Nergith Sune 2017

your FREE Community Newsletter since 1972



Have a Warm and Woolly Winter

- Help to Get Kids Reading
- Our New Column: MAN COOK EAT
- Sixty Years of Seeds
- Henry's Mug

e: news@meredithnews.com.au **W**: meredithnews.com.au

CREATE CRATE NOW AVAILABLE FOR COMMUNITY GROUPS TO HIRE!

Would you like to hire out the Create Crate to make a Pop-Up space in your town? Put your imaginative thinking caps on and create what's missing in your town!

The Create Crate is a tradesman's trailer packed full of goodies to create great spaces. The Create Crate resource is full of giant games, juggling and circus equipment, deck chairs, instant grass and much, much more! Groups in the Golden Plains Shire can hire the Create Crate for a small fee for a day, or a month, it's completely up to you! We want you to use the resource for as little or as long as you think it will take to get your community excited about your fun and exciting space!

If you want to set up a weekly cricket game in summer then here's your chance! What about a place for after school activities? Or somewhere to catch up with friends and even make new ones?

To find out how to hire the Create Crate, or for more information about what is in it, contact:

Golden Plains Shire Council.

Phone: (03) 5220 7111

Email: enquiries@gplains.vic.gov.au

Visit: www.goldenplains.vic.gov.au and search 'Create Crate'.





- FILLED WITH FUN EQUIPMENT & GAMES FOR ALL AGES
- CREATE A POP-UP SPACE IN YOUR TOWN

CONTACT GOLDEN PLAINS SHIRE

Ph: 5220 7111 www.goldenplains.vic.gov.au





Meredith & district

The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jim Elvey, Dawn Macdonald, David Jones, Trudy Mitchell, Stefania Parkinson, Jarna Kelly and Ian Penna.

Editor this issue: Jim Elvev.

NEWS & VIEWS

Subject to the conditions outlined below, contributions accompanied contributor's name (which will also be published) and contact details, are most welcome. Please email news@meredithnews.com.au or

deliver to the Meredith Corner Shop.

DATES AND DEADLINES

The Newsletter is distributed on the first Thursday of the month (except January). All advertisements and submissions must be lodged by the last Thursday of the preceding month, but earlier is really appreciated.

ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. Contact us for full details and lodgement forms. Rates are as follows:

	B&W	colour
Business Card	\$14.00	
Quarter page	\$25.00	
Half page	\$40.00	\$100
Full page	\$80.00	\$180
Note: A \$20 loading applies for preferred		
position. Colour only	available in	March,
June, September and	l December	issues.
Please submit in jpeg format, if available.		
Classifieds are FREE	for small,	personal

notices from residents. Otherwise \$7.50 or \$5.00 if paid on lodgement. Community Groups can have a 1/4 page ad for free or a \$25.00 discount on larger ads. (conditions

SUBSCRIPTIONS

If you are outside our delivery area you can subscribe for \$35.00 p.a. (11 issues) and get the Meredith and District News posted to you anywhere in Australia.

CONTACT US

Post Office, Meredith, 3333 **Editorial**: Trudy 0429 430646 news@meredithnews.com.au **Advertising**: Ian 0409 016815 advertising@meredithnews.com.au Accounts: Dawn 0428 861274 accounts@meredithnews.com.au

WEB

You can check back copies and lodge comments at meredithnews.com.au

ONLINE PHOTOS

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions

connect emergency

ADVANCE **MEREDITH** 5286 1291

ANGLING CLUB 0419 423 960

BLUE LIGHT DISCO 5286 1222

BOOK CLUB 5286 8201

000 for fire calls Elaine 0417 533516 Meredith 5286 1502 Morrisons 0417 770 765

CHILDCARE 5286 0700

COMMUNITY CENTRE 5286 0700

CRICKET Elaine 0428 264103 Junior (under 14) 0448 291074 Meredith 5286 1434

CUBS & SCOUTS Anakie **5281 9497**

FOOTBALL seniors 0408 545246 juniors 0430 587674

GOLF CLUB 5341 5748

HISTORY GROUP 5286 8201

LANDCARE 5286 1250

MEMORIAL HALL 5286 1545

MOTORCYCLE CLUB 0437 009250

PLAYGROUP 5286 0700

POLICE PADDOCKS 5286 1273

RED CROSS 5286 8222

RSL 5286 1452

SENIOR CITIZENS 5286 8232

TENNIS Elaine 0448 291074 Meredith 5286 1211

SEW 'N' SEWS 5286 0700

FRIENDS OF THE **BRISBANE RANGES** 5286 1252

MEREDITH LIONS 0473 380 552

..or start something.

you have a interest you would like to share with like minded people, let us know and we will help you get it started .

Police, Ambulance, Fire 000 (from mobile phone) 000 or 112 Meredith Police Station Power Failure Nurse-On-Call Mental Health Advice Poisons Information **Barwon Water** SES Emergency flood & storm 24 Hour Helpline 24 Hour Drug & Alcohol Counselling Kids Help Line 24hr 5-18yo Golden Plains Shire A.H. emergencies Ranger

Bannockburn Vet Golden Plains Vet Injured Wildlife Pets and Horses 24/7 Wildlife Rescue

0421 617 238

0459 379915

Justices of the Peace

Mr R Cooke Meredith 52 861 346 Mrs S W Dynon Steiglitz 52 819 223 Mr P Ryan Elaine 0409 861 296

CEMETERY TRUST 5286 1550 HALL HIRE Meredith Memorial Elaine Mechanics 5341 5596 Elaine Rec Res 5341 5703 LIBRARY VAN 5272 6010

MATERNAL CHILD HEALTH 5220 7230 PRE-SCHOOL 5286 1227 **PRIMARY** SCHOOL RECREATION RESERVE 0429 841399

He who angers you conquers you.

- Elizabeth Kenny.





Community

Bamganie/Meredith Landcare Group

The Bamganie /Meredith landcare group will meet Thursday 15th June, 7.30 pm at the Meredith Community Centre, members and non members are invited to attend.

Proposed New Quarry at Sheoaks

A planning permit application (P17-071) has been received by the Golden Plains Shire for the establishment of a new substantial gravel/sand quarry (approx. 11 hectares) adjacent to the Maude-Steiglitz-She Oaks Road, She Oaks.

The residents of the Steiglitz, Maude She Oaks area are extremely concerned about the impacts of the proposed quarry. Of major concern is the threat to their personal, family and community safety from increased traffic on roads, the further environmental scarring of the landscape, the threat to tourism and their quality of life in this idyllic region of the Shire.

If you wish to oppose this new quarry then please contact your Councillors and send your written objections to the Golden Plains Shire. Details of the application can be found on the Golden Plains Shire website [https://www.goldenplains.vic.gov.au/] as well as official form for writing your objections (go to "Planning Permits Currently Advertised", the link to the submission form is at the bottom of this page).

If you would like to be kept informed (or become involved) please email us at sheoakscommunitygroup@gmail.com

Steiglitz, She Oaks, Maude Community Group

Meredith Senior Citizens

Jim Hynds

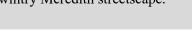
Meredith Seniors met on Monday, May 8 for our luncheon. This was to be a special day because one of our members, Mrs Lila East, was celebrating her 90th birthday and we presented her with a beautiful vase of flowers and a magnificent birthday cake. But there was more to come as Lila is our longest serving member, having joined almost 40 years ago. She has held most positions on our committee and has worked tirelessly over the years for the benefit of the members.

Lila still holds a position on the committee and is still doing a great job. In appreciation members presented her with a Life Membership Certificate and an engraved plaque set on a small slab of polished red gum from a tree in my paddock. Lila was toasted with champagne and thanked for her dedication, loyalty and the fantastic job she has done for Meredith Senior Citizens. She is a true lady in every meaning of the word.

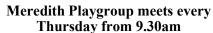
Two other members received flowers on the day. Doreen Thompson and Sandra Pearce both had birthdays in May.

Thank you Cathie Boer for our atmospheric cover photo of a wintry Meredith streetscape.





Meredith Playgroup





Enjoy new activities every week. All Welcome Contact Community Centre for details 52 860 700

Tutors Wanted

The Meredith Community Centre are looking for following tutors in:

Floristry, Calligraphy and French

If you are able to help, please contact us on 52 860 700

Classifieds

First insertion of small ads are FREE to district residents

Our editorial deadline for next month is **Thursday June 29th.**



Church News





Weekly Services, baptisms, weddings, funerals, pastoral care, bible studies. Contact: Rev. Elizabeth Bufton, 5281 2224; 0437524864 Church Office, Byron St. Bannockburn 5281 2553 Service Times;

Church of Epiphany - Meredith.

11.00am 4th Sunday each month, Holy Communion at Anglican Church. 11.00am 2nd Sunday of month, Holy Communion at Uniting Church

St James. - Morrisons:

Contact: 0429 146 566 or 5368 2730. The Rev. Glen Wesley 1st Sunday of the month at 5pm, 3rd Sunday of the month at 9am.

UNITING CHURCH

Monthly Combined Holy Communion services. 2nd Sunday, 11am at Meredith Uniting Church 4th Sunday at 11am at Meredith Anglican Church 1st & 3rd Sunday at 9.30 at Buninyong Uniting Church Enquires Doug McFarlane 52861283. Rev. Lindell Gibson 53413 200

SERBIAN ORTHODOX: Fr. Theodore—Ph. 5341 5568 Holy Liturgy 10am every Sun, Sat & Major Feast Days.

CATHOLIC ARCHDIOCESE OF AUSTRALIA.

St. Marys House of Prayer - Elaine

Solemn mass Sundays 10.00am. Rosary and Vespers Saturday 5.00pm. Confessions by appointment Fr. James Ph. 5341 5544

St. Joseph's Parish Meredith Mass Times for June/July.

Winchelsea every Saturday at 6 p.m.

Inverleigh every Sunday @ 9 a.m. (except the last Sunday of the month which is at 9 a.m. at the Bannockburn Stadium)

Anakie @ 11 a.m. Sunday June $4^{th}/18^{th}$ July $2^{nd}/16^{th}/30^{th}$

Meredith @ 11 a.m. Sunday June $11^{th}/25^{th}$. July $9^{th}/23^{rd}$.

Pentecost Sunday June 4th. Celebrate the Birthday of the church with tea at 5 p.m. at Meredith followed by a bonfire at 6 p.m.

Sunday June 18th. First Eucharist at 2 p.m. at Meredith

Saturday July 15th Healing Mass and Luncheon Meredith commencing at 11 a.m.

Mother's Day Breakfast:

_60 mothers and daughters had a wonderful celebration at the Station Café at Bannockburn on the Saturday before Mother's Day. Thank you to the Meredith and Lethbridge Pharmacy for their donations and to all who donated to Geelong Mums. Over \$500 was collected which will be able to provide 3 barnd new cots, mattresses and linen packages for disadvantaged mums and bubs in Geelong.

St. Joey's Op Shop

We have a quantity of good furniture and bric a brac. cheapest prices you will ever find in an op-shop. Furniture travel goods clothes shoes children' clothes toys and books. Please no children's car seats due to regulations.

Open Wednesdays and Fridays 10a.m – 4 p.m.



Hi everyone,

We are well into term 2 and some of our classes are well underway and we have others still to happen. Some of you will have seen on our Facebook page that enrolments have been very low this term and we are wondering what we can do to encourage people to participate in our activities. We would love to hear from you about the sorts of things which would attract you. It doesn't have to be formal classes, it could be a special interest group or one off speaker from someone you would like to hear from. Please let us know what it is that you need. If we advertise something that you would like to do but the time doesn't suit please let us know as we are happy to look at alternatives.

We already have several regular interest groups. Our Monday Sew n Sew ladies always have a broad range of projects they are working on. Each week I can pop in and see spinning, knitting, cross stitch, patchwork and many other creative projects. If you want to learn a new skill I am sure the ladies in the group would be happy to help you out.

Chain of Survival

In June we have Ambulance Victoria presenting an important information session to help us recognise a medical emergency such as stroke and heart attack and what to do including demonstration of CPR and a defibrillator. This is such an important thing to know, it is surprising how often we hear of people who show symptoms of illness and do not recognise them until it is too late. Following this and opportunity to join us for a shared community lunch.

The new building is a very welcoming space the foyer has comfortable chairs and tea and coffee facilities so you could make it a meeting place with friends as well. This was the intention when the new building was planned. We want it to be a welcoming place for people to meet whether it is to participate in a class or activity or just call in for some company. So make sure you join us in getting to know your neighbours and your Community Centre.

We also have a busy vibrant playgroup on Thursday mornings where you are welcome to bring your little ones to have a play and share friendship for the Mums.

We are having our AGM this year on 19th June at 9.30am. It will be a short meeting to present the annual report and confirm the Committee for the next year. We are seeking new committee members and if you would like to join us please contact me even if you can't make it to the meeting.

Jo and her staff have been really busy with occasional childcare. They offer a great program for the children; this is clearly appreciated by our parents and shows by the demand for places. We are responding to the need for longer sessions which we now have 4 ½ hours on Monday and Thursday and 5 hours on Wednesday and Friday are proving very popular.

Bye till next month.

Pam

Meredith Community Centre
4 Russell Street Meredith 3333 Phone 5286 0700
learnlocal@meredithcommunitycentre.com.au
Open: Mon, Tue, Wed, Thurs 9.00-3.00.
Fri Closed

Recreation





Mitchell Joins the Firsts

Cathie Boer

Local, Mitchell Emmlin, at 16 years old, recently played his first senior game for Buninyong Football Club.

Unfortunately, they were beaten on the day by Hepburn, but Mitch did kick one goal in the first quarter.

Congratulations Mitch.

Mitch, waiting (a bit nervously) for his first senior game to start. Photos by Cathie Boer



Moving On

Brady Dunne, Jacob Heard, Wade Hearn, Max Kocon and Harris and Fraser Mitilineos began playing as a team for the Elaine C grade junior tennis team in about 2014.

Brady and Max joined in 2010, Wade in about 2011 and Fraser and Harris about 2013.

The boys won the Grand Final in 2015 and moved up to B grade.

They made it to the Grand Final, once again this year, and were runners up.

The boys are all turning 18 now, and so this was their final year playing together as a junior team.

Congratulations and well done!!

GEELONG

REGIONAL
LIBRARIES



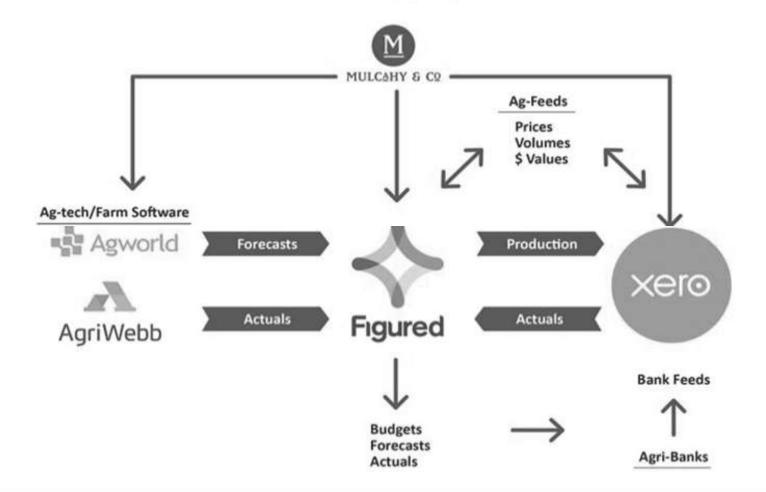
Golden Plains Mobile Library

At the Meredith Primary School Thursday 9am to 10.30am Fraser Mitilineos, Max Kocon, Wade Hearn, Brady Dunne and Harris Mitilineos in their last year as junior players with their runner-up trophies for 2017

MULCAHY & CO

AGRI SOLUTIONS

ATTENTION FARMERS! Take control of your finances



ACCOUNTING | AGRI SOLUTIONS | FINANCIAL PLANNING | LENDING LEGAL | INFORMATION TECHNOLOGY



mulcahy.com.au

Is your farm financially secure?

Do you have a clear understanding and control of farm profitability, margins and cashflow management? What area(s) of the business need to improve?

Farm financial management has never been easier. Budget, forecast and monitor for greater control and decision making power. With better farm financial management we may also be able to hit your bank up for a better deal!

We offer a free no obligation meeting to review your situation. Call Chris Mulcahy today on 03 5330 7200 and take advantage of this valuable offer.

Getting Kids Ready for School

The Victorian State Government has launched a new campaign to highlight the importance of reading to children in the years before they start school as part of the annual Premiers' Reading Challenge for the Early Years.

Sharing books with your kids from the day they are born is a simple way to boost their literacy and numeracy skills, and improve their school results and future job prospects.

Research shows that regular reading with young children from birth has a direct impact on their performance at school and cognitive skills later in life.

The theme of this year's Premiers' Reading Challenge for the Early Years is 'Share a Book Today', in recognition of the positive impact simply sitting with a young child and opening a book can have.

The Challenge encourages families and early childhood centres to help children who have not yet started school to experience 40 books before September.

young kids, including interviews with authors, ideas on great books to share and other helpful resources to help families with young kids.

More than 8,000 children and families participated in last year's Premiers' Reading Challenge for the Early Years, reading more than 265,800 books.

Gayle Tierney MP, Member for Western Victoria, is encouraging parents to register pre-school children for the Premiers' Reading Challenge for the Early Years online or at their childcare service. "Sharing books with children is one of the most powerful things we can do to help build a child's love of literature and reading." she said.



Artists Fly Again

Marg Cooper

This year our destination was Peregian Beach to a spacious three level house with six bedrooms, five bathrooms, a theatre room, a spa, a pool and situated just one block from the beach. What luxury! The beach with pristine sand and rolling waves seems to stretch forever. Noosa Heads can be seen far to the north and Coolum to the south. It's wonderful for early morning walks! Every day we ventured out to be a tourist. We ferried on the Noosa River, saw the animals at Steve Irwin's Zoo, toured the market at Eumundi, shopped at the quaint town of Montville, wondered at the variety of creatures at the Aquarium and were pampered and massaged for a special treat. We ate out for lunch each day and ate in at night with some takeaways and some home cooking which included "Pan Haggarty", Betty Billingham's favourite meal which is made from potatoes, onions, butter and cheese baked in layers.

Two cars were hired from the airport to transport the nine artists. At times we travelled the scenic route and even, just occasionally, got lost! We watched a film each night in the Theatre room, spent 'Midnight in Paris', spent time with the creator of 'Peter Pan' and went back to Scotland in the 'Overlanders'. We swam in the pool and enjoyed one more week of warm weather before returning home to winter. Paper, pens and paints were taken but little used because we were just too busy!



Funding for Drug and Alcohol Treatment Service

The Salvation Army Bridgelink Women's Alcohol and Drug Supported Accommodation Service for the Barwon South West region in Belmont will receive \$99,830 in funding from the Commonwealth Government.

Bridgelink is a wonderful program which offers support to women aged 18 or over with drug and/or alcohol related issues who want to make positive changes in their lifestyle.

This includes services such as drop-in centres which provide counselling and information, withdrawal management and rehabilitation clinics.

For more information about the Government's Drug and Alcohol Program, visit www.health.gov.au



SERVICING Gheringhap, Bannockburn, Teesdale, Inverleigh, Lethbridge, Meredith,

Steiglitz, Anakie, Geelong, Bellarine Peninsula, and more.

from the MAYOR



Cr Des Phelan Mayor, Golden Plains Shire

Council is reminding residents to keep their properties well maintained after an increase in complaints regarding unsightly properties.

Local Law officers carry out property inspections though out the year. If a property is identified as unsightly, a Notice to Comply will be issued to rectify the issue. Failure to comply with a notice may result in a \$500 fine. To prevent notices being issued, following steps can be used as a guide;

Make sure goods are stored in a garage or shed Ensure any unregistered or

Ensure any unregistered or dismantled vehicles are removed or unregistered

stored in a garage
Cut or slash overgrown vegetation
and remove rubbish
Take pride in your property

In the upcoming months, Council Officers will be conducting property inspections. If you have any questions, please contact Council's Investigations Officer on 52207111.

On a positive note, Council was pleased with two announcements around early childhood education and grant funding from the recent Federal Budget.

Funding for 15 hours of pre-school education per week has been locked in until the end of 2018; and indexation has been restored for Financial Assistance Grants, an important funding source for local government.

Council advocated strongly on these issues, visiting and lobbying local MPs and Ministers to ensure that Golden Plains residents were not disadvantaged by government decisions.





The Chain of Survival and 4 Steps for Life Plus are two education programs that focus on building the capacity and willingness of people to recognise a medical emergency, call Triple Zero (000), perform CPR and use an AED.

This is a 45 minute interactive session we will deliver to any interested community members or groups FREE of charge.

This session will be run by members of our CERT please come along to this informative session, at the **MEREDITH Community Centre**

it may just save someone's life.

Wednesday 14th June 11am

Followed by a light lunch At a cost of \$5 Call us and book your spot on 52 860 700

GARGAN WATER CARTAGE

water tanks, swimming pools

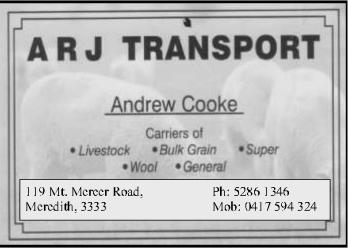
Can't get it in?

Don't want a Big Tanker?

Call Scotty-0428 301 701

Drinking water only







Meredith Primary School News

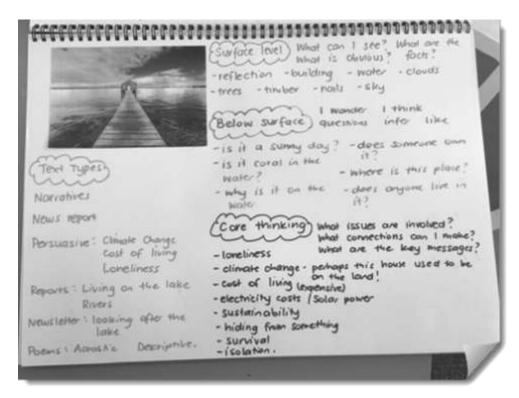
We have had many wonderful things happening at school this year. Last term it was all about the theme of 'Community'. The teachers and students come up with a number of projects they wanted to complete that involved the help of our school community.



With the help of families and friends, students created new garden displays, our own faraway tree, and updated our chalkboard. Kelly Murfitt did an amazing job with our students designing and painting our rebound wall.

Writing at Meredith Primary School

This year we have started a new writing approach called 'Writers Workshop'. An important part of this approach is to develop a writers 'thinking'. Before the students start a writing piece, we use a 'seed' to stimulate their thinking and ideas around what they could write about.



Here the teacher has used a picture as their class seed. The students have developed their thoughts by the teacher asking questions that require different levels of thinking which we call surface, below surface and core thinking. From here students also need to think about their writing purpose and who their audience will be. Once they have all of this, they are ready to write their first draft. We look forward to sharing some of the wonderful stories our students have been completing over the next few months



There's that scarlet robin on the fence wire, come to announce winter. In our part of the world the days are shorter, cooler and we've already had a couple of light frostings. Hibernation comes to mind, stoking the fire, eating soup and reading a good book. It is a time for drawing into oneself and contemplating - what next? This change of season can be a melancholy time as the vital forces of life and growth slip into a wintery stasis. The sight that we love to see in autumn - the burnished red and gold leaves of deciduous trees drifting to earth - is the plant's response to cold as the leaves lose chlorophyll. In the winter garden the cold weather slows down a plant's metabolism and together with less sunlight available for photosynthesis to occur, the plant falls into dormancy.

Some indigenous plants slow down in winter, but they are not subject to total dormancy as are the introduced species. Do not mistake this inactive state for death. As with the person curled up in the armchair, it is nature's way of preparing plants for the next cycle of growth by conserving energy and nutrients. And do not forget the soil, it needs a rest too.

But do look around, for during this torpid time there's work to be done in the cultivated garden. If you saw my garden now you would wonder if I was qualified to be writing these notes. It's a mess. In a blink the weeds have taken over including masses of good ones such as nettles. I will cut and dig these into the ground as green manure before their abundant seed bank develops. And don't forget that nettle tea is a good plant food in the garden and nettle soup is a bright green delight on the dinner table.

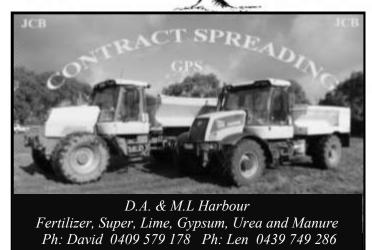
Those lovely coloured leaves fallen from fruit trees need to be raked up and burnt as they can harbor pests that will infect your trees next season. Alternatively let the chooks in to clean up the larvae and bugs. Of course leaving some leaves in the ground to break down and become mulch is an important part of the nutrient cycle.

These cooler days are deceptive and while the earth is damp it's tempting to forget about watering. However it is really important to keep the water up to certain plants such as citrus who hate to have dry feet. The fruit are developing rapidly now on my blood orange, tangelo and grapefruit trees and we're picking lemons every day. Look out for the citrus leafminer, a common pest in citrus trees. You'll see leaves, often fresh new ones, patterned with scribbly silvery lines. Look more closely you will see that the leaf has been eaten. The larvae of a small moth are doing this and it's easy to walk around with a bucket and secateurs snipping the disfigured leaves off, followed by burning. After removing the leaves that are home to the pest you can spray with a home-made horticultural oil to prevent further infestation. Mix a cup of ordinary vegetable oil with a teaspoon of liquid detergent, dilute one part of this mix to forty parts water, shake well and apply.

June is the best time to extend your orchard by buying bare-rooted trees. Trees are in their dormant stage, so it is not stressful for them to be planted out or even moved around the garden. Most will want a prune and this includes their root system. Check the roots and trim any damaged growth to prevent disease from entering. A dose of seaweed based supplement will assist the tree's adjustment to its new home.

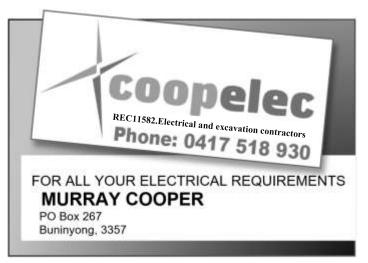
So there you are, up and outside where every gardener longs to be and must be in order to have a productive garden. However, spend time also with the book and the cuppa and cultivate those inner realms which we need to nourish our being.

Chris











Country to Coast **Electrical**

R.E.C. 14586

All Types of Electrical Installations Pensioner Discounts and Free Quotes

Mob. 0419 504 297

Shaun Bubb email: shaun.bubb@bigpond.com 66 Brunel St. Lethbridge 3332





Meredith Baking Co won't be open for the following days







We look forward to seeing you on the 15th of July when we reopen

ADDRESS INSTAGRAM

OPEN SATURDAY 8AM - IPM **30 STAUGHTON ST** WWW.MEREDITHBAKING.CO @MEREDITHBAKINGCO



YOUR SUPAGAS DEALER

\$UPAGAS is pleased to announce that
Paul Ryan

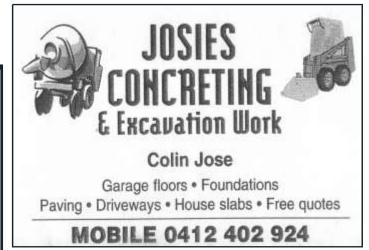
is delivering SUPAGAS to your area.

Paul will supply competitive 45 kg, forklift and BBQ gas cylinder refills in a reliable and friendly manner.

- 45 kg Domestic and Commercial Cylinder applications
- Fork lift Cylinders (15kg Aluminium Cylinders)
- Refills BBQ and Camping Cylinders
- Bulk Gas Quotations supplied

Please contact Paul to arrange your next SUPAGAS LPG delivery

Contact Paul Ryan on 0409 861 296



5286 1201

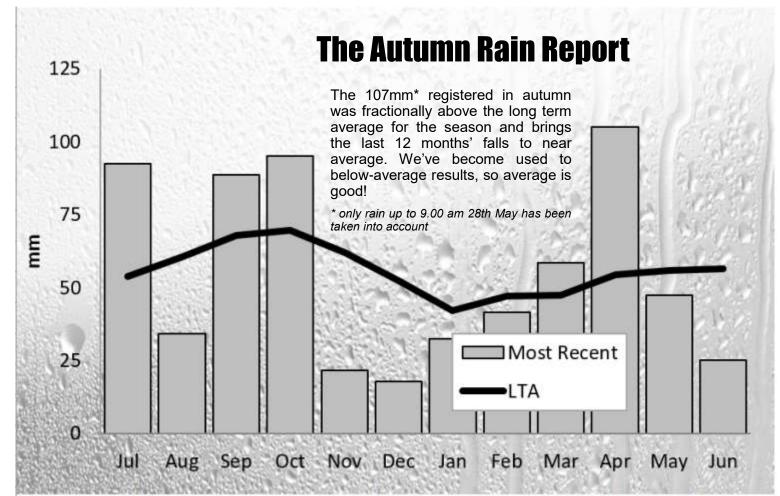
Carthmoving

Traxcavator, Excavator, Low-Loader and Tip Truck Hire

Dam Construction
Land Clearing
Site Leveling

• General Earth Moving

4113 Midland Highway, Meredith, Victoria 3333



Based on BOM data. The long term average (LTA) is calculated from 1875 to Jan 2017

Lila East 90 years

Marg Cooper

Over 70 people (mainly her family of 4 children, 11 grandchildren, 34 grandchildren and some great "unofficial nieces and nephews") helped Lila East celebrate her 90th birthday with a Bannockburn Golf Club on May 7. When Lila was born on May 9, 1927 her family lived in Newtown but moved to Stonehaven when Lila was 12 months old. The family consisted of four girls and then David was born. Their father worked at the Batesford quarry and then at the Cement Works, riding his bike to work.

The Clarke children went to Stonehaven State School and Lila loved school and especially being a monitor and helping the little ones. She wanted to be a teacher but the war was on, money was scarce and she would have had to board in Geelong. So, when she was 13 years old, she left school. She was recommended for her Merit Certificate early and went to work at Venters as a house keeper.

Lila rode her bike to work, stayed at Venters during the week and went home for weekends when a group of 10 or so young friends from Stonehaven would ride their bikes into Geelong to go to dances or to the pictures. Lila says they'd ride to her Aunt Val's, put the evening dress on which they'd carried in a bag on the bike, go to the dance and ride the seven miles home after changing clothes at Aunt Val's after the dance. Some would dink others on bikes that required all manpower (having none of the technology of bikes today).

They also took long walks on Sundays to Dog Rocks, the Viaduct or to Batesford. Sometimes they ventured to Melbourne. They'd ride their bikes to the train station early enough to catch the first train to Melbourne, go the pictures in the morning, go to the zoo in the afternoon, go to Luna Park at night and catch the last train back to Geelong.

Lila met Joe East at a Red Cross dance at Stonehaven. Lila recalled that every dance, ball and event at Stonehaven during the war was to raise funds for Red Cross. She was Secretary and organized lots of the events. As young men, Joe and his brother, Arthur, travelled together to social events.

Joe spent 723 days in the Army during the war and 490 days outside Australia, mainly in New Guinea. Joe was discharged in January 1945 and he and Lila married in December 1946 in a double wedding with Arthur who married Lila's sister Micky. The brides dressed three doors from the Newtown Methodist Church and intended to walk





to the church, one on each of their Dad's arms, but it was a cold, wet day so they went by taxi and were guided into the church under umbrellas.

Joe and Lila moved to the East family farm at She Oaks where previously Joe and his brother Tom had been batching. Tom was glad to have Lila there as he didn't have to cook and clean. The following year Tom married Grace Wiseman, so Lila and Joe moved up the road to live in an old dairy. It had been dragged by

two tractors, up the hill and across the paddock, and converted into a kitchen and bedroom.

When Joe and Lila bought Duggan's farm with the help of a loan from Veteran Affairs, four rooms were dragged down over the creek and when fixed up made a decent house for their family of Ron, Marion, Heather and Ken.

Lila describes how Joe was never really a farmer but he was very proud when his wool topped the market in Geelong on 5/12/1950 making 240 d per lb. He was especially chuffed to get a better price than his brother Tom. He was a self -taught mechanic who loved all vehicles, driving and getting down and dirty.

Lila also said that he was his own worst enemy, often getting himself into difficult and dangerous situations.

In 1959 Lila and Joe bought a house from Frank Moore's dairy in Church Street in Geelong, shifted it to Wallace Street to a block of land they bought from Duncan Bayard and moved into it just before Christmas. This enabled the children to walk to school at Meredith and to travel on the bus to Geelong without lots of travel from and to the farm at She Oaks.

They moved back to the farm after their children finished their schooling, for about ten years before moving back to Meredith. In 1988 Lila bought the brick house in Wilson Street behind their house that had been where Hannah and Bill Cooper had lived.

Joe built a huge dam on their property in 1954 with a scoop on a tractor, a bulldozer and an old truck. In the drought of 1967 he bought a truck and carted a lot of stock water to dams. He bought balers, headers, bulldozers and trucks and did contract work. Lila



Steve Duffy

We are always pleased to introduce a new columnist, as one of our principle aims in producing our community newsletter, is to offer "a good read". But to have an experienced chef and writer join our ranks of regular contributors is especially pleasing. Happily, Stefania will still be sharing "Easy and Delish" recipes for family meals and treats while Steve will offer his insights in a different context. As well as his favourite recipes, he will explore the use of seasonal produce, preparation tips and tricks, and maybe an occasional interview with other foodies.. But we'll let Steve, now a Meredith resident, introduce himself. - Ed.

Years ago when Jan Goodall started her research in Africa of Chimpanzees, she was one of the earliest to postulate that the ape could use tools. Since then research has shown that many animals can also make and use tools. This skill had been seen as the difference between Man and other animals. There has been an explosion of studies to show other species not only use tools, but language, learning and have and feel emotions and pain. But there is one great difference between us and them. We are the only ones that cook our food. So that is the differential that gives rise to the title of these articles: MAN COOK EAT

As for me, my first cooking endeavour was to enter a cake in the Melbourne Royal Agricultural Show at age 12. So it was inevitable I would end up being a cook and chef. From large operations like NSW Parliament House to small Pubs and restaurants. I found it demanding and creative and fun. The Australian cuisine has changed and diversified greatly over the years. I think I enjoy it more as time goes on. I hope to share some of my enthusiasm for fresh produce and cooking techniques with my new neighbours here in Meredith and District.

The Humble Roast Chicken

Hello to the district, I am very pleased, as a Johnny come lately, to discover such a vital and friendly community. I look forward to sharing some techniques and recipes with you.

One of the staples these days is the humble Roast Chicken. This old method will give you a FAIL SAFE roast every time. The idea is to marinate your chicken in a salt and sugar brine before roasting. The salt will infuse thru the cells and plump them up with moisture.

Other flavours can also be added. Using so much salt and sugar may seem to challenge the LOW salt/ sugar mantra that is current, but only a small amount actually stays in the meat, so much is needed so the whole bird can be submerged in the brine.

You will need a large pot/container that will take the whole chicken AND fit in your 'fridge.

Brine:

4 litres water

300g Sugar

300g Salt

1 lemon, sliced skin included

4 cloves Garlic

20 whole Peppercorns

4 Star Anise

2 Bay leaves

Dissolve the sugar and salt in 1 litre of hot water, add the other ingredients and cool. Add the rest of the water and submerge the whole chicken, and refrigerate for 12 to 24 hours.

When ready to cook, preheat the oven to 180' C. Discard the brine, and roast the chicken in a moderate oven for 20 minutes per 500g.

The Brine can be spiced in other ways, with the addition of any of the following: Hoi Sin Sauce, Pomegranate molasses, Soy, Mustard etc.

GOOD COOKING! -Steve

QUALIFIED PLASTERER

WORKMANSHIP GUARANTEED
AFFORDABLE RATES
ANYWHERE IN THE MEREDITH AREA
PHONE ADRIAN
5341 5705 or 0467 300 278





ELAINE FARM SUPPLIES

5264 Midland Hwy Elaine Phone: 03 5341 5665

For all your Pet, Livestock and Rural Supplies

We stock all your requirements including

* A Large Variety Horse

Steve Duffy Feed

* Natural

Herb and Mineral Supplements

- * Poultry and Bird Feeds
- * Dog & Cat Food
- * Guidar, Vaccines & Drenches

- * Pasture Seeds & Fertilizers
- * Shearing Items
- * Electric and Rural Fencing Supplies
- * Farm & Garden Chemicals

Normal Trading Hours Monday - Friday 9am - 5.30pm Saturday 9am - 1pm

Come in and Visit us for store specials



Free landlord insurance

For any new or existing **landlords** bringing a new rental property management to us by the **30th June 2017**.

Stockdale & Leggo Bannockburn 4 High Street Bannockburn VIC 3331 PH (03) 5281 4444 Fax (03) 5281 1746 Web: stockdaleleggo.com.au/bannockburn



Dear Judith.

I am really struggling with the amount of time my wife and teenage children spend on their mobile phones and ipads. They are all obsessed with social media, gaming sites and YouTube. It feels like we hardly talk together as a family and I'm tired of being ignored. How can you help?

Thank you for raising the mobile phone and ipad issue as it is becoming a big problem for families and is causing much distress. As you have stated the obsession with mobile phones is impacting on how we relate with one and other resulting in antisocial behaviour and arguments.

Around the globe we are experiencing the effects of excessive phone use and in some countries they are diagnosing people with "nomophobia" (no mobile phone phobia). We are also seeing an increase in Digital detox spa retreats, camps, rehab services and self-help

Deloitte Australia is the main mobile phone usage researchers and the have published their final report for 2016. See http://landing.deloitte.com.au/rs/761-IBL-328/ images/tmt-mobile-consumer-2016-final-report-101116.pdf

It's an interesting document which outlines the following facts;

- We are spending more time with our phone during all hours – including in the middle of the night and in social situations that once would have been a nophone zone. Almost half of all 18-24 year-olds check their phone for instant messages or social media notifications in the middle of the night.
- Almost a quarter of mobile consumers use their phones 'always' or 'very often' talking to friends and when eating at home, or eating out with family or friends.
- Mobile consumers admit to endangering others by using phones when driving including texting.
- Overall, 1 in 5 Australians admit to arguing with their partner at least monthly over their phone use.

So what can you do to manage excessive mobile use in your family? Here are a few tips to consider;

- You can go to playstore and download a range of apps or use inbuilt phone settings to restrict usage such as placing a freeze on FaceBook or SnapChat. Mobile apps such as Menthal, QualityTime-My Digital Diet or MiiPC Parental Control are fantastic.
- No technology in the bedroom and No screens at bedtime or during family time. You don't have to confiscate phones, you can get an app that can

Got a Question for Judith?

Send your own life issue questions directly to Judith at her offices: Suite 5/84 Gheringhap St Geelong 3220. While she cannot undertake to answer all questions, those that can be dealt with in this column in a general sense, and without breaching confidentiality, may be used to provide general advice on the issue raised. You can, of course, choose to remain anonymous.

automatically block activity at a certain time or when a time limit is exceeded.

- Establish family rules to ensure everyone gets time away from their phones, such as, no phones at the dinner table, when you have guests, watching TV, phones off at a set time each night.
- Ensure that no one in the family is using their phone during the night.

Parental role modelling is essential. Children and Teens learn by example. You need to abide by the family mobile phone rules too.

Judith

G'Tow/G&S Towing, 24/7

Tilt tray breakdown towing service and transport of Vehicles,

light machinery,

20 foot container and trailers/ Caravan.

Anything up to 3.5 tonne Located in Bannockburn



Phone: 0425800812

catch us on the WEB every issue since 2009 is online

- an 'extras' tab takes you to lots of useful info
- check out who we are, leave a comment, book an ad or

www.meredithnews.com.au

Lila's Story (from page 15)

remembers that he'd start baling at Murgheboluc in October and finish at Mt Egerton in December. After Christmas he got the header out to strip crops.

Lila was asked to cook for shearing and then began to do housework for the families. Jobs came to her! She was dedicated to all her clients and her service, in several cases, continued long after the people had moved from their homes. Lila knows they appreciated what she did. One time Mr McColl told Lila, "You're as good as family", Mrs Nolan told her "You're blood's worth bottling," and Hannah Cooper said "Lila was the daughter Hannah never had".

Lila played tennis for Maude and when she moved to Meredith she played for Mooney Cup, usually in B Grade. For 20 years she never missed playing Country week in Ballarat. Lila was a great supporter of Red Cross, whose members door knocked each year to collect money. Lila and Edna Levy were entrusted to take these funds to Melbourne at the end of the year.

Mavis Parkinson, who was a good friend of Lila's, told her one day to sit down because she had something to ask her. Lila was astonished to be offered an all expenses trip to England and Scotland for a month.

Mavis's cousin Nita Morton was told by her accountant to spend her money. In 1990 and 1991 they flew first class on British Airways, stayed in first class accommodation and saw some amazing places. Lila was going to go with them again in 1992 but Mr McColl was ill and Lila stayed home to care for him.

In 1972 Lila travelled to Western Australia for the first time to visit her son Ron. Nearly every year since 1976 she has gone to the west, by greyhound bus, by car, by train or by aeroplane. Ron lived in W.A. for 20 years and now son Ken lives there. Lila described how her children moved around a lot. Someone told her she had reared a pack of gypsies. Every week she wrote to each of them. She loved writing letters.

Lila loves gardening. At one time she had 32 camellias and won First Prize at the Meredith Daffodil Show, for the Best Camellia, more than once. Her favourite colour is blue and she does lots of puzzles to keep her mind active. She collects salt and pepper shakers and when she moved to Bannockburn she had 141 pairs. The first one was a rabbit with a carrot in its arms and the latest is Grandma and Grandpa in rocking chairs. The only ones with salt and pepper are Mr and Mrs Klaus which Lila brings out at Christmas. She enjoys the novelty of them and says they don't require much dusting!

Knitting is one of her hobbies. She used to ring Bendigo Wool, they'd send a parcel of ordered wool and she'd send back a cheque. Lila also sewed.

In 2013 Lila was accidently shunted by a neighbour's van and received serious injuries. She spent some time in Geelong Hospital and eight weeks in Grace McKellar for rehabilitation. She thoroughly enjoyed it and met several old friends during her stay.

Lila is placid! Her philosophy is "don't worry about what you can't do anything about." A philosophy which has stood her in good stead.



Ballarat Big Vac ABN 39 905 288 238

Specialising in Septic Tank Cleaning Services and all other aspects of vacuum cleaning including:-

- Insulation and Dust
- Grain Silos
- Elevator Pits
- Water Tanks and Flood Damage
- Grease Traps
- Pressure Cleaning

EPA licence accredited

Ph Milton Howard mobile: 0409 503 778



ELECTRICIAN SOLAR INSTALLATIONS

GRID CONNECT, BATTERY STORAGE DESIGN, INSTALL, MAINTENANCE

FREE QUOTES

SERVING MEREDITH AND SURROUNDS

MARK GRABER 0409 722 200 graberelectric@yahoo.com

REC# 17021 ABN# 902 031 584 56

CEC ACCREDITED



We are enjoying our lovely Autumn Days at kinder, tending to our community garden, using leaves for printing and painting, discovering all the shades of Autumn trees and learning about the changes of seasons.

The Kindergarten group are enjoying practising Yoga and breathing exercises to calm their minds and bodies, some children are discovering the Dreamtime stories and symbols used in their paintings. We had a visit from Brooke at Hesse Rural Health to talk about looking after their teeth and we also had a visit from Heather "Responsible Pet Program" who brought in her lovely Dalmatian dog Piper, and had an interactive session teaching the group about how to be safe around dogs.

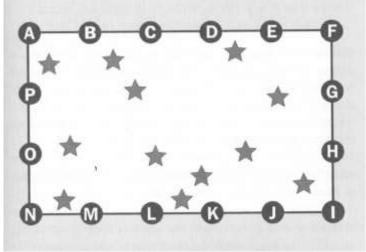
The pre-kinder group have been enjoying their long session being busy at playing trains, fairies, farms and clay. They now have a toy bear called Boris who goes home each week with family for a visit and is documented in a fun way to share with the group. Coming up in June we have our Kinder photo day and the Kinder group will be going on an excursion to Bannockburn to see a show about Recycling. We will be preparing for the Winter days ahead with a PJ day planned before the end of term. Stay warm

Jodie

Can You...?

Draw three straight lines across the box from dot to dot, so that there is an equal number of stars in each of the areas you create?

This is a tricky one, so if you need a little help, there's a clue below and a solution on page 32. Good luck.



There are two stars in each area created.

Water Tank Cleaning

Have all mud and sludge removed from, your water tank and improve your water quality.

We clean all types of water tanks.

Removing all mud and sludge as well as washing the walls and floor clean.

Otway Concrete Tanks

Concrete tanks, repairs & tank maintenance

PH: 0409 210 057

www.otwayconcretetanks.com.au



HYDRAULIC SALES & SERVICE

- Suppliers of hydraulic parts & components for farm machinery
- · Rebuilding of hydraulic cylinders
- Pump & Motor resealing, pressure testing
- · Suppliers of oil & grease for farm machinery

03 5336 2266

18 Wiltshire Lane, Ballarat, Victoria, 3350 www.hydrautech.net.au



Bannockburn Pharmacy Newsletter

Proprietors: Scott Wilkes & Damian Bennett

6 High Street Bannockburn VIC 3331 Phone: 5281 1519

Flu Vaccination Clinic now available in the Pharmacy

Cindy & Tracey two of our pharmacists, have successfully completed their PSA Vaccination course which means they are approved to administer flu vaccinations here in the Pharmacy. We are currently awaiting the final approval from the government and we anticipate that our in-pharmacy flu vaccination clinic will be fully operational by the 3rd week of June. We will notify everyone as soon as this service is available on our Facebook page.

Our Flu Vaccination clinic will be open during the following times:

- Monday: 10:30am - 5:30pm - Tuesday: 9:00am - 4:00pm - Thursday: 9:00am - 5:30pm - Thursday: 10:30am - 5:30pm

The total cost of a single flu vaccination will be \$25 (\$15 for the flu vaccination + \$10 for the administration of the vaccine by one of our accredited pharmacists). No prescription is required for the flu vaccination. Everything is done from start to finish within the pharmacy. The vaccination only takes a maximum of 30 minutes as it is requirement for your safety that you need to rest in the pharmacy for 15 minutes after your vaccination has been administered.

We will also be administering the whooping cough vaccine as well without the need for a prescription. The total cost of this will be \$50 (\$40 for the whooping cough vaccine + \$10 for the administration of the vaccine by one of our accredited pharmacists).

There is new evidence that the effectiveness of the influenza vaccine wanes over time and its important to be protected when the flu is most common, around August. Recent evidence suggests protection against influenza may start to decrease from 3 to 4 months following vaccination and early vaccination needs to be balanced with this. While influenza continues to circulate, it is never too late to vaccinate.

Given that the peak is expected in August this year, then the best time to vaccinate yourself against influenza will be in June and July this year.

To secure a time that best suits you we recommend that you make an appointment through the pharmacy. For the time being you can phone us on 5281 1519 or call into the pharmacy. We are aiming to have an online booking system that you can access 24/7 up and running in the next week or so. As soon as this is ready we will communicate this through our Facebook page. You can also just walk in but there may be a wait if someone else is already having a vaccination done.

Irritable Bowel & Digestive Health Information Evening

On **Tuesday 4th July** from **6:45pm to 7:45pm** we have our Naturopath, Karah McLaren, providing a <u>FREE</u> information evening in the pharmacy about Irritable Bowel & general digestive health.

Numbers are limited to 20 guests only as we want to allow plenty of time for questions & answers and make it a very interactive session.

If you would like to make a booking simply phone or call into the pharmacy and we will take your details so we can remind you just before the event.

Pharmacy Features:

- Flu Vaccination Clinic
- Naturopath
- Glasshouse Fragrances
- Ear piercing
- Medela (we hire Breastpumps)
- MooGoo
- FREE Home Deliveries
- Natio
- Homy Ped shoes
- Sukin Organic Products
- Nude by Nature
- Diabetes Australia Agency NDSS
- Giftware for all ages
- Salt & Pepper
- Digital Photo printing
- Passport photos
- Darrell Lea Chocolates
- Webster-paks
- Home Medicine Reviews
- Free gift wrapping
- Gingerlilly sleepwear

Trading Hours

Monday: **8:30am - 6:30pm**

Tuesday: 8:30am - 6:30pm

Wednesday: 8:30am - 6:30pm

Thursday: 8:30am - 6:30pm

Friday: 8:30am - 6:30pm

Saturday: 8:30am - 1:00pm

Sunday: CLOSED

Flu Vaccination Clinic now available in the pharmacy

Yummy**easy**and**delish**

This classic Cornish pastry recipe is a traditional bake that's great for using up leftovers and takes no time at all. The Hairy Bikers' delicious Cornish pastry recipe, which is from their brilliant 'Food Tour of Britain' TV show is warming, filling and delicious. Learn how to make your own pastry and fill with the traditional Cornish filling with this easy-to-make recipe.

Hairy Bikers' Cornish Pasty

Ingredients

Pasty:

450g plain flour 2tsp baking powder 1tsp salt 125g unsalted butter 2 egg yolks 125ml cold water

Cornish pasty filling:

450g potato, finely diced 150g swede, finely diced 150g onion, finely chopped 300g beef skirt, finely chopped Salt and black pepper 1tbsp plain flour 40g butter 1 egg, beaten

Method

To make the pastry: Place the flour, baking powder, salt, butter and egg yolks into a food processor and blitz until the mixture forms crumbs. Slowly add the water until a ball of pastry miraculously appears - you may not need all the water. Wrap the pastry in cling film and leave it to chill in the fridge for an hour.

To prepare the Cornish pasty filling: Preheat the oven to 180°C (gas mark 4). Roll out the pastry to the thickness you like, but be careful not to tear it. Using a dinner plate as a template, cut out 6 discs of pastry.

Season the vegetables separately with salt and black pepper. Put the beef into a bowl and mix with the flour and some salt and pepper. Place some potatoes, swede, onions and beef on one half of the circle, leaving a gap round the edge. Dot with butter. Brush around the perimeter of the pastry circle with the beaten egg, then fold the pastry over the vegetables and meat and seal firmly. Starting at one side, crimp the edges over to form a sealed D-shaped pasty. Brush the whole pasty with beaten egg, then make a steam hole in the centre with a sharp knife.

Repeat to make the other pasties. Put the pasties in the oven and cook for 50 mins until they are crispy and golden and the filling is cooked through.

Leave them to rest for 5-10 mins before eating.

Stefania

"GLASS"

Glass cut to size

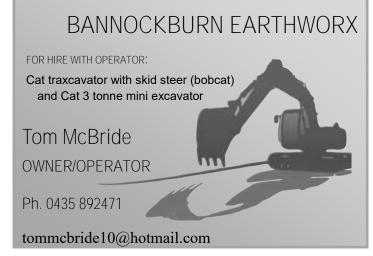
- ~Doors, windows, mirrors
- ~All glass replacements
- ~Tractor cabin windows
- ~Made to order leadlight
- ~Personalised service

Ph 5341 5500

200 Midland Hwy Elaine 3334







ADVERTISEMENT

For Meredith, Steiglitz and district.

As your local State Member of Parliament, I am here to represent your interests in the Victorian Parliament.

I would like to hear from you about the important issues that affect our community.

Please don't hesitate to contact me if I can assist you with a State Government

matter.

Geoff Howard MP State Member for Buninyong

11 Dowor

15 Main Road, Ballarat VIC 3350 Ph: 5331 7722 Email: geoff.howard@parliament.vic.gov.au

Authorised by Geoff Howard MP, 15 Main Road, Ballarat VIC 3350 This advertisement is funded from Parliament's Electorate Office and Communications budget

DREW'S TRIMMING & CANVAS

Servicing the Golden Plains and Geelong Areas

Over 30 years Experience in the Motor Trimming Industry

No matter what your project is - Car Interiors , Boat Covers and Interiors, Caravan Awnings and Interiors, Ute Tonneaus, Trailer Covers, General Machinery Covers, General Upholstery, Horse Floats and Plane Interiors are just some of the areas I can help you with.

GIVE ME A CALL FOR A QUOTE AND FRIENDLY SERVICE

Vin Drew

Mon to Fri 8.00 am to 4.30 pm Sat 9.00 am to 11.30 am 29 Burrows Rd, Lethbridge Ph 0439 967830

After Hours by Appointment Only

Plumbitall

- New homes
- Renovations
- Sewerage work
- Spouting
- Appliance service
- Roofing

- Mini excavator hire
- Kanga trencher, ideal for poly pipe and irrigation for farms
- Split system air conditioners
- maintenance work

Local Beremboke plumber Servicing all surrounding areas

Darryl 0419 782 015

Stephen Pasture Seed 60 Years

Marg Cooper

At a recent expo of their products at Woolabrai representatives of Stephen Pasture Seed announced that the company is 60 years old this year. It started in 1957 at Meredith.

William F. Stephen arrived in Meredith with a 1923 Dodge utility (previously a car), a W12 McCormick tractor and a Hudson car in 1953. Block 5 of the Soldier Settlement on the Moranghurk Estate had been allocated to Merv. Holgate but was not taken up by him and became Bill's. His wife May and their three children arrived at "Willa-Mar" when the house was almost completed. Fencing of the 565 acres into 6 paddocks allowed 297 fine wool sheep to be bought, initially.

Bill sowed the first crop of oats on a 120 acre paddock with 30 lbs of oats combined into the soil with 180 lbs of super-phosphate, then 2 lbs of white clover, 4 lbs of Mt Barker subterranean clover, 4lbs of Victorian rye grass with another 30 lbs of oats was dropped on the surface of the soil, which meant he had to go over the paddock twice. He dragged a length of 4 inch by 2 inch timber behind the combine to give the small seeds some cover of soil. The crop was sown with the Soldier Settlement Commission McCormick Deering Combine which was loaned to settlers. The crop was very poor but very good for the soil.

In 1958 good rains produced millions of mushrooms. Bill and daughter Jan picked and sold over 1 ton of mushrooms over a six week period. Bill delivered the mushrooms to Ballarat or Geelong every night. These mushrooms paid for 1 bag of superphosphate to be spread over every acre of the 565 acres!

In 1957 Bill harvested grass seed with a borrowed header and started selling seed from his block on Mt Mercer Road. In 1958 Bill purchased a second hand Allis Chalmers Allcrop harvester enabling accurate harvesting of white clover and ryegrass. Many other farmers started learning from what Bill was achieving and Bill sourced other seeds to meet the demand from local farmers and so Stephen Pasture Seed began. In 1964 he purchased a building in Claxton Street, Ballarat that was the sales outlet for 34 years and was extended ten times before purpose built facilities in Wiltshire Lane, Ballarat were built in 1998.

In 1964 Bill was successful in pre-selection as a Liberal party candidate in the Legislative Assembly seat of Ballarat South in the Victorian Parliament. He entered Parliament in June 1964. The family moved to Ballarat to live in 1965 and installed a caretaker to live in the farm house. In 1972 the property was sold reluctantly. Bill said "Willa-Mar" had been very kind to them and that the ties the family had with Meredith were very strong.

In 2008 the company was acquired by PGG Wrightson who also acquired another family company AusWest which began as West Bros. Seeds in the 1950's. Supplying seed to many retail farm supply stores throughout Victoria became one of the main focuses of the business. "The commitment Bill Stephen made in 1957 when he helped local farmers improve their pastures and productivity is still very much alive today. 60 years of history and still growing." Quote from: SPS Pasture Reference Guide, 2017

LETHBRIDGE QUARRY

NORTH ALTONA ROCK BLASTING CO PTY LTD Lot 2 LOWER PLAINS ROAD LETHBRIDGE

OFFICE: (03) 5281 7190

PAUL: 0429 361 378

OPENING HOURS: Monday to Friday 7:30am-4:00pm (Saturday by appointment)



FOR ALL YOUR CRUSHED ROCK NEEDS FROM A TRAILER FULL TO A TRUCK LOAD

email: northaltonarock@bigpond.com

Note: No credit given and no EFTPOS on premises



Paul Ryan TRANSPORT

Livestock & General Cartage

also available
Bulk cartage of grain
and fertilizer

Truck & Trailer "Tippers"



0409 861296 & 5341 5575





- Remedial
- Chronic pain
- Mobile service

- Sports
- Dry needling
- Gift certificates

- Pregnancy
- Health fund rebate available

AAMT member

Also available at Corio Bay Health Group located in High St Bannockburn Phone (03) 5281 1016

www.goldenplainsmassage.com.au

Phone 0418 798 608

email: goldenplainsmassageclinic@gmail.com located in Meredith



EOFY Sale

June

25% Off All Optical Frames*

*conditions apply (with lenses purchase only)

Bannockburn ph: 5281 2848 2/7 High St. Bannockburn



Designed by Tanner

Marg Cooper

Les Tanner was born in Sydney and began his career at The Daily Telegraph in 1942 as a printer's devil. He was soon transferred to the press artist's room. He became a political cartoonist. When he drew a controversial cartoon of Sir Henry Bolte, then Premier of Victoria, to illustrate Editor Peter Coleman's article against capital punishment, Sir Frank Packer pulped the entire edition of the Bulletin Magazine.

Les Tanner not only drew his caricatures but often produced clay model caricatures which were then photographed to immortalize the faces of such notables as Joseph Stalin and Sir Robert Menzies. Tanner produced a series of toby jugs of Sir Robert Menzies as well as a nice line in Sir Henry Bolte mugsexamples of which can be found at The National Portrait Gallery in Canberra.





When I was younger I felt like a man trapped inside a ...Yianni





Epiphany

Dining out is always a bit of a special occasion for us. No one has to cook. No one has to clean. And no one has to pretend that they like my vegetarian lasagne bake made out of pumpkin instead of pasta sheets. It's all well and good being waited upon and served meals that you can never be bothered to cook yourself, even if it would be easy enough (and cheaper too). But the other night after a night at the movies, we set out in search of food. Due to the awkward time of the movie, it was now getting late and the question arose as to whether it was appropriate to enter a restaurant so close to kitchen closing and order five meals. The answer was 'yes, yes it

As we entered the restaurant I noticed the waitress sag her shoulders. There were only a few tables of people left before the staff got to clean up and go home. And yet here we came, a group of people hungry and ready to postpone their departure by at least another 45 minutes. In the slumping of the shoulders and the forced smile of 'of course we're still serving!' I recognised the eyes that really said...go away!

I recognised it as the face that I must pull when at last I begin sliding the doors shut at my own place of work and see expectant, pleading faces running up to the door. The faces that inform me that 'It's still five to!' and waltz on in through the gap in the door that I was closing slowly but surely, inching it towards five o'clock. The disappointment grows in you and it takes all of your energy to draw on the last of your happy customer service reserves of the day and hope that they don't stay

The other waitress raised her head above the coffee machine and I saw her look at her co-worker as she showed us to our table. She was silently communicating 'what are you doing!?' to her colleague through a range of eyebrow movements. In these 30 seconds of action I discovered that perhaps I wasn't so adept at hiding the shattering of my dream of going home on time on a Sunday night either. We ordered quickly under what felt like a searing spotlight as the chefs and other servers peeped over the pass to see if we were dawdlers or going to be quick. And then, rather mercifully, a larger group of people walked in, 'Are you still open?', and proceeded to be shown to their seats by a young woman whose plans for the night had just been dashed. Everybody's eyes diverted to this new group and a weight lifted off of our shoulders as we realised we were no longer the biggest pains in the restaurant.

But then I remembered how I feel when more and more people squeeze into the shop through the tiny gap in the door.

Gemma

Judy Hullin

Civil Celebrant



Wedding Ceremonies

Funeral Services

Naming Ceremonies

Commitment Services

Contact Judy to discuss your ceremony

Obligation free quotes

Phone: 5286 1167

Mobile: 0407 226 544

335 Pioneer Ridge Road, Meredith, 3333

Internet: judyhullin@optusnet.com.au

Web: www.judyhullin.com.au

IS YOUR SOLAR FEED-IN TARIFF BEING

CUT BACK?

GIVE US A CALL AND GET THE RIGHT ADVICE ABOUT HOW YOU CAN FIGHT BACK AND CONTINUE TO MAXIMIZE THE ECONOMIC BENEFIT FROM YOUR SOLAR POWER SYSTEM.



Solar Power (with Batteries) Solar & Heat Pump Hot Water

On-Grid & Off-Grid Domestic & Commercial

energysolutions@breaze.org.au 03 4309 4027

POLARIS

FARMHAND 450 HD



SAVE \$1000* NOW \$5,995

* Terms & conditions apply, contact us for details

RANGER 500



\$2000 MINIMUM TRADE-IN

\$1000 FREE ACCESSORIES*

* Terms & conditions apply, contact us for details

RANGER 570

- · Independent suspension · True 4WD
- · Highest ground clearance in it's class



0% INTEREST OVER 24 MONTHS

\$1000 FREE ACCESSORIES*

* Terms & conditions apply, contact us for details

SPORTSMAN 570 EPS

- · Independent suspension · True 4WD
- · Highest ground clearance in it's class



SAVE \$1000*

* Terms & conditions apply, contact us for details



"We Service What We Sell"

12 Wiltshire Lane, BALLARAT, Victoria, 3356 t03 5335 8609 I www.westag.com.au

 ¶ facebook.com/westagballarat





When I think of ferns, I picture the fern gullies of the Otways or Gippsland. Smooth-barked gums tower overhead. Below the trees, large-leaved bushes shade the moist forest floor. Tall tree ferns with trunks covered in mosses, delicate filmy ferns and tiny fungi, spread their long fronds above me. The narrow gurgling creek at their feet is lined with small ferns pushing up through the fallen bark and leaf litter, seeking the limited light that reaches down to them, vital for their growth. For many ferns, this is an ideal environment, sheltered from the hot sun, wind and frost with plenty of moisture for growth and reproduction. Slightly hardier ferns grow beside creeks or in other well-watered places, but with less vegetation overhead, exposing them to more variation in weather and humidity.

While many ferns require a moist environment, some such as bracken are tougher. With leathery fronds, bracken grows well on sunny, well-drained hillsides and can survive dry, heat and fire. New fronds, protected by thin scales or hairs, gradually uncurl and expand, growing up from rhizomes, the underground stems by which ferns spread. Branching rhizomes can create a forest of bracken, with all fronds genetically identical, as they are all part of the same plant. Some ferns create a similar colony by growing small plants on the tips of their fronds. As the new fern grows, becoming heavier and the frond ages, it droops until the tip touches the ground. The young plant, which may have developed roots already, can begin to grow in soil and as the old frond dies and rots, it becomes an independent plant.

The fronds of ferns vary greatly in size and shape. Many are covered in hairs or small papery scales. In tree ferns, the main stalk of each frond can reach over four metres in length. This stalk has small stalks growing from both sides, with many leaflets on each. Some smaller ferns have similar fronds; some have leaflets directly off the main stalk; while in a few, the fronds appear like a single undivided leaf. The fronds of the smallest ferns are only a few centimetres long. If you look under a fern's older fronds, you may notice regular brown spots or lines, perhaps covered in a thin membrane. These are sori and contain spores, single cells from which the fern can reproduce. A few ferns grow specialised fronds for their sori. Spores can be spread by wind or water. If they land in a moist place, they germinate into a tiny plant only one cell thick. It grows root hairs and separate structures containing eggs and sperm. When these mature and combine, they form the beginnings of the fern with which we are familiar. It gains nutrition from the small plant, until it grows big enough roots and fronds to fend for itself, and the smaller plant rots away.

Even the toughest of ferns require water to grow and reproduce, and yet they can survive in some unexpected places. On top of a dry rocky hilltop in the Brisbane Ranges, in the crevices of a partly shaded rock, I found a lush growth of a small necklace fern. Fronds lined with fan-shaped leaflets reached out, spreading across the rock. When I turned over a frond, I saw white lines along the veins of the leaflets, thin membranes covering developing sori. In a crevice in a neighbouring rock, on a bed of moss, grew a different species of fern - blanket fern, with hairy leaflets extending outwards and shining in the sun. On the underside of these, lines of tiny elongated sori were ready to release their spores, perhaps to colonise another crevice in its home rock.

Ferns evolved millions of years before the flowering plants that currently dominate our planet. They continue to flourish, adding beauty to many of our wettest environments, creating surprises in some of our dry places, and like other plants, providing food and habitat for many creatures including mammals, birds, spiders, insects and other animals, so small we don't even realise they are there.

Wendy



For the Lexophiles

Lexophile: (Noun) a lover of words, one who derives pleasure from various uses of words, who appreciates the nuances surrounding different words, and who is alert to synonyms, and homonyms, often using them for effect, sometimes in humour. (definition-of.com)

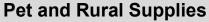
- A boiled egg is hard to beat.
- When you've seen one shopping centre you've seen a mall.
- © Police were summoned to a day care centre where a three-year-old was resisting a rest.

WOOLABRAI P/L

4350 Midland Hwy Meredith **PH 5286 1223** www.woolabrai.com.au

Pet & Rural Supplies & Woolbuyers

Serving Meredith and district for 22 Years



- A complete range of stock feeds
- General Rural Merchandise & Supplies

Woolbuying

- Cash Price for Small Lots
- Test and Sell Direct to Exporters
- Auction through WISS (Woolgrowers Independent Selling Services)

Contract Fencing and Fertiliser Spreading

- Free no obligation quote
- Fencing Materials and Fertiliser available in store

"We are Independent and Local"



Meredith Corner Store Job Vacancies

Two casual morning shift staff required for a busy store in Meredith.

Self-motivated, hardworking and punctual team player with a can-do attitude & ability to multi-task.

Must be available 7 days a week. Must demonstrate exceptional customer service skills along with strong interpersonal and communication skills, possess leadership skills, attention to detail and ability to perform under pressure. Successful applicants will be rewarded.

A great environment with full training and support as required.

To apply please email your resume to meredithcstore@gmail.com.

Or come in for a walk in interview.

Only successful applicants will be contacted



it's **History**

Meredith History Interest Group

Treasure Trove

You are invited to bring a treasure and tell everyone about it on Sunday, June 18th at 1.30 pm at the History Centre (if the plastering and painting has been finished) or (if not) at the Meredith Golf Club. You may have some china, some photos, some clothes, some machinery or something else that is interesting, that has a story and some history.

Plastering and Painting

Work has started on repairing the plaster but painting has not yet begun in the History Centre. We are delighted that the grand old building is being "looked after" and look forward to setting up again. It is amazing that when we have had the door open a number of people who maybe only stopped in town for coffee have come in to see the building. We have been delighted to show them around and tell them what the building is now being used for.

Meredith Police Court Tuesday, December 4, 1877 before Mr Champ P.M. and Colonel Champ J.P.

The Education Act:

Truant Inspector v John Byrne re his son, for neglecting to send him to school. The Truant Inspector deposed that the boy attended only four days out of the last quarter. Byrne pleaded that he lived over three miles from the nearest school by the road, although living within three miles of the school. Case dismissed.

William Bourke re his daughter Catherine. Fined 5/-s with 5/-s costs.

James Bell re his daughter Alice. In this case the child did not attend school at all. Although seven years of age. Bell urged that he was himself a teacher and quite capable of instructing his own child. Mr Dixon stated that he was informed by the Board of Advice that Mr Bell refused to send his child to school from direct antagonism to the Education Act. The Bench postponed the case till next meeting to enable Mr Bell to produce the child or to give such other evidence as would satisfy the Bench that the child was receiving sufficient instruction at home.

George Croft re his son Thomas was fined 2/6 and 5/costs.

John Stafford re his sons James and William was fined 2/6 and 5/- costs.

From Geelong Advertiser, Wednesday, December 5, 1877.

Indexing & Cataloguing

We will not be at the History Centre on Thursdays until the plastering and painting has been completed.

We will be going to the Geelong Heritage Centre to index the Meredith Rate Books. You are welcome to help with this task. If you live in Geelong you could pop in regularly and do some indexing to help complete the task.

MEREDITH POLICE COURT.

MONDAY, 5TH SEPTEMBER. (Before Mr Heron, P.M.)

TRUANCY.—John Stow, for neglecting to send his ward, Mary J. Rowe, the requisite number of days to the State school, was fined 5s, costs 2s 6d; William O'Brien, for neglecting to send his son Percy to the State school, was fined 5s, and 2s 6d costs.

SHEEP TRESPASS.—The managers of the Meredith Common summoned Michael Johnson for neglecting to give notice of his intention to drive a flock of sheep through the Meredith common on the 15th August last. There was another charge, of not hav-ing driven his sheep six miles per day, as required by the Act. Both complaints were laid under the 104th section of the Land Act 1869. The cases were fully proved by Mr Murphy, and the herdsman of the common. Fined £1, with £1 1s costs, in each case.

RATES.—The Rate Collector of the Shire of Meredith sued Messrs J. Anderson, J. Cumming, and Joseph Weightman, for rates due. Verdict for plaintiff in each case.

MAINTENANCE.—Bridget Bulwer, of Morrisons, sued her husband, Samuel J. Bulwer, for maintenance, he having left her without means of support since the 1st June last. The defendant asked for a postponement for one month, which was granted on his paying his wife £2 for her maintenance until then. Geelong Advertiser Tuesday 6 September 1881 Jan McDonald, Meredith History Interest Group

Jan McDonald

HAY

Small square Bales Grass Hay \$7.50

Oaten small squares \$8.50

Round bales also available

Fully shedded

Pick up on farm or delivery can be arranged.

Phone anytime 0437 358 307

Concrete Tank Repairs

Stop those leaks before it's too late.

Water leaking through concrete cracks accelerates aging of the tank, as well as losing precious water.

Stop those leaks now!

Call now for a free assessment and quote.

Otway Concrete Tanks PH: 0409 210 057



Energy Efficient

Sustainable New Home Builders

Over 20 Years Experience

- · Energy Efficient Homes
- New Homes
- Extensions
- Renovations
- Decks & Pergolas
- Registered Builders

-Servicing Lethbridge, Meredith & Surrounding areas-

Ph: 0499 586 966

lifestylebuilders@outlook.com

Bannockburn Surgery

16 High Street, Bannockburn, 3331 Tel: (03) 5281 1481 Fax: (03) 5281 1978 www.bannockburnsurgery.com.au

Monday to Wednesday: 8.30 am – 7.30 pm Thursday & Friday: 8.30 am – 5.30 pm

Saturday: Emergency Session from 10.00 am (no appointments

required) and a regular session from 10.00am-12.00pm with appointments taken in advance.

Dr Cameron Profitt: Monday, Tuesday, Thursday, Friday

Dr Andrew Bell: Monday, Thursday, Friday

Dr John Henderson: Monday, Tuesday, Wednesday, Friday

Dr Margaret Somerville: Wednesday

Dr Dheeraj Pawar: Monday, Tuesday, Thursday

Dr Benjamin Fry: Monday, Tuesday, Wednesday, Thursday, Friday

Dr Amir Rahimi: Alternate Sat (bookings taken in advance) We are a teaching practice with Victorian Metropolitan

Alliance and Southern GP Training. Dr Jeremy Phillipps and Dr Samantha Buchholz are with us.

Fees are payable at the time of consultation by cash, eftpos or cheque.

Streamline Clinics will be offered 3 days/week to enable better access to Doctors for simple repeat scripts, simple repeat referrals or flu vaccinations. The appointments in a streamline clinic will be strictly 6 minutes or less; the appointments in the Streamline Clinic will be bulk-billed to medicare.

Bookings are available and we are accepting new patients living in the Golden Plains Shire. Every effort will be made to accommodate your preferred time and preferred doctor.



Your NEW Local Estate Agent

- Property Sales- residential, land, rural
- Property Management
- Property Advice
- FREE Property Appraisals

Erin Sexton 0458 458 977 Dan Sexton 0438 719 446





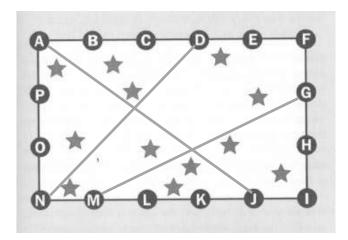
- · Excellent customer service
- Lower fees
- A more professional experience
- Honesty, integrity and accountability



10tenrealestate.com.au

Did You...?

...solve the puzzle on page 20? Here's a solution.



ELAINE EXCAVATIONS PTY. LTD.

CONTACT Warwick Mob. 0408 508 303 pitcherindustries@bigpond.com

A.H 03 53 420329 FAX 03 53 420387

*Excavation Work

*Site Leveling * Driveways

*Dam Digging & Cleaning

*Demolition Work *Drainage Work

*Septics *Rubbish Removal

Scraper, 4.5 & 10 Tonne Excavator Traxcavator, Grader, Bobcat, Lazer Equipment, Under - Road Borer Tip Trucks & Trailers,

*Free Quotes

GIVE US A CALL!



GOLDEN PLAINS VET PRACTICE

Veterinary care for your family pets when you need it

Opening hours:

Monday to Friday: 8:00 am to 6:00 pm

Saturday: 9:00 am to 5:00 pm

Emergencies: 24 hours a day

Appointments: 5281 2226

2 Bruce Street, Bannockburn Vic 3331



CRISP. FRESH. TASTY. LOCAL.

Does this sound like your supermarket?

8.30am-12.30pm, first Saturday of every month.

Corner High & Milton Streets, Bannockburn

Buy local, eat local.





- Sides or whole lambs
- Sides or whole grain fed beef CUT TO ORDER

For orders, prices & enquiries Phone

Robert 0408 574 947 or Andrew 0417 594 324

A & R DURRAN Bricklaying

DB-U 40238

& BUILDING SERVICES

Specialising in brick & block masonry construction

- Solid brick houses
- Retaining walls
- Scaffolding
- * Telehandler Hire

Anthony Mobile: 0409 524438

ABN 63614843881 aandrdurranbricklaving@bigpond.com www.DURRANBricklaving.com





Trusta local for your LPG needs

Elgas is a local business, run by local people offering LPG for your home:

Talk to Silvano delivering LPG in your area, providing friendly and reliable service.



Silvano Baldasso 1055 Mt Mercer Rd 0458 006 294 A/H 5286 1543



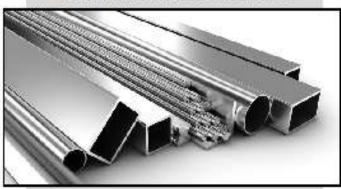
131 161

www.elgas.com.au

IF YOU NEED ALUMINIUM, GO TO ...

JUST ALUMINIUM

19 BIRKETT PLACE, SOUTH GEELONG



FULL RANGE OF EXTRUSIONS & SHEET

Deliveries to Ballarat via Midland Highway on Tuesdays and Fridays

Phone: 5222 5444 Fax: 5222 2788



Hearn's Meredith Hotel



Meredith's best kept secret!!

Located off the Midland Highway toward Mt Mercer

A Great Country Pub with Fantastic meals & Great Service Open for meals Wed - Sun for Lunch & Dinner (Extensive Gluten Free Options available)



Warm open Fires in Bar & Dining areas

Hump Day is Rump Day Wednesdays 300gm Rump Steaks for only \$19





Come & get Schnitz Faced on Thursdays with Chicken Schnitzels \$14.50 & Parmas \$18.50 (both nights includes free glass of beer wine or soft drink)



LIVE MUSIC DATES FOR JUNE!





We are excited to welcome back Jazzi & Hoges to the Top Pub! This dynamic duo has a diverse range of music, varying from relaxed acoustic favourites through to todays Top 40 Chart toppers. Jazzi's talent as a vocalist is complimented by Hoges' skill as an acoustic vocalist & guitarist. Together they are amazing!



FRIDAY 23RD - TIM TOT



With a voice as big as Everest, clean, rich and reaching for the skies, you can expect the unexpected. With a twist of Rock and plenty of Roll! Catch him if you can! Tim is one of our favourites & kicks off at 9pm.

One not to be missed!

51-53 Staughton Street, Meredith. For Bookings or enquiries phone: 52861311 Email: MeredithHotel@bigpond.com

Australia's Biggest Morning Tea....Meredith style.

Once again the wonderful community of Meredith has come together to enjoy themselves for a good cause.

All generations were able to enjoy each others company at St. Joseph's Hall this morning. The tables were decorated beautifully as for a high tea and laden with delicious food. Thanks to very generous sponsors from near and far those present were able to take home great raffle and quiz and competition prizes as well as vying in silent auctions to win those special gifts.

Thank you everyone for helping us to raise over \$2200 in aid of cancer research....our highest amount since we have been involved.



Major raffle winners were:

1st \$100 voucher Hearns Meredith Hotel. .. Gwen Eddy

2nd. Sequinned artwork: Elise Charleson

3rd: Gourmet Hamper...
June Cameron.





Maureen, Hope, Carmen, and friends

A huge vote of thanks to our sponsors for the day. Thank you to all who helped in any way and who came to enjoy the day. This is our way of helping the cause to defeat Cancer. See you next year!!!





Hope – Sequinned Artwork, In 2 Linen, The Edge, Geelong, Newtown Linen, Hepburn Bathouse & Spa, Pipers by the Lake, Austins & Co Sutherlands Creek, BGG Plants Batesford, Wombat Gully Nursery Moolap, Sheridan Outlet Factory Ballarat, Elaine Farm Supplies, The Farmgate Shop, Elaine, Bannockburn Newsagency, Bannockburn Post Office, B & S Stock & Pet Supplies, Bannockburn, Red Dog Café, Sorelle Café Bannockburn, Grippa's Bakery Bannockburn, Pizzas Hairstylist, Bannockburn, Salfood Bannockburn, Golden Plains Supreme Meats Bannockburn, Poppies Bannockburn, King Broccoli Bannockburn, Healthsave Pharmacy Bannockburn, Ray White Bannockburn, Stockdale & Leggo Bannockburn, Landmark Bannockburn, Safeway Bannockburn, Meredith Baking Co, Hearns Meredith Hotel, Royal Hotel Meredith, Mortimer's Petrol Meredith, Woolabrai Meredith, Meredith Dairy, Healthline Pharmacy Meredith, Dorothy's Kitchen Meredith, Meredith Corner Store.

Thank You To Our Sponsors



Master Technician with 35 years industry experience and service to the region

- Digital antenna systems
- Satellite/VAST systems
- Metro & Regional Reception
- On site Signal tests & quotes
- Home Theatre, DATA & Phone
- Friendly Service, Advice & 5 year warranty

Frank Schaefer

53334441 or 0418508524 anytime

www.chantenna.com.au



What we know about...

...June

Winter is upon us. It's time to layer up and keep those fires stocked up against the onslaught of ferociously cold weather. The Latin word iuniores, meaning 'younger ones' marriage. June is also the month with the supposedly taking place on the 21st this year. bitter winds, soup as a regular main meal, and of morning to wash the ice off car

JUNE IS BROUGHTTO YOU BY GEMMA HANAN.

Opening Hours:

Monday to Thursday:

8.15am to 8pm

Friday:

8.15-6.30pm

Saturday:

8.45-11am



Our Aim is to make High-Quality Medical Services accessible to Everyone"

Website: www.goldenplainsmc.com.au

59 Geelong Road, Bannockburn

Our Doctors

Dr Mina Gurgius (Male GP)

He is a current examiner in the Royal Australian College of General Practitioners. He is a highly qualified GP with several subspecialties.

Dr Privanthi Perera (Female GP)

Dr Priyanthi has a Diploma in Child Health, also holds other certificates in skin cancer & dermatology.

Dr Sharmi Sureshkumar (Female GP)

Dr Sharmi holds a Diploma in Child Health.

Dr Jason Lee (Male GP)

Dr Lee studied medicine at The University of Notre Dame (Sydney).

Dr Wimanshi Gamage (Female GP)

She joins us following years of experience in both hospital & General practice.

Pathology, Dietitian, Physiotherapist, Psychology, Podiatrist & Hearing clinic services are available onsite.

Ultrasound services available onsite.

Phone: 5281 2320

- Online Booking available via our website. (Book at your convenience!)
- Accredited Yellow Fever & Q Fever provider.

**** NO OUT OF POCKET FEES

For ALL General GP Consultations ****



"Relativity" by Antonia Hayes

The novel is largely based on autobiographical fact but the characters and evolving plot are fictional. In December 2001 Antonia Hayes was facing a personal ordeal, sitting bedside in a Sydney hospital, coming to terms with the idea her infant son might die. Weeks before doctors had drilled into her son's brain to remove blood clots that had been triggering massive seizures. He had 'shaken baby syndrome'. While Hayes was sleeping her partner, her son's biological father, had shaken him violently. Her son made a complete recovery and this experience was the spur for her career as a novelist. The book is dedicated to all the families affected by this syndrome and in memory of all those babies who didn't survive.

In the book twelve year old Ethan Forsythe, an exceptionally talented, eccentric boy obsessed with physics and astronomy, has been raised alone by his mother in Sydney. Then is becoming increasingly curious about his father's absence from his life. Thousands of miles away on the western coast of Australia Mark is trying to forget about the events that tore his family apart but an unexpected call forces him to confront his past and return home. When Ethan secretly intercepts a letter from Mark to Claire he unleashes long-suppressed forces which, like gravity, pull the three together again and testing the limits of love and forgiveness.

Ethan, a child on the cusp of adolescence, is the perfect vehicle through which the story unfolds. We learn at the same time he does, about the mysterious twists of family history, burial and reframing of tortured memories and a family constellation torn apart.

Does a shameful moment of frustrated violence a decade ago for which a man has been punished by society, mean he can no longer be a father? Is it fair to Ethan to deny access to Mark with whom he shares obvious affinities such as physics?

Told from the alternating points of view of Ethan and each of his parents, "Relativity" is a soul searching exploration of unbreakable bonds, irreversible acts, the limits of science and the magnitude of love.

Another character in the book is ideas created from theoretical physics and cosmology. By having a remarkable 12 year old articulate his understanding of these ideas the author makes them accessible to a wide audience. "When stronger forces threaten to pull us apart, it's the weakest force that unites us. Gravity binds us together."

The book for discussion in June is "The Testimony" by Halina Wagowska.

A.D.F.

AUTO DRIVE FENCING

For ALL your fencing needs
Town & Rural
Horse, Sheep & Cattle yards
Horse Shelters
Post & Rail
Electric fencing
Repairs & Maintenance

SPECIALIZING IN FAST
POST DRIVING USING THE LATEST
MUNRO AUTO
DRIVER ON SIDE SHIFT

Call Matt 0438 828 043

B_&**S** Stock & Pet Supplies

Cnr Milton & Burns Sts. Bannockburn Phone 52 811 566

We stock all your requirements including:

- Horse Feed
- Molasses
- Dog & Cat Food
- Horse Shoe Nails
- Poultry
- Collars & Leads
- Bird Seed
- Supplements
- Pure Apple Cider Vinegar available
- Horse Rugs (all sizes)
- Double Horse Float Hire

Agents for Sureguard Solar Electric Fence Energizers

Delivery can be arranged

Hours:- Mon - Fri 8.30am - 5.30pm

Sat 8.30am-1pm Sun 10am—1pm







44 Staughton Street, Meredith VIC 3333 24H on call 5286 1428 hpmeredith3333@gmail.com 8.00am – 1.00pm

17A Russell Street, Lethbridge VIC 3332 24H on call 5281 7187 hplethbridge@gmail.com 1:00pm – 6pm

Healthline Pharmacy is a friendly family chemist, with highly trained health care professionals. We focus to deliver professional pharmaceutical services to cater the needs of our local community.

WE CARE BEYOND PRESCRIPTIONS

ALL PRESCRIPTIONS MEDICATIONS – PBS subsidised AND PRIVATE (No one can beat our price, affordable healthcare for all)

Our plus services

- Free Pharmacist advice and health checks services
- Free Medication review services
- Free Weekly medication packaging (Webster's)
- PBS subsidised scripts at \$5.30 for all eligible pension/concession card holders
- Maximum discount offered for private patients and over the counter medicines.
- We will beat any (advertised) price

"Come and Support your local chemist to feel the difference"

WORK COVER / TAC OR STATE TRUSTEE PATIENTS WELCOME

NEW GIFT RANGE SUKIN PRODUCTS EAR PIERCING CORAL COLOURS MUSTELA BABY RANGE READING AND SUN GLASSES



We beat the price and add to your savings

Canakkale, Gallipoli - Another Memory

Marg Cooper

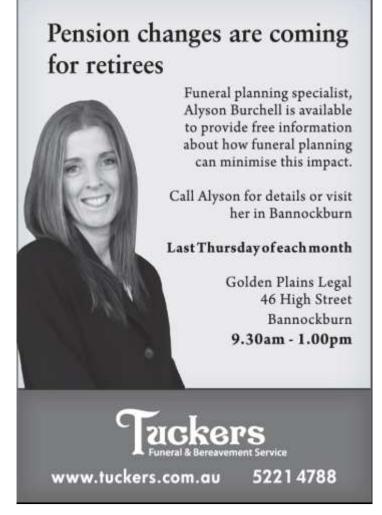
Jan 'Yarn' Wositzky presents music and story theatre. On Anzac Day 2017, in the afternoon, he presented his show about 'Canakkale, Gallipoli, Lest We Forget' to a full house at the Anglican Church in Steiglitz. The afternoon was organized by Peter Sharp and Chris McKenzie, who welcomed the crowd in the Wathaurong language.

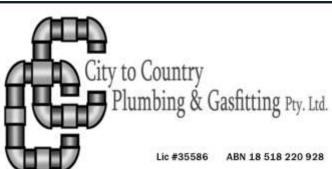
With a combination of narrative, Turkish and Australian song and poetry and props Jan Wositzky re-told the Gallipoli story. The show was structured around four events: the April landing, the May truce, the August offensive and the December evacuation. The Australian material came from poets such as CJ Dennis, Mary Gilmore and Bill Harney, songwriters such as Ted Egan and Eric Bogle and traditional songs of the time. The Turkish material was drawn from poets such as Nazim Hikmet and Bulent Ecevit, traditional song and from words credited to Turkish hero Mustafa Kemal Attaturk. The historical content was laced together by Jan's experiences performing at Gallipoli in 2013.

Jan said that by bringing both sides together our Anzac legend is enlarged by the Turkish legend, and of how many enemy soldiers found respect for each other and how that respect led to the friendship which Australia and Turkey share today. The performance also questioned the contemporary story - how legends grow and asked the questions, why and what for!

Jan was accompanied at Steiglitz by Jack Norton, a master of traditional Turkish instruments the oud and tanbur. Jan has performed this show accompanied by a choir and other combinations of musicians and actors. His props included hats, a shawl which he put over his head to represent a Turkish mother and over his shoulders to represent an Australian mother, a map, and a stool. He accompanied himself on a banjo, an Irish Bodhran (hand drum) which he held in one hand and played with a twirl of his hand, and a *JIngling Johnnie*, or lagerphone, the Australian bush band instrument of bottle tops on a stick which Jan tapped on the ground, and for which the origin is the Turkish *Gevgun*. At the end of the show Jan played The Last Post on his harmonica, which was extremely emotional.

Canakkale is a city in northwestern Turkey in the Marmara region, on the Dardanelles Strait. It's a gateway to the Gallipoli WWI battlefields, north of the narrow strait. On the grounds of the 15th-century Cimenlik Castle, Canakkale Naval Museum Command contains historical artillery. The archaeological site at Troy, including an ancient theater, is southwest of the city.





For <u>all</u> your Plumbing needs

- FREE no obligation quotes
- · Heating/air con installation (wood/gas/split system)
- Licenced gas testing (heaters/appliances) & Gasfitting
- · Roofing, guttering & spouting
- Drainage, septics & sand filters
- Hot Water Services (gas/electric/solar)
- 2 & 8tn Backhoe Hire
- New & Existing Homes, Commercial & Industrial
- Accredited Backflow Tester

1735 Steiglitz Rd Maude Vic 3331
Ph: 5281 9443 Mob: 0408 526 365
E: enquiry@citytocountryplumbing.com.au

Steve Trofin - Your local plumber for 17+ years



Family owned & operated for more than 20 years.



Specialising in:

- Clip Brokering
- On Farm Pricing
- Shed Clean Ups
- Pick Ups

 (subject to available

(subject to availability)

SECOND HAND PACKS REPLACED FREE OF CHARGE

SERVICING ALL AREAS CALL TODAY

and we'll come to you! Ph: (03) 5267 2703 0417 054 792

Monday to Friday, 8-5pm

Saturday by appointment 2990 PRINCES HWY WINCHELSEA

byvg@bigpond.net.au

www.byvwool.com.au

A Geelong Football Legend

Marg Cooper

Peter Charles Burns was born in Steiglitz on January 5, 1866 to John and Martha Burns (Harrison). He had brothers, Harry b?, John Robert b. 1861, William b. 1863, Allan Solomon b. 1870 and sisters Eugene b. 1868 and Ellen Martha b. 1873. They were all born in Steiglitz. He married Elizabeth Corbett in Steiglitz in 1889. It is believed that the family lived near the Albion Mine, it is likely that he went to school near there and that he gained engineering skills working in mines at Steiglitz which he used when working at the woollen mills in Geelong later in his life.

He started playing football in Ballarat when he was 16 years old in 1882 and it is believed that he lived in Steiglitz at that time and would have travelled by train to Ballarat. His brothers also played for Ballarat Imperials. He then played for South Melbourne for seven seasons in the VFA, playing in four premierships there before joining Geelong in the VFL in 1892. Burns was the first footballer to reach the 300 game milestone but was never suitably acknowledged for the feat because his career straddled both the VFA and the beginnings of the VFL. These years are referred to as "The Missing Years", the period prior to the VFL's formation in 1897. Burns played his 302nd and last game in 1902. It would take another 35 years for the next player, Collingwood's Gordon Coventry, to reach the 300 mark.

The Geelong Cats web site describes Peter Burns as an all-round sportsman, a natural athlete and a fitness fanatic. He was courageous, a great leader and a man of impeccable values and fairness. Peter Burns was considered the greatest player of his time. On his retirement from playing he became the official timekeeper, a position he held until the end of the 1941 season. Burns gave a total of 55 years' service to football as a player and administrator.

In 1996 Burns was inducted into the Australian Football Hall of Fame and he was named Champion of the Colony in 1885 and again in 1891.

"Cats leaders have formally and passionately pushed since 2011 to have the AFL reclaim "The Missing Years" for recognition in the annals of the game. Every time we acknowledge a piece of our history in this way it's like bringing these boys home," the Cats leader Bob Cartland said.

Peter Burns became the 23^{rd} and Charles Brownlow became the 24^{th} Geelong Football Club Legend at the launch of the 2017 season at the Crown on Wednesday, August 16, 2016.

(If you know anymore about Peter Burn's early life at Steiglitz please contact Marg Cooper on 52 868201 or Peter Sharp on 52 819253.)

MEREDITH CONSTRUCTIONS GEOFF L. HARDY D.B.U 15273

Registered Building Practitioner For

New homes Renovations

Additions Ground Floor

2nd. StoreyBathroomsKitchensDeckingPaintingTilingPlans etc.PergolasAll aspects of concreting

Phone. 0429 084 655 8am-5pm



Supplying indigenous & native plants for 30 years

Plants for landscape restoration, farm plantations, small acreage & gardens

39 Carr St, Teesdale Phone: 5281 2971

Open Fridays & Saturdays June - August or by appointment email: treehomenursery@bigpond.com www.treehomenursery.com.au





ELECTRICAL SAFETY

Have all your plug in electrical items checked and certified and be assured of your safety

All plug in electrical items can be tested and certified safe.

On-site or off-site testing. Reasonable rates.

Contact Meredith Maintenance (Licensed Tester)

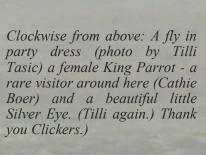
52861550 or 0427300742

Happily, we have a coloured page to ourselves this issue, so we thought we would use it to show off some of the beautiful photographs our the coloured page to ourselves this issue, so we thought "Click Clique" members have given us.

If you are a keen photographer, or just happen to surprise yourself occasionally with a lovely photograph, why not join the "Clique"? Contact us to find our more. (See details on page 3.)







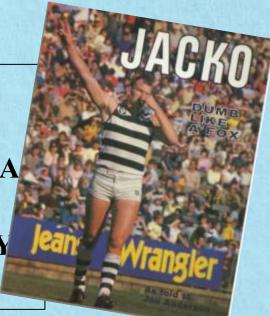




WHAT'S ON IN JUNE

MARK "JACKO" JACKSON

SPORTS DAY & MEMORABILIA
WITH MUSIC BY TIM TOT
11TH JUNE 12 NOON \$10 ENTRY
BOOK NOW 5286 1100



HEATH STENTON

FRIDAY 2ND JUNE 8PM FREE ENTRY

CULPRITS

FRIDAY 16TH JUNE 8PM FREE ENTRY

ZANE CARROLL

SATURDAY 1ST JULY 8PM FREE ENTRY

JUNE DINNER SPECIALS

\$12 DINNER MONDAY & TUESDAYS