

MAY 2019

HAPPY
MOTHERS
DAY

Meredith & district News

Our FREE Community Newsletter since 1972



inside



- Remembering Trudy
- The Mount Mercer Fires
- Shoe Art

...and the usual MUCH MORE!

e: news@meredithnews.com.au w: meredithnews.com.au

Compliance Crackdown Seminar

Are you crystal clear on your legal responsibility as an employer or manager of people?

The ground is shifting. In the past year, a number of landmark court decisions have sent shockwaves through the industrial relations landscape. Business is grappling with uncertainty and the risk of getting it wrong.

In this interactive seminar, our award-winning law firm for Workplace Assured will present the essential 'need-to-know' workplace update. Whether you're running operations, overseeing HR, or managing people, this event is your workplace compliance 'health check' for 2019.

Topics include:

- > The basics of compliance with practical tips
- > Casual employment, casual conversion and new regulations to prevent 'double dipping' of entitlements
- > Single Touch Payroll and incoming obligations
- > Work health and safety and the escalation of penalties for negligent employers, including jail time
- > Q&A to get answers around your specific concerns for your business

Get the basics right, reduce the risk of claims, and manage employees with greater confidence.

About the speaker

Luis Izzo

Luis Izzo, Managing Director - Australian Business Lawyers and Advisors (ABLA) has over a decade's experience practicing as a specialist employment and industrial relations lawyer acting for a broad range of employers across both the private and public sector. His advocacy experience in state and federal courts and tribunals is extensive.

In the public sector, Luis has been the principal advisor on department-wide enterprise agreement negotiations, covering tens of thousands of public sector employees. In the private sector, he has advised on enterprise bargaining for the transport, education, aviation, manufacturing, pharmaceutical and food and beverage industries. He has conducted numerous investigations for clients in relation to internal employment disputes and bullying and harassment matters and continues to be a lead litigator in the developing general protections and bullying jurisdictions.

Luis and the award-winning ABLA team are our in-house legal experts for Workplace Assured; our national, 24/7 and proactive employment relations solution for businesses. Our Workplace Assured team will also be present to discuss having access to this exclusive legal service through the Victorian Chamber.



When and where

8 May 2019
Ballarat 1 - 3pm
Bannockburn 5 - 7pm

9 May 2019
Melbourne 8 - 10am
Mulgrave 1 - 3pm

Drinks and canapés will be served throughout the evening

Tickets

This is a FREE event

Powered by



Victorian
Chamber of Commerce
and Industry

Venue partners



City of
KINGSTON



GOLDEN PLAINS SHIRE

To register or for further information

victorianchamber.com.au/events/compliance-crackdown 03 8662 5333

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Subsidise three and four-year-old kindergarten so every child has access to 15 hours of quality early childhood education every week.



Expand Medicare to help cancer sufferers - free scans, millions of free consultations and cheaper medicines for cancer patients.



Stand up for workers and ease pressure on household budgets. Reverse cuts to penalty rates, fight for better wages, end the Medicare freeze and cap rises in private health insurance premiums.

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 fb.com/libbyfororangamite  libbycoker.com.au



Meredith & district NEWS



The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jim Elvey, Dawn Macdonald, David Jones, Stefania Parkinson and Ian Penna. Editor: Jim Elvey

NEWS & VIEWS

Subject to the conditions outlined below, contributions accompanied by the contributor's name (which will also be published) and contact details, are most welcome. Please email to

news@meredithnews.com.au or deliver to the Meredith Post Office or Meredith Hub

DATES AND DEADLINES

The Newsletter is distributed on the **first Thursday** of the month (except January). All ads and submissions must be lodged by 9.00 am on the **last Thursday** of the preceding month, but earlier is really appreciated.

ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. Contact us for full details and lodgement forms. Rates are as follows:

B&W/Colour

Business Card	\$14.00
Quarter page	\$25.00
Half page	\$40.00/\$100
Full page	\$80.00/\$180

Note: A \$20 loading applies for preferred position. Please submit in jpeg format, if available.

Classifieds are **FREE** for small, personal notices from residents. Otherwise \$7.50 on invoice or \$5.00 if paid on lodgement. Community Groups can have a 1/4 page ad for free or a \$25.00 discount on larger ads. (conditions apply)

SUBSCRIPTIONS

If you are outside our delivery area you can subscribe for \$35.00 p.a. (11 issues) and get the Meredith and District News posted to you anywhere in Australia.

CONTACT US

Post Office, Meredith, 3333
Advertising: Ian 0409 016815
advertising@meredithnews.com.au
Accounts: Dawn 0428 861274
accounts@meredithnews.com.au
Editorial: Jim: 0409 163169
news@meredithnews.com.au

WEB

You can check back copies and lodge comments at meredithnews.com.au

ONLINE PHOTOS

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions

connect

**ADVANCE
MEREDITH**
5286 1291

ANGLING CLUB
0419 423 960

**B'BURN ART
GROUP**
0410 808 483

BLUE LIGHT DISCO
5286 1222

BOOK CLUB
5286 8201

CFA
000 for fire calls
Elaine
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Meredith
5286 1502
Morrisons
0417 770 765

CHILDCARE
5286 0700

**COMMUNITY
CENTRE**
5286 0700

CRICKET
Elaine
0448291074

Junior(U16,U14,13)
0448291074
Meredith
5286 1434

CUBS & SCOUTS
Anakie 5281 9497

FOOTBALL
Seniors 0408 545 248
Juniors 0430 587 674

GOLF CLUB
0407 795 342

HISTORY GROUP
5286 8201

LANDCARE
0409 862 326

MEMORIAL HALL
5286 1251
0435 312 984

MEREDITH LIONS
0473 380 552

MOTORCYCLE CLUB
0437 009 250

PLAYGROUP
5286 0700

POLICE PADDOCKS
5286 1273

RSL - 5286 1452

SENIOR CITIZENS
5286 8232

TENNIS
Elaine
0448 291 074
Meredith
5286 1211

SEW 'N' SEWS
5286 0700

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BRISBANE RANGES**
5286 1252

emergency

Police, Ambulance, Fire	000
(from mobile phone)	000 or 112
Meredith Police Station	5286 1222
Power Failure	132 412
Nurse-On-Call	1300 606024
Mental Health Advice	1300 280 737
Poisons Information	13 11 26
Barwon Water	1300 656 007
SES Emergency - flood & storm	132 500
24 Hour Helpline	1800 629 572
24 Hour Drug & Alcohol Counselling	1800 888 236
Kids Help Line	1800 551 800
24hr 5-18yo	1300 363 036
Golden Plains Shire A.H. Emergencies Ranger	0408 508 635 5220 7111 or 0409 830 223
Bannockburn Vet	5281 1221
Golden Plains Vet	5281 2226
Pets and Horses 24/7	0421 617 23

Justices of the Peace

Mr Don Atherton.	0409 869 960
Mr Paul Ryan Elaine	0409 861 296

services

CEMETERY TRUST	MATERNAL & CHILD HEALTH
5286 1550	
HALL HIRE	5220 7230
Meredith Memorial	PRE-SCHOOL
5286 1251	5286 0722
Elaine Mechanics	PRIMARY SCHOOL
5341 5596	5286 1313
Elaine Rec Res	RECREATION RESERVE
5341 5703	
LIBRARY VAN	0429 841399
5272 6010	

..or start something.

If you have a special interest you would like to share with like minded people, let us know and we will help you get it started.



"It may be possible to gild pure gold, but who can make his mother more beautiful?"
- Mahatma Gandhi

SARAH HENDERSON MP

Delivering for Meredith

- ✓ \$2 billion for regional **fast rail**
- ✓ Fixing **Meredith-Mt Mercer Rd** and **Meredith-Steiglitz Rd**
- ✓ Delivering fast **broadband**
- ✓ Funding a new **mobile base station** for Meredith and Steiglitz
- ✓ Upgrading Meredith & District **Memorial Hall**
- ✓ Investing in the Meredith Community **Learning Hub**
- ✓ Backing Meredith **school crossing** safety upgrade



*At the opening of the Meredith
Community Learning Hub*



*Visiting Meredith children in
early childhood care*



*Commemorating ANZAC Day
with Meredith RSL members*

SARAH HENDERSON MP
Federal Member for **Corangamite**

Authorised by C. Henderson, Liberal Party of Australia, 3A/195 Colac Road, Waurn Ponds VIC 3216

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• sarahhenderson.com.au • [SarahHendersonMP](https://www.facebook.com/SarahHendersonMP)





IN OUR NATURE

Wendy Cook

It is a cool morning in late autumn. I wander through a familiar patch of bush. It has rained well in the last week, and dried up moss on the ground and lichens on logs have soaked up water, unshrivelled and become green and soft. A few small brown mushroom-shaped fungi have sprouted among the moss leaves. I follow a wallaby track, carefully down a steep slope into a narrow dry gully, which only flows after heavy rain. As I climb up the other bank, I look hopefully at a dip in the ground to my right. Vibrant purple catches my eye. I duck under a low branch and kneel beside the patch of colour. The dip is filled with leaf litter. Pushing their way up through the brown gum leaves, are five bright, shiny mushrooms known as emperor cortinairs. Over the next few days, their brilliant purple will dull to brown. One of these fungi is larger than the others. The cap on top of its stalk has expanded and reaches like an umbrella above its neighbour. A shadow of rusty brown dust covers the sheltered part of the neighbour, and the ring of membrane around the stalk of the larger fungus.

A gentle breeze wafts up the gully causing this dust to fly. More of it spreads from under the cap of the big fungus. These are spores, which have developed on its gills, and are the reason why the mass of underground fungal threads send up these fruiting bodies. Spores are tiny cells, usually spread on the wind. If one lands in a favourable spot, it will germinate, sending fungal threads into the ground, starting a new colony. Each fungus produces thousands of spores, but only a few will land in a place where they can flourish.

I stand up and look at the large tree behind me. An old woody bracket has grown on its trunk, initiated by fungal threads inside the wood. When it was young, the bracket had a soft layer on its underside, with hundreds of pores, so tiny as to be almost invisible. From these it spread yellow-brown spores on the wind.

Most fungi use the wind to spread their spores, but a few groups have other methods. Further up the slope, I find a colony of small puffballs. They are round, white and covered in warts. As they expand over the next week, the warts will fall off and a hole will form in the top of the ball. A raindrop landing on a mature puffball presses its skin down, causing a puff of olive-brown spores to spurt out through the hole. The skins of larger puffballs often split open to reveal a mass of spores inside. These can be spread by wind or raindrops.

Often fungi are found growing among leaf litter. I find a twig with a group of tiny birds-nest fungi. Each looks like a miniature cup-shaped nest, hairy on the outside, and initially with skin growing across its top. With the skin gone, the 'eggs' are revealed, round, brown and fairly flat. Each egg is a spore, and relies on raindrops to splash it out of its nest. It sticks to the surface on which it lands, ready to start a colony.

A fungus with an even more intriguing means of spreading its spores, is the cannonball fungus, which I found growing on a rotting log. Tightly packed colonies of them grow on wood, bark or herbivore dung. Each yellow cup has an outer and an inner membrane, and is 1.5mm across. Once its covering skin is removed, it appears star-shaped. Inside the cup, a brown package of spores rests in lubricating liquid. When the fungus is mature, the inner membrane suddenly turns inside out, flicking the package up to 6m away. It sticks to the surface where it lands.

I have rarely seen members of the most bizarre-looking group of fungi, the stinkhorns. They develop inside an egg-like sac. The sac splits open and the fungus grows out of it. It may spread arms, and look like a red starfish, or be a ball of white lattice, or be shaped like a phallus, with an intricate net growing from its stalk. All of these fungi, produce a brown smelly slime, which contains spores, and attracts flies. The flies eat the spores, which are spread after passing through their digestive system. Spores are not the only source of food at these fungi. Lizards have been seen waiting on stinkhorns to eat visiting flies.



Two extraordinary fungi: *Sphaerobolus stellatus* or cannonball fungus and *Dictyophora indusiata* - the lattice or basket fungus, a member of the stinkhorn family.





Community

Fire Brigade Officers

Meredith Rural Fire Brigade recently held its biennial elections and Officer positions were filled as follows:

Captain:	Chris Jones
1st Lieutenant:	Robert Kent
2nd Lieutenant:	Ralph Holtz
3rd Lieutenant:	Donna Murrell
4th Lieutenant:	Peter Kruger
5th Lieutenant:	Rod Heard
Secretary:	Olivia Jones
Treasurer:	Rob Kent
Training Officer:	Donna Murrell
Communication Officer:	Josh Medley
Apparatus Officer:	Mitch Miller

I would like to thank everyone that has served our great little fire brigade over the years. We have a bright future and I look forward to the next two years serving our brigade and you the local community.

Chris Jones
Captain, Meredith Rural Fire Brigade

Meredith Senior Citizens

Jim Hynds

Our members met on Monday, April 8 at Bannockburn for a social gathering at the local pub. We took advantage of the superb seniors menu offered at the Railway Hotel. After everyone arrived we soon settled down to a well priced, two course meal from the menu that had many selections to choose from. Well fed, our members settled in to socialising.

One topic that was discussed was our next bus trip which is to be on Monday, April 29. We are venturing to Portarlinton for lunch with a tour of the surrounding coastline.

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GREAT BARGAINS - OPEN WED & FRI

Meredith Playgroup

Meredith Playgroup meets every
Thursday from 9.30am

During the School Term

Enjoy new activities every week. All Welcome

Contact Community Centre for details 52 860 700



Lions Club of Meredith & District

Di Ritchie

At the April meeting of the Meredith Lions Club which now meets at the Meredith Golf Club on the first Tuesday of every month at 7.30 p.m., we welcomed two very special guests.

They were Allan Beales and Tom Beecroft members of the Meredith Masonic Lodge who came to perform a very pleasant duty - to present a cheque for \$5000 as a grant to help beautify Pioneer Park.

The Lions Club is very grateful to the members of the Lodge for this grant and plans have been formulated for improvements to the amenities at the park including a new flagpole, retiling of the barbeque, new seating, renovating some seating, painting of the rotunda and a replacement shade sail.

Work should commence soon and a barbeque invitation will then be sent to members of the Meredith Masonic Lodge to view the improvements.

Tom Beecroft and Allan Beales of the Meredith Masonic Lodge presenting the cheque to Diane Ritchie President of Lions Club of Meredith & District.



Meredith Lions are a great group of community minded people who have fun, work for the community and causes in the world and meet every first Tuesday of the month at the Meredith Golf Club at 7.30 p.m. We welcome new members to join the club. If you are interested in hearing more about Meredith and District Lions call any one of the following: President: Di Ritchie 0408599602, President elect Jim Baker 0419757965, or Mary Foster membership Coordinator 0424037542

The editorial deadline for the next issue is
9.00 am Thursday 30th May

Classifieds

First insertion of small ads are FREE to district residents

Church News



CATHOLIC

St. Joseph's Parish Meredith

Parish Priest Father Charles Balnaves
phone 52861230, 0417319556
parishofmeredith@bigpond.com

Mass Times:

Winchelsea every Saturday at 6 pm.
Bannockburn every Sunday at 9am.
Family Mass every first Sunday of the month at 4.00pm
followed by activities and food.
Meredith at 11 am Sunday May 12th/26th, June 9th & 23rd.
Anakie at 11 am. Sunday May 5th/19th, June 2nd/16th/30th.
Inverleigh 4pm Sunday May 26th.

CATHOLIC ARCHDIOCESE OF AUSTRALIA

St Marys House Of Prayer— Elaine

Solemn mass Sundays 10.00am.
Rosary and Vespers Saturday 5.00pm.
Confessions by appointment Fr. James Ph. 5341 5544

ANGLICAN

Weekly Services, baptisms, weddings, funerals and pastoral care. Contact: Rev. Phil Jacobson Ph. 0419 322 385

Church Office, Byron St. Bannockburn 5281 2553

Service Times: Holy Communion at Anglican Church, Meredith, 11.00am 5th Sunday of the month

Church of Epiphany - Meredith.

11.00am 4th Sunday each month, Holy Communion at Anglican Church. 11.00am 2nd Sunday of month, Holy Communion at Uniting Church

St James. - Morrisons:

Contact: 0429 146 566 or 5368 2730. The Rev. Glen Wesley
1st Sunday of the month at 5pm, 3rd Sunday of the month at 9am.

UNITING CHURCH

MEREDITH Uniting Church

11.00 am, 2nd Sunday each month

BUNINYONG Uniting Church

1st; 3rd, 4th Sundays, 9.30am.
5th Sunday, combined service at Meredith Church of Epiphany, 11am.
Enquires Doug McFarlane 52861283.
Rev. Lindell Gibson 53413 200

SERBIAN ORTHODOX

Fr. Theodore—Ph. 5341 5568
Holy Liturgy 10am every Sun, Sat & Major Feast Days.

ST JOSEPH'S PARISH NEWS

Mother's Day Breakfast Fundraiser

Saturday 11th May 2019 8.30am for 9.00 am start

Clyde Park Winery, Bannockburn

Guest Speakers Silent Auctions Raffles

Cost: \$45.00 /person OR \$40.00 for a table of 10

Children 15 and under \$15.00

Proceeds to St Mary MacKillop Church Building Appeal

Tickets 0408 599 602

Our Cover

Thanks to Ian Murrell
for our terrific cover
image of this year's
Anzac Day March in
Meredith.

The March and
ceremony were once
again well attended.



WOOD EARTHMOVING

TIM WOOD
0407 931 711



Meredith Community Centre
4 Russell Street Meredith 3333 Phone 5286 0700
learnlocal@meredithcommunitycentre.com.au
Open: Mon, Tue, Wed, Thurs 9.00-3.00.
Closed Fridays and school holidays

Recreation



Junior Sports Update

A big thank you to everyone who attended the revitalise junior sports in Meredith meeting held on the 13th of March at the recreation reserve. It was wonderful to have so many community members putting their hands up to assist with the activities.

Moving forward Beck Love will be coordinating activities, volunteers and Auskick, along with Maddy McColl heading up the junior tennis that is moving ahead in great strides.

Beck will be need the support of all who indicated their willingness to volunteer and help run activities to move forward and really see junior having fun through physical and sporting activities whilst building skills.

Thanks again for supporting your community and community coordinators to bring the Meredith community plan to life.

I am pleased to hand the reins over to Beck with her knowledge and expertise to provide future updates and plans.

Jenni Tournier, Community Coordinator

For those of you I haven't yet met, I am Beck Love. I am passionate about removing barriers to provide opportunity for our community to be active. To date, I have worked alongside community stakeholders to develop a starting point for physical activity within Meredith.

As the Lethbridge Junior Football Club President, I have worked with our club and AFL Barwon to merge the Lethbridge and Meredith Auskick sides - allowing for a pathway for junior football. In addition to Auskick and junior football training in Lethbridge on a Wednesday night, we will also run a Thursday Auskick and junior football training here in Meredith from 4.30pm - 5.30pm. This opens the pathway for juniors to train here in Meredith and merge with Lethbridge to play weekly junior football games. With the build up of local Meredith players, the club will endeavour to host some allocated home games here in Meredith - which will be very exciting for our community. For further information, please contact myself or Sharon Boyd on 0421609246.

Our merged Lethbridge-Meredith Auskick team is certainly growing! We have held our first training session - and I encourage anyone considering joining to still sign up! The more the merrier!! It is a great opportunity for children to get outside with a great group of children and learn some lifelong skills! Sessions are held in Meredith at the Recreation Reserve Thursdays at 4.30pm - 5.30pm. Thank you to all the families who came to our first session and kindly helped out - the kids LOVE having family and friends involved in the activities and it would be amazing to get this help each week!!

Maddy McColl has done fantastic work to revive the junior tennis team. Please keep an eye out for further information regarding training at the Recreation Reserve and teams for later in the year.

I have also been speaking with staff from the Golden Plains Shire with regards to youth activities in Meredith -

which has been very positive. Council are looking at some of the possibilities and I will pass these through to our community once they have been investigated. If you have any suggestions or would like to offer help to run activities within Meredith, I would love to hear from you!

I look forward to the growth of physical activity options here in Meredith - and the development of great community connections. I would love to hear any suggestions and ideas from the community. Please feel free to contact me on 0418 320302 or via Facebook

Meredith Golf Club

The Golf Clinics are underway with a great attendance, all those involved have said they are having a great time and look forward to the next session, we had a 2 week break for School Holidays and Easter to fit in with the group. Several of those attending have indicated they are interested in playing on a regular basis with some looking at playing mid-week. This is a great course to learn on because it is very quiet and learners are not rushed to play their shots and sand greens can be challenging but are forgiving if you make a mistake. If you have never played sand greens before we are more than happy to help with some instruction.

We currently have competition days on Sundays and Tuesdays, a round of golf only costs \$10.00 with the current adult membership only costing \$140.00.

With daylight saving over and Winter approaching we have changed Tee Off times to 9:00am for Sunday mornings, if you are interested in joining us for a round come along at 9:00am or join in the back at 12:00pm. Everyone is welcome no matter what ability and if you don't own clubs we may be able to arrange a set for the day.

President -	Peter Nemtsas	0407 795 342
Secretary -	Scott Crighton	0430 480 156
Club Captain -	Paul Mitchell	0448 523 821



Meredith Angling Club

Trash and Treasure (Ballarat Showgrounds)

The club is looking for any able bodies to help volunteer their time for our sausage sizzle fundraiser at the trash and treasure Ballarat showgrounds on the 19th of May at 8.30am-3pm.

Any help would be greatly appreciated. Please contact Bert if you are able to help out. berteld@ncable.net.au





little
GEMS



Foresight is 20/20

A lot of people probably rely on hindsight to tell them where they went wrong. And in most cases, that's the only way it works.

It's only after the fact that they can see that eating the tenth chocolate egg of the night was going to be the straw that broke the camel's back. And only when they are curled up in the foetal position on the couch can they fully appreciate how their decline came about.

Ask a smoker how they took it up and they'll most likely tell you that it began as a social habit. That they didn't realise they had a problem until they found themselves lighting up in the cold light of day by themselves.

Unlike these seemingly innocuous steps towards a recipe for hindsight regret, I took my path consciously. Not in the same way you chose to unwrap that last egg or because you chose that first puff. It started because I knew this bad habit would work to my advantage.

I've been a staunch tea drinker since my late teens. Using my way-back-when UK heritage as a tool, I often placed my tastes above those of caffeine addicts, viewing tea as the superior beverage.

My coffee journey could have begun at multiple points which would have led to a path that could only be traced through hindsight. It could have started from the bowels of a bad hangover when I turned to the coffee-cure cliché. Except that it never worked. It only succeeded in making my self-inflicted illness considerably worse.

It could have begun when my friends started drinking it to stay awake during long nights cramming for VCE exams. But again, the violent shakes, nausea and bad breath weren't for me.

No. Instead it took a new job and Melbourne's café culture to drag me in to the hellish arms of coffee junkies. Where smokers get more breaks for their habits, coffee drinkers get more networking opportunities. And a universally empathised-with excuse as to why they just said something silly or yawned too loudly in a public setting.

If you don't want to pay a premium café price for a supermarket tea bag brand or increase your intake of the 'evil' sugar in hot chocolate, there's not a lot left to allow you to fake your way into the tight circle of coffee drinking colleagues.

Additionally, the search for 'good' coffee can take you out of your building and down the street. A decent walk to a favourite café is considered a suitable reason to be away from your desk. And many a beneficial working relationship has been created over cups of steaming hot bean juice.

I can see the decline. I may be faking it with my whispered order of 'small half strength latte' when 'oh, I just had one,' doesn't suffice, but soon it will soon turn to a medium size. Eventually it will become full strength and, before I know it, I'll be suffering withdrawal headaches and stained teeth. But that's for future me to worry about.

Gemma

Planned Burning Program

Forest Fire Management Victoria (FFMVic) has started its autumn planned burning program to reduce the impact of bushfires on the community and environment across the Grampians region, which extends from Bacchus Marsh and north-west to the South Australian border. Reducing bushfire fuel means fires are less intense, making it more likely that firefighters can contain them before they spread and impact on people, property and the environment. Planned burning is a vital part of the work that FFMVic and our partner, CFA undertake to reduce the impact of bushfires. While conditions remain dry across the region, we expect opportunities to burn will become available in the next few weeks.

Victoria is bushfire-prone and much of the state has experienced extremely dry weather over the past two years, particularly in the first three months of this year.

From DELWP Grampians "Community Conversations"

GO ON....SMILE!



Daughter: Mum, what's it like to have the greatest daughter in the world?

Mum: I don't know dear, you'd have to ask Grandma.

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A lawyer, who had a husband and seven children, decided to move but she was having a lot of difficulty finding a new house. When she said, she had so many children, no one would rent a home to her because they felt that the children would destroy the place.

She couldn't say she had no children, because that would be a lie and we all know lawyers cannot and do not lie. So, she sent her husband for a walk to the cemetery with six of their kids and took the remaining one with her to see rental homes with the real estate agent.

She loved one of the homes and the price was right -- the agent asked: "How many children do you have?" She answered: "Seven."

"Seven!", the agent said, "Where are the others?"

The lawyer, with her best courtroom sad look answered "They're in the cemetery with their father." They got the House.

MORAL: As politicians well know, it's not necessary to lie, just choose the right words.

MAUDE FIRE BRIGADE

TRASH, TREASURE & CRAFT MARKET

Maude Recreation Reserve

Steiglitz Road, Maude

Sunday 5 May 2019

Opening at 9am

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White Elephant Stall

Betsie the Barista



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Natasha Ford, Russell Ford, Owen Lewis, Sarah Tustin

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Plains Youth Art Exhibition

The Golden Plains Shire Councils Youth Development team delivered the Plain Youth Art Exhibition in Meredith on Thursday, April 4 to celebrate Victorian Youth Week, 2019.

Over 50 community members attended the twilight event that showcased the creative talents of 14 local young people who were: Sebastian Bellamy, Hannah Hall, Mia Troy, Joshua Maxwell De Hong, Jenna Kernaghan, Zoe Lugg, Trinity Crawford, Izzy Massey, Aimee Van Der Meer, Yasmin Prosser, Peetha Van Der Veen, Jessica Ryan, Rhys Evans, Darcy McConnell and Alec Brinkman..

Submissions were printed on canvas, suspended from wooden frames and displayed in a field in Meredith next door to the BOP in Wallace Street.

The twilight event capitalised on the iconic Golden Plains sunset that added additional beauty to the event. The mobile exhibition will shortly begin a roadshow across Golden Plains Shire to reach a broader audience.

Golden Plains would like to acknowledge the State Government for their generous funding of Victorian Youth Week.

Mark De Campo, Senior Youth Development Officer, Golden Plains Shire Council.





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Landcare News



Bamganie-Meredith

REVEGETATION WORKSHOP

Although the Easter break meant there was no meeting in April, the Landcare group has still been busy! On Saturday 6th of April 15 people attended the Revegetation Techniques Workshop hosted by the Bamganie and Meredith Landcare Group in the Meredith Memorial Hall.

The workshop was presented by Stephen Murphy who established and operated Treehome Nursery in Teesdale. During the workshop Stephen provided insights into successful revegetation techniques based on over 30 years of landscape observation and management of revegetation projects, as well as scientific research.

The workshop was divided into three sections:

1. Plant identification and diversity;
2. Design and layout of projects, improving biodiversity and making projects profitable; and
3. Incorporating profit into new and existing revegetation projects.

Those attending left with a greater understanding of:

- Basic plant identification and biodiversity
- Revegetation design, attracting wildlife, and selecting plant species
- Creating habitat using structural layers
- Site preparation and maintenance
- Generating income from revegetation and biodiversity plantations

The workshop explored alternative approaches to the principles and techniques traditionally used in revegetation projects, such as how to generate income from revegetation projects. Examples of how this can be done include incorporating plantings that consist of 30% forestry species for timber harvest, creating bush foods, bush floristry (i.e. native banksia flowers), seed harvesting and incorporating species to make speciality products, such as yellow box trees for delicious honey. More information about generating income through revegetation can be found on Stephen's 'Recreating the Country' April blog: Biodiversity and profit – creative thinkers pushing the boundaries,

<https://www.recreatingthecountry.com.au/blog>.

Our Landcare Group is inclusive of all members of the community; we encourage people to come to our events and to become members of our group.

Next meeting: 7:30pm Thursday 16 May at the Meredith Community Centre. All welcome!

Shoes in Art Exhibition

Marg Cooper

This is a fun exhibition of "Shoe Artworks" and "Shoes with a Story".

The exhibition is at the BOP Arts Co-operative, Wallace Street Meredith.

The official opening is on Saturday, May 18 at 2 pm.

But the doors of the BOP will be open on May 18, 19, 25 and 26 from 12– 4pm.

Afterwards the exhibition will be displayed at the Bannockburn Cultural Centre.

Bev and Marg who have a "fetish" for shoes have invited artists to join them for a bit of fun by creating and displaying shoes in art. And shoes can be so artistic! We have suggested that the artists make a shoe, draw a shoe, make something with a shoe or decorate a shoe. There are so many possibilities!

"Shoes with a story" will also be on display. Wedding shoes, unusual shoes, found shoes, or shoes you danced all night in!

You are invited to "put your best foot forward" and come to the exhibition at the BOP or at the Cultural Centre at Bannockburn. This is a fun exhibition! Artistic! Eccentric! Exuberant! Unusual! & Quirky!

Join in the fun and wear some artistic shoes. Come and listen to shoe music. We are not promising shoe food at the opening but you never know!

For more information: Bev, 0438514176 or Marg, jeffandmargcooper@gmail.com



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Honour Boards

Marg Cooper

Meredith and District Roll of Honor

The Large board in Meredith Soldiers Memorial Hall was organized by the Vigilance Committee of which Mr Griffiths was the President.

It was decided to unveil it on the second Saturday in February 1919 but because of the epidemic of influenza the unveiling was delayed until June 1919.

“The mechanics Institute was crowded on Saturday afternoon when Mr Lister MHR unveiled the Roll of Honor. The hall and stage were nicely decorated with flags and pot plants.”

Hon Mr Austin said that he regretted that he had time only to say a few words as he had to catch the 4 pm train back to Geelong but he urged that nothing was too good for our boys who fought and died that we may live in peace and comfort.

Mr Matheson of Moranghurk Estate, Lethbridge kindly offered to defray the cost of the Honor Board.

Meredith State School No 1420 Roll of Honor

The other large board is the Meredith State School Roll of Honor.

As early as July 1915 the Head Teacher had a list of 17 old boys who had enlisted for active service and was glad to hear of any others as it was intended to erect an honour board in the school.

There was a large attendance at the Mechanics Institute in November 1920 in aid of funds for the State School Honour Board.

I don't know when it was unveiled or by whom but the head Teacher was very patriotic. When an enlarged framed photo of Pte Charles Wyatt who was KIA on July 19, 1916 was presented to Meredith State School in September 1917 the Head Teacher promised to try and have portraits of all “old boys” who have enlisted, placed in the school. Mr Pilkington the Head Teacher had four brothers on active service and a sister who had resigned as Matron of St Arnaud Hospital to go to Europe as a Red Cross nurse.

War Memorial or Cenotaph

In 1923 at a public meeting in Meredith it was

unanimously agreed to erect a memorial to the fallen soldiers of Meredith and District. Mr J. Matheson of Moranghurk, Lethbridge was elected President and Mr Robert Grant of “Willura” Meredith Hon Secretary and Treasurer.

It was reported in the Geelong Advertiser on March 29, 1924 the memorial for the soldiers killed in the war has been erected and will be unveiled probably on Anzac Day.

It was erected on the corner of Staughton and Wallace Street.

Bamganie State School Roll of Honor

There was a large attendance of local and district residents at the Bamganie State School on December 6, 1918 to join in the ceremony of unveiling the Honour Board.

Mr J. Henderson, the Secretary whose untiring unselfishness in all patriotic matters is well known, said that the general committee regretted the absence of the President of the Bannockburn Shire C.J. Synot, therefore he had been asked to unveil the roll.

Mr R. McColl said he was delighted to be present at the function of honouring their boys, the records of whose glorious deeds would be handed down in history.

This board has hung in the Shire Hall at Bannockburn since it was repaired after being found in the vault at the Meredith Shire Hall in 2002 after spending 32 years hidden away.

Woodburn Creek State School Honour Board

It was last seen in 1988 at the Bicentenary Celebrations in Meredith Hall where it was displayed.

Anyone knowing the whereabouts of the Honour Board, anyone having a photo of the Honour Board or anyone who can remember what was on the Honour Board please contact Marg Cooper on 52 868201.



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STEVE and PETE GOAT



PETE GOAT

The Melbourne Comedy festival is an amazing cultural event which grew out of the comedy scene in Melbourne from the late 80's through the 90's in live venues like the Last Laugh and television like The Big Gig and Full Frontal. I hadn't been for a couple of years at least but managed this year to get to one show, appropriately Sami Shah's "SACRIFICING A GOAT" . Sami Shah is a comedian and journalist who now co-hosts ABC radio 774 Breakfast.

The title of his show comes from the story of why he chose to flee Pakistan and why he's such an advocate for the right to free speech. He was doing stand-up and in the course of his act he began to tell the Old Testament story in Islamic tradition of Ibrahim, his son Ishaq and the sacrifice of a goat (which corresponds to the Christian tradition of Abraham, Isaac and the sacrifice of a ram.)

When he got to this point in his show in Pakistan a man in the audience called out that he should not continue "OR ELSE....." Now in Pakistan threats like that are to be taken seriously and as Sami had grown up in a Muslim family but declared himself an atheist he decided he would not hang around and found his way to Australia.

As he went on to say, in Australia he feels free to tell the story of Ibrahim and the sacrifice of the goat without being threatened and he thinks that's a great thing about Australia.

The strange thing was he never went on to tell us the joke in it, presuming there was going to be one, but did explain that in Muslim culture a goat is traditionally sacrificed at Eid and some of the meat is given to the poor.

Sami went on to tell more stories of what he could say in Australia and couldn't in Pakistan and very funny they were too. He has an extraordinarily quick wit and pace of delivery. Then he told us that though free speech in Australia is a great thing he has experienced a lot of racism. And he made the claim that only white people are racists which I have to say I think some might question BUT the thing was he got away with it by then making a joke out of it by saying "in Pakistan they don't care what colour someone's skin is but will kill each other over spelling: Koran or Quran .."

Opening the can of worms that contains racism, sexism, ageism, sectarianism, class, caste, xenophobia and all the other prejudices and bigotry that arise out of difference is full of danger. Tipping it into comedy makes walking the fine line between humour and offence very slippery. The Aussie habit of calling someone with red hair "Bluey" used to be regarded as humour but now that may not be the case. Does it depend on the cultural context? Is this an

example of political correctness gone too far?

Sami reminded us of the origin of the term political correctness and that it arose in the Soviet era when if the regime said how warm the weather had been the people were wise to agree even though they were freezing. (there's a strange back to front familiarity in that!)

Anyway, I'll just add that I heard a radio programme on the staffing of the space station and the challenge of different nationalities, languages and personalities in such a tiny microcosm of culture. After much discussion the most important things appeared to be to have plenty of difference, plenty of humour and a good cook. Sounds like a good mix for any culture and I'm sure Sami would agree.

So sorry to learn of Trudy Mitchell's passing .

STEVE GOAT

A couple of weeks ago, the old Pub at Steiglitz was host to a Performance by Jan (pronounced Yam) Wositzky: a one time member of the Bushwackers. The show was titled "The Monster Meeting". A one man show of song and poem and the spoken word. Most enjoyable it was! Mr Wositzky is a talented and inclusive presenter.

The theme of the show related to several gold diggers meetings around Victoria in the early 1850's; more especially one at Daylesford, the second at the Bendigo diggings and thirdly the meeting in Ballarat that preceded the Eureka Stockade. A lot of the details only recently uncovered by researchers who had scoured the pages of "The Argus", a Melbourne newspaper of those times. These articles told of thousands of the diggers standing up to an autocratic Victorian colonial Government.

Jan put meat on the bones of a history that has been largely forgotten. The large public meetings not only challenged Lieutenant Governor LaTrobe about the exorbitant miners' licence fees, but also demanded voting rights for all men. These rights were demanded and finally granted, although both issues took years.

For me it was an eye opener to realise these voting rights were demanded by the people, and only begrudgingly granted. The beginnings of one of the best and fairest democracies in the world. Ah, the relevancy of history! Today there are new demands being made of government. As May 18th rolls around, it is opportune to reflect on these Australia changing events



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As it happened on this day, his son and family had been visiting for a couple of days, so the escape from the domestic busyness of 2 families under one roof with the extra layer of multiple visitors was extra special. How ironic he thought that his visiting son had been the one to always question him as to how he could justify sitting on the veranda doing nothing, when there was always so much to do what with running a hugely successful national business, and maintaining the pristine hobby farm they called home.

This son had always followed in his Dad's footsteps with a focus on career and success at the expense of family and personal time. As he had got older and wiser, the Dad had come to realise what a dangerous combination this is and had counselled the boy many times over to learn from his mistakes as a young man and get his priorities in order. This clash had developed unreasonably into a simmering tension between them that underpinned what was threatening to become a strained relationship.

Pondering his sadness of this development, the front door opened and the Son in question settled himself into the spare seat. Sipping his end of the day glass of red wine he sat in silence taking in the magnificence of the vista before him.

After an extended period of silence, the older of the two couldn't contain his interest any longer. Trying not to sound too antagonistic he probed gently "Surprised you've got the luxury to sit here and waste precious time?"

"Well I guess as I'm getting a bit older, I can appreciate the value of switching off and reflecting on life and what it's all about, can I top up your glass?" was the quick response

Not another word needed to be spoken.

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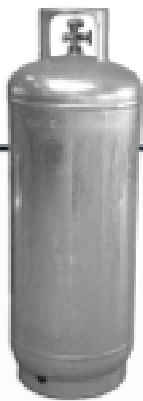
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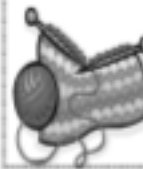
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The Smart House

*I.M. Smart**

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Well, in the spirit of smartening up our home, and getting use to the prospect of robots looking after us in our dotage, we have made a start. Just lights and switches at this stage. (Inside the fridge is not the best view of our house anyway.) It is incredibly easy - to be honest, the hardest part has been getting our heads around the fact that our light bulbs are now password protected! It has made us realise how vulnerable we had been to this point. Anybody could have just walked up to our light switches and turned them on...or off. But not anymore. Now they respond to a voice recognition assistant so, unless you can mimic our voices, you will be left stumbling around in the dark...or the light. Imagine how much more secure we now feel.

And it doesn't stop there. (In fact, nobody knows where and if it *will* stop.) Another voice command turns on a 1976 amplifier I have installed in the laundry and starts playing "The Eagles" on some speakers in our courtyard! Now, you may question my taste in music, but you have to love the technology. And maybe that's another security feature: an unexpected blast of *the Eagles* (commanded from the doctor's surgery in Barcelona) would frighten the intent out of any intruder.

So, with all this fun we're having automating things that don't even need automating, we can foresee a time when we will be superfluous to our own lives - a bit like the super rich are already.

Hey Google, stop typing.

**This may not be the author's real name - perhaps he/she is a little concerned somebody might take an interest in that 1976 amplifier, which isn't password protected - Ed.*

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Steve Duffy

GARLIC : in black and white.

It's garlic time! That is, you should have your garden beds ready with plenty of compost and mulch. Get those single cloves in the ground, approximately 50 to 75 mm deep, and about 100 to 150 apart, pointing the top of the clove up. Select the biggest cloves for planting, any smaller ones can be set aside and simply stored or follow a couple of the ideas in next month's Meredith News.

Garlic is well worth planting. It's an easy to grow winter crop that won't need extra watering, if the season is of average rainfall; LET'S HOPE SO FOR EVERYONE'S SAKE!

Once you've planted you will need to mulch to prevent weed competition. Follow up weeding should be done often enough to give your crop to best chance of rewarding you with a sensational pungent crop towards the end of the year.

There are many varieties, sizes and colours to choose from. The different types vary in storage life. As a rule the soft necks last longer than the hard necks: is a visual guide to the two main types.

As there are over a thousand named varieties. You'll need to ask your supplier of the name and provenance of the those you choose. For example I will be planting some Purple Turban, Porcelain White, Dynamite and Silverskin Hardneck, that I've kept from last year's harvest. Also this year I plan to plant a couple of varieties recommended for their storage life, a White Artichoke and a couple of others.

As you separate the cloves from the head, try to maintain the closure of the paper wrap of each clove. If you have stored last years crop away from heat and light, with low humidity, the cloves will be firm and dry.

Next month I will present a few ways of preserving those small cloves, especially the varieties that may not store for much longer. Good planting, we'll talk cooking next time.



Pretty Hot

Marg Cooper

It was what was considered to be the end of the fire season, but of course it hadn't rained and everything was tinder dry, when a fire that started just north of Graham's Road at Mt Mercer on Friday, March 29, 2019, alarmed the districts of Mt Mercer and Meredith.

The alert went out as strong gusty winds from the north west, clocked at the fire tower at 96.5 kph, swept the fire in a strip through Mt Mercer towards the Leigh River. It reached the river near Gundies Crossing and then the wind changed abruptly to a south westerly that drove the fire over the river, up the river and through the Mt Mercer plains.

Although the temperature dropped with the wind change, the strong wind forced the fire along, consuming the dense undergrowth, shrubs, trees and Tommy's Hut in the river valley, fencing, sheep, grain, stubble, haysheds full of hay, poly pipe, Donald McNaughton's long unused house on the Mt Mercer plains and fencing and sheds on the Meredith side of the river.

It was called the "Mt Mercer" fire. It burnt an area of 1515 hectares. It burnt areas and infrastructure on about ten farms. There were 52 individual tankers and 5 strike teams that fought the fire and mopped up. Five trucks came from the other side of Melbourne. It has been calculated that 183 fire men participated, nearly all volunteers. I saw 4 helicopters and apparently "fire-birds" or small planes fly above, directing.

Thank you to all for their dedication to the task from when the alert went out on Friday until the following weekend when the fire was declared "OUT".

Now for some fencing!

The THINGS We Say

GEMMA HANAN

Raincheck

Taking a raincheck is often used as a way to decline an offer at present but indicate that you would like to take it up later. Used when you have conflicting schedules or if you just can't be bothered getting out of tracksuit pants to go out for a spontaneous dinner with friends, it's a socially acceptable way to decline invitations. Originating in the 1880s in America, it was a voucher for another game given to baseball fans when the game they were attending was postponed or cancelled due to heavy rain.



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Smashed Potato & Corn Frittata

Serves 4

Prep time 10 minutes. Cooking time 35 minutes

Ingredients

- 1 cup leftover roast potatoes, roughly chopped
- 60g spinach leaves
- 1 cup frozen corn kernels, thawed
- 2 tbs semi-dried tomatoes, chopped
- 2 spring onions, sliced
- 6 eggs
- ½ cup pure cream
- 100g feta, crumbed
- ¼ cup grated tasty cheese

Method

Preheat oven to 190 C. Grease a 4 cup capacity baking dish.

Place potatoes in base of the dish and top with spinach, corn, tomato and onion. Whisk eggs and cream together in a jug and season with salt and pepper. Pour mixture over potato. Scatter over the cheese.

Bake for 30-35 minutes or until golden and just firm to the touch. Cut into wedges and serve warm or at room temperature with a salad of our choice.

Stefania

Recipe from – Fresh Magazine

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Kelpie Kapers! #5

By Emma Clarke



The End

Artists on the River

Marg Cooper

I imagined old wood, cramped quarters and boredom but our houseboat cruise was exactly the opposite. The houseboat named "Desire" (which we boarded in Paringa, South Australia) was a 10-12 berth streamlined boat with 2 bathrooms, laundry, large dining/lounge area, modern kitchen with all conveniences, a rear lounge, an upper deck with a 6 person gas heated spa and a swim deck on the back.

Nine artists left Meredith on Saturday morning, April 6 by cars for Mildura and one flew from Sydney to Mildura via Melbourne. After a leisurely breakfast on Sunday morning at the Mildura Rowing Club we visited the Inland Botanical Gardens and were delighted to see Sturts Desert Pea in flower. In the afternoon we went to Mungo National Park on a sunset tour. Mungo is a lake which hasn't held water for 170,000 years. Of particular interest are "the walls of china", the pastoral history and the human fossil remains.

On Monday we travelled to Paringa, boarded the houseboat and had a quick lesson on the facilities of the boat and how to drive it. After the owner Rob guided us under the raised section of the bridge at 2.30 pm we were on our own, on the Murray River heading downstream. Most days we motored some distance on the river before mooring and enjoying a swim, canoeing or a walk onshore. In the evenings we played games, read or talked before having dinner and watching a DVD before bed. The time was filled with fun and hilarity.

The Murray River we travelled has many twists and turns, spectacular scenery including red cliffs, sandbanks and gum trees and not many buildings along the shore. We did visit the Woolshed Brewery (which used to be a woolshed) and Chowilla woolshed. The sunrises and sunsets were amazing with the sun shining through the trees and being reflected on the still water.

We were all sad to return from the isolation, the river and trees, the fun and relaxation to be ready to go under the raised bridge at Paringa on Friday morning at 9.30 am. Meredith Cornell, who mostly drove the boat was glad that she'd asked Rob to guide us as many as eight houseboats were lined up. The houseboats can't actually stop in one place because of currents so it was total chaos but, in the end, everyone chugged through and moored successfully.

At Gol Gol Caravan Park, after the cruise we sat down and did some art work inspired by the bush and some art work we viewed at an Art Co-op in Mildura.

On the following Saturday, back at our art group in Meredith, we discussed "where to go to next"!

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A Way of Life

by KERRIE KRUGER



A PRACTICAL GUIDE TO A MORE SUSTAINABLE LIFESTYLE

Closed loop systems, herbs and eggs....

At present, we live with 10 laying chickens, 5 retired chickens, 1 Rooster, 2 teenage chickens and 2 Mumma chickens with 10 chicks and we love it. We love watching the chooks go about their day, and we love the eggs.

Why so many chooks? Probably because we believe in letting our chooks age with respect and pass on from old age, for although they are no longer laying eggs, they are still contributing to our closed loop system. What is our closed loop chicken system? It is part of our sustainable slow living homesteading system.

Kitchen and garden scraps including weeds go to the chook yard, any left-over scraps are raked up along with straw and manure from under roosts and this goes to the compost bin to break down. It is too rich and hot at this point to put directly on vegie beds. In a few months this beautiful rich compost is added to the vegie garden beds and seedlings planted for a new crop. The chooks also free-range keeping pests' levels under control and they provide us with eggs, ethical, local and homegrown.

Now to chat about some Egg myths...

Eggs shell colour is determined by feather colour!

Nope, the colour of the eggs comes from the breed of chickens. The shell colour has no relationship to the colour of the chook's feathers. For example: Blue & green: Araucana, Pink: Faverolles, Dark brown: Marans, Light brown: Barnevelder, Speckled light brown: Welsummer, White: Leghorn. A carton of eggs with a variety of colours is such a pretty thing to see.

Different coloured eggs have different nutrition level

Nope again, all eggs have the same nutrient value and there's also no difference in yolk or taste due to shell colour. Taste is due to food eaten by the chicken and how it is cooked.

Egg Yolks colour range (from pale yellow to deep orange) depends on the chooks diet. True. The orange colour in the yolks comes from carotenoids in the feed given to chickens. However, it is a myth is that free range eggs always have a vibrant, bright yellow or almost orange yolk colour. The reality is that yolk colour depends on what the chickens have been eating. So, at certain times of the year when there is little green feed around in the paddocks like now, yolk colour will not be very deep. It also depends on what extra feed the chickens are getting. Those that are fed corn, green leafy plants or access to green grass have eggs with darker yolks than chickens that eat wheat or just pellets.

Poaching an Egg...

Now if you have chickens you will have eggs, so you will always have a meal on hand. One of our favourite meals for lunch is poached eggs. So simple but so yummy
Stovetop Method: Fill saucepan with about 3 inches (8 cm) of water. Heat until water simmers gently. Break cold egg

into small dish or saucer. Holding dish just above simmering water, gently slip egg into water. Repeat for remaining eggs. Cook in barely simmering water until white is set and yolk is cooked as desired, 3 to 5 minutes. Remove eggs with slotted spoon and drain well. We eat our eggs on an English muffin or sourdough toast with cooked spinach, grated cheese and herbs such as parsley or chives. A quick nutritious meal sourced from our back yard.

Our Hints for perfect poached egg:

A shallow saucepan with large surface area is best for poaching eggs.

For poached eggs with a compact oval shape, use cold fresh eggs.

If desired, 2 tsp (10 mL) vinegar can be added to the poaching water to help the eggs keep a compact shape. The poaching water should just barely simmer; rapid boiling will cause the eggs to break up as they cook.

Drying Your Herbs

Before winter hits don't forget to gather the last of your herbs for drying. Herbs can die down in winter months or are annuals, so we need to collect and dry our herbs for use over winter months. Some of our favourite herbs that we dry are, thyme, mint, oregano, bay leaves, marjoram, parsley, chives and sage. Also, lavender, calendula and chamomile are handy to have dried.

My favourite low-tech way is, tie herbs together in bundles with string, hang bundles upside down on a line, broom handle or a herb drying rack. You can wrap a paper bag around the bundles to keep the dust free. (I don't usually do this step as I like to see the and smell the herbs as they dry). Leave to dry in a warm, well ventilated space for 1-2 weeks. Once dry and crisp, rub them till they crumble, remove any stalks and store in airtight jars. Shelf life around 12 months. The herbs can be used in cooking or making tonics or pest control. For a mixture that's anathema to clothes-loving moths, place dried rosemary, thyme, cloves, lavender or bay leaves into a small cloth bag and hang them in your wardrobe and place them in your drawers. Crush up dried lavender in a mortar and pestle and sprinkle onto a pet's bedding to help repel fleas.

Connect with nature, live simply and we all benefit.

Kerrie

KRUGERS
SHEETMETAL

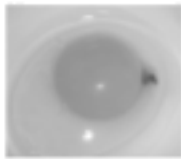
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Dirty Egg.
Leave
unless
really bad
then just
gentle wipe



wind, fart or fairy eggs
tiny yolkless eggs are an
oops in egg laying cycle.
Can also be 1st eggs of
a new layer

As hens get older, the whites in
their eggs will get thinner but
some diseases such as the viral
disease Infectious Bronchitis
(IB) can also affect the ability of
the bird to produce thick
albumen (white) and cause
wrinkled egg shells, even years
after infection because hens will
carriers of the disease for life.

All things eggy

soft shelled
eggs
-lack calcium
-1st few
from new
layer



Blood spots on
edge of yolk or
meat spots -
small brown
specks in the
white. (The clear
part.)

Shellless eggs
lack of calcium
add extra
crushed cooked
eggshells or
shell grit to
diet



Blood on shells

When a hen has just begin laying, there
can occasionally be a little blood on the
egg shell, but it is usually no cause for
concern. Eventually her vent gets used to
stretching when she lays, and becomes
very elastic. However, at first it does
occasionally happen that with a large egg
she might bleed just a little.



Harmless but
confronting when
1st seen as seldom
seen in shop
bought eggs as
they are scanned
and rejected
before packing





it's History

Meredith History Interest Group

A Grave Experience:

You are invited to the Meredith Cemetery on Sunday, May 5 at 1.30 pm for "A Grave Experience" or a tour of forgotten graves. Fay McFarlane and Jan McDonald have been researching and have discovered some wonderful stories associated with people buried in the outer reaches of the cemetery.

Morrison Visit:

On Thursday, April 11 the members of MHIG who meet every Thursday to catalogue, ventured to Morrison to familiarize ourselves with the history of the old gold mining area. We met Kevin Parkinson, John Parkinson and Tim Wells at the Fire Shed where they told us about Morrison before we viewed the Tea Tree Creek Valley from behind the Fire Shed and the Moorabool Valley from the top of the old hill track on Tableland Road.

These three men who all grew up in the area told stories of walking through gold mining tunnels, billy carting down the steep hills and walking miles to swim in the pool below the swing bridge as well as pointing out where mines, businesses and houses were.

We now have a clearer picture of the area and what happened at Morrison. We plan to go on familiarization trips to other areas in the future.

MHIG Newsletter:

Our first quarterly newsletter has been produced and sent to members of MHIG. It was felt by the Committee that a newsletter was necessary to keep members informed of MHIG activities and to provide historical information to members. Vice President Tony Scott whose particular interest relates to Steiglitz where his great, great grandparents ran the Steiglitz Hotel, volunteered to edit the newsletter and has done an excellent job, producing a bright, clear, informative inaugural edition.

So, if you have an interesting story to tell or become aware of noteworthy historical material, Tony would love to hear from you. [tonyandlynne@bigpond.com]

Web Site:

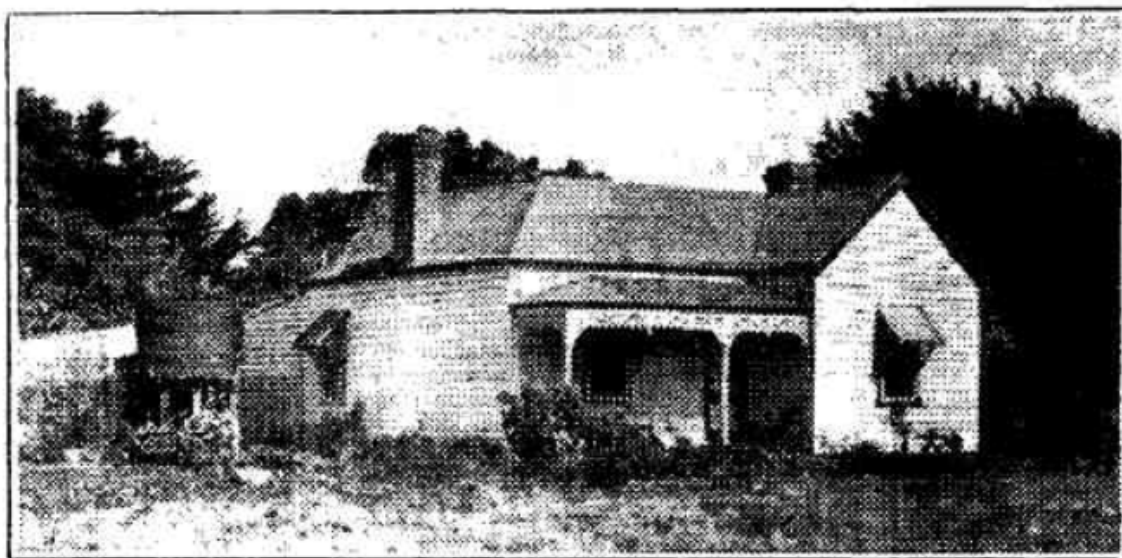
Our web site is almost ready to launch. To find it Google "Meredith History". (I think) We intend to regularly add historical articles to the site. Once again your contributions are welcome!

Catalogue:

We now have two display cupboards and two displays thanks to Heather East. She has created a display about her wool classing, that the men's lunch patrons visited recently, and a display of large ledgers and books, in a display cupboard kindly donated by Roz.

Come in between 9 am and about 3 pm.

A COMFORTABLE FARM HOME



Better pastures were the first need on "Kialla," owned by Mr H. Bolte, of Bamganie. These having been established, the home and its surroundings have been improved by the formation of a flower garden and young orchard.



Bannockburn Pharmacy Newsletter

Proprietors: Scott Wilkes & Damian Bennett

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Be prepared this flu season (Vaccination Clinic)

We now have the 2019 influenza (flu) vaccines available.

Two of our pharmacists, Scott & Tracey, are accredited to provide and administer **flu, whooping cough & MMR** vaccinations in the pharmacy to anyone aged 16 years & older. Our vaccination clinic is open during the following times:

Monday: 8:30am - 6:00pm	Tuesday: 8:30am - 2:30pm
Wednesday: 8:30am - 6:00pm	Thursday: 9:00am - 2:45pm
Friday: 9:00am - 3:15pm	

'AFTER HOURS' flu clinics will be available too. Follow us on Facebook to see when these will be happening.

Everything is done from start to finish within the pharmacy. It is a requirement for our safety that you need to rest in the pharmacy for 15 minutes after your vaccination has been administered so please allow extra time for this.

*** Flu vaccination cost**

- **No prescription is required** from your Doctor
- **\$25** (\$15 for the flu vaccination + \$10 for the administration of the vaccine by one of our accredited pharmacists)
- **FREE** flu vaccine + \$10 for the administration by one of our accredited pharmacists if you fall into one of the following categories:
 - (i) Aboriginal and/or Torres Strait Islander children aged 6 months to <5 years.
 - (ii) Aboriginal and/or Torres Strait Islander persons aged ≥ 15 years
 - (iii) All persons ≥ 65 years
 - (iv) All persons ≥ 6 months who have certain medical conditions which increase the risk of influenza disease complications; for example, severe asthma, lung or heart disease, low immunity or diabetes
 - (v) Pregnant women

*** Whooping Cough vaccination cost**

- **No prescription is required** from your Doctor
- **\$50** (\$40 for the whooping cough vaccine + \$10 for the administration of the vaccine by one of our accredited pharmacists).
- **FREE** whooping cough vaccine + \$10 for the administration by one of our accredited pharmacists, if you fall into one of the following categories:
 - (i) pregnant women from 28 weeks gestation during every pregnancy
 - (ii) partners of women who are at least 28 weeks pregnant if the partner has not received a pertussis booster in the past 10 years
 - (iii) parents/guardians of babies born on or after 1st June 2015, if their baby is under 6 months of age and they have not received a pertussis booster in the past 10 years.

To secure a time that best suits you we recommend that you make an appointment through the pharmacy. You can either phone the pharmacy on 5281 1519 or you can book online through our FaceBook page <https://www.facebook.com/bannockburnpharmacy/>

You can also just walk in but there may be a wait if someone else is already having a vaccination done.

Open weeknights until 6:30pm

Did you know that we are open weeknights until 6:30pm?

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Trading Hours

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Wednesday:	8:30am - 6:30pm
Thursday:	8:30am - 6:30pm
Friday:	8:30am - 6:30pm
Saturday:	8:30am - 1:00pm
Sunday:	CLOSED



“Circe” by Madeline Miller

Circe is a goddess of magic in Greek mythology. She is the daughter of the God Helios and the nymph Perse. The book delves deep into the trials and triumphs of her life, beginning in the halls of her father the Titan, Helios, the Greek personification of the Sun. She is shunned and tormented by nymphs, gods and titans, because she is different, she doesn't have the looks, strengths or the voice of divinity.

When a fearful Zeus banishes her to a remote island called Aiaia she enjoys her freedom and discovers her own new power, witchcraft.

Fate brings many to her door over the thousands of years she lives there and mixes their destinies with her story including Ariane and the Minotaur, Daedalus and his ill fated son Icarus, Medea, Jason and the Golden Fleece and Odysseus and Athena. All play their part in the epic tale, as she stands alone.

Miller has created a daring feminist take on a classic narrative and although the setting is a mystical world of gods, monsters and nymphs Circe, at heart is like any of us. She becomes a free woman willing to forsake the trappings of her birthright and rank in order to claim her destiny. We see her evolution from an insignificant nymph to a formidable witch best known for turning Odysseus's sailors into swine.

In Homer's Odyssey, Odysseus visits her island on the way back from the Trojan War. He lived with her for a year and she had a son Telegonus born after Odysseus left the island.

Reviews describe the book as 'a blend of literary fiction and mythological fantasy. It is a story of gods and mortals. Miller has shaken the dust from Homer's tapestry, blasted it with air and light and exposed glorious new colours and new textures.' It is also described as 'a Who's Who of the gods of Olympus and the heroes of ancient Greece. Circe knows them all and we see them through her eyes.'

Madeline Miller has previously written "The Song of Achilles".

The book was a great way to learn about Greek mythology. With vivid characters, mesmerizing language and page turning suspense this is a novel to be gobbled greedily.

The book for discussion in May is "The Lieutenant" by Kate Grenville.

"Why Read? Because you only have one life but reading gives you many lives. Because you only have one personality, but when you read a book you can be inside another mind and heart."

(Naomi Wolf in Weekend Australian Magazine.)

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Vale Bonnie Gilligan 29/11/1926 – 21/3/2019

Requiem Mass in celebration of the life and love of Veronica (Bonnie) Marian Gilligan Bonnie Gilligan was held at St Joseph's Catholic Church, Meredith on Friday, March 29, 2019. The celebrant was Father Charles Balnaves.

Bonnie's son Bernard {Bernie} in his words of remembrance told all in attendance that it was a happy day, to rejoice in the fact that his mother had enjoyed her life and had lived to a good age and had many dear friends.

He said that Bonnie grew up on the edge of the wilderness in Tasmania, until she was 7 years of age, when the depression came and the family moved to the Rubicon in the high country. Her father was a logger. They got burnt out there in the Black Friday bushfires on 1939 and moved to Pascoe Vale.

During the war Bonnie worked as a book-keeper at a factory that made uniforms. Often the girls would write their name and address on a piece of paper and slip the paper into the pockets of the new uniforms. This resulted in lots of men writing letters or knocking on the door of the girl's homes. Sometimes they went dancing with their new found friends, which Bonnie loved.

After the war Brian Gilligan and some mates had a hamburger van. One night they positioned it outside the Collingwood Football Oval. Bonnie was at that game, (in fact Bernie tells that she never missed a Collingwood game) bought a hamburger and the rest is history! They eloped to Tasmania and married on October 10, 1949. Their first son Stephen was born in May 1957 followed by Bernard in 1963.

The family moved to Hoppers Crossing in 1959 where they worked hard and became very involved in the community, but after 14 years it had become too big and too busy so they moved out to Meredith.

In 1974 they bought a former Soldier Settlement block on Green Tent Road and Brian the plumber, also became a farmer. He installed many septic tanks and water pipes around Meredith.

Bonnie enjoyed parties, often instant parties that Bernie described as "ripper" parties at their home. She was active at St Joseph's Parish, did the book-keeping for their business and played bowls at Bannockburn. Howard Donaldson told that his mother Alma, Betty Colclough and Janet Cooke were great friends of Bonnie. They were a team!


Bernie described "as a bugger" that Bonnie suffered a stroke in 1992. Soon after, Brian was crushed by a tractor. Brian and Bonnie had to learn new roles eg Brian had to learn to shop and they were forced to spend more time together and to Bernie's surprise they seemed to get along and were actually great mates.

Brian died in 2007 and Bonnie lived at home until after her 90th birthday when she decided to move to Bannockburn Aged Care. For 2½ years she enjoyed footy on the radio and plenty of visitors.

Just before she died she delighted that Richmond defeated Carlton!

Bernie thanked many including Bridget and Colin Scanlon, Carmen Powles and Maureen Diffy, and the carers who allowed Bonnie to live independently, The Pag Group, the Parishioners, Bonnie's hairdresser, and Andrea Hart for the catering for afternoon tea after the funeral. He suggested that everyone at the service donate, on their way out of the church to erect a statue to Carmen Powles who quietly helps so many people including Bonnie.





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Golden Plains Shire Councils 'Healthy Eating and Active Living' (HEAL) grants are available to community groups to the value of \$500 to fund valuable projects across the Shire, which promote healthy eating and active living.



Grants applications are open year round for community groups who are incorporated or have an auspice community group who can manage the funds on behalf of the applicant.

Community initiatives recently funded by HEAL grants include:

- Inverleigh Country Women's Association (CWA): Group Fitness Classes
- Lethbridge Recreation Reserve: Come and Try Fishing
- Linton and District Men's Shed: Community Meal Program
- Ross Creek Community Coordinators: Fitbit Cardio Tennis
- Scarsdale Exercise Station Bicycle Repair Kit



Want to know more or apply for a grant?

To apply online or view grant guidelines and case studies of successful applications, call Council's Health and Wellbeing team on 5220 7111 or visit Council's website: goldenplains.vic.gov.au and search **Healthy Eating and Active Living Grants**

At the Paddocks Jim Evey

The Meredith Police Paddocks Support Group, local volunteers dedicated to improving and maintaining the Paddocks for the enjoyment of all residents, held its half yearly meeting last month. Amongst the plans adopted for the year ahead were the establishment of copses of trees near the western boundary, enhancing existing wildflower patches and clearing around the bluestone remnants of the 19th century police buildings. A major project under investigation is the establishment of footbridges over the Coolebarghurk Creek where it intersects with walking paths. This would allow for easier access for all walkers, and volunteers mowing the walking tracks. So far we have met with representatives of the Council, the Corangamite Catchment Management Authority and the Wathaurong Aboriginal Cooperative. While all agencies have been supportive, we expect gaining approval will take some time.

Take a Walk

If you haven't yet ventured out onto the Police Paddocks walking tracks, you are in for a treat. The main track, which you access from either Nuttall Street or Campion Road, is wide and flat and only a little over a kilometre long. But even this will give you handsome views of the deep and wide valley that runs down the middle of this beautiful reserve. Seats along the way invite you to take a rest and drink in the views. For the more adventurous, other tracks take you down into the valley, along the valley floor and up along the eastern ridge with its equally impressive views.

We are extremely fortunate to have such an asset right in the township. Once you discover it - chances are it will become a regular destination. And why not? You will be getting some light exercise and relaxing in the serenity of the environment while enjoying an escape into nature. Sounds good? Do it - it feels even better.

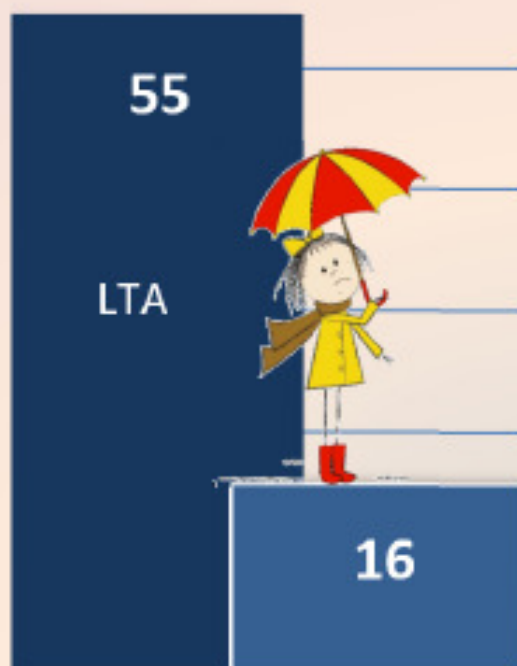
Help - We need help with all aspects of our work but especially maintaining the walking tracks. If you are fit enough to use a self-propelled, walk-behind commercial mower or a brush cutter (we have both), even for just one or two sessions a year, we would love to hear from you. (We will provide some basic instruction.) And while we would love you to, there is absolutely no obligation to, or expectation you will join the Group. Call Jim on 5286 1273



This handsome fellow struck a pose for local photographer Bronwyn Peters.

We are rather fond of our rain girl. But her constantly beaming face was starting to look a little disrespectful of those sorely in need of some rain. So we have given her a more sympathetic visage for those months below the long term average. We hope to see her smile again soon. - Ed.

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Remembering Trudy



Trudy Mitchell from She Oaks, passed away on Sunday 31st March, aged only 56 years. She leaves her loving husband Paul and son Michael, but will be greatly missed by many. She was by nature, a very kind and caring person, friendly and helpful to those she dealt with, and popular at the Community Centre, the Primary School, the Craft Group and amongst the many friends she had around the district and beyond.

We remember her here at the Newsletter for her extraordinary contribution over 14 years where she shared with me, the production of every issue. Without a strong background in computers, she quickly learned to use our software as well as the many policies, procedures and protocols that underpin the newsletter.

Over this time, she managed its growth - from 24 to sometimes 56 pages - and complexity. Editorial contributions and advertisers increased several fold; yet she was undaunted, simply increasing her time spent on the task to ensure deadlines were met.

I personally feel the loss of a good friend and colleague. On behalf of the Newsletter team and all of our readers, we remember and honour Trudy's extraordinary contribution to this publication and to the community.

Jim Elvey



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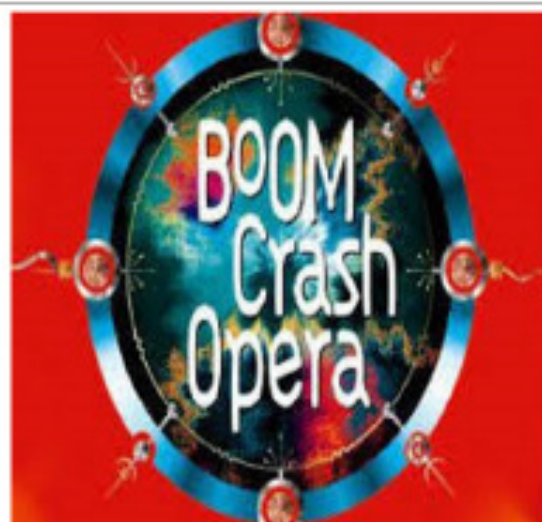
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