captive female Nankeen Kestrel for the main purpose of rehabilitating and releasing it back into the wild.



B.Sc Zoology/Botany at La Trobe University

An interest in photography converged with his love of nature and all things wild with the completion of Tertiary studies. This in turn has led David to become involved with the Leigh Valley Hawk & Owl Sanctuary as the 'Photographer in Residence'

Many of his photographs have been taken with the wonderful co-operation and permission of local landowners, who have played an invaluable part in helping him to document the landscape and the flora and fauna that inhabit it.

He spends a considerable amount of time pursuing photographs in the company of his good friend and fellow nature photographer, Bernie McRitchie and feels blessed that he can record the beauty of the natural world and share it with others who may be inspired by the images he captures, perhaps even for the first time.

He welcomes reports of anything nature related from anyone who has witnessed it and many times, these sightings have resulted in photos which grace his books (David can be contacted on 0412 234 387 or d_j_whelan@hotmail.com)



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Lions Club of Meredith and District



What is a LION?

We all know that it's a Big Cat with heaps of fur, big teeth and a bushy tail. Its roar can be heard for great distances.

We are not talking about that one; we are talking about the human kind.

Folks from every community join Lions International via their district clubs. Our Community club is the "Lions Club of Meredith and District". We are all Volunteers and work very hard to achieve our Club Goals. You may have seen us around the traps on the odd occasion, such as Aussie Day, Election days, selling a Snag for Democracy. All monies raised fund our ongoing Projects, Pioneer Park Stage two is our ongoing project at this very moment in time.

Like our Furry cousins we are in danger of becoming an endangered Species... We need you! Chat to a Lion, come to one of our meetings, the public is welcome anytime. Just give us some notice. Come to one of our projects, or BBQ events, perhaps help or just

Membership is the key to any club's success.



Meetings First Tuesday of the month at the Meredith Golf Club at 7:30 pm

Contact Jim Baker on 0419 757 965 or jbgm.meredith@bigpond.com

"Lions Committed to our local and wider Communities"



EXPRESSION OF INTEREST

LEASING MEREDITH INTERPRETIVE CENTRE OPPORTUNITY FOR COMMERCIAL OR COMMUNITY USE

Golden Plains Shire Council is seeking expressions of interest from commercial operators, community groups and social enterprises interested in leasing the Meredith Interpretive Centre.

The centre is located at 10 Wallace Street, Meredith and is currently vacant. The site offers:

- A modern attractive 61.5 square metre building, with additional undercover terrace areas
 - . 15 off street car parks
 - On site public toilets, making it a popular rest spot for travellers
 - · Prominent site with Midland Highway frontage
 - · Central location between Geelong and Ballarat

Expressions of interest are due by 9am, Monday 28 October, 2019. For more information, email

enquiries@gplains.vic.gov.au or phone 03 5220 7111, and ask for Council's Investment Attraction and Business
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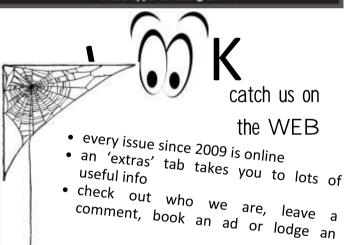
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MEREDITH ANGLING CLUB NEWS

AGM Recap

The AGM was a huge success with 29 senior members and 4 junior members present. Plenty of raffle prizes to go around after the BBQ lunch which was supplied by the club. Also during the AGM, Darren Conduit was welcomed as a lifetime member to the club. Lyn also received recognition for her tireless efforts behind the scenes assisting Bert in the secretary role and was given a certificate of appreciation.

New Snapper Competition Trophy

The club now has an open competition spot for snapper which can be weighed and measured so get out there and catch a mighty Snapper for your chance to get your name on it first!

Last year open Comp Results

Brown Trout 1.6kg - Rodney Beer

Rainbow Trout 0.610kgs - Daniel Lee

Redfin 0.700kg - Neil Beer

Yellowbelly 4.774kg - Neil Beer

Carp 4.909kg - Neil Beer

Eel 1.435kg – Doug King

Blackfish 0.348kg - Doug King

Tench 1.251kg - Neil Beer

Murray Cod 6.900kg – Alan Beer

Bream 1.300kg - Ian King

Meredith Angling Club PO Box 2342 Bakery Hill VIC 3354

P – Darren Conduit: 0419 898 841 E-meredithangingclub@gmail.com

















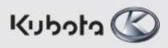




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Landcare News



The Bamganie-Meredith Landcare Group

Nerida Anderson

Victorian Landcare Grants 2019-20 success

Our group has been successful in obtaining Victorian Landcare funding to help establish a tree propagation and planting program in our region. The aim of the Landcare Grants program is to help protect and restore the Victorian landscape.

The cost of tree seedlings can be a barrier to planting trees on farms to revegetate and to restore and enhance remnant vegetation. Working in conjunction with the Rowsley Landcare Nursery, the grant funding will be used to help cover the initial establishment costs for setting up the nursery. Landholders will have the opportunity to collect and propagate seed from indigenous species on their properties and at other revegetation sites. The seedlings will then be cared for by the Rowsley Landcare Nursery until they are ready for planting out. More details about the program will follow.

AGM

The annual general meeting of the Bamganie-Meredith and District Landcare Group will be held at 7:30pm on Thursday 15 November at the Meredith Community House. At this meeting members will also have the opportunity to discuss the future direction of the Landcare Group. Please come along and have a say in how the group can best meet your needs.

Have you heard of mycorrhizal symbioses?

Encouraging soil fungi can help plant health and growth. Plants and soil fungi have a symbiotic or mutually beneficial relationship. Mycorrhizal symbioses refers to the process where the fibres or mycelia of soil fungi connect with plant roots to form large networks. These connections effectively extend the plant's root systems, increasing the ability of plants to access nutrients and water in the soil. In return, plants supply fungi with carbon molecules such as sugar. According to ecologist Dr Alison Pouliot in the Spring 2018 edition of the Victorian Landcare and Catchment Management Newsletter soil compaction, soil disturbance, over watering and the excessive use of chemicals and fertilizers can all harm beneficial soil fungi. Read more about soil fungi and managing soils in the Landcare https://www.landcarevic.org.au/resources/ newsletter magazine-library/.

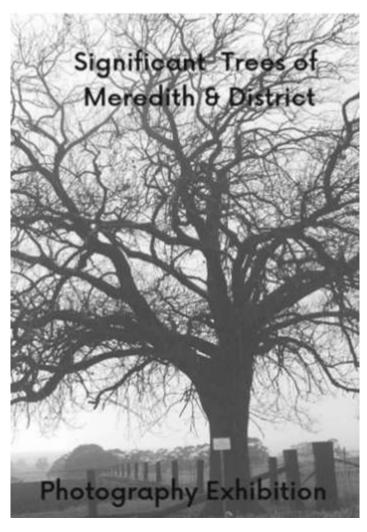
Don't forget our October speaker, Rowan Reid

Rowan Reid, a forest scientist, tree grower and author of "Heartwood - the art and science of growing trees for conservation and profit" will be the guest speaker at the Landcare meeting this month at 7:30pm on Thursday 17

October at the Royal Hotel in Meredith. Rowan will speak about growing trees for http://wconservation and for profit. Visit www.agroforestry.net.au/ for more information about Rowan. This is a free event but RSVPs would be helpful: Contact Nick McKinley nick@leighcatchmentgroup.org or phone 0455 147 398.

The next meeting is 7:30pm Thursday 17 October at the Royal Hotel, Midland Hwy Meredith. All welcome!







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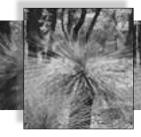
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I was sure the insect I was looking at was an ant. It had the body shape, colouration, legs and antennae of a medium-sized black ant, but the insect expert who showed it to me was certain it was not. He pointed out faint lines on its abdomen, which indicated the neatly folded wings of a bug. I studied it with a magnifying glass, and noticed its mouthparts. They were downwards facing, unlike the forward reaching nippers of an ant. This insect probably sucked sap from plants, so why was it pretending to be an

Insects are a common source of food for many animals including birds, spiders, frogs, lizards and other insects. Ants are among the most aggressive insects. They often group together to defend themselves or their nest. They may have painful stings or an unpleasant, acidic taste. They are very common, so when a predator detects an ant, it has little reason to doubt its senses. The bug I was looking at would probably make a tasty meal, but by mimicking an ant it might persuade an attacker to think twice before eating. The attacker may move on, or at least give the bug a bit of extra time to escape.

There is more to mimicking an ant, than just looking like one. It is helpful to also behave like one. Ants often have jerky movements, which may be imitated by those pretending to be an ant. Their antennae are in constant motion, as they use them to sense their environment and to send chemical signals to other ants. Some spiders mimic ants, but spiders do not have antennae. They have four pairs of legs, instead of three like an insect. As well as mimicking the body shapes and colours of an ant, they may hold up their front pair of legs and move them in the manner of an ant's antennae. Their ant impersonation can be so convincing that they not only trick hunters, but fool the ants themselves. Some of these spiders eat ants. Their disguise allows them to mingle with the ants and easily catch a meal. For a more complete deception, a few spiders also smell like ants. They can then enter the ants' nest, make their way to where the immature ants are nurtured, and carry one away to eat elsewhere.

There is a problem with appearing too much like an ant. A spider that looks and behaves just like an ant, will avoid being eaten by spider predators, but may be eaten by ant predators. More animals eat spiders than ants, so it is still War Learn about the reaction to armistice likely to live a longer life. Some spiders manage to avoid looking too much like a spider or an ant. Many predators use one character to recognise their prey. A lizard looking for a spider to eat, may keep away from anything that has the waving antennae of an ant. If a spider pretends that its front pair of legs are ant antennae, it will not be eaten by this predator. If it still has the long legs and body shape of a spider, it will also not be eaten by a bird that hunts ants.

Even for ants that taste unpleasant or sting, mimicking other species can be useful. Some Australian ants have a shiny gold abdomen which gives a warning message to predators, letting them know that they are dangerous or unpleasant to eat. If only one species used this signal then it would not be well recognised, and some ants with this warning would be eaten. However, as numerous species mimic each other and give the same message, predators are familiar with it. In this way, mimicking other species is helpful to the ants. Of course, the golden colour can also be used by palatable animals, such as beetles, bugs and spiders to give the same message and avoid being eaten.

It is not only ants that provide a model to be mimicked. Stinging wasps and bees and horrible tasting butterflies are also imitated by others. Some look very similar to the animal they are copying, while others mimic only some of its features. Like the bug that tricked me into believing it was an ant, it is not necessary to look exactly like the animal being mimicked, just similar enough for others to







A country town pulls together after The Great returned local servicemen and how the Vigilance Committee helped. Books by local history author Margaret Cooper available for purchase on the

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fromthe MAYOR



Cr Owen Sharkey Mayor, Golden Plains Shire

If you could pick your waste services, would you add garden waste? Or a food waste collection? Or would you keep the current garbage and recycling schedule?

These are some of the questions Council is asking as part of determining future waste services for Golden Plains Shire and the development of the Waste Strategy 2020-2030.

Right now, we are asking all residents to have their say on future waste options and Council is very interested in your opinion. I really enjoyed hosting a robust conversation with the strategy focus group in Meredith in September and, following our first conversation post in Meredith, we hope more residents will come and ask questions at our final community conversation posts in Bannockburn, Rokewood and Smythesdale, in October. The waste survey is also available at Council's website: goldenplains.vic.gov.au and is published in the October issue of the Gazette.

Our Council is committed to community engagement and we welcome all residents to have their say on the decisions that affect their lives. If you're interested in getting more involved in your community, there are many great ways to connect with Council including: signing up to Council's Community Engagement Register, joining your local Community Planning group, following Council's social media pages and reading the Gazette and the Golden Plains Times for engagement and consultation opportunities, sharing your thoughts in a survey on Council's Have Your Say page, asking a question at a Council meeting in Linton or Bannockburn, or becoming a Council volunteer.

Our communities and our people are what makes Golden Plains so special and we look forward to hearing more from you

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Have Your Say on Waste

Council is developing its Waste Management Strategy 2020-2030 and all residents are encouraged to have their say on the future waste options.

Complete the survey online at Council's website: **goldensplains.vic.gov.au/consultations**

Read all about the waste options in the October issue of the Gazette and complete the paper survey.

Visit a community conversation post:

8.30am to 12.30pm, Saturday 5 October at Golden Plains Farmers' Market in Bannockburn

11am to 2pm, Sunday 13 October at Rokewood Transfer Station, 141 Meadows Road

Significant Trees' of Meredith & District Photo Exhibition

Aim:

 To collect photos and information about significant trees in Meredith & District.

To celebrate
Royal Victorian History Society
- 'History Week'



Which Trees?

- · Trees that tell a story.
- · Trees near old ruins.
- · Tress planted for a event.
- · Tress planted to celebrate.
- Trees planted by a significant resident.

How?
By taking Photos of tree (s)
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Then: Print your photo(s) and submit by 12th October

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The Department of Youth

Our culture is a dynamic thing. As each generation matures, our values and attitudes adapt. The uncomplicated view that youth have is an important driver into the future.

Recent travel has reminded me how much the world around us has changed. I remember such things as the new model Holden or Ford being big news. Our view was very localised. Australia was largely seen as part of the European world. There seemed to be no such thing as a global view. And children, it was said, were best seen and not heard. Then came the sixties, the young stepped out and began to talk about freedom and change. These baby boomers seemed to be about to change society. It seemed to be a time of promise. But what did happen was growth in all areas of enterprise. We turned our attention back to ourselves. In a couple of generations the population doubled. Living standards inflated, our demand for more "stuff" increased. This wild consumption ate up all in its path. The natural world has mainly been seen as an asset to be used. More forest was cleared, more species' habitats threatened. More and more growth has become a goal in itself.

The natural environment has been pushed to the limit. The Murray-Darling River System is drying up. The country side is on fire more often and for longer. Weather extremes have caused great damage. Recycling has faltered. But the growth train rattles on. Policy makers turn a blind eye to science and the environment, and we let them.

It is of little wonder, our children are calling for change; to tackle the impending disaster that is Climate Change and Environment degradation. They will have to live through this impending emergency. They can see what our leaders refuse to consider. Over 300,000 people, including many school kids, took to the streets around Australia last month calling for change. Does this sound familiar? Our children want to bring about change that our previous generations have failed to run with. The Big Global News is out there, we must change direction. The complacency of consumption has seen us fail to deal with the huge effects of our voracious growth.

Time to take notice of this department of youth!

P.S. - Great to see our Shire Council is formulating a new waste strategy, albeit with no real recycling solution. Ballarat is tackling glass recycling, This should be part of many strategies to address the many environmental issues we face. But it is State and especially the Federal government that should be leading the charge and not just leaving it to the children.

PETE GOAT

Hear! Hear! Steve, the young people are the ones who should be listened to. There is a saying of the elders in an African culture which says that we do not own the land, we are just the custodians for the next generation and they have every right to demand that we do not pass on a devastated planet.

It's hard at this time of year to ignore the culture of sport in Australia which reaches fever pitch with Grand Finals and Cup Races. We've previously discussed the booing of Adam Goodes in a cultural context and at the memorial for Danny Frawley recently, a very emotional Wayne Campbell wondered if we should ask ourselves whether we take sport too seriously. Someone once said football wasn't a matter of life and death - it was much more important than that.

The language we use is interesting: we start with "games" "played" by "players". When we're young we play games for fun, and to develop skills we will use in adult life. But then games become competitive, scores are kept and there are winners and losers. Amateurs [those who play for the love of the game, for the sport | become professional and are paid to" play." And then comes betting - and sometimes there are those who are paid NOT to play. Now we even refer to the football "industry", and a multi million dollar industry too. "Players " are millionaires but are traded for even more millions..and then there's sponsorship. I remember when Greg Norman won his first Open and in an interview his manager was asked if he was excited by his win "Oh yeah," he said "he'll be so much more marketable now". Nothing about fulfilling a boyhood dream.

We've had ball tampering, and thankfully in the recent Ashes was played in a better spirit. We've had Toby Greene and Nick Kyrios bringing their otherwise brilliant sportsmanship into disrepute.

Do we take sport too seriously? There is no doubt that the love of the excitement of a close contest and the passion of the fans [short for fanatics] is a great part of our culture. And in the end whoever wins it's just a game isn't it.

But in the case of climate change the contest is the whole world against a challenge which if not overcome will leave us all losers. Whilst there are those who may not believe that the challenge is of our own making, there are now not many who don't believe the challenge is there. It's getting on for half time in this contest and we are a very long way behind.

Unfortunately it's not just a game, this is the real thing, but if we took it half as seriously as sport with the passion, teamwork, belief, skill and desperation that we admire so much [not to mention the money we happily spend on it] we could all be winners. The old goats are kidding themselves if they don't listen to the kids.

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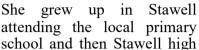
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Vale Marie Janet Ridd

Pam Ridd

Marie Janet Ridd born on the 18th of November 1925 in Stawell, oldest child of Allan and Alma Phillips. A younger brother Bill and sister Dorothy followed.





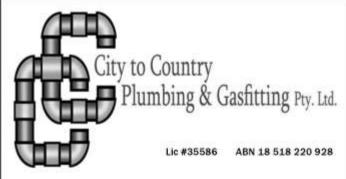
school. After school she worked for 9 years in administration before she married Jack Ridd becoming a farmer's wife, with the first years of their marriage living on the family farm at Wal Wal.

In 1952 Jack and Marie took up a Larundel Soldier Settlers block, lot 1, at Elaine where their 2 sons John and Peter were born. Marie became part of the community playing tennis and joining Red Cross with the boys attending Elaine PS and joining the local sporting clubs. The family remained on the farm until the early 70's when Jack became assistant weir keeper at the Bungal dam.

On Jack's retirement they moved to Sebastopol where they lived until Jack passed away in 1997. Marie then lived in a unit at John and his wife Pam's home in Cardigan Village until at the age of 90 she moved into the BUPA nursing home where she made many friends among both the residents and staff. She was wonderfully cared for in this wonderful facility.

Marie passed away peacefully on 17th September 2019 in her 93rd year.

Those who remember her will recall a fervent Cats fan with a wicked sense of humour, and that she challenged us all with her stubborn cantankerous streak. Marie laughed, she loved, she lived and she will never be forgotten.



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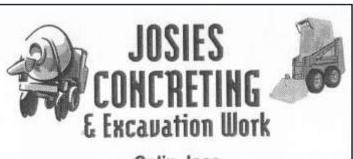
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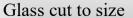


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Obligatory Generosity

Sometimes, I hate generosity.

Not all generosity, of course. It definitely has its crucial role to play – a role that would make the world a better place if more people practiced it.

Now, these two sentences might be a juxtaposition but hear me out.

Sometimes the everyday, run-of-the-mill generosity that is born from obligation and societal politeness can be a bit of a burden. A burden where two parties are led down a path of not only mutual embarrassment and indebtedness, but also straight into the strong current of a 'shouting' cycle.

It was while waiting in line with a new colleague at a small, trendy little whole-in-the-wall café, that I realised how easy it is to get caught up in the cycle of having to pay back someone who 'shouted' you something.

Over the loud nightclub music (hence the 'trendy') we shouted our coffee orders (yes, past-me's predictions in the May issue were correct) and before I could open my own wallet, my colleague tapped their card and mouthed what I can only assume was 'you can get the next one'. And just like that, there I was: indebted.

While, understandably, you may think 'why didn't she just hand over some cash?', you just have to watch the news at least once a week to hear about our downward spiral into a cashless society. While usually my life's ambition is to never be caught without cash, I use it instead of my card and then I'm back to square one.

Now, I don't know about you, but this debt hangs over my head until I pay it back. I think about it constantly. Whether it is a coffee, lunch, a movie or a drink at a bar, it sits in my mind like red text on a bank statement.

I would be working away at my computer while keeping an ear out to hear them subtly say they needed a coffee – I'm not yet addicted enough to initiate a coffee venture myself.

Eventually, I finally got my opportunity. They began the charade of taking out their wallet while inside I could tell they were praying I remembered it was my turn. 'No! My turn!' I shouted over the music and wiped away the debt with a tap of my card. Magic.

The fear of course is that they'll get you next time. But just like drinks in bars and a lunch in a place that prefers not to split bills, sometimes you have to be selfish. Insist that you pay for your own meal or drink and try not to let their 'oh, so you're not offering to shout' looks deter you. Generosity is stressful when obligation is the motivation. Handle with care

Gem-





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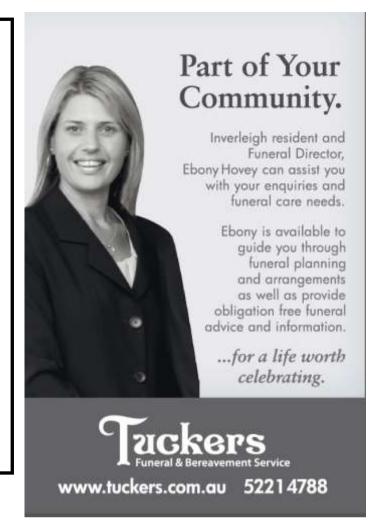
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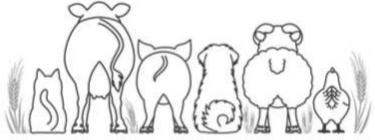
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Jodie at Back Creek

Marg Cooper

An idea! When Geelong Christian College bought the café on the corner of Staughton and Wallace Streets in Meredith, the CEO asked Jodie Ward if she was interested in being the manager of the café.

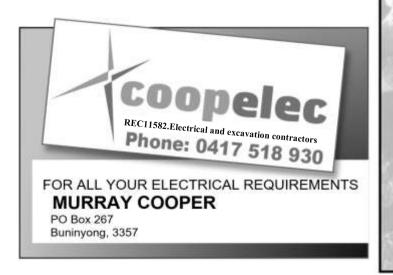
But it wasn't just managing the café which they called "Back Creek". The job involved setting up a new business and developing a new concept in children's education. The idea was for year 9 students form the Christian College, while attending the Back Creek Farm Campus at Clarendon to spend time at the café to learn hospitality skills.

Jodie had been a student at Geelong Christian College as had her sister and her daughter, and had had a lot to do with the school over the years. She tells that she doesn't really have a career but that she has always had a job, many of them in hospitality, and her family had a fish and chip shop in Torquay when she was growing up. She tells that jobs find her, as this job at Meredith did.

It was challenging. The menu was always fairly basic so the students could manage to make the dishes, there is no supermarket nearby if you ran out of supplies, students varied greatly in their interest, their abilities and their devotion to the job etc. Jodie tells that it is easier now that the students don't stay the night at Back Creek but come from the farm at 8.30 am and leave for the farm about 4 pm.

Jodie has enjoyed her 4½ years at Meredith but has decided it is time to move on to maybe a part time job in a different field, to baby sit her granddaughter more often and maybe fostering more children. It breaks her heart that children through no fault of their own are without families, love, discipline and stability.

Good luck in your new endeavours Jodie and thanks for your hospitality. I also enjoyed the cherry pie with ice-cream that you always managed to have ready for me on Thursdays.





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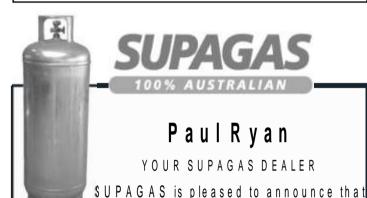
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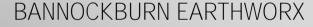
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MEREDITH VILLAGE TRIVIA NIGHT

IN HONOUR OF TRUDY MITCHELL

Jo Vermeend

On the 14th of September, our little village came together to celebrate life, love, friendship and Trudy. It absolutely warmed my heart to look out and see all the kinder mums (Past and Present), Oh and Adam, My beautiful family, friends, work colleagues, neighbours and friends of Trudy from near and far. I am so thankful that Paul, Michael and Jacinta stopped by to catch up and wish us well (I will be holding you to that run next year too Paul).

With Trivia, Raffles and Silent Auctions on offer, the Meredith Memorial Hall was full to the brim.

We started the night with a group photo and a run down on the rules. The rules were simple, 3 rounds of trivia, each

with 3-4 sets of questions and the table with the highest score wins. Bribes were encouraged so for a small fee of \$5, you could be given the answer to any question and swearing would see you add gold coins to the swear jar on each table.

Between rounds, people had the opportunity to bid on the various Silent Auction prizes which ranged from AFL

memorabilia, household items, garden equipment, memberships to the most desirable places, clothing and everyone's favourite Meredith Dairy produce. They could also try their luck with the lucky Joker game and raffle ticket prizes.

Leah Phillips (Meredith Community Centre Admin Officer and Civil Celebrant) MC'd the night with rave reviews of her ability to keep the night running smoothly and all the Patrons in line...."Hands On Heads Everyone".

Controversy ensued in the first round because I forgot that the Meredith Road house used to be pink....please forgive me?

I heard stories of Villagers bidding on items just to up the price and win, only to give the won items to others who really wanted them.

Our hearts were full and our pockets deep. I am so proud of our little village as I get to announce the tally to date of The Road to Melbourne Marathon, Love Your Sister Campaign.

We have raised a massive \$5125.00!!!!!

Now that truly is awesome and so is each and every one of you.



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Yummyeasyanddelish

Pear & Raspberry Cake

Serves 8-10

Prep time 20 minutes.

Cooking time 1hour 15 minutes

Ingredients

2 ripe pears (any variety you like)

1 lemon, juiced

180g butter

180g castor sugar

2 eggs

200g self-raising flour

100g ground almonds

2 tbsp milk

250g fresh or frozen raspberries

Whipped cream, to serve

Method

Preheat oven to 180 C. Line base and sides of a 20cm spring-form cake tin with baking paper.

Peel and core the pears. Roughly chop them and squeeze over the lemon juice to stop them browning.

Cream the butter and sugar in an electric mixer until pale and fluffy and the sugar has dissolved. Beat the eggs then add them to the butter and sugar mixture a little at a time, beating between each addition.

Combine the flour and the almonds, and fold into the creamed butter mixture in three separate lots. Add the milk and stir through, then add the raspberries and pears.

Scrape the mixture into the cake tin and bake for 1 hour and 15 minutes. Cake is cooked when a skewer inserted into the cake comes out clean. Let cake cool before removing from the spring-form tin.

Serve dusted with icing sugar and whipped cream.

Recipe from - A family friend.

Stefania



"The Year Everything Changed 2001" by Phillipa McGuiness

The author says her job is to commission authors to write books which she develops and publishes. After she established that, things did change in 2001. 2001 was the worst year of her life when she buried her new born son, Daniel in Singapore's Chua Chu Kang Lawn Cemetery. She resolved to write this 2001 book herself.

McGuiness begins the book with her own story of heartbreak and continues with a record of what she calls an "enormously horrendous year" where so many things changed politically and economically, globally and in our own country. It was the year of 9/11, of elections around the world, of the asylum seekers on the Norwegian vessel Tampa, of the Centenary of Federation, of the implosion of tech startups, of the ipod launch, of G8 protests in Genoa, of the AIDs crisis, of Mt Etna exploding, of the collapse of Ansett, of the war in Afghanistan and many other incidents. If it were a novel you'd accuse the writer of trying to pack too much in!

Certainly the author has documented all that happened in 2001. She has included people, mood, currents and connections, sometimes even grand theories, analysis and meaning, opinion and emotion. She is broad and deep, sometimes even grand. There are many stories, some you know and some you may not know. For example: "Nowhere in 2001 did the struggle for power seem quite as Shakespearian as in Nepal, where, at the end of May, King Birendra Bir Bikram Shah Deva was shot and killed by his son, Crown Prince Dipendra. The Crown Prince then murdered ten other members of the Nepalese royal family having dinner at the palace. He then shot himself, but survived. Just. So, as the next in line even though he was in a coma, the mass murderer became the king, until he died soon after. The dinner party scene makes me think of Hamlet, but with paramedics and sub machine guns, and a bunch of Maoists waiting in the wings."

People said," Oh, everything changed after 9/11. The author questioned, "Did it?" Just because you utter a phrase reflexively and with great portent doesn't make it true. She thought it was an interesting thing to explore



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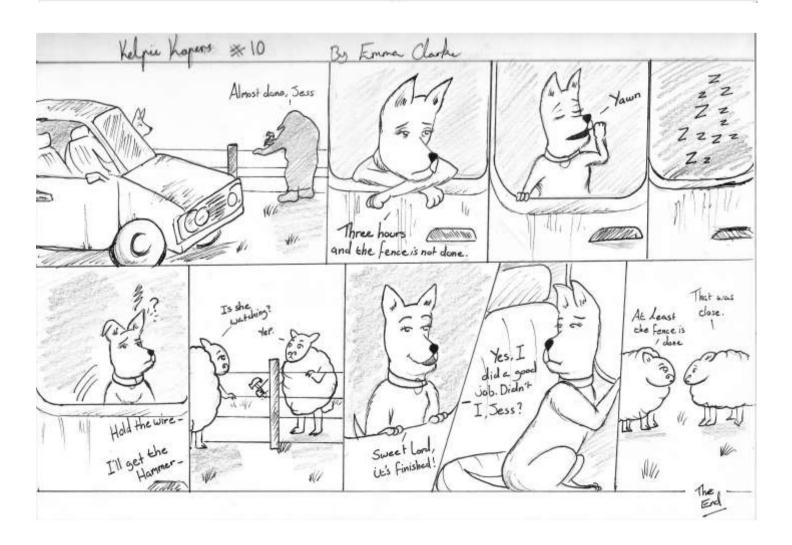
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Sun 8am to 7 pm



Let's remember Sidney Johnson

Marg Cooper

There are several plaques that are an important part of the history of Meredith State School. One of them is an extraordinary oval silver plaque, now attached to framed words that tell us that the plaque was presented to Mr Sidney Johnston on his departure from the school in 1894. The plaque was originally on a musical instrument, a Cor Anglais (which is a double reed woodwind instrument in the oboe family).

Sidney Johnson was born in January, 1850, was a teacher from 1864 until 1867 and was the teacher in charge of the Meredith Church of England School No 408 from 1871. When that school closed in 1874 and State School No 1420 opened on July 1, 1874 he became the Head Teacher. He enrolled 8 grades. The school opened in a new bluestone building on a site of 4 acres. The building was built to accommodate 100 children.

Throughout his time at Meredith he studied and passed Matriculation subjects including Physiology, Chemistry, Latin, Algebra, Euclid, English, Geography, Arithmetic, Geology, Mineralogy and Mechanics. The Inspector's reports describe him as quiet, firm, rigorous and an industrious teacher.

It is written that he lived opposite the Post Office (where the Post Office was at that time). Mr Johnson was involved in the community with roles including being the Hon Secretary of the Cemetery Trustees in 1887 and as a jury man in a murder case in 1879. In 1888 he presided at a concert to raise funds to improve the manse.

Sidney Johnson taught in Meredith until 1894, a total of 23 years. In recognition of this service the people of Meredith presented him with the plaque on a musical instrument when he left Meredith. He retired in December 1910.

The Johnson family gave the plaque, attached to the framed words, to the school in May 1964.

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As Pleased as Punch

The Things
We Say

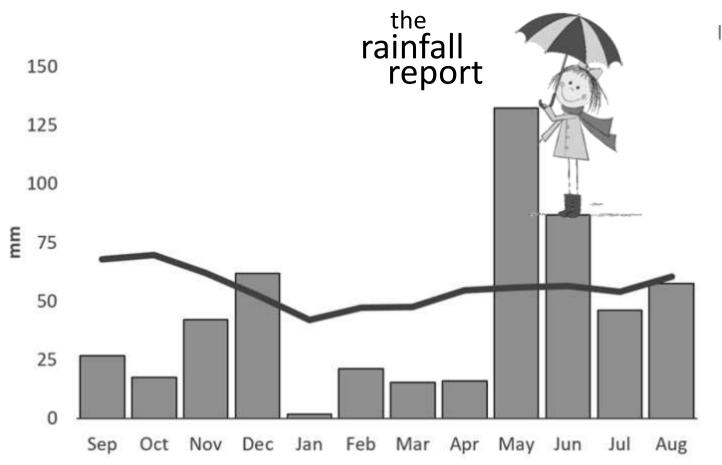
Gemma Hanan

Used to describe being extremely pleased with something, this saying comes from a cringeworthy origin. Pleased as Punch originally referred to the doll from Punch and Judy shows rather than something as innocent as fruit punch. Derived from 16th century Italy, the shows saw Punch depicted as a violent man who was his happiest when committing violent acts.

Hence, pleased as Punch.









A Way of Life by KERRIE KRUGER

A PRACTICAL GUIDE TO A MORE SUSTAINABLE LIFESTYLE

I love to grow herbs; I love their flowers, colour, shape and of course their smell. My garden here in Meredith is slowly taking shape and herbs are planted everywhere, as they are so important for our health and wellbeing, but did you know that they are very useful in the chicken house?

The great news is most herbs are easy to grow. Most are not finicky about their soil and can live on less water and in full sun more than some other members in the garden.

Many herbs are perennials so once you have the plants established it will continue to provide for years to come.

Herbs that are definitely on the "good "list include oregano, thyme, parsley, basil, mint, dill, sage, marjoram, lavender, calendula, comfrey and garlic.

With my chickens I use herbs for three purposes:

- 1) to ensure the overall health and wellbeing, preventing illness, to repel insects and calm chooks if they are stressed or upset. Fresh or dried herbs in their nesting boxes not only work as insecticides, but also have antibacterial properties.
- 2) to ward of insects (especially mites) and rodents,
- 3) for the fragrance. I put herbs in their nesting boxes and scatter some on the floor to repel bugs and help the henhouse smell nicer.

I tend to use herbs as chicken aromatherapy by hanging aromatic herbs in bunches around the henhouse, sprinkling into their dust bath or nest box.

If you are hanging a bunch of fresh herbs in the house, it's fine to leave them up indefinitely, but if you are sprinkling them in nest box it is best to remove after a week, so they don't begin to go mouldy.

Some herbs and their Uses:

Basil- Used for mucus membrane health and has antibacterial properties

Catnip- Repels insects and used as a sedative/relaxant

Dill- Respiratory health, antioxidant properties, sedative/relaxant

Fennel- Enhances reproductive health (egg laying)

Garlic- Enhances reproductive health (egg laying) / helps control parasites

Lavender- Smells wonderful, lowers stress, circulatory health, insect repellent

Lemon Balm- Smells nice in the coop, lowers stress, antibacterial, repels rodents

Marigold- Enhances reproductive health (egg laying). Marigolds are also edible for both people and chickens, and they're said to make your chicken's egg yolks more orange, so if you want, you can offer the petals to your

chickens.

Mint- Used in nest/coop - (all kinds) – insecticide and rodent repellent. Mint is extraordinarily useful for many things when it comes to your chickens and I always grow lots of it around the garden. Mint is great to put in nesting boxes along with lavender to stimulate laying, and it will create a fresh, good smelling environment for your chickens.

Nasturtium- Enhances reproductive health (egg laying), antiseptic, antibiotic, insecticide, de-wormer

Parsley- Promotes circulatory system development, enhances reproductive health (egg laying), rich in vitamins

Pineapple Sage- Promotes nervous system health, smells wonderful

Rosemary- Pain relief, respiratory health, insect repellent

Sage- Antioxidant, helps control parasites,

Thyme- Promotes respiratory health, antioxidant, has antibacterial properties, helps control parasites

Use of herbs is dependent on treatment required- as strewing, on feed, in water or as a tonic.

This is just a brief overview of herb uses, please ensure you have sufficient knowledge before using.

As much as I love using herbs with my chooks, they do not replace good chicken housekeeping, I consider them an additional, non-chemical way to assist in keeping the chook house mite, rodent and parasite free.

They also tie in beautifully with having a flourishing herb garden!

So, get out your herb books, or borrow some from the library, and get planning your herb garden because when it comes to our chickens and their eggs, it's important that we keep our feathery friends happy and healthy.







Bannockburn Pharmacy Newsletter

Proprietors: Scott Wilkes & Damian Bennett

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<u>Christmas Shopping Night – Friday 22nd November</u>

Mark it in your calendars, our annual Christmas Shopping Night will be held at the Pharmacy on FRIDAY 22nd November from 6:30pm to 9:00pm. Last year we had a huge number of people attend the evening that had a great time. Again this year there will be lucky door prizes drawn during the evening and there will be in excess of \$2000 worth of prizes to give away on the night! Plus there will be finger food and drinks provided throughout the evening. We will also have Clyde Park Vineyard here with wine tasting plus bottles of wine at special prices available to purchase on the evening as well. On the night will be offering our Loyalty Club Members 30% off all gifts!! This will be a great chance to kick start your Christmas Shopping if you haven't already started! Please

bring your friends and family and join on what will be another fun and enjoyaevening on Friday 22nd November from 6:30pm to 9:00pm.

Opening Hours: us

Mon: 9:00am-6:00pm

Baby Club Tue: 9:00am-6:00pm

Did you know that we have a Baby Club!. If you have a child who is under years of age we can join you up to our club. Once they turn 2, we transfer any money you have accumulated back to Loyalty Club. Below are some of the efits of joining our Baby Club:

next visit

Wed: 9:00am-6:00pm

Thu: 9:00am-6:00pm our ben-

FREE to join Sat: 9:00am-1:00pm

We will add a \$5 sign up boto your Baby Club to spend on your

10 cents for every \$1 spent (Double normal loyalty club amount) on products bought within the following categories: Children's Health, Franjo's Kitchen, MooGoo, Therapeutic Skin care, Health Management, Mother & Child and Vitamin & Supplements.



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Wednesday: 8:30am - 6:30pm

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Friday: **8:30am - 6:30pm**

Saturday: 8:30am -1:00pm

Sunday: CLOSED

<u>Christmas Shopping Night – Friday 22nd November</u>



it's **H**istory

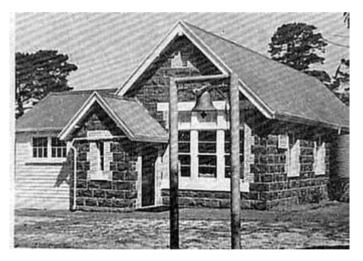
Meredith History Interest Group

Meredith State School:

On Sunday September 15 we visited the school, met the Headmaster, heard how Education in Victoria began, learnt about the history of the bluestone building at Meredith and several school plaques before touring the school and grounds and listening to the school bell toll. A book called "The Travelling Bell" which documents the history of the bell at Meredith School was compiled and read beside the bell by Marg Cooper before John Parkinson ceremoniously rang the bell. (The bell came from Morrisons State School where John had been a student and he had often rung the bell, for fun, after the school closed. The school building was shifted, and then the bell came to Meredith State School). We then adjourned inside for afternoon tea and a social gettogether.

Time-line:

The time-line of Meredith has been re-created and displayed behind glass in the entrance to the History Centre so visitors can instantly see "when it all happened". Thanks to Tony Scott and Bev Loveday for making the time-line happen! It is bright, clear and fills the spaces to perfection.



Bannockburn Library:

The library is hosting a display to commemorate the Centenary of Armistice Day created by Geelong Heritage Centre from September 16 to October 13. As part of commemoration MHIG has been invited to present a talk at the library on October 10 at 2 pm. We are going to relate how Meredith celebrated the return of soldiers, how Meredith celebrated and the impact of WW1 on our local community. You are welcome to come along.

Calendar:

The theme for the 2020 calendar is property names. They are displayed at entrances in many different ways. There are old names and modern names. Some signs are new

and pristine and others are somewhat shabby...but attractive!

The calendar will be for sale in late October. The profits will go to MHIG.

Significant Trees of Meredith: PHOTOGRAPHS WANTED

You are invited to take a photos or photos of a tree or trees in Meredith & District that is/are significant to the area or to you and tell us why. The opening of the exhibition will be on October 20 at 1.30 pm.

WANTED: Has anyone got a photo of the pine trees that used to be along Russell Street in the school grounds or the trees along Lawler Street in the Catholic Church grounds? Gwenda and Joan (Shell) describe how a huge Cyprus tree was in the corner where the gateway into the school is now. Its limbs came to the ground making a natural cubby house.

Hedges are hard to photograph but significant. Think of the cypress hedge on Staughton Street in front of what was the Meredith Hospital, the hedge on Mt Mercer Road in front of what was Creeds and the beautifully maintained hedge at the gateway to Larundel on Orrells Road.

Photograph entries are due by Saturday, October 12 but we would welcome entries before this date so we can prepare them for display.

Catalogue: From 9 am on Thursdays.

<u>It's Our</u>

History

A SKELETON FOUND.

(FROM OUR STEIGLITZ CORRESPONDENT.)

The skeleton of a man supposed to be about 70 years of age, was found on the Geelong watershed reserve, Beremboke, on Saturday last by Mr J. Leverett. The bones were scattered about in various directions, not a particle of flesh being left upon them. Information was brought to the Steiglitz police, and a magisterial inquiry was held yesterday by Mr J. Cabir, J.P.

From the evidence adduced, and from particulars since gathered, it appeared the man had been wandering in the vicinity for some days prior to his death, which is believed to have taken place about the end of January. He was seen on January 26th by Mr Leftwick, who is in charge of the watershed, and he was given some food and a cherrywood pipe, the latter being found on the clothes. He then appeared healthy looking, but weak. In the course of a conversation Mr Leftwick had with him he admitted having come from Dean, near Ballarat, and said he was making for Daylesford, where he had a sister. He had no swag at the time, nor has one since been found. A verdict that deceased met his death through exposure and

want of food was returned, and the remains were ordered to to buried in the local cemetery. *Geelong Advertiser (Vic.:* 1859 - 1929) **Tuesday 14 March 1899** *Jan McDonald, Meredith History Interest Group*



The Meredith Kindergarten Committee's Annual ladies market night will be held on Friday 15th November from 7.00 to 10.00 pm

The evening showcases many local businesses. This is always a fun night out for mingling and shopping! Fundraising this year will go to Kinder Committee for additional funds for the kinder to provide additional resources and programs for the Kinder and to Jo Vermeend's great fundraiser for Love Your Sister towards cancer research.

Just a couple of contributors to whet your appetite.





To see some of the lovely businesses and products which will be available on the night visit our facebook page.

https://www.facebook.com/Meredith-Kinder-Committees-Annual-Ladies-Market-Night



Meredith Community Centre

Call 5286 0700 to book your Appointment now!



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Friday Closed

NEWS FROM THE COMMUNITY CENTRE

We are very excited to have secured funding for some fantastic programs coming up at the Centre and what is better is that they are all free

DIGITAL SPRINGBOARD

The first is Digital Springboard is a program by Infoxchange and Google to help people learn the digital skills they need to thrive in work and life. It is a community-based learning program, working to address identified digital skill gaps to ensure no one is left behind in today's digital world. By attending a Digital Springboard course, you can improve your digital skills and open up new employment and career opportunities. We have already run 10 very successful workshops with seed funding and have now secured funding for another 10 programs. See our whats on section above for some of the progams available

Secondly we have funding through the Good Things Foundation for several Be Connected opportunities.

Our Get Online week FREE lunch and Learn. See more above and on our website.

and drum roll please

We have been selected to be a pilot partner in the Be connected Digital health mentor program.

We will have more information as the program rolls out but in a nutshell we will have 2 e-health mentors trained to assist you in finding out how to navigate the new My Health Record and help you to find out safe and reliable information about health related issues.

Discover how easy it is to manage your health online with our free support program.











MOORABOOL Wind Farm



Moorabool Wind Farm will be open for minibus tours departing from the Information Centre at 120 Inglis Street, Ballan.

THIS IS A FREE EVENT, HOWEVER,
BOOKINGS ARE ESSENTIAL AND PLACES ARE LIMITED

https://www.eventbrite.com.au/e/cec-clean-energy-open-daymoorabool-wind-farm-tickets-69158142867

Your entire family is welcome to attend a tour of the wind farm and enjoy the free entertainment and refreshments at our Information Centre.

> Sunday October 27th 2019, 10am - 2pm - 120 Inglis Street, Ballan. Bookings are Essential.

For further information please contact us at 1800 019 660 or info@mooraboolwindfarm.com





MOORABOOL Wind Farm

CONSTRUCTION UPDATE

October 2019



Figure 1: MNWF Rotor lift

Moorabool North Wind Farm

Progress to date

- Construction has been completed on all access tracks, hardstands and foundations
- Substation works complete, awaiting energisation
- Cable reticulation installation complete
- 460 turbine components delivered to site
- Installation of 11 turbines complete
- Partial Installation of a further 8 turbines

Look ahead

- Energisation of substation
- Continued road maintenance
- Continued electrical and mechanical fit-out of each turbine
- Completion of all turbine component deliveries
- Continued turbine erection and commencement of commissioning

Moorabool South Wind Farm

Progress to date

- All access tracks complete to base level
- 54 foundation concrete pours completed 100% complete
- Substation civil works complete
- All Kiosks (turbine transformers) delivered

Look ahead

- Continuation of backfilling and hardstand construction works
- Energisation of Substation
- Continuation of cable laving
- Continued road maintenance
- Turbine deliveries and installation now expected to start in early October



Figure 2: MNWF wind turbine

Speed Limit Reduction

- The Speed limit on sections of the Ballan Meredith Road and Ballan Egerton Road have been reduced to 80km/h until further notice.
- The speed limit on Mount Wallace Ballark road has been reduced to 80km/h.

These changes have been implemented with Moorabool Shire Council to ensure the safety of all road users during construction. These speed limits are now in operation and being enforced.

Turbine Component Deliveries

Oversize deliveries of wind turbine components will be complete at Moorabool North wind farm during September 2019. Deliveries will begin at Moorabool South wind farm in early October 2019 and continue until late February 2020.

Oversize loads include, Blades, Nacelle, Hub, Generators and Tower sections. Deliveries will be utilising different routes to site. These include:

- · From the Western Highway and travelling south along Geelong Ballan Road,
- Travelling north from Geelong on the Geelong Ballan Road through Figure 3: Component Delivery at Port of Geelong Anakie.



The components will then travel to the relevant access points via the local Roads. For further information please see the factsheets available at www.mwftraffic.com

Road Safety

Goldwind places a high importance on road safety for all road users and acknowledges the inconvenience that encountering oversize deliveries may cause. All loads will travel in accordance with the relevant permit conditions and be accompanied by pilot vehicles and in some cases, police escorts.

For up to date information on deliveries please register to receive weekly SMS notifications by texting your name to **0418 975 014**.

Ongoing road maintenance is taking place in the vicinity of the wind farm. Regular inspections are conducted on public roads being used by wind farm delivery traffic. Areas which may present a safety concern are flagged and temporary reduced speed limits put into operation. Temporary or permanent repairs are being undertaken as soon as practicable.

Transmission Line

The transmission line construction is now complete.

The Elaine terminal station has now been energised. Energisation of the transmission line is currently taking place.

> For Further Information about the project please visit www.mooraboolwindfarm.com, www.mwftraffic.com or call 1800 019 660.

BUSINESS TRAINING

AND MENTORING OPPORTUNITIES

Help and advice for your business.

Learn about business planning, marketing, finance and more.



Small Business Bus - Bannockburn

Free one-on-one sessions as well as general advice available Tuesday 15 October 10am to 4pm 5 x 45 min sessions available. Bookings essential

SBMS Small Business Clinic - Inverleigh

Free one-on-one session with a qualified and experienced business mentor Thursday 24 October 10am to 3pm

5 x 45 min sessions available

Taking your business online: What you need to know - Haddon

Thursday 7 November 10.30am to 12.30pm

Cost: \$20

Tax Essentials - Bannockburn & Smythesdale

Bannockburn: Wednesday 13 November 10am to 12pm

Smythesdale: Tuesday 26 November 10am to 12pm

FRFF

SBMS Small Business Clinic - Haddon

Free one-on-one session with a qualified and experienced business mentor

Thursday 21 November 10am to 3pm

5 x 45 min sessions available



To register for these and other events, visit: goldenplains.vic.gov.au/business and follow the link to Business Events & Training -What's on.

FIND US EVERYWHERE! Commission (C)

Walk or Wheel Wednesdays

Let's get active together



Walk to School







What's On!



TELEPHONE: 5286 1100

SUNDAY 6TH OCTOBER 2PM TICKETS \$40



FRIDAY 11TH OCTOBER 8PM JAZZ & HOGES FREE ENTRY

SUNDAY 20TH OCT 2PM
BON SCOTT AC/DC SHOW

ACCCURATE TIX \$20

BEER GARDEN OPEN
ALL WEEKENDS

MEALS 7 NIGHTS WEEK
LUNCH WEDNESDAY - SUNDAY