

Meredith & district News



It's SPRING!!

September 2016

your FREE Community Newsletter since 1972



inside



Because the editor went off on an untimely holiday, we had to finish off the cover earlier than usual. As a result, Henry, our tea drinking previewer, has no idea what's inside. Except of course...

e: news@meredithnews.com.au **W:** meredithnews.com.au

Meredith & district NEWS



The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jan Elvey, Dawn Macdonald, David Jones, Trudy Mitchell, Stefania Parkinson and Ian Perna

NEWS & VIEWS
Subject to the conditions outlined below, contributions accompanied by the contributor's name (which will also be published) and contact details, are most welcome. Please email to news@meredithnews.com.au or deliver to the Meredith Corner Shop.

DATES AND DEADLINES

The Newsletter is distributed on the first Thursday of each month (except

January). All advertisements and submissions must be lodged by the last Thursday of the preceding month, but earlier is really appreciated.

ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. Contact us for full details and lodgement forms. Rates are as follows:

	B&W	colour
Business Card	\$14.00	
Quarter page	\$25.00	
Half page	\$40.00	\$100
Full page	\$80.00	\$180

Note: Colour not available for all issues, and a \$20 loading applies for preferred position

Classifieds are **FREE** for small, personal notices from residents. Otherwise \$7.50 or \$5.00 if paid on lodgement.

Community Groups can have a 1/4 page ad for free or a \$25.00 discount on larger ads. (conditions apply)

SUBSCRIPTIONS

If you are outside our delivery area you can subscribe for \$35.00 p.a. (11 issues) and get the Meredith and District News posted to you anywhere in Australia.

CONTACT US

Post Office, Meredith, 3333
Editorial: Trudy 0429 430646
news@meredithnews.com.au
Advertising: Ian 0409 016815
advertising@meredithnews.com.au
Accounts: Dawn 0428 861274
accounts@meredithnews.com.au

WEB

You can check back copies and lodge comments at meredithnews.com.au

ONLINE PHOTOS

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions



connect

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0419 423 960

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Meredith
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juniors 0430 587674

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emergency

Police, Ambulance, Fire (from mobile phone)	000 000 or 112
Meredith Police Station	5286 1222
Power Failure	132 412
Nurse-On-Call	1300 606024
Mental Health Advice	1300 280 737
Poisons Information	13 11 26
Barwon Water	1300 656 007
SES Emergency - flood & storm	132 500
24 Hour Helpline	1800 629 572
24 Hour Drug & Alcohol Counselling	1800 888 236
Kids Help Line 24hr 5-18yo	1800 551 800
Golden Plains Shire A.H. emergencies	1300 363 036 0408 508 635
Ranger	5220 7111 or 0409 830 223
Bannockburn Vet	5281 1221
Golden Plains Vet	5281 2226
Injured Wildlife	13000 wildlife
Pets and Horses 24/7	0421 617 238
Wildlife Rescue	0459 379915

Justices of the Peace

Mr R Cooke Meredith	52 861 346
Mr H Woerner Meredith	52 861 402
Mrs S W Dynon Steiglitz	52 819 223
Mr P Ryan Elaine	0409 861 296

services

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..or start something.

If you have a special interest you would like to share with like minded people, let us know and we will help you get it started.



Picture

"Wisdom doesn't necessarily come with age. Sometimes age just shows up all by itself."

Tom Wilson



Community

The 2016 annual "GOLDEN PLAINS ART EXHIBITION"

will celebrate the opening night on

Friday 30th September at 7 pm

The Bannockburn Cultural Centre

(behind the library)

Presentation of Awards, light super
and local wines from Clyde Park.

Entry for opening night is \$10.00

(artists free entry) Lucky Door Prize

The exhibition will continue

Sat. 9am-5 pm Sun. 9 am- 4pm

Small gold coin entry . Artists will be demonstrating
over Sat.& Sun---you are invited to join in and produce
your own art work to take home.

Entry forms for artists are available at Meredith
Community Centre, Bannockburn Post Office and most
art supply outlets in Geelong .

OR contact Ros 0410808483

email rosslyn.bos @ gmail.com



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Saturday 12th November

Call to book your car site or garage:



Jarna: 0473 380 552

June: 0407 876 250

HOW to POSE with a STATUE



Golden Plains Mobile Library

At the Meredith Primary School
Thursday 9am to 10.30am

Classifieds

First insertion of small ads are FREE to district residents

Cleaner Required

We are seeking to appoint a self-motivated & enthusiastic person, to work within the Lethbridge / Meredith area. Must be available to work between the hours of 3.30pm to 5.30pm Mon to Fri. Must have own transport and willing to undertake a Working with Children and Police Check. Award wages apply! Forward Resume to: etheridgecleaning@bigpond.com Or mail to: PO Box 5247, North Geelong 3215 Etheridge Cleaning & Maintenance Services

Church News



ANGLICAN

Weekly Services, baptisms, weddings, funerals, pastoral care, bible studies. Contact: Rev. Elizabeth Bufton, 5281 2224; 0437524864 Church Office, Byron St. Bannockburn 5281 2553
Service Times;

Church of Epiphany Meredith.

11.00am 4th Sunday each month, Holy Communion at Anglican Church. 11.00am 2nd Sunday of month, Holy Communion at Uniting Church

St James. Morrisons:

Contact: 0429 146 566 or 5368 2730. The Rev. Glen Wesley
1st Sunday of the month at 5pm and 3rd Sunday of the month at 9am.

UNITING CHURCH

Monthly Combined Holy Communion services.

2nd Sunday, 11am at Meredith Uniting Church

4th Sunday at 11am at Meredith Anglican Church

1st & 3rd Sunday at 9.30 at Buninyong Uniting Church

Enquires Doug McFarlane 52861283.

Rev. Lindell Gibson 53413 200

SERBIAN ORTHODOX : Fr. Theodore—Ph. 5341 5568

Holy Liturgy 10am every Sun, Sat & Major Feast Days.

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St. Marys House of Prayer Elaine Solemn mass Sundays

10.00am. Rosary and Vespers Saturday 5.00pm. Confessions by appointment Fr. James Ph. 5341 5544

ST. JOSEPH'S CATHOLIC PARISH

Winchelsea every Saturday at 5.30 p.m. **Inverleigh** (for Bannockburn) every Sunday at 9 a.m. except the last Sunday of the month when Mass is held in the foyer of the Basketball stadium (adjacent to the school) at 9 a.m.

1st Sunday of the month is always Family Mass with the Families for Christ youth band followed by morning tea and a produce stall.

Anakie at 11 a.m. Sunday

Meredith at 11 am.

St. Joey's OP SHOP

Rear of St. Joey's Hall. Lawler St. Meredith

Call in on Wednesdays and Fridays between

10am and 4pm.

Meredith Community Centre

4 Russell Street Meredith 3333

Phone 5286 0700

learnlocal@meredithcommunitycentre.com.au

Open: Mon, Tue, Wed, Thurs 9.00-3.00.

Fri Closed



Meredith Community Centre

working for your community

What is this Learn Local branding?

As the Coordinator of the Community Centre I am often a jack of all trades. One of my "hats" is a member of a branding strategy group for Learn Local organisations across the state. At a recent meeting it hit home for me that many people may not know what that Learn Local branding means for us and for you as a learner at Meredith Community Centre. We are Government registered to provide quality training programs designed to help you gain the confidence and skills needed to look for a job or go on to further study. They might include courses in communication, job search skills, getting ready to go back to work and literacy and numeracy depending on the requirements of the local community. To deliver pre-accredited training, an organisation must be registered with the Adult, Community and Further Education (ACFE) Board. The quality and structure of all pre-accredited programs is regularly reviewed by the ACFE Board.

Yes but what does that mean for me?

So that is a whole lot of Government speak but what does that mean for you right here in Meredith. It means if you are not ready to take a leap into going to a large institution like a TAFE, if you want to acquire some skills to get you back to work, skills for your job, if public transport is an issue, we can provide quality reviewed training programs right here in your own backyard. We can help you just let us know what you need.

And what else is coming up?

And of course there is the rest of our great programs which cover a myriad of areas from health and wellbeing, personal interests and hobbies. Coming up next term which is still in the planning we have furniture restoration with chalk paint, making your own jewellery, natural skincare to name a few.

We are coming up to 12 months in the new Meredith Community Learning Hub and it has been a whirlwind exciting time with lots of new people getting to know us and what we do. We are looking forward to more people coming in and joining in on our classes and programs.

Pam

Meredith Seniors

Joanne Primmer

The Seniors Bus Trip was held on the 25th July. 20 seniors left on a cold day. Destination was to Kyneton for Lunch at the RSL. The first stop was the Newlyn Antiques, there was beautiful old stuff and a small nursery, where the owners are very welcoming.

Next stop Blampied Wrought Iron Sculptures their inside shed was warm and had a welcoming fire and also there were outside sculptures. Then on to Daylesford for coffee and cake and a look around, then to Kyneton for lunch, and pokies. Home through Gisborne and Bacchus Marsh a long day enjoyed by everyone, home to rain and getting wet, a bit on fun.



This month's cover is some detail from local artist Amanda Hyatt's "Life Aquatic" This painting won the Best Watercolour Award at this year's St. Kevin's College Art Show. The Toorak college has run its prestigious art show for the past 46 years and exhibits up to 700 paintings. Amanda's painting is based on her diving experiences in the Pacific.

Find out more about Amanda's highly decorated career as an artist, her international painting tours, DVDs and books at amandahyatt.com

Meredith Playgroup

Meredith Playgroup meets every
Thursday from 9.30am



Enjoy new activities every week. All Welcome

Contact Community Centre for details 52 860 700

from the **Mayor**

CR. Des Phelan



GET INVOLVED IN THE 2016 SENIORS FESTIVAL

Get out and about during Seniors Festival in Golden Plains Shire! With a great program of events on offer throughout October, you can be active, crafty, creative or informed, pamper yourself or enjoy a fabulous morning tea or meal – all for little or no cost. Book a few friends or come along and make some new ones and enjoy the events that are on offer from Golden Plains Shire, community groups and organisations. Visit www.goldenplains.vic.gov.au for a brochure or to make a booking.

CELEBRATING THE 'JOURNEY TO THE G'

Golden Plains Shire Council is proud to be part of the 150th Anniversary of one of the most remarkable achievements in Australia's sporting and cultural history. We welcomed Ian Coutts, Secretary of the Mullagh Wills Foundation Committee to tell us more about the 'Journey to the G' before our August Council meeting. Council is pleased to accept the Message Book and will include a formal message of reconciliation and support of the Aboriginal Cricket Team in the Book before circulating the book to gather messages of goodwill from sporting groups and schools within the municipality.

TELL US WHAT YOU THINK – MUNICIPAL STRATEGIC STATEMENT

Council's Municipal Strategic Statement ('MSS') and Local Planning Policy Framework ('LPPF') have been updated to ensure it sets out the current vision for land use and development in Golden Plains Shire and you're invited to have your say. These important documents will guide decision making on planning applications and sets out ways to address population and housing growth, while sustaining farming and agriculture and protecting environmental values and assets. To review the documents and tell us your thoughts, visit www.goldenplainsdigital.com.au/consultations

COUNCIL HOLDS SEVEN OFFICIAL OPENINGS

Over August and September Council will hold seven official openings to celebrate completed projects in the Shire. These official openings are being held throughout the Shire and are a great example of some of the work Council does to support our communities, whether it be through building something or lobbying State and Federal Government for funding

Cr Des Phelan

Mayor, Golden Plains Shire Council

Recreation



Play Cricket On The MCG

The Meredith Cricket Club would like to invite all local cricketers, junior and senior to play cricket on the MCG (Meredith Cricket Ground) this summer.



Following on from a successful 2015 season, the club will again be fielding 2 Saturday senior teams and an **U13 junior team playing on Friday nights.**

This team is open to both boys and girls, with over-age exemptions available for girls and inexperienced players. The side will once again be coached by **Damian Brunt** who did a fantastic job with the young Rams last season. This season the Meredith Cricket Club, in conjunction with other local clubs in the district will also be fielding junior teams in the following age groups-**Under 11, Under 15 and Under 17**

All teams will compete in the Geelong Junior Cricket Association competition and are open to both **boys and girls** of all ages.

For more information please contact Damian Brunt on 0414 876 693 or Terry Hart on 0418 178 513 or email- gattral@bigpond.com

The club held its Annual General Meeting in July with the new club executive elect as follows-

President –Brendan Wild

Vice Presidents- Damian Brunt, Jack Beggs

Secretary/Treasurer- John Brockway

Junior Co-ordinator- Damian Brunt

Committee- Neil Grinter, Terry Hart, Shane Grinter, Chris Hart

Pre- season training for both Senior and Junior players will commence on Sunday September 4th at 11am at the Rec Reserve and will be followed by a free bbq , **new players of all ages and ability are most welcome.**

For training dates and updated club information **follow us on facebook- Meredith Cricket Club,** or text your details to 0418178513 and you will be added to the Club message group.



RAM IT

Photo omitted
from online
version

Elaine Tennis Club

Training is every Thursday night from 5:15pm on our 2 new blue acrylic courts. Membership is \$60 per player which includes a club hoodie, hat, t-shirt and tennis racquet. Coaching available. Team entries in the Buninyong and District Tennis Association close on 12th September so please contact the club if your looking for a game before this date.

We will once again have a bus trip to the Australian Open. Funds raised from the Meredith Music Festival go towards our bus trip.

Enquiries Brady
ph 0476129520
www.tennis.com.au/elaine/

Elaine Cricket Club

A grant for \$7160 from the Stronger Communities Program has helped kick start refurbishment of Elaine Cricket clubrooms. A big thank you to Mark Gallo and the boys from Lara Glass and Mark Cassano from Winter Engineering for volunteering to work on the refurbishment. Congratulations to Brendon Gleeson and Cade Arnel for becoming our newest Life Members.

Elaine Cricket Clubs ranks are swelling with 2 junior teams entered in the Ballarat Cricket Association for season 2016/17. We will have an U13 team and an U14 1st X1 team as well as an A grade one day side. Training for juniors and seniors is every Thursday night from 5:15pm. Come along and try out our bowling machine. Old and new players most welcome. No experience necessary. Enquiries ph Shane 0448291074



From left is Cade Arnel ECC Vice President, Catherine King MP, Seamus Dunne, Murray Arnel (President ECC) Ron Read, (Elaine Recreation Reserve President)



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Coming up in Term 4 @ Meredith Community Centre



CELEBRATE SENIORS WEEK

Wednesday 5th October

Activities throughout the day.

We will start the day with our

Steady Feet class at 9.30

Bingo at 11.00

Free Community Lunch at 12.30

After lunch at we have a guest speaker Years Ahead presentation from the RACV



COMMUNICATING WITH SOCIAL MEDIA

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Introduction you to the world of chalk paint and how easy it is to transform a tired piece of furniture into a new cherished piece. You learn a step by step process of preparation, application and finishing of your furniture piece using Webster's chalk paint L'Essentiel waxes.



BUSINESS BASICS

Do you run a small business and want help or have a business idea for a product or service and run a business. This course will provide you with the skills and knowledge to plan, set up and operate your business. Participants in this class may be able to access our *Family Learning Support funding to subsidise the cost of childcare to participate in this course. *Eligibility requirements apply.

Starting 3rd October



CREATE A WORDPRESS WEBSITE

There are millions of WordPress sites around the world. WordPress is an amazing, flexible and easy to use application that you can use to create and maintain a website for your business or for your hobby or personal interest. Learn how to create your own website platform which you can easily maintain yourself.

For dates and details for any of these classes please give us a call or check our website or program

brochure released at the end of September.

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October 2016 Local Government Council Election



IMPORTANT DATES

Tuesday 20 September (12 noon)

Nominations to stand for Council close

Tuesday 4 – Thursday 6 October

Mail out of voting packs commences

Friday 21 October – 6pm

Close of voting for postal election

- Voting is compulsory for all people enrolled on the State roll, except those 70 years of age and over.
- Don't forget to vote or you risk a fine enforced by the VEC.

Authorised by Rod Nicholls, CEO, Golden Plains Shire Council, 2 Pope Street, Bannockburn 3331





Just a quick reminder that our newsletter editorial deadline is the last Thursday of the month.

This month seems to have tripped up a number of our contributors.

To our missing columnist who have had the dreaded lurgy, we hope you all have a speedy recovery and look forward to your columns next month.



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Shaun Bubb

email: shaun.bubb@bigpond.com

66 Brunel St. Lethbridge 3332

Battle of Pozieres: 100 Years Ago

Marg Cooper

July 23, 1916 for the French village of Pozieres during the middle stages of the Battle of the Somme. "Frederick Thomas Worland was KIA on July 25, 1916 in an attack on OG 1 & 2 {old German trenches} when the 5th Battalion suffered grievous losses.

At the bombing engagement on OG 1, all but one of the bombing team of thirty six men was killed or wounded. Most of the dead men were buried on the Parados." {Parados is the dirt behind the trenches."

"Bombardier Worland left Australia as a Sergeant about 12 months ago but gave up his stripes in order to become a bombardier. He was one of the tallest men in the Australian Forces being over 6 foot 5 inches in height.

He had many relatives in the Geelong and Meredith districts.

The State School flag was flown at half-mast on Wednesday in respect for his memory." His mother Blanche was the daughter of Thomas Elliott of Bamganie. His mother died in 1893, when Frederick was three years old. He may have lived with relatives at Morrison and Bamganie and gone to school

there. In 1896 his father married Blanche's sister Ellen Elliott. Frederick Thomas Worland, a quarryman and farm worker had married Annie Diana Noske {Deda} on February 19, 1913. Family believe that they would have made an impressive sight as Tom was very tall and Deda was a mere five foot.

They lived at 46 Staughton Street and had three children, Frederick born 1913, Ellen born 1914 and Dagmar Blanche born 1916.

Deda gave birth to their daughter Dagmar on July 29, 1916 and family tell that she was not immediately told of the death of her husband because she was giving birth.

F.T. Worland is commemorated on the Bamganie State School Roll of Honor, the SS 2086 Tableland and District Roll of Honor at Morrison, the Meredith and District Roll of Honor, the Meredith War Memorial, Panel 45 at the Australian War Memorial and at 26 Villers-Bretonneux, France. Two other soldiers documented in the book "Meredith World War 1 Soldiers" were killed at Pozieres, John Chenery was KIA on July 25, 1916 and George Francis Moir was KIA on July 24, 1916.



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UPDATE ON THE MUNICIPAL STRATEGIC STATEMENT AND LOCAL PLANNING POLICY FRAMEWORK

WHAT IS HAPPENING?

Council's Municipal Strategic Statement ('MSS') and Local Planning Policy Framework ('LPPF') has been updated to ensure it sets out the current vision for land use and development in Golden Plains Shire. A 'Background Issues and Review Paper' was prepared to inform the update.

WHAT ARE THE MSS AND LPPF USED FOR?

The revised MSS and LPPF will guide decision making on planning applications and sets out ways to address population and housing growth, while sustaining farming and agriculture and protecting environmental values and assets.

WHY IS IT BEING UPDATED?

The Planning and Environment Act 1987 requires Council to review its planning scheme. The revised MSS and LPPF will bring the Golden Plains Planning Scheme in line with State Planning Policy and Council's current strategic directions and plans.

WHERE CAN I SEE IT?

You can read the draft MSS and LPPF from Wednesday 24 August on Council's website at www.goldenplains.vic.gov.au

WHO CAN I TALK TO?

Council's strategic planners will be available at three drop in sessions across the Shire if you would like to discuss the update. You may also contact Council's Strategic Planners on 5220 7111 if you have any queries.

HAVE YOUR SAY TODAY

If you would like to make comments on the update, you can:

- **Have your say online** at www.goldenplainsdigital.com.au/consultations
- **Email** planning@gplains.vic.gov.au
- **Mail** your comments to:
Strategic Planning, Golden Plains Shire, PO Box 111, BANNOCKBURN VIC 3331

Submissions must be received **before 5pm on 20 September 2016**.

WHAT HAPPENS NEXT?

All comments received will be considered by Council, and submitters will be notified of any decisions made in regards to their submission. A formal planning scheme amendment process will be undertaken to update the Golden Plains Planning Scheme following consultation.

Opening Day

Cathie Boer

Saturday 20th August saw the opening of Dorothy's Kitchen, Meredith's newest business, in Staughton Street. Dorothy's Kitchen is a purveyor of fresh fruit, vegetables, cheeses, meat and preserves, all sourced locally where possible.

Opening hours: Saturday 8am to 2pm
Sunday 10am to 2pm



Please note:

We would also like to thank Cathie Boer for her contribution in the June edition of the "what is it". It being the "Foden" steam wagon.

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Lethbridge Gourmet meals

Marg Cooper

Majella has brought gourmet meals to Lethbridge. In the corner shop she prepares take-away meals that are sold fresh from the refrigerator on plates or in plastic containers. There is always a selection which may include Apricot Chicken, Rissoles, Garlic Prawns, Beef Cheeks and Lambs Fry. Majella tells that soon after they came to Lethbridge she started to serve up an extra meal for Raymond Kelly and it grew from there. She also makes home style pies, pasties and sausage rolls and the shop sells take-away meals like fish & chips and pizza.

Majella has had plenty of experience in hospitality. She was nine years old when her father bought his first hotel. She worked with him for thirty years and spent the last twenty two years working at his Sale Yards Hotel in Geelong. She tells that the shop is easier than the hotel but that she still enjoys serving the public. When Barry and Majella came to Lethbridge in July 2009 they didn't plan to stay for long but love the people and the place and have no plans to leave.

When Barry retired after 22 years at Alcoa he wanted to do something different. Majella had retired from hotel work but offered to help in a business if he found something he wanted to do. One Saturday afternoon they visited Majella's nephew Christian and his wife Sonya who had had the Lethbridge shop for thirteen months but were talking about selling it. They

asked if Majella and Barry wanted it, the offer was accepted and six weeks later they moved in.

Majella tells that it is a busy life. From the moment she wakes until she goes to sleep she concentrates on the shop, whether it be planning meals to cook, shopping for the shop or working in the shop. Even when the shop is closed there is still work to be done! Any wonder that Barry and Majella vegetate on their days off. Barry enjoys having a joke with clients and seems to relish cooking behind the counter.

The shop on the corner belies its important role in Lethbridge. It is a community Post Office, a sub agency for newspapers, a milk bar, grocery, take-away, a friendly meeting place for locals including the Coffee Ladies and where home-made gourmet meals can be purchased. A community garden outside has several art works and a rose planted to remember Joan Miller who was a regular visitor for coffee and a chat.



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Easy Bircher Muesli with Rhubarb Compote

Prep Time: 5 mins

Cooking Time: 5 mins plus 30 mins
chilling

Serves 2

Ingredients

- 1 orange
- 250g rhubarb stalks, cut into 3cm lengths
- 2 tsp sugar
- 2/3 cup traditional rolled oats
- 1 tsp linseeds
- 2 tsp pepitas (pumpkin seed kernels)
- 1 tsp chia seeds
- 2/3 cup skim milk
- ½ cup natural or vanilla yoghurt

Method

Finely grate ½ teaspoon of rind from the orange. Using a sharp knife, cut and discard remaining rind and pith from orange. Cut the flesh into 2cm pieces and place in a medium saucepan with grated rind, rhubarb and sugar. Cook, stirring occasionally over medium high heat for 5-10 minutes or until rhubarb is tender but still holds its shape. Transfer to a plate, cover compote and refrigerate for 30 minutes.

Meanwhile, place oats and 2/3 cup of boiling water in a heatproof bowl. Soak for 10-15 minutes. Add linseeds, pepitas, chia seeds and milk and stir to combine.

Serve with compote and yoghurt.

Recipe From: WW Program Cookbook

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Bannockburn Pharmacy Newsletter

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New look Dispensary now ready!!

Last month we our brand new dispensing robot installed and we are all very happy with how it is working. It allows us to process your prescriptions even faster now allowing us more time to spend with our customers. So all of our customers can see the robot working, we have a camera inside the robot which is hooked up to a TV screen in the Pharmacy so everyone can watch the robot working.

Last month we had a special morning tea to officially launch our new robot and this was well attended. We would like to especially thank Michelle from **Mini Bakes & Cakes** in Bannockburn for making our robot cake for our morning tea. We would also like to thank everyone who attended and supported our morning tea.

Christmas Shopping Night!

We can't believe how quickly this year is going along! We have locked in our annual Christmas Shopping Night to be held on **Wednesday 23rd November from 6:30pm - 9:00pm**. Lock the date in your diary and we will keep reminding you as we approach November.

New Glasshouse & Circa Home Displays

Come in a check out our new shelving/display for our Glasshouse & Circa Home products! We have just put in brand new industrial style shelving to better display all of our products on. Plus we have put in new lighting to highlight them!

New Gifts still arriving

We still have lots of new giftware still arriving here at the Pharmacy. With Christmas fast approaching why not start shopping early? Our prices are still below the recommended retail price you will pay at other leading retail stores, plus not to mention you also receive a further **16% discount** if you are member of our **FREE Loyalty/Gift Club!** So come in and compare our prices and range before shopping in Geelong or elsewhere.

Our 10th Birthday Celebrations

It's hard to believe that this year has been 10 years since taking over the Pharmacy. To celebrate this special birthday for us we are going to be running a special promotion from Monday 3rd October until Friday 18th November. At the end of this month on our **Facebook page**, and in next month's newsletter, we will announce the special prize that will be won and how to enter. Let us just say "Pack your bags" because we will be giving away a holiday valued at \$2,400!!

We will hold a special 10th Birthday morning tea on Tuesday 22nd November @ 10:30am where will draw the winner. We will also have a special birthday cake and coffee/tea and maybe champagne to celebrate our birthday.

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- Thursday: **8:30am - 6:30pm**
- Friday: **8:30am - 6:30pm**
- Saturday: **8:30am - 1:00pm**
- Sunday: **CLOSED**

Ear piercing now available in-store. Ring now to book an appointment



Marg's Book Review

"I am Malala by Malala Yousafzai with Christina Lamb"

Malala Yousafzai is a Pashtun girl from Pakistan's Swat Valley, a lush but war-weary frontier that separates Pakistan from Afghanistan, who was born of an illiterate mother, grew up in her father's school, read Stephen Hawking's "A Brief History of Time" by age eleven and has a gift for stirring oratory. Her father Ziauddin Yousafzai struggled to establish schools in the Swat Valley against a sea of troubles including a deeply corrupt government, a mufti who lived across the way and objected to the education of girls, a lack of money and a fierce jihad. By the time Malala was ten she was the top student in her father's school.

But for all the terror around them, Malala and her family were not cowed into submission. Her father had a deep love of learning, an unwavering sense of justice and a commitment to speak out in defence of both. Like Mohammad Ali Jinnah, the founder of Pakistan he believed that women should be educated and that girls are an emerging nation's greatest resource. In early 2009 Malala wrote a blog under a pseudonym for the BBC Urdu detailing her life under Taliban occupation. She rose in prominence, giving interviews in print and on television. But in the Swat Valley hard lined jihadists swept out of the mountains, terrorized villages and radicalized boys and one muggy day in October 2012 a Taliban fighter leapt onto her school bus, shouted "Who is Malala?" and shot her point blank in the head for speaking out about her God given right to attend school. Disfigured and almost dead from the bullet which went through her head, neck and ended in her shoulder, Malala was rushed to Peshawar, then Rawalpindi and finally to Birmingham, England where doctors reconstructed her damaged skull and knit back her shattered face.

The family continue to live in Birmingham although Malala misses her school friends and the beautiful valley of Swat. Malala's miraculous recovery has taken her on an extraordinary journey from the remote village in northern Pakistan to the halls of the United Nations in New York.

She may have become the most famous teenager in the world. Her advocacy has since grown into an international movement. The Co-writer of the book Christina Lamb is a veteran British journalist who has reported on Pakistan and Afghanistan since 1987. She renders its complicated history with relative clarity. The book could be described as a vivid drama with an urgent message and well worth reading. Another recommended book about the area is "The Bookseller of Kabul" by Asne Seierstad. It tells the story of Sultan Khan who for twenty years defied the authorities-be they communist or Taliban to supply books to the people of Kabul.

The book for discussion in September is "Burn" by James Patterson & Michael Ledwidge.

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Yorke Peninsula, South Australia: A dark shape lay ahead on the dirt road. As we drove closer we saw the broad head, blunt tail and large brown and black scales of a stumpy tail. Wanting to rescue it from its risky sunbaking spot, we stopped. As we approached, the lizard reacted defensively, head up, hissing, mouth wide open displaying the pink interior and large dark tongue. Colin wanted to photograph it in this posture. With his camera in one hand, he waved his sunglasses at it, so it would continue to look threatening. The arm of the glasses came a little too close for the lizard's liking. It leapt up and bit, hanging on briefly. Colin got his photo. We distracted the lizard, so that he could pick it up. He held it just behind its head, so it couldn't bite or scratch, then carried it to safety. An inspection of the sunglasses showed a row of little dents, almost identical, caused by the lizard's teeth. Unlike mammals which have teeth adapted for different purposes, such as biting, cutting, chewing and grinding, most other vertebrates have simpler teeth. Stumpy tails, also known as shinglebacks, are closely related to our local blue-tongue lizards. They have teeth shaped like pointed cones. As is common in lizards, rather than being embedded in the jaw with a deep root, the teeth are attached to the inner surface of the jaw. Stumpy tails and blue-tongues are omnivores and use their teeth mainly for catching prey, such as snails. The tongue helps to move food to the back of the mouth. In common with most animals apart from mammals, their teeth are replaced regularly during their life. New teeth develop in the jaw under or behind the old teeth.

While lizards swallow food in a similar manner to mammals, snake's teeth help them to swallow. Our local snakes belong to a group known as elapids which have large hollow fangs on their upper jaws to inject their prey with venom. When the snake closes its mouth, its fangs fit into grooves in its cheeks. Snakes have other small pointed teeth on the upper and lower jaws. The two lower jawbones and the upper jaw are only loosely attached to each other and can move independently. The teeth are pointed backwards and grip the meal. By moving its jaws

individually, the snake can push its meal further into its mouth and gradually swallow it. Fortunately, with all this effort, it only eats every few days or weeks.

Tadpoles, which eat frequently, find it much easier. They have a beak and rows of tiny teeth, all made of keratin, which also forms hair, horns, hooves and fingernails. They use their beak to cut up pieces of plant. The teeth scrape up algae and small pieces of decaying matter in the water. During metamorphosis the tadpole's head changes shape and it loses these teeth. As a frog it has many tiny teeth, but only on the upper jaw. It also has two teeth in the roof of the mouth, made of bone, extending down from around the nostrils. Frogs' teeth are weak and can't be used for chewing or biting. They are carnivorous and use their teeth to grip their prey which is swallowed whole. Some frogs use their front feet to push food into their mouth. Unlike other animals which have bony sockets around their eyes, frogs have only a membrane



between their eyes and mouth. Frogs push their eyes downwards into their mouth and use them as well as their tongue to push food down their throat.

Many animals have different ways to eat. Fish have teeth and many are able to protrude their jaws forward to suck in food. Some fish have a second set of teeth in their throat. Freshwater eels which are found in our creeks have plates of short teeth to eat their prey. Bird's beaks have developed into a range of tools depending on each species' preferred food. There are different shaped beaks for catching insects, fishing, sipping nectar and cracking tough seeds. Among smaller animals such as insects, spiders and worms, there are many variations in mouthparts, so that they can chew, pierce or suck their meals. Teeth are only one of the methods that animals have for processing their food.

Wendy



WALK TO SCHOOL 2016

Golden Plains Shire Council encourages kids to step it up during October for Walk to School month

Golden Plains Shire Council will work with local primary schools to encourage families to take part in this year's Walk to School month activities throughout the shire after receiving a \$10,000 grant from VicHealth.

VicHealth's Walk to School campaign encourages primary school students across Victoria to walk to, from, or at school throughout October in a bid to get more people living happier and healthier lives.

VicHealth's Walk to School month highlights the benefits of walking for children, such as improving fitness, friendships, their confidence and the environment. It's free, easy and a fun way for children to get active.

KIDS – STEP UP IN OCTOBER!

Golden Plains Shire Council will coordinate local Walk to School activities during October including running workshops with schools to create videos that showcase walking and active travel initiatives, supplying fruit for schools who conduct weekly walks and providing the opportunity to participate in a walk forum.

Mayor, Cr Des Phelan, says it's a fantastic initiative.

"Last year 12 schools within the shire participated in this great VicHealth initiative, and we encourage all local primary schools to get involved this year to make Walk to School even bigger and better."

"We want to encourage more kids to be active to promote healthy habits and support children in achieving the recommended daily 60 minutes of physical activity to help them live healthy and happy lives."

CELEBRATING SUCCESS

All participating schools will receive student certificates to celebrate their students' achievements, and will be in the running for a series of prizes provided by VicHealth."

Throughout October, schools and parents are encouraged to help children record their walks using classroom calendars or the Walk to School website.

BE PART OF SOMETHING SPECIAL

VicHealth CEO Jerril Rechter said last year's Walk to School campaign saw a record number of students and schools participate and this year VicHealth hoped to see even more children walking, riding and scooting to school.

"Last year more than 108,000 children from 620 schools across Victoria took part in Walk to School and collectively walked more than 1.2 million kilometres, the equivalent of walking almost 32 times around the world" Ms Rechter said.

One in four children are overweight or obese. VicHealth's Walk to School initiative is a fun, free way to get kids active and promote healthy habits they can utilise for the rest of their lives.



REGISTER TO GET INVOLVED

To register for Walk to School visit www.walktoschool.vic.gov.au.

For more information about local Walk to School activities please contact Belinda or Kim on 5342 7000 or email bhynes@gplains.vic.gov.au

Journey into the Future

Marg Cooper

Father Charles has travelled a different path, in so many ways, to become Parish Priest of Meredith.

He was born in England, but his family immigrated to Australia, for a better life, when he was four years old. His father was a librarian and worked at the State Library in Perth, later to become Principal Librarian at the National Library in Canberra and at the University in Canberra.

Father Charles tells that Canberra was like a big country town when he was growing up, and local children were free to wander, explore and muck around. He studied Applied Mathematics at the College of Advanced Education in Canberra, "solving linear and non-linear systems using computers, which he used later in his career in the coal and petroleum industries.

He "ran away from Canberra" after graduating because he didn't want to join the Public Service. He went to Wollongong and began working for BHP in the coal industry. In 1975 he married Tanya, and in 1977 they moved to Perth where he was seconded to Woodside Petroleum. The family moved to Melbourne in 1981 where they stayed - except for five years in living Houston, Texas, USA. Although Charles grew up with faith, always went to Mass and was involved with the Catholic Church, it was in Perth that he began to take a bigger role in the church. He tells that his family had a Vatican 2 "aggiornamento, open the windows" attitude even before Pope Saint John XXIII called for the ecumenical council. His mother was heavily involved in the church being President of the Catholic Woman's League in Canberra/Goulburn, Vice President of the World Union of Catholic Woman's Organization and in the 1980s and 1990s was head of the Bioethics Group advising the Archbishop in Canberra by supplying discussion papers, based on the church's teaching, which would then be used in public discussions.

Charles spent 5 years in charge of Petroleum Engineering for BHP Billiton. It was a high powered job and required a lot of overseas travel. In 2003 he left BHP Billiton - or they left him - after 30 years and he started a consulting business, but the "Call of the Spirit" led him away from that and towards Ordained ministry. This resulted in him studying for a Bachelor of Theology, doing Honours and then a Master of Theology as one part of formation to become a Permanent Deacon.

In 2012, Charles's wife Tanya died after a decade with a rare disease (<http://erdheim-chester.org/>) and he was ordained as a Permanent Deacon later that year. In early 2013 he received a clear call of the Spirit to "become more" - to become a priest! The Archbishop agreed and 2015 saw this call fulfilled with his ordination on June 27th and his first appointment as Assistant Priest in the Parish of Melton.

A mere 12 months later, on 27th July 2016, he took up the role of Parish Priest of Meredith (all 2000 sq km of it!). Father Charles is settling in well: learning the geography of the Parish that goes from Winchelsea to Elaine and Bannockburn to Shelford. The quietness and open spaces, the distance to big shops are all new and require different ways of being. The ready welcome and country willingness to help are a great joy. Father Charles' parting comment was "I am very much looking forward to journeying into the future with the people of this wonderful parish community of communities that received Jesus Christ at least as early as 1845."

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it'S HISTORY

Meredith History Interest Group

Show and Tell us about your old Car, Truck or Tractor.

Show and Tell us about your old Car, Truck or Tractor.

You are invited to the Meredith Golf Club on Sunday, October 2 at 1.30 pm to look at some old vehicles. The owners will be asked to show and tell about their vehicles. You may also have a story about a vehicle or vehicles that you may wish to share. If you have a vehicle that you would like to show and tell about, please contact Marg Cooper

John Henry Leslie Shell: Carrier

"Jack or Pop Shell was an enterprising and forward thinking man and built a carting business in Meredith. He carted beer barrels to the local hotels, supplies and groceries to the shops from the railway station, carted onions and produce for farmers and wood to the railway station.



A lot of men cut wood for him and locals tell that if anyone was broke, he'd advance them money on condition that they cut wood to repay him. He had one of the first trucks in Meredith, a Reo. He put a frame on the tray, covered it with a tarp, put padded seats around the edges and a seat in the centre, put a step ladder to climb in, registered it as a passenger truck and carried people to football, tennis and cricket, anglers to fishing contests, swimmers to Slate Quarry, guides to camps and even brought his son Jack home from hospital after he'd had his teeth out, on a bed on the floor of the tray. He had one of the first cars in Meredith, a Terri plane. He used his cars as Taxis to take brides to the church, complete with kewpie dolls in the back window, he took pregnant women to hospital, the priest to Anakie and Lethbridge on Sundays, people home after shopping in Meredith, people to appointments in Geelong or Ballarat etc. Family tell that one day he and the policeman went to pick up a dead man and bring him to the morgue behind the Royal Hotel in Meredith. They remember the dead man sitting in the front seat with a hat on and the policeman sitting in the back seat."

From: "Memorable Men of Meredith" by Marg Cooper

We'd love to see the Reo or the Terri plane at the Car, Truck and Tractor Show and Tell on October 2, 2016.

2017 Calendar

Marg Cooper has created a calendar for next year containing local content. The calendars will be available at the Car, Truck and Tractor Show and Tell, and later at local outlets. , Proceeds will help to pay for storing and cataloguing equipment for MHIG. A "Meredith Calendar" will be a great Christmas present!

Catalogue

The History Group catalogues on the last Thursday of the month at the Anglican Church hall. Volunteers needed!

The Dinner

"At the invitation of Mrs Mooney, councillors and their wives assembled at Mooney's Hotel for a splendid dinner at the conclusion of which a short toast list was traversed. The president proposed the toast of "The King and Allies". This being duly honoured, the president referred to the fact that that was their last meeting and that after the end of the month they would be amalgamated with the Bannockburn Shire. They had fought against the proposal, and he considered that if the Minister had let them run on they would have satisfied the Act, as their revenue had doubled itself in the last six years. He was sure from meeting the Bannockburn Councillors they would be pleasantly and fairly treated in the future, and they would face their new conditions with good grace."

Part of an article from Geelong Advertiser, Friday, September 24, 1915.

PARLIAMENT OF VICTORIA. LEGISLATIVE ASSEMBLY. Wednesday, 23rd September, 1857. THE WATER-FALLS AT LAL LAL.

Mr HUMFFRAY pursuant to notice asked the hon. the President of the Board of Land and Works, — (1.) Whether he is aware of the fact that on sections 7 and 8 of the land situate at Lal Lal, and advertised for sale on the 29th instant, there are two valuable waterfalls, capable of supplying a considerable population with good water? (2.) If the Government will consent to withdraw the above-mentioned lots from sale for the present, so as to give time for inquiry as to whether these lots should be reserved for public purposes; or— 3.) Whether it is the intention of the Government to continue the very unjust system of allowing the district surveyors to mark off all the water frontages for sale in the first instance, and thereby giving the few fortunate purchasers a monopoly of the water supply of the country districts?

Mr MOORE replied that the attention of the Government had been drawn to the fact of these two valuable waterfalls on the land in question, and the second inquiry of the hon. member had been anticipated by the advertisement in the Gazette of September 21st, withdrawing one of the sections from sale, and communications had been made to the district surveyor in reference to the other, with the view of ascertaining whether more than the usual amount of water advantage existed in this instance, and if his report verified the representation that section would also be withdrawn. As to the third inquiry he was not aware of the existence of such a practice as that imputed, at least so far as he knew, the system did not prevail in the department; and when any instance such as that now before them occurred, which seemed to favour the suspicion, with the view of guarding against the abuse, it was referred to survey again. *The Age (Melbourne, Vic. : 1854 - 1954)*
Thursday 24 September 1857

A Sudden Death

Contributed by Leanne Guymer, relative of George Willey

"The following case of sudden death from apoplexy occurred on the road from Geelong to Mount Egerton on the evening of October 12, 1858. The deceased was a man named George Willey who was engaged with his two sons carting a load of timber from Geelong to the Gordon Diggings." In detailing the events leading up to this sudden death his son, Thomas Willey, stated that they had encamped for the night at "Ballark" and lit a fire. Our father assisted with this and was walking across the road to get some more wood and suddenly fell down. We ran to help but found him insensible and shortly after that he was lifeless. My brother remained with the body and I rode my horse to report it to the police at Steiglitz.

A post mortem examination was made the next day by Dr Sutherland who stated the cause of death was serious apoplexy of the brain. On October 15 an inquest into the death was conducted by the District Coroner, Dr Glendinning who asked Thomas if there was anything that may have caused the death. Thomas replied, "Our father was very agitated about taking the heavily loaded dray on the steep road to cross the Moorabool River". Ballarat Star, October 16, 1858

One can only imagine how difficult this crossing must have been for the men who carted the supplies for the mining towns on these heavily laden drays. How hard would it have been controlling the speed of the dray as they entered the river crossing and then dragging the dray up the other side to the settlement near "Ballark". Little wonder they needed to make camp and steady their nerves! Feeding the horses, making camp, cooking their own food – all this would have been part of the daily routine and perhaps this may have been where a coin or two was occasionally lost by the men.

The Willey family had arrived in Victoria on the Sir John Franklin on July 25, 1857. On board was George Willey senior, his eldest son John Pearson Willey, wife Jane and daughter Eliza. Also on board was George's second son Thomas Willey, his wife Margaret and their daughter Elizabeth. What a sad outcome this was for the Willey family who had lost their father just fifteen months after they emigrated from Yorkshire to start a new life in Australia.

Four Pence


It is probable that George Willey and his sons came through Steiglitz and across Eclipse Creek to get to "Ballark" on their way to Gordon. They may have dropped the coin or the son may have dropped it in his haste to get to Steiglitz to get medical attention for his father!!

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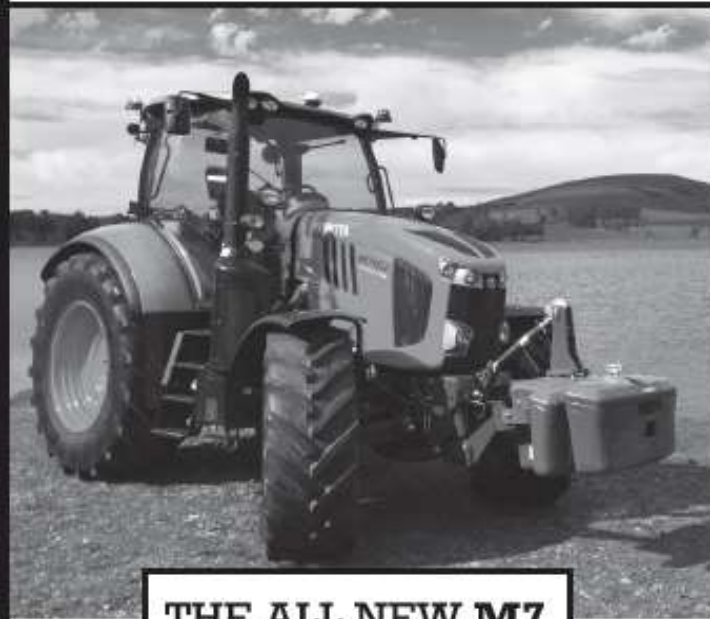
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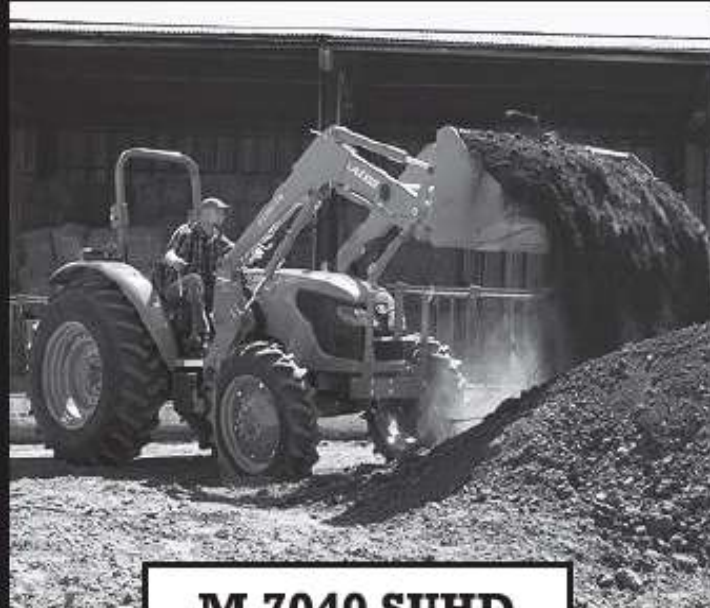
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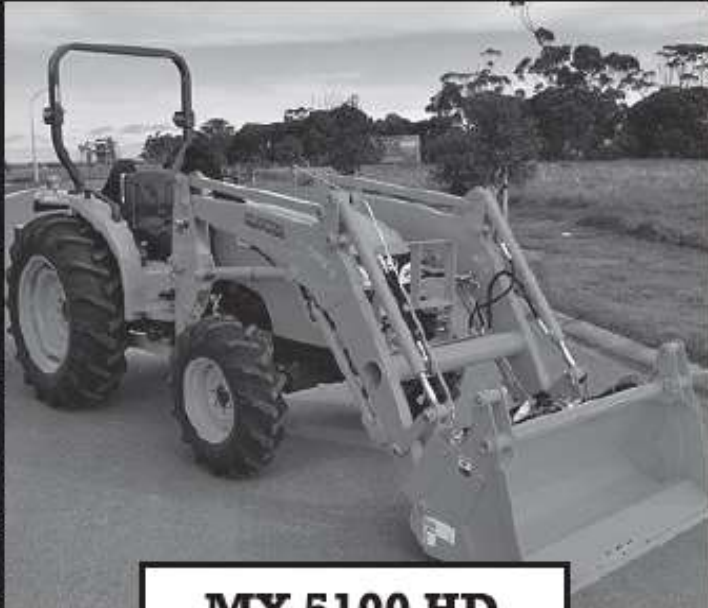
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