

# Meredith & district News

August 2017

your FREE Community Newsletter since 1972



## inside

- Help for Young Farmers
  - Donating Organs Made Easier
  - Eat Your Vegies
  - Elaine's First Ladies of Sport
  - Coffee and Cake in San Francisco
- ...the usual MUCH MORE!

**e:** [news@meredithnews.com.au](mailto:news@meredithnews.com.au) **W:** [meredithnews.com.au](http://meredithnews.com.au)

# Meredith & district NEWS



The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jim Elvey, Dawn Macdonald, David Jones, Trudy Mitchell, Stefania Parkinson, Jarna Kelly and Ian Penna.

Editor this issue: Jim Elvey.

## NEWS & VIEWS

Subject to the conditions outlined below, contributions accompanied by the contributor's name (which will also be published) and contact details, are most welcome. Please email to [news@meredithnews.com.au](mailto:news@meredithnews.com.au) or deliver to the Meredith Corner Shop.

## DATES AND DEADLINES

The Newsletter is distributed on the **first Thursday** of the month (except January). All advertisements and submissions must be lodged by the **last Thursday** of the preceding month, but earlier is **really** appreciated.

## ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. Contact us for full details and lodgement forms. Rates are as follows:

	B&W	colour
Business Card	\$14.00	
Quarter page	\$25.00	
Half page	\$40.00	\$100
Full page	\$80.00	\$180

Note: A \$20 loading applies for preferred position. Colour only available in March, June, September and December issues. Please submit in jpeg format, if available.

Classifieds are **FREE** for small, personal notices from residents. Otherwise \$7.50 or \$5.00 if paid on lodgement. Community Groups can have a 1/4 page ad for free or a \$25.00 discount on larger ads. (conditions apply)

## SUBSCRIPTIONS

If you are outside our delivery area you can subscribe for \$35.00 p.a. (11 issues) and get the Meredith and District News posted to you anywhere in Australia.

## CONTACT US

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## WEB

You can check back copies and lodge comments at [meredithnews.com.au](http://meredithnews.com.au)

## ONLINE PHOTOS

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

## DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions

# connect

**ADVANCE  
MEREDITH**  
5286 1291

**ANGLING CLUB**

0419 423 960

**BLUE LIGHT DISCO**  
5286 1222

**BOOK CLUB**  
5286 8201

**CFA**  
000 for fire calls  
Elaine  
0417 533516  
Meredith  
5286 1502  
Morrisons  
0417 770 765

**CHILDCARE**  
5286 0700

**COMMUNITY  
CENTRE**  
5286 0700

**CRICKET**  
Elaine  
0448291074  
Junior  
(U16,U14,13)  
0448291074  
Meredith  
5286 1434

**CUBS & SCOUTS**  
Anakie 5281 9497

**FOOTBALL**  
Seniors 0408 545246  
Juniors 0430 587674

**GOLF CLUB**  
5341 5748  
**HISTORY GROUP**  
5286 8201

**LANDCARE**  
5286 1250

**MEMORIAL HALL**  
5286 1545

**MOTORCYCLE CLUB**  
0437 009250

**PLAYGROUP**  
5286 0700

**POLICE PADDOCKS**  
5286 1273

**RSL**  
5286 1452

**SENIOR CITIZENS**  
5286 8232

**TENNIS**  
Elaine  
0448 291074  
Meredith  
5286 1211

**SEW 'N' SEWS**  
5286 0700

**FRIENDS OF THE  
BRISBANE RANGES**  
5286 1252

**MEREDITH LIONS**  
0473 380 552

**..or start something.**

If you have a special interest you would like to share with like minded people, let us know and we will help you get it started.

# emergency

Police, Ambulance, Fire	<b>000</b>
(from mobile phone)	<b>000 or 112</b>
Meredith Police Station	5286 1222
Power Failure	132 4 12
Nurse-On-Call	1300 606024
Mental Health Advice	1300 280 737
Poisons Information	13 11 26
Barwon Water	1300 656 007
SES Emergency - flood & storm	132 500
24 Hour Helpline	1800 629 572
24 Hour Drug & Alcohol Counselling	1800 888 236
Kids Help Line	
24hr 5-18yo	1800 551 800
Golden Plains Shire A.H. emergencies	1300 363 036
Ranger	0408 508 635
	5220 7111 or 0409 830 223
Bannockburn Vet	5281 1221
Golden Plains Vet	5281 2226
Injured Wildlife	13000 wildlife
Pets and Horses 24/7	0421 617 238
Wildlife Rescue	0459 379915

## Justices of the Peace

Mr R Cooke Meredith	52 861 346
Mrs S W Dynon Steiglitz	52 819 223
Mr P Ryan Elaine	0409 861 296

# services

**CEMETERY  
TRUST**  
5286 1550  
**HALL HIRE**  
Meredith Memorial  
5286 1545  
Elaine Mechanics  
5341 5596  
Elaine Rec Res  
5341 5703  
**LIBRARY VAN**  
5272 6010

**MATERNAL  
CHILD HEALTH**  
5220 7230  
**PRE-SCHOOL**  
5286 1227  
**PRIMARY  
SCHOOL**  
5286 1313  
**RECREATION  
RESERVE**  
0429 841399

"Everyone hears what you say. Friends listen to what you say. Best friends listen to what you don't say."

— Unknown.





## Community

### Meredith Senior Citizens

*Jim Hynds*

The Seniors held a Christmas in July on July 19, 2017 at Heam's Hotel. Some twenty six members and guests attended. Caz and her family and staff had the hotel superbly decorated with Christmas decorations which was a real treat for all. By 12.30 pm we were seated and were served a traditional roast with all the trimmings, followed by plum pudding with custard and cream for dessert. Judging by the empty plates, it was well done to the Chef! Mrs Dawn Macdonald gracefully accepted, at short notice an invitation to entertain us. She soon had us singing along merrily to her music. Many thanks Dawn for bringing back many happy memories to our members.

Throughout the afternoon many, many raffles were drawn and won, much to the delight of our members and guests. I would like to take this opportunity to thank the people and businesses which helped us to make up the raffles including Heam's Hotel, Alana, Mortimer's Meredith Roadhouse and Anthony Hynds for AMWU. The donations made our day very successful and lots of fun.

On a sad note Betty Baker suffered a terrible fall and is now in Grace McKellar. We all wish her a speedy recovery.

### Bamganie/Meredith Landcare

Bamganie/Meredith Landcare group meeting will be held

**Thursday 17th August, 7.30pm**

at the Meredith Community Centre.

Members and non members are invited to attend.

### OUR COVER

Not our most attractive cover, but a welcome sight nonetheless. Meredith's NBN tower, being built on private land just west of the railway line, is well underway. According to the NBN website, [nbnco.com.au](http://nbnco.com.au), the "planned availability" for the fixed wireless service, is June 2018. Not the "early 2018" recently indicated, and certainly not the "late 2016 or early 2017" indicated at the NBN public meeting held in Meredith in February 2016. but at least it is now taking physical form.

The website also indicates that, with this technology, "... data travels from a transmission tower located as much as 14kms from a premises to a rooftop antenna..." We have previously reported that many district residents have already connected to the NBN's "Sky Muster" satellite service. The NBN website can also tell you if you are eligible for this service.

*Photo by Jim Elvey*

### Meredith Playgroup

Meredith Playgroup meets every  
Thursday from 9.30am



Enjoy new activities every week. All Welcome

Contact Community Centre for details 52 860 700

### Golden Plains Mobile Library



At the Meredith Primary School  
Thursday 9am to 10.30am

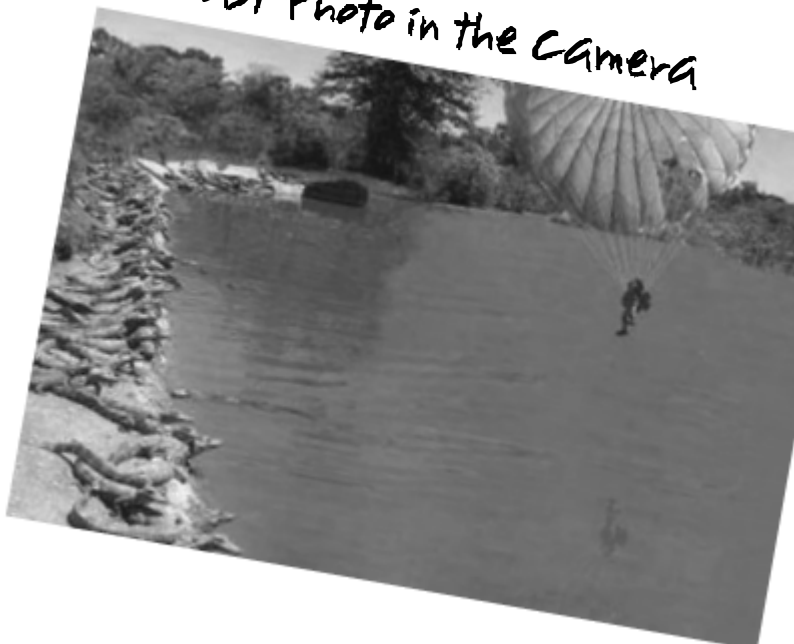
### Classifieds

First insertion of small ads are FREE to district residents

Our editorial deadline for next month is

**Thursday August 31st.**

*The Last Photo in the Camera*



# Church News



Meredith Community Centre  
*working for your community*

## ANGLICAN

Weekly Services, baptisms, weddings, funerals, pastoral care, bible studies. Contact: Rev. Elizabeth Bufton, 5281 2224; 0437524864 Church Office, Byron St. Bannockburn 5281 2553  
Service Times;

### Church of Epiphany - Meredith.

11.00am 4<sup>th</sup> Sunday each month, Holy Communion at Anglican Church.  
11.00am 2<sup>nd</sup> Sunday of month, Holy Communion at Uniting Church

### St James. - Morrisons:

Contact: 0429 146 566 or 5368 2730. The Rev. Glen Wesley  
1<sup>st</sup> Sunday of the month at 5pm, 3<sup>rd</sup> Sunday of the month at 9am.

## UNITING CHURCH

Monthly Combined Holy Communion services.  
2nd Sunday, 11am at Meredith Uniting Church  
4th Sunday at 11am at Meredith Anglican Church  
1st & 3rd Sunday at 9.30 at Buninyong Uniting Church  
Enquires Doug McFarlane 52861283.  
Rev. Lindell Gibson 53413 200

**SERBIAN ORTHODOX** : Fr. Theodore—Ph. 5341 5568  
Holy Liturgy 10am every Sun, Sat & Major Feast Days.

## CATHOLIC ARCHDIOCESE OF AUSTRALIA.

### St. Marys House of Prayer - Elaine

Solemn mass Sundays 10.00am.  
Rosary and Vespers Saturday 5.00pm.  
Confessions by appointment Fr. James Ph. 5341 5544

### St. Joseph's Parish News and Mass Times for August/ September

Winchelsea every Saturday at 6 p.m.  
Inverleigh every Sunday at 9 a.m except the last Sunday of the month which is at the Bannockburn Stadium at 9 a.m.  
Family Mass at Inverleigh every first Sunday of the month at 9 a.m. followed by morning tea and produce stall.  
Anakie at 11 a.m. Sunday August13th/ 27<sup>th</sup> . September 10<sup>th</sup>/24<sup>th</sup>  
Meredith at 11 a.m. Sunday August6th/20<sup>th</sup>. September 3<sup>rd</sup>/17<sup>th</sup>  
Parish Confirmation at Holy Spirit Church Manifold Heights Sunday August 20<sup>th</sup> at 2 p.m.

**A Gala Fundraising Event** will be held at Clyde Park Friday August 11 th 7p.m. to 10 p.m. to launch the fundraising efforts to build the new St. Mary MacKillop Catholic Church on the site of the former church at Bannockburn. Tickets \$100 each .Great Auction prizes. M.C. is Renee Enright and music is supplied by Heath Stenton. For tickets trybooking/ QTAE or ring 52861230.

## St. Joey's Op Shop

### Lawler St. Meredith

*Furniture at bargain prices, all electrical items( fully tested and tagged) \$5, winter jumpers and coats, fantastic baby and children's items, outstanding range of books , novels, children's etc..*

**Open Wednesdays and Fridays 10a.m – 4 p.m.**

Hi Everyone,

Yet another month is almost at a close. Writing my report seems to come around ever more quickly and I have to think about the news and events happening at the Centre.

We are now a couple of weeks into 3<sup>rd</sup> term and we are starting a lot of new classes. We still have spots in the beginner computers and wordpress class and if you are planning to start your own business there is a couple of great classes. There are so many things to think about when you start a business, just thinking about the name needs so many considerations; making sure you can use it, registering, do you need a domain name and what the heck is that. Kerry will lead you through all of this and more in the Brainstorming your business class.

In our scam savvy class we cover many aspects of how to protect yourself online and on your devices. You may think these days this is not really necessary, but I recently had a call from a person who had been duped into giving them control of her computer. Fortunately she became suspicious and disconnected them, but it does show how important it is to be informed and prepared. We all go "how could she be tricked" but these people can be very convincing. Don't be tricked; be wise. Call us for the dates for the next class.

We have quite a few new classes particularly in the art area this term. Have a look at the gorgeous fairy wren coloured pencil and watercolour classes coming up.

We seem to be having a baby boom at the moment. At kinder and occasional care pick up there are lots of mums with new little ones which is great news for the future of both of the services. Our occasional care offers a fantastic planned program and is a great preparation for the children when they go to kinder, because they are already familiar with the staff and surroundings. We also have quite a few kinder aged children who attend both services on the different days of the week so that parents have the opportunity to do other things.

In early September we are having an open day with lots of activities to show you what we do. Make sure you pick up a brochure or call in to see what we can offer. Watch out for more advertising for this.

That's all for this month.

Bye for now

Pam

Meredith Community Centre  
4 Russell Street Meredith 3333 Phone 5286 0700  
learnlocal@meredithcommunitycentre.com.au  
Open: Mon, Tue, Wed, Thurs 9.00-3.00.  
Closed Fridays and school holidays



## Recreation



### Elaine Tennis Club Annual General Meeting 2017

President Jane Farhall  
Vice President Shane Dunne  
Secretary Megan Farhall  
Treasurer Ian Farhall  
Assistant secretary's Molly Dunne, Hannah Farhall  
Committee members Ron Read

Enquiries ph Jane 0427100655  
New players most welcome  
Senior and junior  
Ages 8 + by September 2017 recommended  
for competition No experience necessary  
Professional coaching available

### Elaine Cricket Club Annual General Meeting 2017

President Julie Pandzitis  
Vice President Shane Dunne  
Secretary Jonathon Inglis  
Treasurer Rebecca Curren  
U16 2nds Coach David Flood  
U14 2nds Coach Nigel Parkinson  
U14 2nds Assistant Coach Mark Harrison  
U13 Coach Position vacant  
U13 Assistant Coach Position vacant  
Junior Coordinator Shane Dunne  
Committee members:  
Ron Read, Brad Kierce, Seamus Dunne,  
Nicholas Pantzidis, John Baker, Karen Pritchard

Open Day/ Registration Day Sunday 13th  
August 12pm for juniors and senior players  
Ages 8+ for juniors from September 2017  
Beginners wanted and most welcome  
All old and new players boys/girls please  
attend.  
All equipment supplied  
Enquiries ph Shane 0448291074.

## Mitch Makes the Gold Standard

*Marg Cooper*

Mitchell Emmlin was selected from 800 footballers in the team to represent Goldfields in the AFL Under 16 ½ years competition. There were 60 players initially selected from the Maryborough, Riddell, Ballarat and Central Highlands Leagues who trained 4 times before a team of 26 was selected.

This team, with a support crew of 8 (coaches, tour leader, trainers and welfare representative) flew to Cairns on Saturday, July 1 and played the AFL team from Cairns at Cazaly Stadium and the AFL team from Townsville in Townsville. They won both matches quite easily.

They stayed at a Backpackers in Cairns and apartments in Townsville. A raffle was held before they left to help parents with some of the cost of the flights, all meals were paid for and their uniforms were supplied.

On Wednesday, July 12 the team played Barwon at Lara and were just defeated in the last moments of the game. Teams representing several age groups played at Lara during the day and female teams played on the second oval. It was a hive of activity.

The coach, Gary Leamonth, said the AFL offers this opportunity for young men to represent their region, to play at a higher level and to have a life experience.



*Mitchell Emmlin was selected from 800 footballers in the team to represent Goldfields in the AFL Under 16 ½ years competition.*

**More than just tyres  
at Bannockburn.**



Passenger  
& 4WD



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Repairs



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Agricultural

60 Holder Road  
Bannockburn

**5281 1666**

**BRIDGESTONE**

**B** Bridgestone Service Centre

## St Mary MacKillop Catholic Primary School Bannockburn

*Fr Charles Balnaves, Parish Priest, Parish of Meredith*

Exciting news indeed!! You will have noticed that instead of being "Bannockburn Catholic Primary School" we now have official approval of our name: St Mary MacKillop. The first canonised Australian Saint gives us the name for both the new school and the new church.

We have advertised for a Principal and expect to appoint the successful person on 24<sup>th</sup> August. We have signed an agreement with Minx Architects to prepare the Master Plan for our school and assist with the renovation works: Jane Briese will be our main contact there. We have also appointed Resonate as the media / communications adviser with Eugenie Rutherford as our main contact. So if you find people from either of these companies coming around asking questions please help them out willingly.

I am fielding lots of questions about the school. Enrolments: should start being possible from August 1<sup>st</sup> – contact the parish 03 5286 1230 or email [parishofmeredith@bigpond.com](mailto:parishofmeredith@bigpond.com). Yes, we are in the process of working out a fee structure (should be similar to other Catholic primary schools, but the new Federal Government funding arrangements are causing some additional complexity). Yes we are planning to have before and after school care; yes we will have agreements for the Bannockburn Stadium, with the Library, for provision of Lunch orders. Yes we will have things in place for school camps and yes there will be an information night.

Unfortunately, I can't answer most of these questions with great detail because we must wait on the appointment of the Principal.

This is an exciting time and separately we are working to

appoint an architect for the building of the new church, hopefully by the end of August.

In the meantime – perhaps you could come along to the Gala Fundraiser at Clyde Park on 11<sup>th</sup> August 2-10 pm – raising funds to help us build a wonderful new church in Bannockburn. Clyde Park (Terry & Liz) have been very generous donating the venue and meal and wine. Yes it is \$100/ head but nearly all of that goes to the building of the church and you get a great night out in fabulous surroundings. You can get tickets by calling 03 5286 1230 or going to [www.trybooking.com/QTAE](http://www.trybooking.com/QTAE). Most of Golden Plains Shire and the whole of the Meredith Parish from Lal Lal to Winchelsea and Batesford to Shelford stands to be enriched by this wonderful new school.

*God bless*



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- Sanitary Plumbing
- Drain Blockage Clearing
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- Septic Systems
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call Nathan  
0408 996 721  
[nathan@page@hotmail.com](mailto:nathan@page@hotmail.com)

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Saturday 8:00am - 1:30pm  
Sunday 10:00am - 2:00pm

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# Elaine Cricket Club

## Open Day/ Registration Day BBQ

Sunday 13th August 2017  
12.30pm.

Bowling machine.  
All interested new and old  
players please attend.



E.C.C. intends to enter teams in the Ballarat Cricket Association in seniors U16, U14, and (U13 beginners) competitions and if enough interest shown a girls Junior team too.

Come and play in a family friendly environment.  
Excellent facilities and all equipment supplied.

Come and see what everyone is talking about!

All most welcome.

Enquiries: Ph. 0429820604 Julie Pantzidis President

Ph. 0448291074 Shane Dunne Junior Coordinator



# Elaine Tennis Club Open Day

SUNDAY 13<sup>TH</sup> AUGUST 12PM TILL 3PM



Free BBQ, Prizes and giveaways  
RADAR GUN, PROFESSIONAL COACHING LESSONS,  
GAMES  
and launch of new ball throwing machine!

Where: Elaine Recreation Reserve  
New and old players welcome.

For more information call Shane 0448291074

PHOTO OMITTED FROM  
ONLINE PUBLICATION

from the MAYOR



## Cr Des Phelan Mayor, Golden Plains Shire

I was delighted to join Golden Plains community members in Rokewood on July 24 for the announcement of successful grants under the Community Grants program – and to mark 21 years of the successful and popular initiative.

Since its launch in 1996, the Community Grants program has granted over \$2.24M in funding. Through matching funding, Council's investment in community grants has delivered a total of \$6.44M in value to local communities.

The 886 projects funded over 21 years of the program have supported Council's objective to encourage common interest groups to take an active involvement in the life of their community to become stronger and more economically, environmentally and socially sustainable.

Community groups representing 30 different Golden Plains communities from Batesford and Barunah Plains, to Smythesdale and Steiglitz, have received community grants over the past 21 years.

This year's grants will assist our aim of support community groups to complete some much-needed projects.

Community groups are encouraged to look at their local needs, their recreation and meeting areas, and think about creative and innovative ways to enhance their spaces and projects.

Council looks forward to the new community infrastructure and events that result from community ideas.

Among the recipients of the Grants, were...

- Meredith Angling Club  
Club room improvements
- Meredith Recreation Reserve COM  
Shade from the elements

## ARJ TRANSPORT

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the WEB

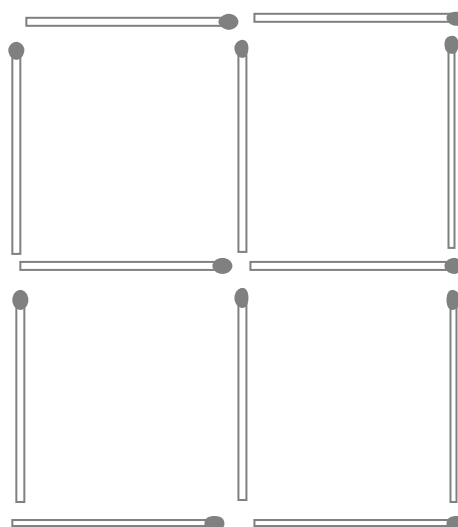
- every issue since 2004 is online
- an 'extras' tab takes you to lots of useful info
- check out who we are, leave a comment, book for ad or page in article

[www.meredithnews.com.au](http://www.meredithnews.com.au)

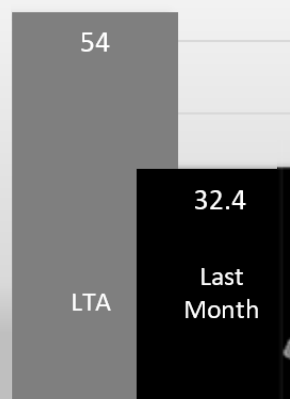
## Can You...?

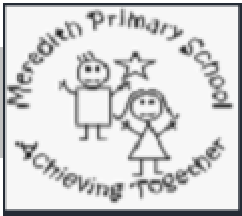
...move just two matches, so that the five squares below become seven?

The solution is on page 23. Good luck.



## JULY rain





# Meredith Primary School News

## A cold winters day By Arabella Knight

I was shivering from my beanie to my boots. The hot air pressed against my face. I rubbed my hands together, the friction generated heat to my cold numb fingers. I walked outside onto the snow fresh from last night. The people walking by had hunched shoulders as they battled the cold.



## THE BIG FOOTBALL GAME By Ryan Wood

It's the 7<sup>th</sup> round of the footy season in the last quarter. We are down by one point. I feel really nervous. I think we are going to lose.

We run to the positions that the coach has told us to go to. I run to full back and am on the biggest player I've ever seen. He is scary. My eyes open as big as they ever have before.

The siren blares. The ball goes up. The ball goes down. It is kicked down to their forward line, towards me. As my player pushes me out of the way, his fingers make a cracking sound. He is focused on getting that ball. I am focused on making sure he doesn't. As he picks up the ball, I stretch out my arms. I wrap them around his huge body and take him to the ground. The ball pops out of his arms, and one of my team mates swoops in and picks it up. As I am lying on the muddy ground, I watch our team move the ball down the field. One of our players marks the ball right in the goal square. He pushes back, and then kicks a goal. The siren blows. I've saved the day!!



## Sunset By Natalie

I was watching the clouds mix with the colours of the sun. Red, orange, pink and yellow. They are making the clouds look so beautiful and the best part was that all of the colours were reflecting on the water below. It was like a mirror with colours streaming out. It was so beautiful. I never want to leave. I don't want to go home! I wish that there would be such an amazing sunset like this every night. It was the most beautiful sunset I had ever seen!





Chris McKenzie's

## Garden Notes

*One seed for the mouse, one for the crow,  
one to rot, one to grow.*

I can't recall where this old rhyme springs from, some ancient childhood memory I suppose, as I was raised on all things Scots and English – stories, nursery rhymes, plants and gardens. I was reminded of it when planting yet more rows of garden pea seeds. The mice and the birds are certainly getting more than their fair share as this is the third planting in the last couple of months with only a handful of seeds germinating. This harking back to English vegetables and their growing naturally involves the visits of Jack Frost. Our recent cold snap, several hard frosts followed by a little rain provides the perfect weather for sowing seed of peas, broad beans, carrot, spinach, silver beet, and seedlings of leeks and broccoli. These vegies respond well to the cold and frosty weather is said to enhance the flavour of brassicas such as kale and broccoli and leeks too. This may be due to the fact that some vegies – the kales, sprouts and broccoli – respond to cold conditions by producing sugars, while parsnips convert their starches to sugars.

My heart sinks though when I see the damage to the



lemon and lime trees. Their foliage yellowed then dropped and the fruit rotted after being repeatedly hit by frost. This is the price of planting citrus in such a frost prone place. There's not much to be done at this stage, although I have given the affected trees a dose of seaweed solution to maintain health. The main thing is to avoid the temptation to cut back the damaged wood. This would send a message to the tree to send out tender new shoots and these would be burnt by the frosts we are bound to experience, even as late as November. Best to leave the trees as they are, keep them watered, spread a layer of compost to keep heat in the soil, wait for warmer days and then see how the trees are faring. The orange trees – Seville, navel and blood – are thriving. They are not frost tender and the sight of those glorious bright orange fruits ripening almost compensates the loss of the limes and lemons.

However the winter chill factor is vital for many deciduous fruit trees such as stone fruits – peaches, nectarines and cherries and apples. The chilling requirement is defined as the total number of hours needed annually, below 7°C and will vary with different cultivars. Over summer the fruiting buds develop and then become dormant during winter, protecting the buds from severe cold. After the trees have received their necessary amount of chill they are ready to flower when the warmer weather arrives. If a sufficient amount of chilling does not occur the normal development of leaf, flowers and therefore fruit can be delayed and inhibited. Later flowering may also affect pollination between species if their flowering periods are altered. Large scale orchardists will have to contend with these issues as our earth warms in response to climate change.

It is exciting to understand the changes plants move through during the seasons of growth, fruitfulness, decay and dormancy – and each is a necessary part of the whole cycle. As a young person I longed only for the abundance and heat of summer. One of the gifts of age is a deeper appreciation of every season and the acceptance that without these hard frosty mornings the fruits of summer would not taste as sweet.

Happy gardening. Chris

## Meredith Primary School Writers Festival

**Wednesday 6<sup>th</sup> September**

This will be a wonderful day with an author, an author/illustrator and a storyteller.

You are welcome to join us for a fun day of writing, reading and illustrating

**at the Meredith Community Centre**

*Many thanks to the Meredith and District Newsletter  
for their generous sponsorship of this day.*





JCB JCB

**CONTRACT SPREADING**

GPS



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# 100<sup>th</sup> Anniversary

Marg Cooper

The completion of the restoration of the Buninyong Avenue of Honour was celebrated on Saturday, July 1 with a commemorative march by bands, horses, vehicles and community groups along the Avenue, a ceremony at the Town Hall and a fly-over of four RAAF PC-9 Aircraft.

This was exactly 100 years since over 300 residents turned out with barrows picks and shovels. In three hours they planted, and placed guards around some 150 trees to honour the men who represented them at the front in WW1. They were required to pay four shillings for each tree in memory of any friend or relative serving at the front. A plate with a soldier's name was attached to each tree.

In the 100 years since the 1917 planting, road alterations, various small planting projects, trees dying, self-sown shrubbery and suckers growing had resulted in the original integrity of the avenue being affected.

In 2014 the Buninyong RSL, assisted by the City of Ballarat, and by community groups such as the Historical Society and the Community Association, commenced a three year project to restore the avenue. There were four elements in the project: to research the service records of all who had served in WW1 from the old Buninyong Shire, to look after the surviving trees and to plant more oak trees, to place 30 kg concrete plinths and attach bronze plaques adjacent to the 167 trees and to organise the Centenary celebrations.

The Avenue trees now represent 167 local men killed or who died of wounds in World War 1. The men came from the districts of Durham Lead, Buninyong, Napoleons, Lal Lal, Cambrian Hill, Warrenheip, Yendon, Scotsburn, Dunnstown, Navigators, Enfield, Scarsdale, Grenville, Mount Clear, Mount Mercer, Smythesdale, Magpie, Yarrowee, Clarendon, Garabaldi, Leigh Creek, Canadian, Millbrook, Elaine and Mount Doran.

The Elaine soldiers represented by Avenue trees are Michael Cahir, John Cossar, John Ferguson, Victor Gordon, Horace Hayes, Alan Jeffrey, Alexander Le Maitre, Arthur Miller, Wilfred Salmon, Ernest East, Joseph East, James Grenfell and Richard Grenfell. The Mount Doran soldiers represented by Avenue trees are Claude Gane and George Gane. Of the 167 men commemorated in the Avenue at Buninyong, 104 are remembered in various cemeteries in France, 29 are remembered in Belgium, 14 are remembered at Gallipoli, 10 are remembered in Egypt, 2 are remembered in Malta and 4 are remembered in Australia.

Nine sets of brothers were killed including the East brothers and the Gane brothers.

Elaine residents marched proudly with representatives of many of the districts from which the soldiers came. Each district carried a sign provided by the committee and an Australian Flag was carried by Army personal between each group in the march.

The Buninyong Avenue of Honour is located on both sides of Leamonth Street/Midland Highway commencing near Inglis Street in front of the Uniting Church and extending over some 2 km to the west end of Tandarra Estate opposite the Buninyong Golf Course.

At the end of the service the committee entrusted the care of the Avenue to the younger generation.

## History of Elaine Soldiers

Paul Ryan, Elaine.

Joseph and Ernest East were brothers who came from the Elaine district. Their parents were Richard and Harriet East from "Willowbank" which was on Easts Road, Elaine. They were farmers, labourers and mechanics around the districts of Elaine and Meredith and the East name is still in the district today. They are both honoured on the Elaine and District Honour Board for soldiers who served at World War 1, they have trees planted at the Buninyong Avenue of Honour in their memory and also their names are on their parent's grave in Meredith

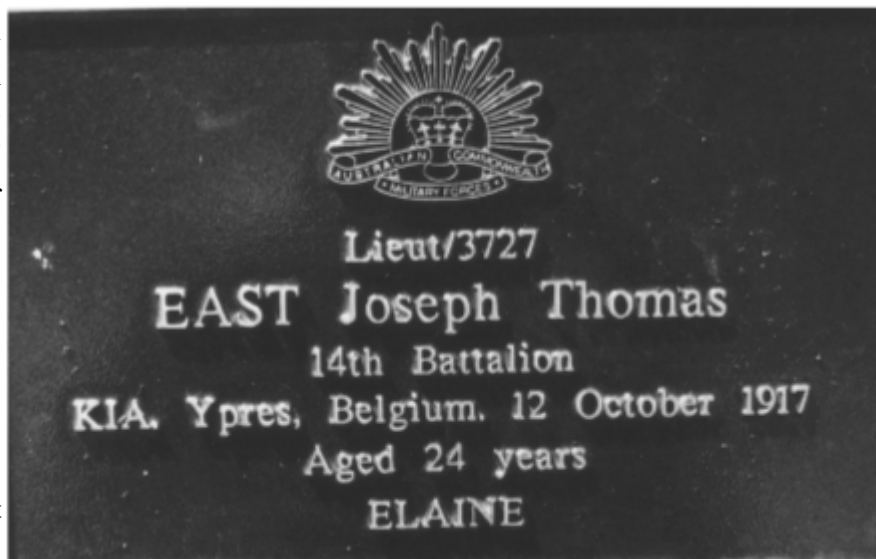
Cemetery to remember them.

Lance Corporal Ernest East was in the 24<sup>th</sup> Battalion, Australian Infantry, AIF. He was killed in action on Tuesday, October 9, 1917 at Daisy Wood, France. He did war service in Egypt, Gallipoli and the Western Front. He was awarded the 1914-1915 Star, British War and Victory Medals. He is remembered with honour at

Passchendaele New British Cemetery in Belgium.

Second Lieutenant Joseph Thomas East was in the 12<sup>th</sup> Coy Machine Gun Corps, AIF. He died on Friday, October 12, 1917 at Passchendaele, Ypres, Belgium and there is no known grave. He did war service in Egypt and the Western Front. He was awarded the 1914-1915 Star, British War and Victory Medals. He is remembered with honour at 29 the Ypres (Menin Gate) Memorial in Belgium.

Lance Corporal Edward East (a brother to the above) was in the 60<sup>th</sup> Battalion, 2<sup>nd</sup> Reinforcement. He returned to Australia in 1918, served again in the 1939-1945 war and had a garage in Meredith and a garage and shop in Elaine.





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# MAN COOK EAT



Steve Duffy

## Cooking the Winter Harvest

It may be winter here in the Moorabool Valley, but the garden is still producing some tasty vegetables. In our climate these include the cruciferous vegetables: Broccoli, Brussel sprouts, Cauliflower; Root Vegetables: Jerusalem Artichokes and Beetroot; Legumes: Sugar snap Peas and soon Broad beans; leafy vegetables: various varieties of Lettuce and some herbs like Parsley. If you have a closed unit like a hot house several others could be grown, although it is a cold dry winter.

*This month I would like to share with you some techniques for preparing these vegetables.*

### Root Vegetables

- Jerusalem Artichokes. Not really of the artichoke or thistle family, but from the same group of plants as sunflowers. With a delicious nutty flavour, they are wonderful roasted or fried as chips. Add some Za'atar or sesame seed.
- Beetroot. Ruby red and earthy in flavour, they roast well too. Try boiling one, then puree with an equal quantity of good quality mustard like Dijon; and spread it over roast beef 10-15 minutes before it is ready.

### Cruciferous Vegetables

- Broccoli. Lightly steamed then toss with olive oil(or butter), fried garlic and a few breadcrumbs.
- Cauliflower. I love the traditional white cheese sauce with cauli, but what about as an Indonesian style soup: beef stock, onion, garlic, black pepper, fried onion, a little cumin and coriander and then finished with some noodles and dry fried shallots.
- Brussel Sprouts. Don't boil them, they have been mistreated in this way for far too long. Shallow fry them with bacon or chorizo; sautéed with fresh herbs and spring onion.

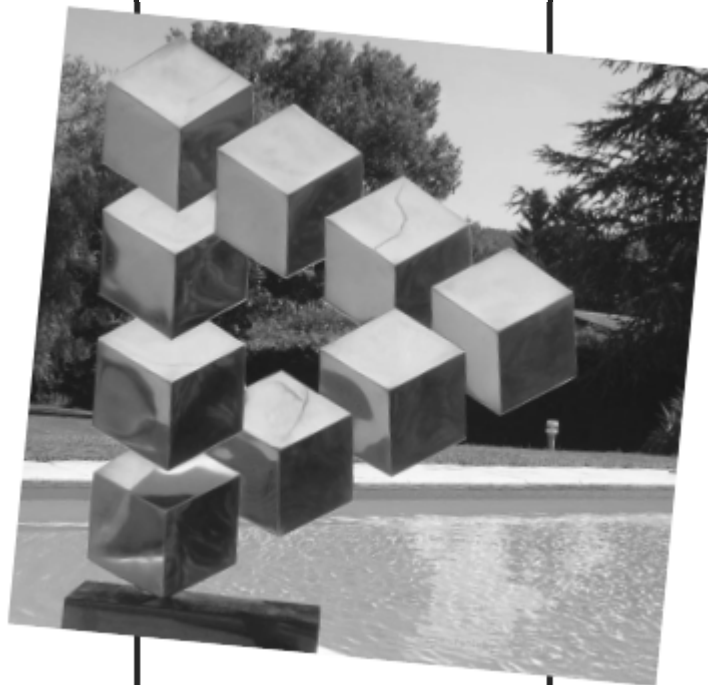
### Leafy Vegetables

- The lettuce family speaks for itself, crisp and light. Try marinating sliced red onion in red wine vinegar and add to a salad with some Meredith goat's cheese.
- My parsley is booming right now, fresh and a little bitter. Add to most things. The stems are *de rigueur* in any stock, soup or stew. A great condiment is "Salsa Verde", or Italian green sauce: Parsley, a few capers and anchovies, a little garlic, mustard with lemon if serving with veg or fish. Use red wine instead if the sauce is to be used over meat.

### Legumes

- Sugar Snap peas. Crunchy pods that sing with sweetness. Steam or sauté in butter; add some pureed fresh mint. Sliced, they can be thrown into a salad of greens or herbs.
- Broad Beans. In flower as I write, I look forward to the first harvest. Pick them while still small and the whole pod can be eaten. Once they get to full size, pod them and sauté with onion, bacon or herbs. Broad beans make great falafel instead of Chickpeas. The Maltese use them to make a dip like Hummus. Chop with fresh parsley to top fried chicken or roast lamb.

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## Helping Young Farmers Thrive

The Victorian Government is helping our next generation of farming leaders take the next big step in their food and fibre career with the announcement of the *Young Farmer Scholarships*.

Scholarships are available to help young farmers in Western Victoria boost their skills and equip themselves for the farming challenges of the future.

Up to \$10,000 is available to farmers and farm workers aged 35 years or under to help them with development and career progression in our \$13 billion agriculture sector.

The funding consists of up to \$5,000 for study, backed by a further \$5,000 to invest on-farm or in professional development activities to help put new skills into practice.

With world-renowned clean and green Victorian produce, emerging export markets and evolving technologies to name just a few of the positives, there has never been a better time to embark on a career in agriculture.

*This is an investment not just in the growth of the agriculture sector but in the future of regional Victoria.*

Examples of eligible courses include a Diploma in Agriculture, human resources training, business management courses, a Diploma of Agribusiness Management and a range of on-farm technical training. Government is proud to provide this training opportunity *by equipping young people with skills and better connecting women in regional areas.*

Applications for the Young Farmers Scholarship Program are now open and will close on 30 August 2017. For more information, visit [vic.gov.au/youngfarmers](http://vic.gov.au/youngfarmers).

## Easier to Sign Up as an Organ Donor

In the lead up to **DonateLife Week** (30 July – 6 August), federal member for Corangamite, Sarah Henderson, encourages residents to sign up as organ donors through the new online registration process. A minute or two of your time could save lives and make a lifetime of difference for up to 10 people needing organ or tissue donation. Now, almost instantly, you can register to become a donor on a mobile phone, tablet or computer.

"I understand just how much difference organ donors can make to the lives of Australians in need of a transplant. That is why I recently became an organ donor myself," Ms Henderson said.

Across the nation last year, 503 deceased and 267 living donors contributed to a record 1,713 people receiving donated organs.

Research shows that more than two-thirds of Australians are willing to become organ and tissue donors but only one-third have taken the step of joining the Australian Organ Donor Register. With around 1,400 Australians currently waiting for a transplant, everyone should join the register as soon as possible.

Jump online, type in the words 'donatelife' and 'register', and sign up using the simple, five-line form. And share your decision with your loved ones.

Along with the new online registration form at [donatelife.gov.au](http://donatelife.gov.au), Australians can still join the Australian Organ Donor Register online via the myGov, Medicare Express Plus and Department of Human Services websites, and by submitting printed forms.



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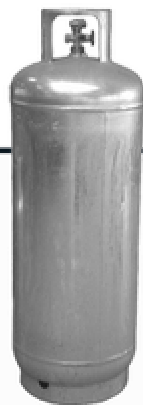
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Bannockburn Surgery provides comprehensive GP services, has been practicing in the community for more than 30 years, is the largest practice in the shire, with 6 full time equivalent Doctors and has an excellent reputation.

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Welcome back to all our Kinder children and families after our lovely mid term holidays! Thanks to those who volunteered to come along to the working bee, tidied the Thank you also to Bevan for building the lovely bamboo barriers around the big sandpit , the outdoor space is starting to look a lot more established now and once the Trees start growing it will be even lovelier. So Winter is well and truly here but it doesn't stop us from venturing outdoors and playing in the cold as long as we have our coats and hats on, the exercise and fresh air is very good for us! We have some new friends joining us this term ,a warm welcome to Blake,Lilly and Jacob in the Kindergarten group and Jayden in the Pre kinder group.

We have the Chicken Hatching program happening in the first two weeks of August, children will be able to observe and care for the eggs and then see the chicks hatch out in the incubator. The Kindergarten children's imagination is full of magic this term and fairies are flying everywhere around the room while they play. We are reading The Gruffalo story and on wet days enjoying a few indoor games and dancing. The prekindergarten children are enjoying the Toy Story theme with many activities planned around this much loved story, they are making a collage of Sunnyside town and they are also learning their colours through stories and play.

Our Kinder photos are ready to order and the children of both groups are drawing a self portrait to go on the annual Kinder tea towel. Our Kinder Committee will be holding their "Ladies Night" on the 18 th August at 7pm, there will be plenty of lovely stalls , gifts to buy & massages to have, all money raised will be going towards Zoe's fight and paediatric brain cancer research. The Golden Plains Children's services conference is on Tuesday 29th August which means there is no kinder session on this day.

Thank you

*Jodie*



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## **Bannockburn Pharmacy Newsletter**

Proprietors: Scott Wilkes & Damian Bennett

6 High Street

Bannockburn VIC 3331 Phone: 5281 1519

### **Happy 1<sup>st</sup> birthday Sheldon!**

It's hard to believe that it has been 12 months since we installed our automated dispensing robot, Sheldon, into our dispensary! Sheldon hasn't missed a beat since we installed him in August last year. He has allowed us to further reduce the amount of time for us to process prescriptions which has allowed for reduced waiting times but also better access to our pharmacists. Having Sheldon has allowed two of our pharmacists have the time to be able to provide and administer vaccinations.



### **Vaccination clinic**

Don't forget that two of our pharmacists, Cindy & Tracey, are accredited to provide and administer flu and whooping cough vaccinations in the pharmacy. You don't need a prescription from your Doctor. Our vaccination clinic is open during the following times:

- **Monday: 10:30am - 5:30pm**

- **Tuesday: 9:00am - 4:00pm**

- **Wednesday: 9:00am - 4:00pm**

- **Thursday: 10:30am - 5:30pm**

To secure a time that best suits you we recommend that you make an appointment through the pharmacy. You can either phone the pharmacy on 5281 1519 or you can book online through our FaceBook page <https://www.facebook.com/bannockburnpharmacy/>

You can also just walk in but there may be a wait if someone else is already having a vaccination done.

### **New Giftware in store!**

It has come to that time of the year again where we are going to Melbourne to buy new gifts for the Pharmacy.

Last month we went to the Salt & Pepper showroom to preview their new range and we have bought lots of new products. The majority of these will arrive into the pharmacy this month but we will continue to get new products in the coming months to leading up to Christmas from Salt & Pepper.

Our prices are still below the recommended retail price you will pay at other leading retail stores, plus not to mention you also receive a further **16% discount** if you are member of our **FREE Loyalty/Gift Club!** So come in and compare our prices and range before shopping in Geelong or elsewhere.

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Thursday:	<b>8:30am - 6:30pm</b>
Friday:	<b>8:30am - 6:30pm</b>
Saturday:	<b>8:30am - 1:00pm</b>
Sunday:	<b>CLOSED</b>

## **Vaccination Clinic now available in the pharmacy**



# Yummy **easy** and **delish**



## Quick Shepherd's Pie

Serves 4

Prep time: 10 minutes

Cooking time: 25 mins

### Ingredients

1 Tbls olive oil

1 medium brown onion chopped

1 medium carrot chopped finely

1 stalk of celery chopped finely

1 kg lamb mince

¼ cup plain flour

1 ½ cups beef stock

½ cup BBQ sauce

½ cup frozen peas

2 cups prepared mashed potato

1 cup grated tasty cheese

### Method

Heat oil in large saucepan. Cook onion, carrot and celery, stirring until softened and browned lightly. Add lamb, cook, breaking apart with the back of a wooden spoon for about 5 minutes or until well browned. Add flour, cook stirring for 2 minutes. Gradually stir in stock, then sauces and peas. Simmer, uncovered, about 10 minutes or until sauce thickens.

Meanwhile, make or heat mashed potato in the microwave.

Preheat grill.

Spoon lamb mixture into a 2.5 litre (10 cup) ovenproof dish. Spread potato over hot lamb mixture and sprinkle with cheese. Grill until the topping is browned lightly

Recipe From – Womens's Weekly Eating In

Stefania

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My dog used to chase people on a bike a lot. It got so bad, finally I had to take his bike away.  
...Anonymous

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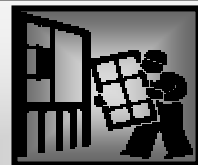
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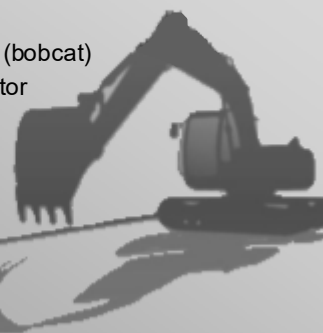
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# Eat Your Vegies...

*Jim Elvey*

I've been reading (again) lately that Australians are not good at eating their vegies, with around 93% of us falling short of guidelines. (Men are slightly worse than woman - no surprise there.) That's such a high percentage, it means almost no one eats enough of them. I've always felt I got a reasonable fix, eating either a salad or a few vegies with every evening meal and, as much as I thought about it at all, thought that the recommended dose was a pretty unreasonable target.

But given the strong evidence of vegetable consumption being linked to good health, it deserves a closer look. Firstly, what is the recommended daily intake?

A Federal Government site, [eatforhealth.gov.au](http://eatforhealth.gov.au), recommends five serves of vegies a day for adults (six for men under 50 years, 7½ for lactating women and less for children.) Next question: what is a serve? This always bugged me a little, given that, outside of tennis, a "serve" is hardly a universal unit.

The same website defines a standard serve as "...about 75g (100 - 350kJ)", and provides a few examples:

- ½ cup cooked green or orange vegetables (for example, broccoli, spinach, carrots or pumpkin)
- ½ cup cooked dried or canned beans, peas or lentils (preferably with no added salt)
- 1 cup green leafy or raw salad vegetables.

Another site, [eatingwell.com](http://eatingwell.com), puts it a little less precisely, but perhaps more helpfully, in saying: "A good rule is to fill half your plate with fruits and vegetables, which is also good news for your waistline, as vegetables are low in calories."

But, in case you think you can just load up with half a plate of mashed potato, it goes on to say: "The most brightly coloured produce is often the most nutrient-rich, so it's important to eat a wide variety of colourful vegetables - particularly dark green, red and orange vegetables."

So, there you have it. Eat up around 2½ cups of mixed vegetables a day and you are doing your body a huge favour. (And, for many of us, just getting a bit closer to that target would be good thing.)

*This article just skims the surface of a complex subject. If you want more explicit information, visit the sites mentioned, or [heartfoundation.org.au/about-us/what-we-do/heart-disease-in-australia/fruit-and-vegetable-consumption-statistics](http://heartfoundation.org.au/about-us/what-we-do/heart-disease-in-australia/fruit-and-vegetable-consumption-statistics). Or, better still, have a chat to your doctor.*



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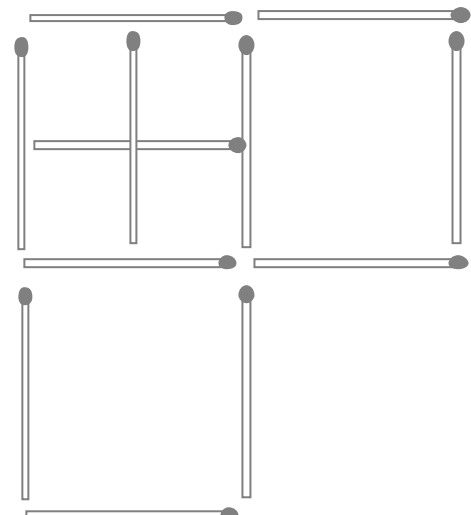
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### PS...

After this was written, a Melbourne newspaper reported recently published research indicating children who eat more fruit and vegetables perform better at NAPLAN tests. So there's another carrot to dangle in front of you. - Ed.

## ...a SOLUTION

...to the puzzle on page 10



# First Ladies

Marg Cooper

Julie Pantzidis was elected last week at the Annual Meeting as the first female President of the Elaine Cricket Club. She has never played cricket, had no idea that she would be nominated for President but is happy to pitch in and do her bit for the club.

She has been involved with the club for five years since her son Nicholas (Chicka) started to play cricket and has been on the committee that has instigated lots of improvements including renovating the 90 year old change rooms into the "Long Room" and installing and fitting out a 40 foot container for new change rooms. Julie says she hopes to keep the club rolling along, to continue the great work past presidents and committee members have done and provide a happy environment for families and the sport of cricket.

On Thursday nights after practice, a meal cooked by Julie, is available for \$6 in the "Long Room". This social gathering has proved very popular with players, their families and interested people. Julie provides nourishing meals such as pie and chips, lasagne, salad and chips or spaghetti bolognese as well as sweets, slices and cakes. The room is now comfortable with a big window looking out onto the ground, tables and chairs, a kitchen at one end and photos of past teams displayed on the walls. Julie said she would love a bigger stove as, sometimes, she caters for over sixty meals on a Thursday night. She also acts as scorer at cricket matches. Julie's husband Bill is very supportive and without that, Julie said she would not be able to contribute as much time as she does.

Julie's sons have extraordinary sporting talent with Steven her eldest son winning Best & Fairest Awards for Meredith & Buninyong Football clubs. He later changed sports to boxing to be trained by Heath Stenton and went on to win the state title for his weight division. Unfortunately Steven can't compete at this stage because of a health issue. Chicka has played football for Buninyong since he was eight years old and has won Best & Fairest Awards. In his cricket career he has been awarded the League's Best & Fairest for the past 4 seasons, also taking out the batting the past three, with this last season winning the bowling and beaten by 6 runs for the batting. He also plays with Napoleons Cricket Club on turf in the senior's second grade on Saturday afternoons and won the President's Award for Best under 18's player. He has a bowling machine at home, has created a pitch in the paddock and has erected football goals and is never without a ball or bat in his hands. Chicka is now fifteen years old, is in Year 9 at Damascus College and he with two other teenagers, Seamus Dunne and Angus Hogarth offered and were elected to the Cricket Club Committee at the Annual Meeting.

The club hope to field Senior, Under 16, Under 14 and Under 13 Cricket teams for the upcoming season. If there are not enough players in any age group at Elaine there is a possibility of a partnership with Napoleons. The committee think it is important to let players play in teams in their age group as much as possible. Players come from local and distant districts to play at Elaine and all are

welcome. An open try out day for cricket and tennis is being held on August 13 at 12.30 with a bbq to follow.

Latest News is that Jane Farhall has been elected as the first lady President of the Elaine Tennis Club and her 14 year old daughter has been elected Secretary.

Congratulations to the Lady Presidents at Elaine and to all the Office Bearers....what wonderful opportunities are being given to young people there.



*Jane Farhall, left, has been elected as the first lady President of the Elaine Tennis Club and Julie Pantzidis elected as the first female President of the Elaine Cricket Club.*



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## The Evolution of Social Pleasantries

Digital convergence has brought on more than just a new way to keep in touch with friends and family from across the country, the world, or even just down the road. Sure, it is a convenient way to inform strangers on Instagram of your latest book and cup of tea combo, or rant into the public sphere about some mundane instance in under 140 characters, but it has also changed the way we actually interact with our loved ones.

When talking to some friends about the painful task of printing invitations to an upcoming party, they looked at me quizzically and queried why on earth I would actually spend money on such a thing when I could just create a Facebook group. The landscape of formal inviting seems to have slipped off the cusp of postmodernity and has created a new perspective that actually designing and writing out paper invites is a unique act. When did this change? Everybody loves receiving an invite with an embarrassing childhood picture of their relatives on it, don't they? I think we can thank this attitude for the current inflation of postage stamp prices. Maybe this change came about because with digital invites we can see exactly who is planning on coming to the party, therefore allowing for the adjustment of our own attendance accordingly.

Birthday wishes have also taken on a new identity with the advent of social media. Birthday cards...what are they? Painfully awkward phone calls to the birthday person...a thing of the past! And you can forget about forgetting someone's birthday; it's all there on the internet, with daily reminders of whose it is and a handy display of posts from 'friends' so that you can compare birthday message enthusiasm with your own and compete for the honour of the 'I care the most' post. And don't get me started on the photos! Whereas a phone call was a polite, aural experience, the new age birthday message now comes with the ability to post embarrassing digital photos that involve makeshift legwarmers, glittery crop tops and Spice Girl ponytails (it was an 80's themed 16<sup>th</sup> party, okay!). And let's not forget once it's on the internet, it stays on the internet. Never have I yearned for a reverse back in history to the age of film (or even slides) more than I did for this year's day of birth.

Then there are the announcements. The important life events that once were spread via excited phone calls and word-of-mouth. You used to have to just inform the monarch of both sides of the family and feel confident in the fact that within a few days, all would know about your engagement/baby news/embarrassing anecdote. However, there is now an expectation that you make a very public post – immediately – on a social network so that everyone has the opportunity to see it at the same time and then add their own personalised comment. And shame on you if you don't. Nobody wants to hear second-hand where you went for dinner.

*Gemma*

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## IN our Nature

Wendy Cook

I love watching treecreepers. I stand still and silent, observing a white-throated treecreeper a few metres away. The dark brown bird with a white throat and white streaks on its front is perched on the trunk of a blackwood wattle. It hops up the tree, pausing regularly as it hunts insects on and under the bark. It continues up the lower branches, sometimes hanging upside down as it searches. When it is high enough, it spreads its wings, showing a pale brown stripe across its feathers, and glides down to land low on the trunk of another tree. Normally treecreepers are solitary, but this one has a companion. It is a grey fantail, a small grey bird with white eyebrows and throat and a pale chest. Usually these birds are very active, hopping this way and that and spreading their tail feathers, even when perching. This fantail sits uncharacteristically still on a small branch close to the treecreeper's feeding tree. Occasionally it jumps in the air, and after a short flight returns to its perch. When the treecreeper glides, the fantail follows and settles on a new branch. I watch as it follows from tree to tree, and conclude that if a flying insect disturbed by the treecreeper escapes, the fantail snaps it up. I have not seen this behaviour before.

The small patch of bush I'm standing in is also unusual. It is fairly inaccessible to people, so nobody has collected wood for burning or fence posts, or tidied it up in any manner. In places, it is an obstacle course of low branches on twisted trees and fallen trunks and tree limbs. On some logs, grey-green lichens and bright green mosses are so crowded that little wood is visible. Others have bracket fungi growing on them. Assisted by wood-decomposing insects, the fungi are slowly rotting the log until eventually it breaks apart, becoming smaller and smaller pieces, until it disappears into the leaf litter. In the meantime, cracks and hollows inside the log provide shelter from heat, cold and fire for ground-dwelling animals, like lizards, spiders, insects, antechinus and other small mammals. Some logs are used as paths by animals. Birds, bats and arboreal mammals, such as possums, sugar gliders and brush-tailed phascogales occupy hollows in trees, both the standing dead trees and the living ones.

One ancient manna gum was once a giant. It would take three or four people holding hands to encircle its trunk. It is living and still providing homes and food for many creatures, but is slowly decaying. There is a huge bracket fungus several metres up its trunk, a sign of internal rot, and large fallen limbs radiate from its base. The leaf litter around it forms a thick layer, providing more habitat for tiny creatures. Large dull brown fungi with crowded white gills grow out of the litter. Perhaps their underground threads join with the tree's roots to provide it with extra nutrients. I find a fungus with nibbles taken

all around the edge of the cap, maybe food for a wallaby or possum. I hear clicking rosella beaks as they feed in the tree canopy; a warbling magpie on lookout duty at the top of a dead tree; a quack and the whistle of duck wings flying over; a small thornbill low down on a tree trunk pecking at insects; and the chattering of superb fairy-wrens, long tails pointing up as they hop among low leafy branches. Soon some of these birds will prepare nests here. Twining bright green seedlings of clematis climb over a mess of fallen branches. The larger plants have pale green buds, a promise of Spring. Elsewhere the leaves of violets, orchids and sticky insect-devouring sundews spread across the ground. Dense clumps of flax lilies with long pointed leaves grow at the base of a dead tree. All this is nature at its messy best, providing ideal habitat for the plants and animals that live here, and best left alone by people.

*Wendy*

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## it's History

Meredith History Interest Group

### Indexing Meredith Rate Books

We have started this project at the Heritage Centre in Geelong but are hoping that The Heritage Centre will organize for us to be able to do the work at the Bannockburn Library. If you could call in there and index on their computers for a couple of hours please let us know.

*We meet at the History Centre in Meredith every Thursday morning from 9 am and sometimes have lunch together at Backcreek café. You are welcome to drop in especially if you have a particular skill or interest you would like to pursue in the history field.*

### A Creamery for the Meredith District

"A large influential and enthusiastic meeting to form a creamery at Meredith was held at the Royal Hotel on Friday evening, April 17<sup>th</sup>. Mr J Ward was voted to the chair, and in a lucid manner explained the benefit to be derived from a creamery in the Meredith district. It was shown by the chairman that wherever creameries had been erected they had proved a great success. Mr Cahir of Tungamah, who was present spoke at some length on the working of creameries, and dwelt for some time on their success in his district, and stated that in his opinion one at Meredith was only to be erected to be appreciated. Mr G McNaughton gave it as his opinion that it was necessary for the farmers at Meredith to keep pace with their brothers in the districts where creameries existed, and considered one here to be most desirable. Messrs D Grant, Stafford, Hillhouse and others spoke of the benefits accruing from creameries."

*Geelong Advertiser Monday, April 20, 1891.*

*A visit to the site of the Meredith Creamery is planned for late September. More information in the next issue of the Newsletter*

### Summer Sets in at Gallipoli

"The dead bodies and open latrine trenches provide the perfect breeding ground for the flies that are already there in their billions, from the size of a pin's head to great bluebottles that are so bloated they can't fly. They get in our mouth, under your arms, into every open wound they can find, and, as one Digger sums up in a letter home, "they are far worse than the Turks". On the plus side the flies do add much needed protein to the soldier's diet, "as God knows you could not eat without eating flies". Bully beef with a crunchy fly crust. Strawberry and fly jam on hard oatmeal biscuits. Salty fly-studded bacon, washed down with sweet fly-swilling tea. They are simply everywhere in swarms." Then there were the maggots!

### THE MEREDITH CREAMERY AND BUTTER FACTORY.

Steady progress is being made with the erection of the building in which the above industry is to be carried on and from present indications the structure promises to be completed by the end of the present week. The factory site is scarcely half a mile from the Meredith Railway Station and the township, and is situated on rising ground overlooking the Coolebarghurk Creek a short distance from the main road leading from Geelong to Ballarat. The composition of the factory building is of a mixture of weatherboards, zinc, and concrete walls, the design not being by any means attractive in respect to architectural beauty, but it is expected to be a good serviceable structure, calculated to be of very great benefit to the owners of good milch cows. The basement portion of the building rests upon a stone and concrete foundation, the cellar or cool chamber being composed of concrete walls and flooring the latter having a gentle slope towards one corner where a sink has been formed for the purpose of expeditiously carrying away any drainage towards the creek. In the cool chamber where the important operations of separating the cream from the milk and manufacturing it into butter are to be conducted there is ample room for the necessary machinery for that purpose, the dimensions of the apartment being 40ft. by 20ft., and 8ft. 3in. in height.

The chamber is constructed of thick concrete walls in order to keep it thoroughly cool in the hottest of weather and the roof or ceiling is of galvanised iron which is said to be much cooler in hot weather than any other material, whilst it has the advantage of not being an accumulator of dust and may be easily cleansed. The apartment is thoroughly ventilated and excellently lighted by six windows on three of the exposed sides of the chamber, for one side of the building is let in to the embankment of the rising ground, upon which the factory structure has been erected. The upper portion of the factory, which is somewhat larger than the basement, consists of weatherboard sides with a strong roof of galvanised iron and ceiling of the same kind of metal. It is intended as the receiving room for the milk, which will be taken from the dairymen's carts as they are backed up a sloping earth embankment, weighed on the scales on the platform, put into a receptacle in the room and allowed to flow by means of piping into the separators in the cool chamber below....

A boiler of 15 h.p. has been set alongside the main building, and it is to be used... in pumping water either from a well now being sunk close to the bank of the Coolebarghurk creek or per-haps, eventually from a weir dam which it may be found necessary to construct across the creek.... *From Geelong Advertiser (Vic. : 1859 - 1929) Wednesday 14 October 1891*

*Jan McDonald, Meredith History Interest Group*



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## Coffee and Cake (in San Francisco)

*Our local artisan baker, Diane Dunn, has filed this report, demonstrating the lengths to which she is prepared to go in the name of research. Lucky us. - Ed.*

As many readers know, my amazing family organised (via *gofundme* and a ticketed function) to raise enough money to enable me to realise a dream of visiting a number of bakeries in the USA, but in particular "Tartine" in San Francisco whose owner Chad had written a definitive book about sourdough which I had used as my go to reference book when teaching myself to make sourdough bread.

This was all organised without my knowledge until it came so close, (and after tickets and accomodation etc., had been booked ) that the secret had to be revealed so planning could begin!!

Our departure date was 21st June - when we flew from Melbourne to Sydney, where we would board our international flight to San Francisco. Another surprise was in store as a letter had been written to Qantas by my daughter (Alice) advising them of my illness and the manner in which the money had been raised to enable the trip, and requesting that every consideration be given to upgrading any legs of the journey to business class. Indeed we were upgraded to business class, and that in itself was a very welcome shock. Again in Sydney we were greeted by name as we boarded the plane and were deflected 'upstairs' to business class.

We arrived in San Francisco not too tired after the long flight, having dined and slept in style!! We risked our lives getting a taxi to our accommodation - I swear this driver thought he was participating in a Grand Prix. Our first impression of San Fran was of course of the hills and the style of housing which hugged those hills, secondly and sadly, was the number of homeless people living on the streets, many with obvious mental illness.

Not willing to wait until the official Tartine "meeting" that had been organised via email (thanks to daughter Lily and husband Philip), we headed to Tartine bakery for breakfast the second morning!! We feasted on almond croissant, cheese gougeres (coming soon to a bakery near you!!) and a blueberry almond pastry. From Tartine we walked to Tartine Manufactory - of course browsing and coffee-ing along the way (20 minute walk). Tartine Manufactory is a huge industrial space which produces hundreds of loaves of bread, along with lunch, homemade ice-cream, and dinner. More coffee, lunch and pastries were tested - all in the name of research.

Another bakery was discovered very close to our accomodation, called "Mr. Holmes Bakehouse" and their website displayed a countdown to the next cruffin appearance - 8:30 am the next morning. Being the dutiful researcher, I donned my running gear and headed there bright and early, only to be greeted by a queue snaking down the street. About an hour later I was heading back to the hotel with our "breakfast of kings" - pistachio & rosewater croissant, sake plum jam donut, tomato & blue cheese danishes, and a newcomer to my tastebuds the kouign-amann (pronounced "queen a-mahn").

The day of our tour of Tartine arrived, and we were treated to a fascinating journey behind the scenes - watching cakes being decorated, tarts being assembled, croissant dough being scaled, pastries being baked in their deck ovens. Then it was back over to Tartine Manufactory for a tour of their facilities including the temperature controlled bread mixing & scaling room. We ate lunch after the tour whilst watching the six deck oven being loaded by a pneumatic lift and automatic roller. The scale of both establishments was mind boggling.

Another amazing surprise awaited me as we boarded a flight to New York where we spent a few more days wandering around, jaws agape at the sheer size of buildings, and the number of people that can fit into one city, not to mention the humidity. But the *pièce de résistance* was a concert at Madison Square Gardens by my long time favourite artist, Billy Joel. Who was AMAZING!!

Our long flights home the next day were made so much more manageable by scoring an upgrade again. We were greeted joyously by our family at the airport, a fitting end to a trip made possible by their love and dedication to me, and by the generosity of many of our family, friends and readers like yourselves!! My heartfelt thanks to all.

*Dianne, at "Tartine" one of her long time inspirations.*





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## Music



## The Aussie Bush Telegraph

Marg Cooper

You may not believe that a girl who grew up near London, who is an anaesthetic nurse and nursing teacher who lives at Mt Doran, worked for 2½ years on her days off to renovate a dilapidated tin shed behind the shop in Elaine with the view of creating a venue from which to promote and sell everything Australian.

Kate Banner has transformed the old garage by re-roofing, but using the old corrugated iron to line the walls, putting a cement floor where there was dirt, gravel and oil, wall-papering with a vintage “bricks paper” a wall that was too difficult to paint, installing a kitchen, servery, windows, a cosy wood heater, furniture and memorabilia. She has rebuilt it from the inside and still has work to do on the outside and signage to erect. It is believed that the posts in the frame were previously support posts from an Elaine mine and she has used mostly recycled materials to retain the integrity.



“Elaine Farmacy & Coffee Dispensary” was thought of for a title for the shop, but when the district population was evacuated to the Elaine Hotel on the day of the Scotsburn fires, she realized that the bush telegraph was alive and well so she adopted “The Aussie Bush Telegraph” as the name for her premises. Kate hopes that her establishment does indeed become a community hub, a place where people meet and swap news and stories.

Kate is very interested in collecting and displaying the history of Elaine and is astonished that there was once a population of 1,000 and now there are 44. She is about to hang a map that shows the Elaine goldfields, she has used the numbers that once were used to display the “price of fuel” for her phone number on the back wall, has paintings, books and other memorabilia and plans to copy photos into a book so visitors can see what Elaine used to look like.

She wants to put Elaine back on the map by liaising with the sporting clubs, other businesses, the CFA and Mechanics Hall. She has many ideas including weekend pizza food with live music, Aussie tasting events and meet the producers, Pilates and trivia, a bookclub and to display the works of local artists. She describes it is an evolution and what the public wants she will consider.

It has been a lot of fun. She opened five weeks ago and has been very happy with the interest and patronage. On Sunday, July 30 at 2 pm there will be an opening when people are invited to walk through the inside and outside areas and a Grand opening is planned probably for August when some last minute jobs have been completed - such as grinding the corrugated iron from around the windows and erecting signage.

At the moment “The Aussie Bush Telegraph” is open from Tuesday to Sunday from 8 am until 4 pm and is available for private functions. Kate would like you to “like her” on Facebook. She wants to get 1000 “likes” and wants to revitalise Elaine. The English girl is very quickly becoming an Australian!

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What we know about...

## August

The eighth month of the year has no identity crisis having unequivocally been named for Augustus Caesar. After a stint at being called *Sextilis*, it was relocated from the sixth position in the ancient Roman calendar. It is the last month of winter so most of us will rejoice in the final throes of an icy season and start a plan of attack for making the most of spring gardening and days in the sun. On the 8th of August there will be a partial lunar eclipse that will be visible for the extremely early risers (or never-went-to-bed-ers).

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## Stan Morrison

*Peter Morrison*

Stan Morrison was a soldier settler on the Larundel subdivision west of Elaine and Meredith. With his wife Gwen, and children David, John, Peter and Elizabeth, he took up land 6 miles from Elaine and called the property "Glenleigh".

Stan, my father, was born in Santiago Chile in 1910. His mother Christina was English and his father Edward Roger was Scottish. Christina grew up in Chile but Edward moved there to work for a company supplying steel for a tunnel being built in the Andes mountains. When Dad was one year old, the family moved to San Francisco where Edward worked for the Pacific Steel Co. He was the company's representative for South America as he spoke fluent Spanish. Stan's brother Wilfred and sister Doris were born in San Francisco and Dad started primary school there. When he was 9 the family moved to China and lived in Shanghai where his father continued working for the Pacific Steel Co. Here Stan completed his primary education at an international school called Cathedral School. His sister Doris was born during this period.

After some years Christina took the four children to England where Stan and Wilfred were to begin boarding at a suitable school. Whilst the family was in England, Edward informed Christina that he wanted a divorce as he had found someone else. The family never returned to China and never saw their father again as he remained in China and died quite young. The family lived in Western Supermare, struggling financially but survived with assistance from supportive relatives.

Dad had a number of relatives with varied artistic talents, musicians, painters, performers and so on. But he was fascinated with "Westerns", and his dream was to emigrate to America and become a movie star. Unfortunately, his mother had other ideas and having worked on a dairy farm in England for a while, she sent him to Australia with free passage and a job guaranteed under the Big Brother scheme. He was 17 years old when he landed in Australia and went to work for Bothwell Shannon who was later to become my grandfather. The property "Glencoe" was north of Swan Hill on the NSW side of the Murray River near the town of Koraleigh.

On the farm Stan was responsible for driving a team of Clydesdales when ploughing large acreages for cropping. With Bothwell's son Len, he would man a steam engine 24/7 pumping water from the Murray into channels from where they irrigated certain paddocks. He also did sheep work and once drove a mob of sheep from the railhead at Ouyen in northwestern Victoria back to the property.

Eventually, perhaps inevitably, Stan fell in love with one of Bothwell's four daughters and married our mum Gwen. They

lived mainly around Swan Hill where, through the Depression years, Dad had a range of jobs including market gardening. In 1939 when war broke out he enlisted and went to Pukapunyal Army Camp near Seymour for basic training. He drove trucks in Transport Corps, tanks in Tank Corps and eventually ended up in army "Small Ships" delivering supplies to troops around New Guinea. Fortunately, he did not see any real action and arrived home mentally and physically intact.

As an ex-serviceman he was eligible for a Soldier Settlement block and in 1951 ended up at "Glenleigh" mentioned earlier. The property had negligible fences and was pretty flat and treeless except for one big dead tree. Like most settlers, Dad planted 1000's of trees so that today it is totally unrecognizable to those early days. It's saving feature was a permanent creek which ran through the north west section. On our property was an enormous pile of new fence posts with which Stan set about fencing the whole farm single handedly. The post holes were dug with a crowbar and shovel and the holes for the wire were drilled with a brace and bit. He was not a particularly handy or practical person, but he took pride in building nice straight fence lines. For the next 25 years the farm was his home. Though not really passionate about farming, he worked hard and was a good manager, steering through all the up's and downs of seasons and markets and providing very well for his family. When everyone had left home he finally retired to Ballarat with Mum who was the love of his life. When she died at 86, he was very lost and after a couple of years spent his remaining days in South Australia where he lived alternate weeks with me and my sister Elizabeth. He remained mentally and physically fairly good until nearly the end, and died peacefully at 95 in 2006. It was a privilege to share these last years with him, a religious man, very gentle, loving, generous and forgiving.

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## Marg's BOOK REVIEW

### The Harp in the South by Ruth Park

Most people have read this classic novel and by re-reading it I have realized how great it really is. It tells the story of Margaret and Hugh Darcy who are raising their family in Sydney, amid the brothels, grog shops and run down boarding houses of Surry Hills, where money is scarce and life is not easy. It was also a time when men ruled the home and were the main wage earner, when the women stayed at home and kept life together and neighbours cared for and helped each other.

In October 1945, just three months after Japan's surrender in WWII, the Sydney Morning Herald set aside £30,000 to stimulate the development of art and literature which included a prize of £2000 for best novel. In December 1946 Ruth Park learned that out of 175 entries her book about the struggling Irish Australian Darcy family in Sydney's Surry Hills had won. A review accompanying the announcement described how the book "bludgeons the reader about the brain, the heart, and the conscience".

When Ruth Park married D'Arcy Niland in 1942 Sydney was in the grips of a catastrophic wartime housing crisis. The only accommodation they could find was in inner city Surry Hills, built higgledy-piggledy over Sydney's prehistoric sand-hills. The wealthy had fled and poor renters crammed into old, un-renovated tenements. The book first appeared in the Sydney Morning Herald in twelve daily instalments. It was controversial and not everyone loved it. At the time Ruth Park attributed much of the venom to her portrayal of slum dwellers as fully rounded human beings rather than a social problem but later she felt the hostility came because she was a female author. But the novel's impact was great. Only four years after it appeared, the Government set about a program of slum clearance and she officially opened the first block of Devonshire Street flats. She later expressed ambivalence about the loss of community and street life this entailed.

Marvellous descriptions add depth and detail to the book. Two examples are "All his life Father Cooley had deplored, and battled, and scourged his temper but it was still like an electric wire, forever ready to be charged with extra voltage." and "Delie Stock on the other hand loved and petted her temper. It was like a horse that she caressed and fed and teased when necessary. When it suddenly rose and took control of her, it gave an exhilaration comparable with that of drink. Now it was well away in a tossing gallop."

*In 1949 Ruth Park published "Poor Man's Orange" as a sequel to the Harp in the South. A prequel "Missus" was published in 1985. In 1986 and 1987 the books were both adapted into TV mini series.*

*The book for discussion in August is "Room" by Emma Donoghue.*

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## Barwon Water Prices

### Media Release

Barwon Water is seeking community feedback on its proposal to keep future prices stable, fair and low for the next five year pricing period beginning July 1, 2018.

After public consultation, Barwon Water is required to submit its pricing proposal to the Essential Services Commission, the independent regulator of the water industry, which will make a final determination on the prices customers can be charged.

Managing Director Tracey Slatter said in developing the proposed prices Barwon Water had considered customer affordability, operating costs, new infrastructure requirements, current and future challenges, service levels and feedback gathered during the recent "Have Your Say on What You Pay campaign".

"We know our customers want high quality services at affordable prices and are fully committed to keeping prices stable, fair and low," Ms Slatter said.

"While we've worked hard to keep our proposed bills as low as possible, some increases are necessary to fund infrastructure projects and other initiatives to ensure we continue to provide high quality, reliable water and sewerage services," she said

"We are proud to have reduced prices by 1.6 per cent per year (excluding inflation) over the past four years and in this, the final year of our current pricing plan, prices will again fall by 1.6 per cent from July 1, 2017. After adjusting for inflation, the average residential customer bill will increase by \$3.80 a quarter."

The 2018-2023 plan proposes keeping average residential owner/occupier bills in 2018/19 at the same level as 2017/18 and not passing on any price increases other than the inflation rate.

Average residential owner/occupier bill increases from 2019/20 are proposed to be capped at 0.9 per cent each year plus inflation.

Key investments over the next five years include:

\$47 million to repair and replace ageing infrastructure

\$14 million for new and upgraded infrastructure in regional growth areas

\$25 million in renewable energy projects, and an additional \$500,000 annually on programs to support vulnerable customers.

Ms Slatter said the new pricing plan also proposed changes to the split between water volume charges and fixed volume charges for residential customers.

"Through our extensive consultation, customers told us they want even greater control of their bills. Fixed service charges will form a smaller portion of overall bills, while the water volume portion will increase. This means, even more than ever, customers can influence their total bill by using less water."

She said this proposed change meant residential customers would experience different bill impacts depending on whether they pay fixed service charges, water volume charges or both. Full details are available via Barwon Water's website.

Non-residential customer bills will remain steady over the five years.

Consultation on the proposed prices is open until July, 23, 2017.

The proposal can be viewed at [www.yoursay.barwonwater.vic.gov.au/2018pricesubmission](http://www.yoursay.barwonwater.vic.gov.au/2018pricesubmission)



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## Old Man Cooksin

Marg Cooper

At the birthday party at Hearn's Hotel on Saturday, July 8 to celebrate Robert Cooke's 70<sup>th</sup> birthday a choir, made up of "would be singers", sang "Old Man Cooksin".

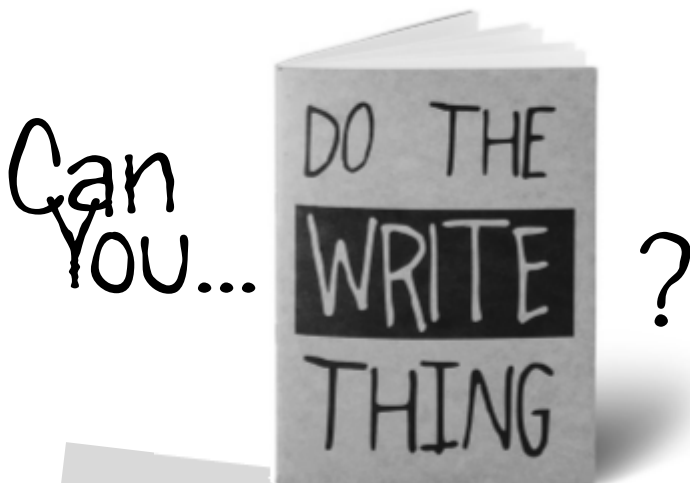
Marcus Nolan, (nickname "Dicky Knee") sent the words of the adaption of the song and an explanation with his good wishes. The original "Ole Man River" was written for the Show Boat Musical back in 1927. Marcus sang it at St Patrick's Speech night with the Year 12 choir in 1991 and he admits to singing it several times, late at night at cricket and footy clubs he was involved in around Australia and Overseas.

He explained how "Old Man Cooksin" was quite relevant to the young people of the district as Robert was the elder statesman of the A Grade cricket team back in the early 1990's when they were successful at winning some premierships. Cooky was like a father figure to the other players as most were in their teens or early 20's. He was the man up front opening the batting, giving it his all with slashing cut shots through point and refusing to show any pain when hit by a bouncer. Also, Cooky loved the celebration after a win which was important in such a small country town community of Meredith. The adapted song "Old Man Cooksin" was often sung at these celebrations.

Cooky also employed Marcus and his brother Andrew (nickname "Podge") to crutch sheep and cart hay during the season. They were under 18 year olds driving a truck without a licence, full of hay down the road to the nearest haystack. Marcus smiles as he describes some of the fantastic memories that come flooding back with the banter and conversations about those times.

PHOTO OMITTED FROM  
ONLINE PUBLICATION

*From back row left Ben and Isabella Drenovac, Matilda Cooke, Oliver and William Phillips. Front row from left. Georgia, (camera shy) Robert and Thomas Cooke*



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## Overwhelmed!

*Marg Cooper*

Abbie Booth thought she would invite a few friends and family to the back deck of her house to raise some money for the Biggest Morning Tea. Her motivation for organising an event was to show support for her father Russell and niece Jessica who are currently fighting cancer. She has also lost her grandmother and two aunts to the disease.

A \$50 voucher was given to her for a raffle prize and it started from there. When the proposed event was advertised on Facebook "it went crazy" with offers of prizes, vouchers, money and help. Di Lang offered the Community Hall free of charge and the date was set for May 21, 2017.

Abbie describes how the hall was full and when the speeches happened the crowd was bulging out the door. She asked everyone who came to bring a plate and the tables were full of food within fifteen minutes of the first people arriving. There were thirty one prizes valued at \$4,000 in the raffle which cost \$1 for a ticket, there was a guess the number of jelly beans and many amusements including hair colouring, two face painters, a junior jumping castle, dress ups as famous characters, helium balloons and a unicom taking pony rides.

A lot of locals attended the event as well as big groups from town. It was a happy, busy day that raised \$6889.15 for the Cancer Council to help find a cure for cancer. Abbie has lived in Lethbridge all her life and loves living there.

Abbie was totally overwhelmed with the generosity and support she received and she would like to thank everyone who helped in any way.



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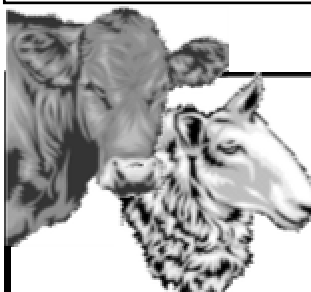
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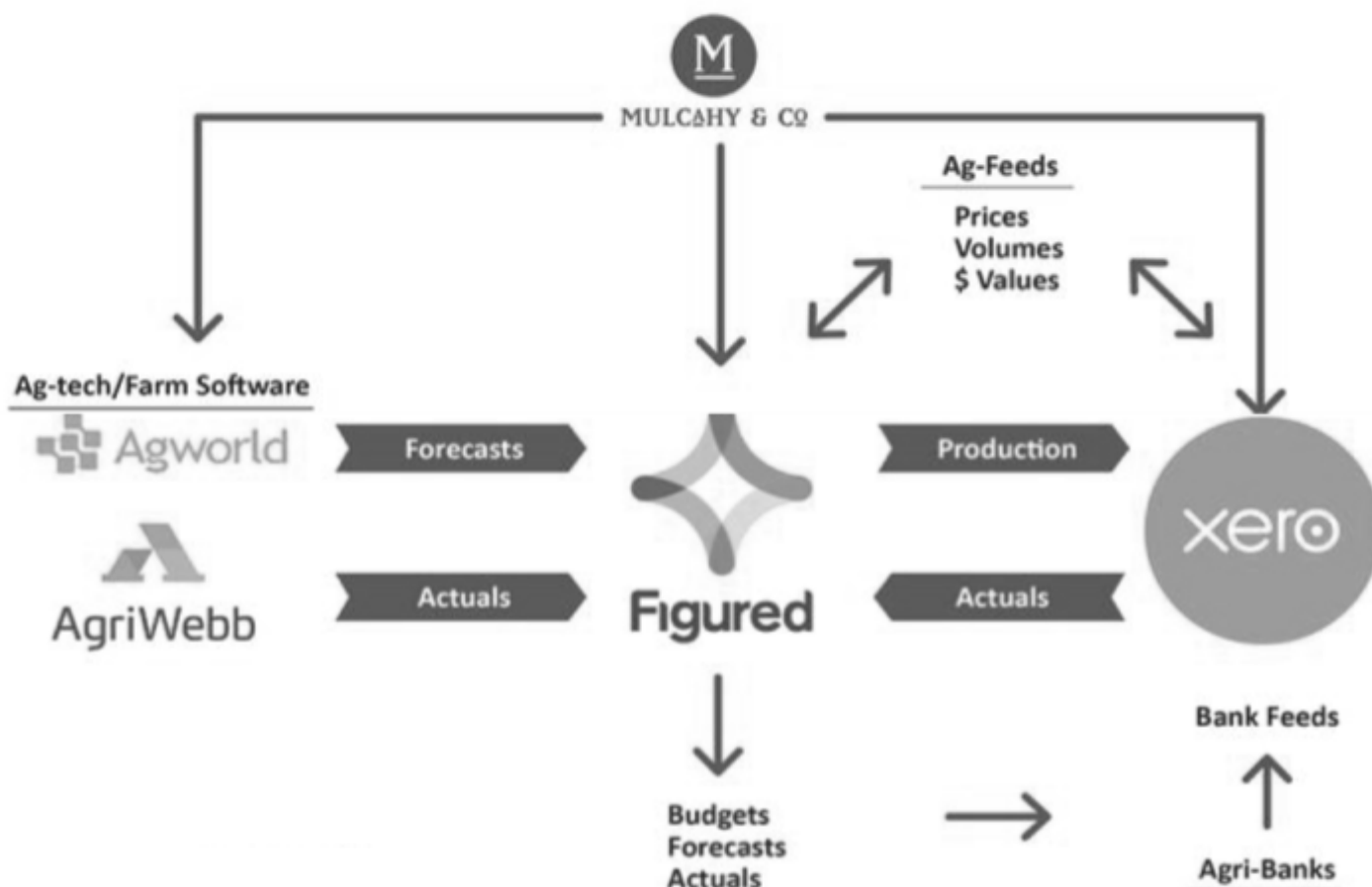


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