November 2015

YOUR FREE COMMUNITY NEWSLETTER SINCE 1972



By Lindy Allinson

How did it go? Incredibly well. With beautifully colourful quilts and people filling the streets. Some travelling from as far afield as Queensland!

Although huge wind gusts arrived in the afternoon, it meant the hundreds of quilts definitely got an 'airing' to remember.

We loved it. While the combination of mouth-watering country fare and great weather meant the 600 visitors enjoyed the day too.

Or we presume you did, for you bought so many Devonshire Teas, quiches and sausage rolls there were none left for us. You almost drank us out of coffee and lemonade. You generously filled our 'unique' donation tins. And you stood in line to sign our 'Save the Steiglitz School' petition.

Such support and generosity made this fundraiser one of the most successful we (the Back to Steiglitz Association) have We Appreciate Ron

- Meet Gym
- Meredith Strike a Chord
- Di Grandi by name and Nature

...and the usual *much more!*

e: news@meredithnews.com.au **W**: meredithnews.com.au

Cont. on page 10

Meredith & district News

The Meredith and District News is published by a volunteer sub-committee of the Meredith Community Centre comprising: Jim Elvey, Dawn Macdonald, David Jones, Trudy Mitchell, Stefania Parkinson and Ian Penna

NEWS & VIEWS

Subject to the conditions outlined below, contributions accompanied by the contributor's name (which will also be published) and contact details, are most welcome. Please email to

news@meredithnews.com.au or deliver to the Meredith Corner Shop.

DATES AND DEADLINES

The Newsletter is distributed on the **first** Thursday of each month (except January). All advertisements and submissions must be lodged by the last Thursday of the preceding month, but earlier is really appreciated.

ADVERTISING

Advertising in the M&D Newsletter is a great way to let district residents know about your business. Contact us for full details and lodgement forms. Rates are as follows:

Baw	colou
\$14	
\$25	\$60
\$40	\$100
\$80	\$180
	\$14 \$25 \$40

Note: Colour not available for all issues. A \$20 loading applies for preferred position Classifieds are FREE for personal notices up to 25 words from residents. Otherwise \$7.50 or \$5.00 if paid on lodgement. Community Groups can have a 1/4 page ad for free or a \$25.00 discount on larger ads. (Cond. apply)

SUBSCRIPTIONS

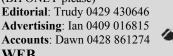
If you are outside our delivery area you can subscribe for \$25.00 p.a. (11 issues) and get the Meredith and District News posted to you anywhere in Australia.

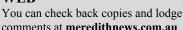
CONTACT US

Post Office, Meredith, 3333

(BH ONLY please)

Editorial: Trudy 0429 430646 **Advertising**: Ian 0409 016815





comments at meredithnews.com.au **ONLINE PHOTOS**

We do not publish children's photos online. If you would like any other photo that you appear in withheld from the online edition, let us know in writing by the second Thursday of the month of publication.

DISCLAIMER

The opinions expressed by contributors are not necessarily those of the publishers. The publishers may edit or reject contributions and accept no responsibility for errors or omissions.

CONNECT EMERGENCY

There are lots of special interest groups in the district. Make a call and **connect** - *you'll be glad you did*. (And let us have any corrections or additions.)

HISTORY GROUP

25286 8201

25286 1250

LIFE DRAWING

20430 318322

MEMORIAL HALL

MOTOR CYCLE

20437 009250

POLICE PADDOCKS

PLAYGROUP

25286 1348

25286 1273

RED CROSS

RSL

CLUB

TENNIS

Meredith

Flaine

25286 8222

252861 452

25286 8232

SENIOR CITIZENS

20448 291074

25286 1211

SEW 'N' SEWS

25286 1348

25286 1545

CLUB

LANDCARE

ADVANCE **MEREDITH 2**5286 1291

ANGLING CLUB **20419 423 960**

BLUE LIGHT DISCO 25286 1222

BOOK CLUB 25286 8201

(000 for fire calls) Elaine

20417 533516 Meredith

25286 1502 Morrisons

2 0417 770 765

CHILDCARE 25286 1348

COMMUNITY

CENTRE 25286 1348

CRICKET

Elaine **2**0418 535713 Junior Under 14

20418535713 Meredith **2**5286 1434

CUBS & SCOUTS Anakie

25281 9497

20408 545246 (juniors) **2**0430 587674

GOLF CLUB 5341 5748

FOOTBALL (seniors) FRIENDS OF THE **BRISBANE RANGES 2**5286 1252 LIONS DISTRICT CONTACT

2 52 815391

Police, Ambulance, Fire (from mobile phone) Meredith Police Station Power Failure Nurse-On-Call Mental Health Advice Poisons Information Barwon Water SES flood & storm help: 24 Hour Helpline 24 Hour Drug & Alcohol Kids Help Line 24hr 5-18yo

Golden Plains Shire A.H.: all services

Golden Plains Vets Injured Wildlife Pets and Horses 24/7

Bannockburn Vets

1800 551 800

JUSTICES of the PEACE

Mr R Cooke Meredith Mr H Woerner Meredith Mrs S W Dynon Steiglitz Mr P Ryan Elaine

52 861 346 52 861 402 52.819.223 0409 861 296

CEMETERY TRUST

25286 1550

HALL HIRE Meredith I

25286 1545 Elaine **2**5341 5596

Elaine Rec Res **2**5341 5703

LIBRARY VAN **2**5272 6010

MATERNAL & CHILD HEALTH

25220 7230

PRE-SCHOOL **25286 1227**

PRIMARY SCHOOL **2**5286 1313

RECREATION RESERVE

20429 841399



We can be Knowledgeable with another's knowledge, but we cannot be wise with another's wisdom.

- Michel de Montaigne



COMMUNITY

Meredith Music Festival Tickets for Locals

An allocation of tickets for Meredith Music Festival will be made available for locals living between Elaine and Lethbridge to purchase from the Meredith Corner Store (15 Wallace Street) from 9am on Thursday 19 November - 3 per person limit. For more information contact us on 0430 091 120 or via auntym@mmf.com.au. The festival website is www.mmf.com.au.

Old Skool Street Cars

Old skool street cars Geelong are having their 4th car show and family day swap meet at the Meredith football ground on Sunday the 22nd of Nov from 10am till 3.00 pm, for the first time, after 3 great years at St Josephs church. Thanks to Father Herman. This year there is more entertainment for the kids. Gold coin donation and \$10 to display your car, Special thanks to the Royal Hotel for their support with live music from 3 at the Royal. Contact David on 0409 919200.

Meredith Music Festival Traffic Management

We are writing to notify you about the traffic management plans for Meredith Music Festival scheduled to occur on Friday 11 December – Sunday 13 December, 2015.

The summary of the plan is outlined here.

- We will implement one-way traffic on Mount Mercer Road from Bamganie Road to Cameron's Road from approximately 4am on Friday 11 December to approximately 7pm. Traffic within the one-way zone travelling to Meredith will be diverted down Cameron's Road.
- We will implement a speed reduction on Mount Mercer Road and Cameron's Road from Thursday 10 December Saturday 12 December.
- We have assigned traffic controllers to the corner of Staughton Street and Midland Highway on Sunday 13 December to assist vehicles turning left or right onto Midland Highway.
- We will install a no-parking zone along Mount Mercer Road and some surrounding roads.

If you have any questions or concerns please contact us on 0430 091 120.

Once again, thank you for your support.

Festival Planning Team

Information Centre

An exciting old fashioned kitchen scene is being created in the display cabinet at the moment. Do you remember the sets of pale blue plastic canisters, the large iron kettle that sat on the wood stove with a tap on it, kerosene lanterns, solid irons that you heated on the wood stove and aprons made from hessian sugar bags.

Come for a trip down memory lane. Come and see some unusual items like a petrol iron, a lantern that could be hung on a buggy, decorative photo frames and an over skirt made from hessian.

The display will contain kitchen items of times long past. There are some items that we are going to ask you to identify. Do you remember?

Christmas Sheep

Please start thinking about the Christmas Sheep. Everyone adds to the effect!

Meredith Community Learning Hub



Meredith Kindergarten and Meredith Community Centre

are celebrating moving into our new building.

Come and join us on Thursday 12th November from

2.30pm to 6.30pm.

We will have children's activities in the kinder room and lots of other things happening.

Light refreshments will be available all day and a sausage sizzle from 5.00pm

Classifieds

First insertion of small ads are FREE to district residents

Thank you To Greg Kitchen for his efforts over and above the call of duty to track down the owner of "the "White Vehicle" recently.

An Appreciative Farming Family



Everyone is enjoying our new room at the Hub with plenty to explore and accomplish this last Term! The children all settled into their new space from day one and are busy as 100 shrubs along the creek to stabilise the banks and to usual with an interest in finding the bugs and insects who live increase small bird habitat. A third team installed the there too! We have been reading The Hungry Caterpillar story three steel signs at the Campion Road entrance. These and drawing and painting pictures of him. We are discussing signs were supplied under Golden Plains Shire's Open the life cycles of caterpillars and of frogs and singing new Space Strategy funding scheme, and celebrate the three songs about them.

Our new round puzzle table has been a hive of activity as History, Recreation children challenge themselves attempting a variety of puzzles and Environment. each session. We are lucky to have such a wide collection to draw upon and it's wonderful to see children so interested, and show a sense of achievement when they finish. We are doing look rather oddly tie dye for Children's Week and will have a dress up day. We positioned have the Roo Keepers coming in with their Wildlife show for now, there are plans both groups in late November which we are really looking to build a post and forward to. The children are decorating a large hat brim for rail entrance around the Ballarat Show and we have a few pieces of children's art them which, when to put in too.

Coming up we have an Open Afternoon on Nov 12 th from provide a handsome 2.30pm onwards where you can come in and see our lovely entrance new room and have a walk around the building. Our AGM important night is on the 19 th Nov at 7 pm, families for 2016 are invited community asset. to come along and collect the enrolment packs and stay for a while to meet the teachers and hear a little about the kinder programs. It's also an opportunity to learn about the kinder committees role and join up!

We need new members each year as our Kindergarten families move on to school. We welcome Kylie back this month after being away on a big adventure and say a big Thanks to Janine and Kara who did relief work while she was gone. Thanks also to Pauline Bath who has been doing a great job working with Kara and the 3 year old group. The Meredith Kindergarten & Community cookbook has arrived, for \$25 you get yummy recipes, gorgeous photos and you are supporting us, what a great Christmas gift!

There's no gardening column from Chris McKenzie this month, nor an Energy Watch from Simon Reid. Both called in busy but promised to be back next month. We're grateful for the terrific contribution our volunteer writers make to the newsletter each month, and well understand other demands sometimes take priority ...but we miss you.



Busy Bees

Jim Elvey

On a recent sunny Sunday, the Meredith Police Paddocks Support Group tackled a number of tasks. One team cleaned up around recent plantings, collecting redundant stakes and guards. Another team planted over values of the site:

Although they may right landscaped,

Jodie





CFA FIRE READY

Predictions are we can expect another year of above-average fire risk as the long-term decline in cool season rainfall combines with the strengthening El Nino in the Pacific.

BE PREPARED

The CFA Fire Ready Victoria Program is an informative session regarding bush fire safety. Find out

- What you can expect
- How do I prepare
- •Where do I go
- When do I leave

Come to the Fire Ready session on 18th November at 7.00pm.

at the Meredith Community Centre

Please call to book for the session on 52 860700

Church News

ANGLICAN

Weekly Services, baptisms, weddings, funerals, pastoral care, bible studies. Contact: Rev. Elizabeth Bufton, 5281 2224; 0437524864 Church Office, Byron St. Bannockburn 5281 2553 Service Times;

Church of Epiphany Meredith.

11.00am 4^{th} Sunday each month, Holy Communion at Anglican Church. 11.00am 2^{nd} Sunday of month, Holy Communion at Uniting Church

St James. Morrisons:

Contact: 0429 146 566 or 5368 2730. The Rev. Glen Wesley

1st Sunday of the month at 5pm and 3rd Sunday of the month at 9am.

UNITING CHURCH

Monthly Combined Holy Communion services. 2nd Sunday, 11am at Meredith Uniting Church 4th Sunday at 11am at Meredith Anglican Church 1st & 3rd Sunday at 9.30 at Buninyong Uniting Church Enquires Doug McFarlane 52861283. Rev. Lindell Gibson 53413 200

SERBIAN ORTHODOX: Fr. Theodore—Ph. 5341 5568 Holy Liturgy 10am every Sun, Sat & Major Feast Days.

CATHOLIC ARCHDIOCESE OF AUSTRALIA.

St. Marys House of Prayer Elaine Solemn mass Sundays 10.00am. Rosary and Vespers Saturday 5.00pm. Confessions by appointment Fr. James Ph. 5341 5544

ST. JOSEPH'S CATHOLIC PARISH Mass Times for November

Baptisms, Weddings, Funerals, pastoral care Father Herman Licayan 52861230 Winchelsea every Saturday @ 6 p.m.

Bannockburn Mass will be held at Inverleigh every Sunday @ 9a.m. unless notified otherwise.

Meredith @ 11 am Sunday November 8th/ 22nd

Anakie @ 11 am Sunday November 1st/15th/29th.Thanksgiving and Farewell Mass to Father Herman who is returning home to the Philippines will be held at Meredith on Sunday November 8th @ 11 am followed by barbeque lunch in the parish grounds. All welcome

Confirmation lessons will be held in the library of Bannockburn Primary School and the Sacrament of Confirmation will take place on Saturday November 7th @ 2p.m. at Holy Spirit Church Bostock Avenue Manifold Heights.

Father Herman and the Parish of Meredith and in particular the parishioners of St. John the Evangelist Bannockburn wish to thank most sincerely the members of Bannockburn CFA, the Police, Rob Nelson and staff of Bannockburn Primary School, Liz Bufton and members of the Bannockburn Anglican Church, Bannockburn Presbyterian Church, the Lethbridge Hall Committee, Bannockburn playgroup. those working on the site and the community in general for the caring, compassionate and sensitive way in which they helped us face the tragedy of Wednesday, October 14th. It was a very sad day for us but also for the whole community to lose a beautiful and historic church which has been such a prominent part of the Bannockburn landscape for 114 years. May God Bless you all.



Hi Everyone,

The month of October has brought lots of changes at the Centre. We finally have our Occasional Care operating in the new building and the Kinder has now joined us. It is great to see so many new faces coming in to use this beautiful new facility.

We have had a busy Term 4 start with lots of classes well subscribed. Health and fitness seems to be the flavour of the month at the moment. We are now running six Tai Chi classes each week across Meredith, Bannockburn and Teesdale. We also have Yoga daytime and evening and by popular demand we have managed to secure a Pilates teacher to run a class once a week. Still coming up in October is the exploring colour, polymer jewellery class and the Saori weaving class which we still have places available.

It is also the time of year where we need to be thinking and planning for next year. We always welcome suggestions, ideas and requests for classes and activities.

We are also thinking about changes in Occasional care for next year. There are several options we are exploring:

- adding Thursday sessions,
- running a bridging session between Kinder and after school hours care 2.00 to 3.00pm
- taking children after 3 year old kinder for the extra 45 minutes.

We will be asking parents for feedback through a survey to seek interest, but if you are not currently using the Centre but thinking about it for next year please call in to see what we offer and provide us with your feedback.

Open day. On November 12th from 2.30 till 6.30 the Kinder and ourselves are having an open day to celebrate moving in to our new building. Come along and join us in the activities including a sausage sizzle.

Bye for now

The Meredith Community Centre's phone number is now 5286 0700

Meredith Community Centre
5 Russell Street Meredith 3333
Ph 5286 0700
learnlocal@meredithcommunitycentre.com.au
Open: Mon, Tue, Wed, Thurs 9.00-3.00. Fri Closed

From the Mayor



Cr. Des Phelan

As we near the end of the year, I would like to address some community concerns that have been raised with Council recently.

This feedback included a feeling of lack of consultation between Council and residents. Council ran a 'Speak Up' survey and consultation program in late 2014/early 2015, and has since established a new online platform called 'Have Your Say', to make feedback on Council strategies quicker and easier for residents. Community feedback and interaction is very important in the success of Council initiatives having a positive impact of our community, and Council appreciates the time and effort residents take to do this.

In terms of rate capping, Council would like to categorically state that it will not apply for any variation from the State Government's proposed plan to cap rate rises for the 2016/17 financial year. There will be opportunity for the community to provide input to the budget, and details of how residents can have their say will be communicated closer to the time.

Waste disposal was also raised as an issue. Council completed a community consultation plan before making any changes, including a survey, multiple community meetings, public notices and a poster campaign. We engaged with the community about the changes, and proceeded on that basis. The new system, and therefore our residents, has produced a substantial reduction in landfill waste with an average increase in recycling of 69 tonnes per month over the three months, and we are proud of this positive environmental impact.

Continuing in the environmental theme, Golden Plains Shire residents (and business owners) have the opportunity to 'Detox your home' by disposing of unwanted home chemicals on Saturday 5 December from 10am-4pm at the Ballarat Transfer Station, Gilles Street South, Ballarat. Find out more in the 'Latest news' on our website.

All Golden Plains Shire Councillors, managers and staff work tirelessly for the people of Golden Plains and are proud to have such an active and committed community across the Shire. I hope you have a great month.

Golden Plains Mobile Library



Is at the Meredith Primary School every Thursday from 9am to 10.30am

St. Joey's OP SHOP -

Rear of St. Joey's Hall.Lawler St. Meredith
Wednesdays and Fridays 10am -4pm
Lots of great bargains. New bookroom now open.
Come and browse.

Volunteers very welcome - Ring 5286 1230

Meredith Community Centre Learn Local Legend

Pam Ridd

Meredith Community Centre selected as a Learn Local Legend for our region at the Learn Local Awards presented in early September. One of the most remarkable aspects of the sector is the diversity of the organisations that are Learn Locals. While all Learn Local organisations are passionate about their commitment to adult learning, the eight Adult Community and Further Education Regional Councils have selected an organisation within their area as a Learn Local Legend. Learn Local Legends are considered to have provided an exceptional contribution this past year to their staff, clients and to the broader community. These eight organisations are the recipients of this year's Learn Local Legend certificates.

What is Learn Local? We are a part of Learn Local organisations across Victoria offering a range of education and training programs. We are your government registered Learn Local in your community that can help you return to study, improve your reading, writing and maths skills, gain a qualification, get a job or learn something new. Learn Locals pride themselves on being friendly and welcoming and for providing first step adult learning opportunities right here in the local community.



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Recreation



MEREDITH CRICKET CLUB NEWS

The 2015/16 season is off to a busy start with The Rams fielding 2 senior teams, an under 13 junior side and also running Milo Cricket

The U13s are playing in the Frday night competition starting at 5.00pm and have been showing huge improvement over the first 3 weeks of the season. Damian Pridde and Damo Brunt are doing a great job coaching the juniors so come along on a Frday night and support our local kids.

Milo Cricket for 5 to 10 year olds is being conducted every Tuesday night at the Meredith Rec Reserve from 5.30pm, a large group of enthusiastic boys and girls have been attending, learning the basic skills of the game in a fun environment. Any boys or girls interested in joining in the Milo Cricket experience, come along on Tuesday nights.

The first eleven started the season of wth a solid win over Lethbridge at home, new boy Euan Cahir made a solid 72 runs to get the Rams home. We then travelled to Corio and went down in a disappointing performance, Marty Barbaro was a standout making 64 not out. A much better effort in game 3 saw the Rams roll Teesdale for 87 in the replay of last years grand final. In reply we are 6 for 130. Rash 7 wickets and Damo Prids 35 the main contributors.

The seconds continue to improve each week having played two very strong teams in the first two rounds. Johnny Brockway top scored with 26 in the first game and Damo Brunt made a solid 33 in game two. Angus Hogarth was a standout with the ball taking 3 wickets in his second game at the Rams. Game 3 saw a much improved effort from the boys narrowly going down to Shelford. Grints 4 wickets, Nate Gladman 2 wickets and Damo Brunt 30 runs were our best performers.



Elaine Cricket Club

Brodi and James played their first game. Here they are with their dads, Darryl and Nigel.





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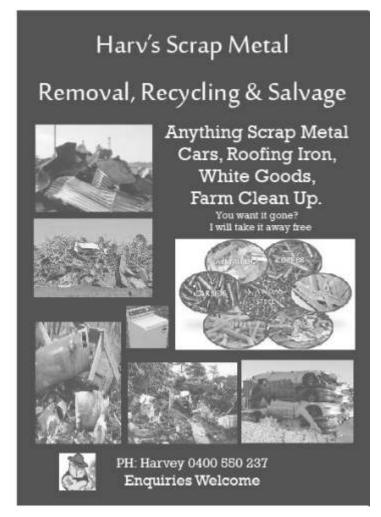
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- TRAINING SERVICES

JRP is able to provide its services either on site or off site. Contact JRP to discuss all of your needs. The initial consultation is FREE of charge.

Contact John: Phone/Facsimile: (03)52821082

Mobile: 0408 821 082

email: john@jrpaccounting.com.au





MEREDITH CONSTRUCTIONS

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Plans etc. Pergolas

All aspects of concreting Phone 0409 850 611 8am - 5pm



SUPPORT YOUR COMMUNITY

The Meredith Rural Fire Brigade is seeking expressions of interest from members of the Meredith community willing to volunteer as a fire fighter with our vital organisation.

To become a Volunteer Fire Fighter you must complete a 6 month Probation Period in which time you will gain skills such as: Combatting Grassfires and Bushfires, Safety, Teamwork, Pumping and Communications.

Upon successful completion of the Probation Period members are required to attend training up to 4 times per year. A member can offer as much or as little time on top of that as he/she likes.

Members can join from the age of 16 onwards and our organisation prides itself on equal opportunity.

If this sounds like something that may interest you then please contact the Meredith Rural Fire Brigade Recruiting Officer:

Ralph Holtz 0425719289 or Donna Murrell 0409216303.

Alternatively, members meet <u>most</u> Sunday mornings from 8:30am - 9:00am so drop in for a chat.

Shelford Community Garage Sale

Sat 14th Nov from 8am till 1pm Shelford Primary School (it's on the main road)

Plus: Coffee Van Homemade Cake Stall Sausage Sizzle

Bacon-n-Egg Sandwiches

Face Painting Free Jumping Castle Come along, have fun and find some bargains If you have items you can donate, please call the Shelford Primary School on 52813291







Are you up for a challenge?

Shelford Trivia Night
General knowledge trivia quiz,
plus all the usual fun and games
Sat 28th Nov ... from 7.00pm
Shelford Community Hall
(it's on the main road)
BYO drinks and nibbles
(hot food platters for sale)
\$10 per person
Table bookings of 8 to 10 people

For bookings & enquiries call Beck on 0417519116

Please RSVP Wednesday 25th November



CREATORS & CRAFT MARKET BANNOCKBURN



SUNDAY 29TH November, 2015

FROM: 10.00AM - 2.00PM (FARMERS MARKET SITE)

COME ALONG AND PICK UP A FEW CHRISTMAS PRESENTS. SOMETHING UNIQUE AND HANDMADE.

STALL HOLDER ENQUIRIES CONTACT NOELINE

ON: 0427 923 934 or orccbanno@bigpond.com



Registration#: A0018003Y 4 Russell Street, Meredith, VIC 3333 Ph: (03) 5286 0722

Meredith Kindergarten Committee invites current and future kindergarten families to attend its Parent Information Night and Annual General Meeting.

Thursday 19th November 2015, 7pm at the Kindergarten.

Guest speaker: Geraldine White from Centre Care, Ballarat.

All committee position will be vacant.

Come along and meet the teachers and other parents. Children are welcome.

Light refreshments provided.

We look forward to seeing you on the night!

Quilts Get Air (from page 1)

How did it go? Incredibly well. With beautifully colourful quilts and people filling the streets. Some travelling from as far afield as Oueensland!

Although huge wind gusts arrived in the afternoon, it meant the hundreds of quilts definitely got an 'airing' to remember.

We loved it. While the combination of mouth-watering country fare and great weather meant the 600 visitors enjoyed the day too.

Or we presume you did, for you bought so many Devonshire Teas, quiches and sausage rolls there were none left for us. You almost drank us out of coffee and lemonade. You generously filled our 'unique' donation tins. And you stood in line to sign our 'Save the Steiglitz School' petition.

Such support and generosity made this fundraiser one of the most successful we (the Back to Steiglitz Association) have ever had.

So we want to say a giant "Thank You" to our wonderful wider community. You're all great!

Incase anyone wasn't told on the day, all proceeds are going towards our efforts to move the derelict Steiglitz School into the town. As the last existing school it's an important element of Steiglitz. One too important to lose.

Therefore we baked up a storm, gathered quilts by the car loads (thanks to Bettine, Kath & Murray) and put on what we hoped was a crowd-drawing event.

And you came! We just hope you all reveled in this fabulous day as much as we did.

If you'd like to keep up to date with our fight to save this historic school building check website out our www.backtosteiglitz.org.au

With both thanks & deep appreciation of the community we live in from the entire Back to Steiglitz Association



All smiles: Back to Steiglitz Association President, Kathy Bevan and daughter Mel



ADVERTISEMEN'

For Meredith, Steiglitz and district.

As your local State Member of Parliament, I am here to represent your interests in the Victorian Parliament.

I would like to hear from you about the important issues that affect our community.

Please don't hesitate to contact me if I can

assist you with a State Government matter.

Geoff Howard MP State Member for Buninyong

1 Doward

15 Main Road, Ballarat VIC 3350 Ph: 5331 7722 Email: geoff.howard@parliament.vic.gov.au

Authorised by Geoff Howard MP, 15 Main Road, Ballarat VIC 3350 and Communications budget









Bannockburn Pharmacy Newsletter

Proprietors: Scott Wilkes & Damian Bennett

6 High Street Bannockburn VIC 3331 Phone: 5281 1519

We have your Christmas shopping covered

Well it's hard to believe that Christmas is less than 8 weeks away! Most of us will be thinking "Don't remind me" and there will be others who will have already started their Christmas shopping. If you haven't already started your Christmas shopping, then why not kick start it at our **Christmas Shopping Night** on **Thursday 19th November?** We have had a lot of new gifts arriving during the past few weeks so we are stocked up and have gifts for everyone. We also offer lay-by and free gift wrapping, and don't forget if you are a member of our free Loyalty Club you are entitled to your member discount.

Christmas Shopping Night

Don't forget our annual Christmas Shopping Night will be held at the Pharmacy on Thursday 19th November from 6:30pm to 9:00pm. Last year we had a huge number of people attend the evening that had a great time. Again this year there will be lucky door prizes drawn every 30 minutes and there will be in excess of \$3000 worth of prizes to give away on the night! Plus there will be finger food and drinks provided throughout the evening. On the night will be offering our Gift Club Members 30% off all gifts!! Remember to join our FREE Loyalty Club so you get this fantastic discount on the evening if you aren't already a member. This will be a great chance to kick start your Christmas Shopping if you haven't already started! Please bring your friends and family and join us on what will be another fun and enjoyable evening on Thursday

19th November from 6:30pm to 9:00pm.

Toy Christmas Catalogue

Our annual Toy Christmas Catalogue is out now!! There is a great range of toys available for children of all ages. If you don't receive a catalogue in the mail then please call into the Pharmacy and collect one and have a look at what's available this Christmas.

\$1 Co-Payment Discount

You may, or may not, be aware that the 6th Pharmacy agreement has been finalized between the Government & Pharmacy Guild of Australia. There are many changes within this agreement but a significant change is the "Optional" \$1 co-payment discount that Pharmacies can pass onto customers for medicines that are fully subsidized by the Government from 1st January 2016. Currently customers with a pension, concession, healthcare or repatriation card pay a co-payment of \$6.10 per prescription & the government pays the rest.

From the 1st January 2016, all Pharmacies will have the "*choice*" if they want to give customers a \$1 co-payment discount or not. So instead of paying \$6.10, concessional customers will only pay \$5.10 only if the Pharmacy chooses to pass on the discount. I have to stress that this is **NOT mandatory** for all Pharmacies to pass on this \$1 co-payment discount. If a Pharmacy doesn't want to give this discount to customers they don't have to.

From 1st January we <u>WILL</u> be offering this \$1 co-payment discount to our customers on fully subsidized medicines.

I hope this makes sense. If you have any questions regarding this please do not hesitate to call into the Pharmacy and have a chat with Scott who will be able to answer your questions.

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 Monday:
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 Tuesday:
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 Wednesday:
 8:30am - 6:30pm

 Thursday:
 8:30am - 6:30pm

 Friday:
 8:30am - 6:30pm

 Saturday:
 8:30am - 1:00pm

Sunday: Closed Public Holiday's: Closed

<u>Christmas Shopping Night – Thursday 19th November (6:30pm – 9:00pm)</u>

Ron's Appreciation Certified

A Certificate of Recognition and Appreciation signed by the Premier of Victoria and the Minister for Housing, Disability and Ageing was recently given to Ron Read for his

community work. He was nominated by the Secretary of the Elaine Tennis and Cricket Clubs, Shane Dunne for the 2015 Victorian Senior of the Year Awards. He was not selected as Victorian Senior of the year but his work was recognised with the certificate.

Some years ago Ron decided to "clean up" the Recreation Reserve at Elaine. It was described as "onion weed and rabbits". Sheep were used to keep the grass down! Ron organised for the large old pine trees to be cut down, attractive new trees to be planted, potash and superphosphate to be applied to the oval, the grass to be regularly mown and the area to be generally tidied up. Ron and his small team of volunteers have made the reserve look amazing.

Ron then suggested that tennis and cricket

teams should be reformed to use the facilities and so began the resurgence of sport at Elaine. Some grants have been obtained including a grant to upgrade the tennis courts and a grant to improve the kitchen facilities and clubrooms. On October 20 the two tennis courts are to be resurfaced with blue acrylic surface like the Rod Laver Arena and the first games will be played on them on November 7.

Since reforming the sporting teams in 2011 Elaine have had considerable success including the senior cricket teams

winning premierships in 2012/1013 and 2013/2014, the U13 cricket team winning the premiership in 2014/15. Two junior tennis teams have also won premierships since 2011. In 2015 Elaine has 4 teams in the Buninyong and District Tennis Association and 2 teams in the Ballarat Cricket Association. Other organizations also use the reserve including the CFA and the Mini Foxie Club. In round 1 on October 10, 2015 Elaine 1/439 defeated Darley 5/154 which is the highest score Elaine Cricket Club has made in 40 overs.

Simon Ramsay MP, State Member for Western Victoria congratulated Ron in a letter to the editor of the Ballarat Courier on Wednesday, October 14. He told that Ron was a shearing contractor for his family for decades and always completed the job on time and with careful precision and that Elaine is lucky to be the

beneficiary of Ron's work ethic and experience and his commitment to improve the sporting facilities at the reserve.

Sport is vital to the socialization of small rural communities and thanks to Ronny Read Elaine now how excellent facilities that they can use and have pride in.



ELAINE TENNIS CLUB OFFICIAL COURT OPENING



The opening of our Blue Acrylic Courts

When: 7th November 2015

Time: 12pm

Moorabool Shire councillors, Buninyong and District Tennis Association representatives

and Tennis Australia representatives will be present

Free BBQ Licensed Bar Facilities

All past and present players and supporters welcome.

Enquiries: President Debbie Mair Ph 0415 969 290

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Boxing at the Y is a huge hit.

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What's new at YMCA Bannockburn

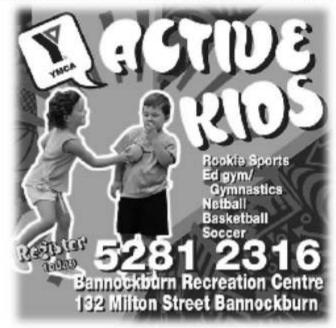
- NEW Group Fitness Timetable is out check out the Fat Burner Group Session
 Tuesday/Thursday 2pm Personal Trainer Kerrie Fatone will have you back in shape for summer with this class.
- NEW CLASS "Blokes Fitness Training" 7.00pm at Bannookburn Community Sport Stadium (next to School), 34 High Street Bannookburn
 For blokes 14 year- 60 year+ who are looking to gain fitness, strength and reduce age related health risks. Check out the Group Fitness Timetable for more information.
- METAFIT- 30 minute hit intensity interval training will kick start your metabolism classes at Bannockburn Rec Monday 9.15am & Thursday 9.30am and Bannockburn Stadium (School) Saturday 8.00am. Bookings Essential for all classes on our timetable.
- Looking for Mixed Netball Teams to start a summer competition. Grab your friends and have a fun

Walking Soccer @the Heart

Corner of Milton and Byron Street Bannockburn
Have you tried walking soccer? Great activity for all ages and
abilities....Just try and stop yourself from running.
Commences Thursday 6th November 11am-12.00pm \$6 per person
Meet at the "Green" at the Heart and join the fun.



For more information on the program or find out how to book visit www.geelong.vmca.org.au or contact the Bannockburn Recreation Centre on 5281 2316 or bannockburn@vmca.org.au



#Fun #Friends #Fitness

Come and visit Bannookburn Library in November and take a FREE health oheok with the onsite HEATLH KIOSK.

Shire Will Cop the Cap

Media release

Golden Plains Shire Council will not apply for any variation from the State Government's proposed plan to cap rate rises for the 2016-17 financial year. Council and management are currently investigating how to accommodate the rate capping in 2016-17 with minimal impact on residents. Residents will be advised of the process to provide comment and input into the 2016-17 budget later in the year.

Mayor, Cr Des Phelan said "Council is committed to ensuring we meet the State Government's proposed rate cap in 2016-17 with minimal impact on the important services we provide. We are always looking at ways to best meet the needs of the community and increase the quality of life for Golden Plains residents."

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COLLECT ME



Finger lickin' chicken wings with pink coleslaw. Perfect for the kids!

- Prep time 20 minutes
 - Cooking time 50 mins Serves 6

Ingredients

1 cup tomato sauce

1/4 cup worcestershire sauce

1/3 cup firmly packed brown sugar

1/4 cup apple cider vinegar

2 tablespoons American mustard

2 cloves garlic, crushed

12 large chicken wings (1.5kg)

Pink coleslaw

1 large red apple

1/4 medium red cabbage shredded finely

½ cup coarsely chopped fresh mint

2 tablespoons olive oil

1 tablespoon red wine vinegar

1 teaspoon Dijon mustard

Method

- Combine sauces, sugar, vinegar, mustard and garlic in medium saucepan; bring to boil. Remove marinade from heat; cool marinade to room temperature.
- Cut wings into three pieces at joints; discard tips.
 Combine chicken with marinade in a large bowl, cover & refrigerate 3 hours or overnight.
- 3. Preheat oven to 220 C.
- 4. Place chicken in a single layer, in a large shallow baking dish; brush marinade over chicken. Cook, uncovered, turning occasionally about 45minutes or until chicken is browned and cooked through.
- 5. Meanwhile, make pink coleslaw. Serve coleslaw with chicken wings.

Pink coleslaw

6. Core unpeeled apple; cut into matchsticks. Place apple in a large bowl with remaining ingredients; toss to combine.

Recipe From: Fit & Healthy Kids



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SEVEN DAYS TO THINK RECYCLING

There are lots of easy actions you can take to be more environmentally friendly. Why not take the seven day recycling challenge? But don't worry, we have some ideas for you...

Make Monday a zero rubbish lunch day

Pack your lunch to be free of rubbish, by using reusable containers and foods (like fruit) that come naturally packaged.

Take a trip on Tuesday

Explore your local op shop or reuse centre for bargains – and build your own style in the process! You can even buy gifts from your friends and family that they won't find in the local shopping centre... it's a win-win!

Use Wednesday to work on it

Whether you're picking up lunch, or buying your kids a special treat, take the challenge to purchase only products that have recyclable packaging. It is possible!

Thursday's effort: try being an Environmental Shopping Champion

While doing your supermarket shopping, try to buy products that are environmentally friendly. If it's not possible, be discerning about the amount of packaging that comes with a product. Take your own shopping bags with you, so you can say no to plastic bags.

Feel good on Friday with a 'reuse' day

Reuse containers and packaging you have bought – for example, biscuit trays are great for storing small items like paper clips and erasers etc. Did you know liquid washing detergent containers can be made into scoops? Check out www.recyclart.org for heaps of great ideas.

Sort it out on Saturday

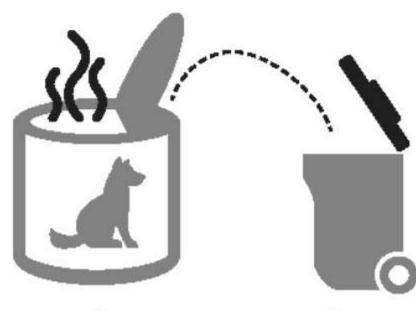
Sort your recycling—make sure you are recycling correctly, remove lids from bottles and check what plastics can be recycled with your local council.

Use Sunday to sit back and relax

While you have your Sunday cup of tea, feel good about how much you have helped the environment by recycling. Well done you!

Remember...

When you throw something in the rubbish bin you are wasting natural and non-renewable resources, so take the seven day recycling challenge and be kind to your world!



Food can on the nose? This is where it goes.

Rethink. Recycle.

Pet food and other smelly steel cans, should be recycled.

All they need is a simple scrape – you don't have to rinse to recycle. So even if it's smelly, it should go in the recycling bin.



www.thinkrecycle.com.au

Out New Outdoor Gym

As recently reported in the newsletter an outdoor gym has been erected in Pioneer Park for everyone in Meredith to use. The gym is sleek, clean, very modern and beautifully designed. It features six exercise stations in the one construction and is suitable for all ages and all capabilities.

May we suggest that on your daily walk around Meredith you stop at the Gym and try the Leg Press! Let's all get fitter and healthier!

Community members are invited to the official opening of the new Meredith Outdoor Gym at

The first station is a "Leg Press". In a seated position press feet on foot bar. Holding onto side supports, push feet away by extending knees and hips. Return to original position. If you slightly alter the position and angle of your feet you will work different muscle groups. This exercise develops quadriceps, glutes and calves.

pioneer Park, Wilson Street, Meredith on Tuesday, November 17th at 11.30 am.

The equipment will be explained and demonstrated by a qualified fitness instructor. Pupils from Meredith Primary School will walk to the launch and learn to use the equipment. A healthy lunch will be provided for everyone and games, competitions and giveaways will complete the day. Please join our youngest community members for a fun activity and help to make Meredith a fitter community.

Fine music performers, Allister Cox and Sonoka Miyake at St Joseph's Meredith

Fine Music on the Move

Jane Bashiruddin

Music at the Basilica is a small not-for-profit organisation which is based at the Basilica of St. Mary of the Angels, Geelong. It is composed entirely of volunteers, whose aim is to give the people of Geelong and surrounding areas the opportunity to experience fine sacred music at an affordable price.

Every year Music at the Basilica takes people on a "Country Ramble" to experience fine music being performed some of our beautiful country churches. We pick up 40 to 50 people on a bus from Geelong to three concerts in three country churches, with lunch at a local restaurant, then take them back to Geelong. So, we always have a captive audience!

This year we chose three "hidden gems" in the Parish of Meredith for our three concerts. Our First concert was held at Sacred Heart Church, Inverleigh. International soprano, Wendy Grose gave a performance of the songs of Hildegarde von Bingen, who was a 12th century German Benedictine abbess, writer, composer, philosopher, Christian mystic, visionary, and polymath. Wendy sang Hildegarde's soaring melodies to perfection at Sacred Heart, obtaining her pitch from an array of handbells which she has collected during her international travels.

This was followed by our second stop at St. Joseph's, Meredith where we were treated to a much needed morning cuppa and cakes at the hall. We then went into the church for our second concert. Well known Geelong musician, Allister Cox treated us to a selection of clarinet pieces ranging from classical French to modern American. This concert also included British composer, John Noble's Cats Suite — a delightful collection of pieces depicting the personalities of various cats that the composer has known and loved. Allister was brilliantly accompanied by Geelong pianist, Sonoka Miyake.

After this, we all got back on the bus and were taken to a delicious

two course lunch at Del Rios Winery in Anakie. It was a perfect day to munch on the tasty treats there, while watching their herd of alpacas frolicking in the sunshine. lunch, our bus took us to our third concert, which was at St. Brigid's, Anakie, where we were greeted with a lively tune on the piano accordion played by Brighid Mantelli. Inside the church, Brighid showed her versatility as a musician by giving a charming and innovative concert of flute music. Brighid's concert included a piece from "Pirates of the Carribbean" as well as one of her own compositions. In one piece Brighid played a flute duet with herself, using the magic of digital technology! The audience was left spellbound.

Music at the Basilica would like to thank Diane and the Parish of Meredith for the assistance given to us in organising this event.

We regularly present concerts by local and international artists at the Basilica of St. Mary of the Angels, Geelong. Please visit our website www.musicatthebasilica.org.au or Facebook page or phone 5223 3554. Our next concert will be The Australian Chamber Choir on Sunday, 1 November at 3pm.



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Family Reunions

Pauline Tournier

June 1, 1853, Charles McGillivray – school teacher and wife Mary, nee Matheson, with their family, left the Isle of Skye, Scotland to migrate to Australia on the ship, S.S. Australia from Liverpool. Charles died, either just before sailing, or on the voyage.

Mary, who was aged 46, continued on with her family of 6 children. The family arrived in Australia on September 20, 1853.

Their grandson Neil McGillivray married Matilda (Tilly) Sanders. He was a quarryman/farmer at Lethbridge. They had eight children: Dorothy, Jack, Ivy, Margaret (Nellie), Annie (Tootie), Jessie, Neil and Angus Andrew (Paddy).

Descendants of Neil and Tilly now enjoy meeting up at various outdoor venues twice a year. Old photos are Across the road from the tennis courts, we make good

passed around with a lot of reminiscing and stories retold.

Five generations of Mc Gillivrays attended a recent family reunion barbecue lunch.

A 'bring your own everything' barbecue is now the traditional thing. Anything else (seating, umbrella, toys etc) that we think would be a good idea is also welcome!

Maude Recreation Reserve, Steiglitz Road Maude is a popular choice.

We always book the Maude Tennis Pavilion in case of bad weather. The hall has full kitchen facilities, tables, chairs and heating. A portable gas barbeque for use under the verandah can be arranged.

Outdoor toilets, swings and tennis available.....if you're feeling energetic!

use of facilities at the old Maude Primary School site. An undercover rotunda has tables, bench seats and an electric barbeque. A nearby campfire pit with cooking hot plate and rack, outdoor seating, covered grassy picnic areas, plenty of room for ball games, kites, remote controlled cars, junior playground, rebound wall, toilets and car parking.

A feature which we really enjoyed at our October reunion is the recently opened Bunjil's Lookout viewing platform. Magnificent views can be seen of the Moorabool Valley between Maude and Lethbridge and surrounding areas.

Family reunions are fun!



These two photos capture the McGillivray, Caldwell, McKay, Scott and Tournier families all connected to the intrepid Mary McGillivray



We invite you to attend this special event helping families and friends to prepare for Christmas



Monday 30th November 2015 6.45pm for a 7pm start

> Tuckers Funeral Chapel, Barrabool Hills Centre 4-46 Province Boulevard, Highton.

> > RSVP by 25th November for catering puposes.

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Vale to Joyce Mitchell (Irvine)

Marg Cooper

It is believed that Joyce's great grandmother, Sarah Jane Cronin came to Australia from Ireland because of the potato famine. She married William Joseph Spicer in 1868 and they

moved to Meredith in 1869. It is believed that they lived south of Boundary Road about 140 metres west of the present level crossing. Sarah may have opened and closed the railway gates between having seventeen children. Her daughter Sarah Jane Spicer married Hy Irvine in 1900 and their son Vince married Julia Hannah Evans.

Jovce was the daughter of Vince and Julia Irvine and sister to Lillis, Theo (Sam), Betty and Henry. owned and lived in the house at 8 Sutherland Street and all their children were born there. Later they sold this house to Alvie and Bill Wiseman and shifted to live in a house in McLeod Street, of Coolebarghurk north Creek.

When Joyce was young her father took her to live in Melbourne but with the outbreak of polio she returned to Meredith and attended Meredith State School in 1939 and 1940. She appears in the 1940 class photograph. She met Jack Mitchell when she moved to live in his street in Newport. Jack clearly remembers the first time he came to Meredith with Joyce in 1948. He witnessed Bill and Jack (Cracker) Shell kill a snake outside the hall.

After Joyce and Jack married in 1952 they lived at Williamstown but often spent their weekends with Joyce's family in Meredith. Jack fondly remembers having a drink

with Ned Watts, Skinny Brady and Henry Bolte on Saturday mornings at the Royal. They had two children Gary and Lynette.

Joyce's mother died in 1970 and to help the family they took up the option to buy the house where Joyce's family lived and some blocks of land which included the old creamery and

> butter factory block in Grant Street, for \$900.

> On the death of Joyce's step father Ned Watts they sold all the blocks of land except the creamery and butter factory block and used the money to fund a world trip.

> In the late 1970's they created a house using the foot thick concrete walls of the creamery basement or cool chamber that measured forty feet by twenty feet with walls eight feet three inches high. Jack and Joyce did of the building most themselves. The house was extended with addition of another bedroom, lounge, office and garage. Joyce's brother Theo (Sam) lived with them in this house until his death in 1991

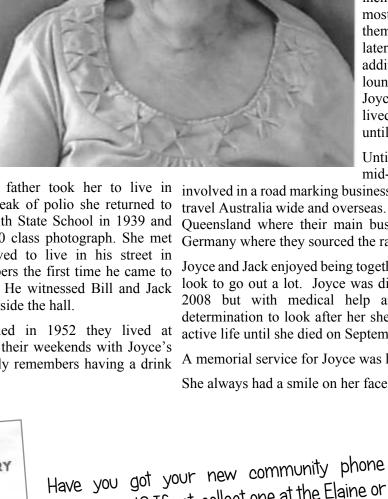
> Until Jack's retirement in his mid-seventies they

involved in a road marking business which involved extensive travel Australia wide and overseas. They spent a lot of time in Queensland where their main business was located and in Germany where they sourced the raw materials.

Joyce and Jack enjoyed being together and in later years didn't look to go out a lot. Joyce was diagnosed with dementia in 2008 but with medical help and Jack's devotion and determination to look after her she continued to live a fairly active life until she died on September 3, 2015.

A memorial service for Joyce was held at Williamstown.

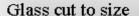
She always had a smile on her face.





directory yet? If not, collect one at the Elaine or Meredith post offices. or the Community Hub ...with our compliments!

"GLASS"

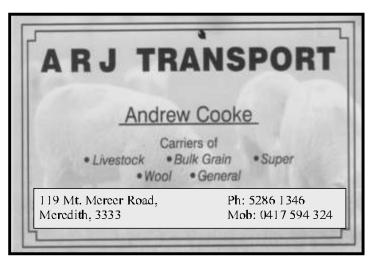


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Authorised by S.Henderson, 3A/195 Colac Rd Waurn Ponds 3216



Not So Hard Being Green

Golden Plains Shire residents continue to recycle more each month since Council doubled household recycling capacity in July 2015; with 203 tonnes of recycling collected in September. This is an increase of 80 tonnes (or more than 60%) than what was collected in September last year.

587 tonnes of materials were recycled in the first three months of Council's changed kerbside collection service – 208 tonnes more than what was collected over the same three months in 2014.

To place this great effort in context, just 90 days into the changed service, the benefits of residents' recycling habits have saved the environment almost four Olympic swimming pools of water and 4,660 trees.

In addition to recycling more, residents are also contributing less waste to landfill, with the September 2015 monthly waste collection almost 85 tonnes less than the September 2014 collection.

Further to these improvements, according to Council's 2015 Green Waste Survey that went out to 2,100 homes, Golden Plains residents are implementing environmentally friendly home practices to dispose of green waste rather than putting it in their waste bins. 37% of respondents indicated they conducted home composting, 26% reported giving their green waste to pets and chickens and 26% said they shred green waste into garden mulch.

"We continue to be impressed with how well residents are responding to the new kerbside collection service and congratulate them on a truly excellent effort," said Councillor Des Phelan, Mayor.

"Residents are recycling more each month and contributing significantly less waste to landfill when compared to last year's collection records. Residents are also being resourceful with their household green waste, which is fantastic. Together, they're doing great things for the environment," Councillor Phelan said.





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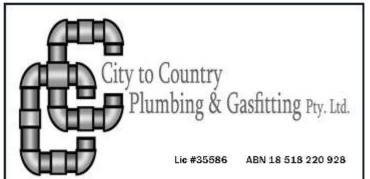
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I am sitting on a wooden seat in my favourite place in the Brisbane Ranges National Park, swinging my legs. The seat, designed and built by a former park ranger, has a sloping back, and with feet well off the ground, everyone who sits on it soaks up their surroundings, relaxes and soon finds their legs swinging. It's a cool October morning and I'm enjoying the warm sun and the view. In front of me are knobbly grey and red rocks, with a scattering of pale green and grey circles of lichen. They are the top of a small cliff, below which are bare twisted branches, black and grey, a reminder of the intense bushfire that tore through here in January 2006. Although it is nearly ten years, the dry rocky soil makes recovery difficult. Many gum trees resemble small bushes. Fresh green leaves highlight the tops of a few. The soil between them is still bare. The seat miraculously survived the fire, unsinged, although nearby trees are blackened. In the valley and on distant hillsides the effects of the fire are less obvious. Trees are still less dense than they were and tall black trunks stand out. On one, I see a white pair of cockatoos. Raucous calls alert me to two more sulphur-crested cockatoos flying overhead. A small dark bird of prey soars and dives over the valleys and hills. I hear quieter calls of many birds, chirps, chatterings and chimes, some sounding like musical conversations. A little bird with a grey back and an orange-brown breast lands, partly hidden, in a nearby tree, perhaps seeking insects.

As I write, a small shiny dark brown beetle with reddish legs lands on my pen. The sunlight catches its wing cases, turning them dull green. It spends a couple of minutes exploring my pen, hand and paper, then flies away. On the red gravel, sand and rocks beneath my feet, little black ants work, heading out from their hole at the base of a rock, searching with pauses as they spread out from its central point, returning in haste with morsels of food for their nest. One pushes ahead of it a dull yellow wattle flower fallen from a bush growing up from below the cliff edge. The faded bloom is huge in comparison to the ant. It turns backwards and pulls it prize down into the hole. Nearby on the rocks, I see a larger ant, one of my favourites, also black apart from a golden abdomen glistening in the sun

I think of the discoveries I made on my walk here. The bush is full of flowers, with species changing with the soil type. The most colourful area is through a heathland of poor soil. Among the eucalypts grow grass trees with long narrow leaves. The central leaves stand tall like a spiky haircut, surrounded by a long drooping fringe. Below this is a jacket of brown dried leaves, and for the older plants, a black trunk, straight or crooked, and perhaps branched to two or more shaggy heads. The smaller grass trees create a circle in the dirt around them, where the pointed leaves touching the ground are swayed by the wind. Around the grass trees are the flowers. Orange, yellow and red peas mix with white flowers of teatrees and everlasting daisies and curly red blooms of Brisbane Ranges grevillea, found nowhere else in the world. Buds on long stalks sprouting from a circle of leaves promise lilies yet to come. A cluster of wattle bushes dangle green seed pods edged with red. Crane flies cling to grass blades with their long legs. Their narrow wings spreading outwards are transparent, patterned with brown veins. A wallaby and I startle each other. I watch as it hops away, quickly vanishing among the grass trees. I find a large wide feather, white and fluffy near its base, brown towards the end, with darker brown patterns across the middle. It lies on top of the leaf litter near the base of an old stringybark. A hollow is burnt into the tree's base. Its top is broken off and its branches are twisted. I see two holes in the trunk with bark torn off around the entrances. Birds or animals are nesting in these hollows. Perhaps the feather fell from a young owl, learning to fly, or its parent delivering food.

To me, the walk, and especially the seat, is a magical place, peaceful and full of life, with a wonderful view of hills and valleys, becoming paler in the distance. The horizon is fairly flat, with faint blue hilltops showing just above it in places. The only obvious signs of humanity are a pale gravel road winding down to a picnic ground, out of sight, and up again over a distant hill, sounds of faraway traffic on a busier road, and the seat. Perhaps you have your own magical place to visit and enjoy nature.

Wendy



A.D.F.

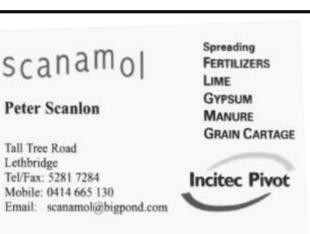
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Meredith Primary School News

Several of our students have recently submitted a story into the Write4fun short story competition at http://www.write4fun.net/. Here is Bradlye from Grade 4/5's entry.

The Machine

Ding, dong, ding dong! Jax's alarm clock just went off. It was 7.30 in the morning so he had to get up, otherwise his mum would come in and yell at him.

Jax was a spikey haired, adventurous, deep voiced, joyful boy. It was the weekend so he could go anywhere he wanted till his mum woke up. So he went wandering in the street and he found a strange scientist selling a machine that makes the world your mind - anything you think becomes true. So he bought it for \$500. Then he thought about what he could do with it.

First he made the world water, then he changed it back. Then he made it a jungle. Finally he made it so he could have a dragon that he rides on - but it was getting dangerous because whatever he thought happened (like if he thought he was dead - he was dead!) and he didn't want that to be the case.

But Jax had an idea! If he thought that he didn't control the world, the machine made sure he didn't, but first he had to get rid of the stuff that he had thought about. Things like Ice Cream Land and The World Wide Roller Coaster had to go. Jax made it so everything was normal - but he still kept his dragon and the machine safely hidden under his bed.

THE END... or is It?

By Bradley (Grade 4/5)

Student Achievement

Congratulations to Zoe Ferry on coming 3rd in triple jump at the regional primary school athletics finals (one level before the state finals) in Melbourne this month. We are super proud of you Zoe, well done on this terrific athletic





achievement.

Why did the lady get fired from e M & M factory?

Because she was throwing out an the w's.

If you ever get cold just stand in a corner for a little bit. They're usually around 90 degrees

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What's small furry and bright purple? A koala holding its breath

Tilly

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- Then be eligible to complete the entry form to go into the draw to win one of three Prydes Saddle Blankets (valued at \$50.00 each!!!) Saddle Blanket winners drawn and published on Facebook after the end of the Promotion in the New Year on the 4th January 2016.

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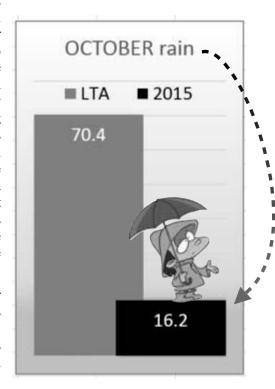




Former Meredith resident. was recently Cameron Boer, awarded the club man of the year at the Buninyong Football & Netball Club awards night. Cam played for the under 12's for Meredith for 6 years (yes he started at 6 and he kicked a lot of dust!) and developed into a pretty handy defence player. For Buninyong Cam played in the under 15's, 18's and now plays in the reserves. In his last year in the under 15's he was runner up best and fairest as a defence player, which does not happen often. As part of his university degree placement he was the assistant coach for the under 18's.

This year, Cam has umpired junior games in the under 12's, 15's, 18's and on one occasion the reserves. After umpiring the junior games Cam would then go on and play in the reserves.

The trophy was presented by club president, Leigh Edwards. Well done, Cam.



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Grow your confidence and self esteem

They way we feel about ourselves impacts on our behaviour and influences our level of satisfaction with life. How many people do you know that feel secure and at peace within themselves?

Many of us are lacking confidence and self-worth because we develop 'self-talk' which is unhelpful. I believe that it is a learnt behavior and it can be changed and unlearnt with some simple exercises.

Examples of unhelpful self-talk include;

- 'I'm a failure'
- 'Nobody likes or loves me'
- 'I can't do it'
- 'I'm stupid'

This constant unhelpful self-talk of putting ourselves down often leads to self-destructive behavior and bad habits that maintain low self esteem. For example, seeking out things to make ourselves feel better but they end up making us feel much worse. Drinking or drug use, gambling, not going out, over eating and cutting ourselves off from friends and family may offer some instant relief, but results in us being harder on ourselves. More importantly, having low self esteem greatly affects our mental state. It can lead to anxiety and depression as well as creating problems in our relationship's with loved ones, and it can prevent us from making the most out of life.

The best way to begin to improve you self esteem is to gather evidence that you are indeed a good person. Try the following exercises;

 Write a list of your achievements to date they can be small or large like, paying bills on time, being a responsible pet owner or completing a course or placing in a competition



- Which aspects of your character or personality are good? Do you help friends in need? Do you work hard? What are you most proud of?
- Ask your partner, friends and work colleagues to give you feedback on what they admire about you, they will be honest and genuine
- Accept compliments when people praise you and believe that they mean it rather than that they are just saving it to make you feel better

Now you need to use the evidence you have gathered to begin to develop helpful self-talk. You will have to work hard at stopping unhelpful thoughts and learn to replace them with helpful thoughts about yourself by drawing on the facts and evidence.

Examples of helpful self talk include;

- 'People like me...I have evidence to prove it'
- · 'I'm a good person'
- 'I can do it... I'll find a way'
- 'I'm not going to be hard on myself anymore'
- 'I will be kinder to myself and try my best to stop putting myself down'

It is important to stop the unhelpful thoughts and focus on the evidence which tells you that you are good not bad. You can also begin to engage in activities that make you feel good inside rather those that make you feel worse about yourself. Improving self worth takes time and it can be hard work checking yourself everytime an unhelpful thought appears. It will take a good deal of practice, but don't give up. Continue to focus on helpful self-talk and you will change how you feel about yourself for the better.

For more information on self esteem the following sites are fantastic

www.cci.health.wa.gov.au/resources/infopax.cfm?Info_ID=47 http://au.reachout.com/steps-to-improve-self-esteem

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Hurt so Good

Never fear, this article isn't about love sometimes not feeling like it should. It is about what I have quickly come to know as 'The Good Hurt'. What could this hurt be, I hear you ask. Ordinarily hurt is associated with pain and anguish, which it is also in the context that I am going to be talking about, but in a different way. In the quiet before the storm that is the retail Christmas rush, I have come to take an interest in exercise (which you think I would have done earlier considering I have a personal trainer for a mother). The long boring days of a license-less, casual-hours shop girl leaves many an hour (or ten) to be filled with something. Anything! And as it turns out, that 'anything' has been manifested into the act of fitness. Granted, there are only so many multiple minutes you can dedicate to exhausting yourself so the other hours on my days off are generally taken up by reading and tea and biscuits which you may consider as being counterproductive...but that's not what we're here to discuss. After a few doses of embarrassing DVD workouts that apparently had me stomping around like an elephant at eight in the morning according to an over-exaggerating (maybe) source living in my house— I was hooked. By now you should be realising that this is the part where 'hurting so good' comes into it. After a few sessions of sweating and slowly improving fitness, I could feel muscles I never knew I had (or since high-school sport anyway).

How? By hurting, that's how. Once upon a time during my childhood, someone told me after applying a generous dollop of Betadine to a grazed knee or palm, that it hurt because it was working. Now I realise that it hurt because a chemical was being applied directly to my fresh flesh and it didn't have anything to do with germs dying horrifically. But I digress. So some pain had to be for the better! With this thought never quite leaving my now adult brain, I decided that hurting was the only way to feel physically fantastic. Going to work and not being able to bend down to grab something off the bottom shelf because your hamstrings and quads no longer like you is a clear indicator you've done something right.

Your biceps screaming in pain as you try to get dressed in the morning is also a nice pick-me-up. My personal favourite is the abs and glutes conjoining in a mass torso torture session to make you walk like someone who was in desperate need of the toilet five minutes ago and makes sitting down make you look like a heavily pregnant woman on a near impossible navigational mission to get backside on seat. After a recent foray into boxing classes, I am now writing this with a nice combination of all of the above. Maybe it doesn't hurt so good after all.



Du Fermier, Trentham



To prove our versatility, last month our report was from Prague, this month it is from a Friday evening dinner. Five of us visited Annie Smithers' restaurant, Du Fermier, in Trentham, a small non-descript building with bare wooden tables, even the odd drip of paint on them to add to the rustic feel. We were warmly welcomed, asked if we would prefer still or sparkling water and given the fairly comprehensive wine list. There is no menu just the "plat du jour", which rightly should be termed "plat du tres jours" as Du Fermier is open for lunch and dinner on Friday and Saturday and lunch on Sunday. The fare is changed for each weekend. Our dinner was described to us with a different entrée and dessert for the coeliac amongst us.

The first course was a tart of cheese and asparagus with the coeliac getting a very generous asparagus omelette. Main course was brine soaked pork, which wasn't the slightest bit salty which would suit most people, on a bed of mashed potato, green peas and artichoke hearts. This was brought to the table on two platters and we helped ourselves. Each one of us returned for seconds! Before dessert we were offered a cheese platter which we accepted, three generous portions of a selection of cheese, fig jam and ample bread, plus lightly toasted gluten free bread which had walnuts in it. Dessert was an individual steamed pudding topped with wild orange and an orange icecream, with the coeliac getting a meringue on orange sauce with stewed rhubarb and the orange icecream. No-one expressed envy but I think I often end up with a better meal as a coeliac. The coffee which can so often influence the impression of the entire meal was very good. Including two bottles of white wine plus a couple more glasses and given that we had sparkling water the bill of almost exactly \$100 per head was considered reasonable.

*3 stars sound a bit mean? The service and food was of a high standard, but it was a 'home cooked meal' after all.

We would love to hear about <u>your</u> eating out experiences too.





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Marg's **Book Review**

"Jasper Jones" by Craig Silvey

The dust jacket of the book outlines the story: "Late on a hot summer night at the end of 1965, Charlie Bucktin, a precocious and bookish boy of thirteen, is startled by an urgent knock on the window of his sleepout. His visitor is Jasper Jones, an outcast in the mining town of Corrigan. Rebellious, mixed-race and solitary, Jasper is a distant figure of danger and intrigue for Charlie. So when Jasper begs for his help, Charlie steals into the night by his side, terrified but desperate to impress. Jasper takes him through town to his secret glade in the bush, and it is here that Charlie bears witness to Jasper's horrible discovery."

It is a summer where everything changes. Charlie disagrees with his tempestuous mother, falls nervously in love, battles to help his best friend Jeffrey Lu who is victimised by the community because he is Vietnamese, discovers the history of Jasper Jones and while carrying a secret like a brick in his belly he learns the hard lessons of a small town's social mores.

It is, in essence, a coming of age narrative with an intervening murder. The story told through the eyes of thirteen year old Charlie, captures the personal questioning and coming of age issues of a boy growing up and sets them against much bigger ethical and moral issues such as racism, war and prejudice.

Charlie is engrossed in the novels of William Faulkner, Harper Lee, Flannery O'Connor and Mark Twain. It has been suggested that this book is where Huckleberry Finn meets Atticus Finch in a Western Australian country town in the 1960's.

In 2004, aged twenty two years, Craig Silvey published his debut novel, "Rhubarb". Reviews said he had a flair for linguistic experimentation. In "Jasper Jones" he also shows that flair, inventing words, writing interesting dialogue and creating a nonsense banter between Charlie and his best friend Jeffrey Lu. He has captured the "parochialism of an isolated town".

We all enjoyed reading this book and thought that it depicted the 1960's well!

The book for discussion in November is "Crossing to Safety" by Wallace Stegner.

Next month, Book Clubbers tell us their favourite read of the year.

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Dr Margaret Somerville: Wednesday

Buchholz are with us.

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Dr Benjamin Fry: Monday, Tuesday, Wednesday, Thursday,

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More than Gold at Steiglitz:

You are invited to discover "More than Gold" at Steiglitz on Sunday, November 8th. We are to meet at the Hotel in Regent Street at 1.30pm. Peter Sharp is then going to take us on a trip of discovery. For those who can, there is a walk, for those who can't, you can be transported. Not to be missed! Please bring a small plate of avo tea.

Moranghurk Sheep Sculpture:

MHIG erected a plaque on a rock adjacent to the front gate of the Moranghurk Homestead as a tribute to Moranghurk Soldier Settlement in 2013. As part of that tribute a sculpture was commissioned and was erected next to the rock on September25, 2015. The sculpture features a merino ram with the words "Moranghurk Soldier Settlement". It was designed, created and erected by Daniel O'Donnell {with the help of Matt Fox} of "Steel Alive" of Separation Street, Geelong. Merino sheep are synonymous with Moranghurk. Matheson's founded a Merino stud late in the twentieth Century which continued until the property was acquired for soldier settlement in 1952. Later owners of Moranghurk have also had a Merino stud and most of the income earned by the soldier settlers of Moranghurk was from merino sheep.

Meredith:

"There were more visitors to Meredith than usual this Christmas, and it is becoming more popular as a tourist resort. It is certainly an ideal spot, as there are the Moorabool and Leigh Rivers at a handy distance from town, besides numerous creeks and dams, so that there is good fishing to be had, besides shooting and the bush provides some beauty spots for the lovers of nature. Being handy to the city by road and rail, this place should soon become very popular to those who enjoy a holiday in the country."

From: Geelong Advertiser, Monday, December 31, 1923.

Coolebarghurk Creek

It is interesting that the title to the Creamery and Butter Factory block states that the owner "has a right to sink wells for water and to use for his enjoyment any springs of water". A report of the "steady progress of the erection of the Creamery and Butter Factory" in the newspaper of October 1891 tells that they intended "to pump water from a well now being sunk close to the bank of the Coolebarghurk Creek or perhaps, eventually from a weir dam which it may be found necessary to construct across the creek". Later reports told that the well contained 13 feet of good spring water!

Does anybody know where Creamery Bridge was??

Catalogue Day:

We meet on the last Thursday of the month at the Anglican Church Hall.

ROWDY MEETING AT MEREDITH.

A meeting was held, at O'Neil's Railway Hotel, Meredith, on Saturday evening to take into consideration the desirability of having the post office removed from its present quarters to the railway station.

... (The Rev. Mr McPherson said) he always went for his own papers and letters because he felt delicate about sending a girl to the bar of a public house. He had gone himself and found nobody in the bar and had often to shout, not for liquor, but for the postmaster. If it was unpleasant for him how much more was it so for females and children. He had also gone and seen men drinking and smoking, and heard them swearing, which was anything but agreeable to him. There were other and worse evils arising out of the present postal arrangements; on occasions, hard working men and youths just acquiring business habits, were lugged into the bar by the shoulders; they would gladly be relieved of the necessity, but some could not resist the temptation.

...Mr Harris, a schoolmaster, then addressed the meeting. He observed that, as a teacher of considerable experience, he was qualified to know something about youth. "With regard to their contamination, he did not see why Gosling's hotel should be different to any other. He considered the matter should be looked to nearer home--drunken parents, and so on.(Hear, hear,) Opposite the General Post office in Melbourne, if he was right, there were not less than eight hotels, and in Bendigo not less than five, while in Talbot there were two. "Why didn't people become contaminated in those places?

Mr M'Pherson--Ah, but they haven't got to go to the bar.

Mr Harris--And why should hey here? The post-office is not in the hotel, but on the opposite side of the street. In my opinion it is in a central position, and I believe a great injury will be done to the district if it is removed. The station is too far distant, and everybody don't wear top boots, neither do everybody keep traps.

A Voice--How many post offices do you know of conducted by a publican? Mr Harris--Mr Nugent is not supposed to be a publican. A Voice--I want to know why we should have to go to a public house. I'm not a drunken man. A second Voice--Gammon you ain't.

The Chairman--Order!

...A Mr Davis had never had any of his letters delayed, neither had he ever been necessitated to go into the bar for the postmaster. He had always found the greatest attention and civility. The station was a mile out of the way.

Mr O'Neil--It is only 36 chains, and that's not half a mile. How much would that be out of the way?

Mr Davis--Ah, but there's back again, and that's a mile.

Another speaker could bear testimony to the civility and attention of the postmaster. He had never been obliged to go to the public house for his letters.

Mr Ward--But you have no children and little girls.

The first Speaker--I have not, and I don't want any; hope I never shall. Mr Ward--Oh, oh!

(General laughter, and a prolonged howl from a dog, whose leg had been trod upon.)

Mr O'Neil made a few remarks to the accompaniment of "Pop goes the weasel," performed on the flute by an individual in the bar, whose organ of tune must have been rather small....

Geelong Advertiser (Vic.: 1859 - 1924) Monday 29 July 1867

Jan McDonald, Meredith History Interest Group



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De Grandi Family in Meredith

Marg Cooper

The first reference that appears on Louis De Grandi relevant to Meredith was in 1880. Typically, it happened on the sporting arena. During 1880 he was playing in the Meredith Cricket side and also he was on the Committee of Management of the Meredith Boxing Day Sports. His name is recorded as De Grande. Over the next decade Louis would not stray far from the Meredith Common unless there was a rifle shoot elsewhere. Records indicate that Louis De Grandi was born at Ararat to Felix and Franzisca De Grandi who met in the Swiss/Italian community near Castlemaine and married in 1856.

When he arrived in Meredith he had a saddler's trade to his name. Why Meredith? We cannot be sure except to postulate some theories. Perhaps it was the saddler business that he set up on the main road, probably Staughton Street, perhaps it was sport, perhaps he had been involved in the wine industry before disease wiped it out, perhaps as an accomplished musician he met the Croft family into which he would marry.

In 1880 Louis was 21. On April 13, 1882 Letitia Croft and Louis De Grandi were married at St Joseph's Catholic Church and in 1883 their first daughter Ethel was born, followed by George, Hilda, Frances and Ernest. All were born in Meredith. Later children were born in Rupanyup and Warrnambool. The Crofts need little introduction to Meredith folk. They were part and parcel of the town since the 1860's when George and Mary arrived from Emu Bay, Tasmania. Letitia was a dressmaker. We don't hear much of her but no doubt pregnancies and child care kept her well occupied.

Louis immersed himself into the social and working life of Meredith. He was involved in the football club, cricket club and was appointed manager of the sporting common in 1884. Louis and his brother-in-law George Croft had a day dogs coursing with the Mathesons and Austins, amongst others, in 1884. He became temporary mining registrar for Steiglitz in 1886 before resigning in 1888. There was athletics coaching, training a young Hodge for the Ladies Bracelet at Stawell and rifle shooting. By 1887 Louis was captain of the Meredith team. He was recruited for the Ballarat artillery and at one point won the Sargood Cup. He competed interstate and earned a trip to New Zealand with the Victorian side

which won the championship in 1890. He was to shoot for another 60 years creating a series of records in a distinguished career.

In 1890 a decade after arriving in Meredith Louis and his family headed for Rupanyup. His impending departure was celebrated with a rousing send off at Cahirs Hotel. A few years later in Warrnambool Louis and his sons first established cycle businesses that are still operating over 100 years on. Louis died June 5, 1947 at Warrnambool.

Written by David Connoley, great grandson of Louis De Grandi.





Louis De Grandi, a man of many talents



MYTH BUSTERS



Residents weren't asked about the new waste system and it isn't working

Fact #1: Council asked for feedback before acting.

Council consulted with the community via:

- An online survey
- Community noticeboards
- Multiple community forums
- Public notices in the Geelong Advertiser and Ballarat Courier, and
- A poster campaign in community centres.

Fact #2: the new system is working.

- There has been an average increase in recycling of 55 tonnes per month over the first three months
- Many residents have provided positive feedback about the new service.

Fact #3: Golden Plains isn't the only shire with fortnightly collection.

 Wodonga, Glenorchy, Pyrenees (apart from Beaufort and Avoca), and Moorabool and Surf Coast (rural areas) shires have successful fortnightly collection.

Fact #4: what about the smell of nappies?

- In a test conducted at the Family Services Centre in Bannockburn, 150 nappies (in nappy bags) per day were put in a bin over a two week period including a 37 degree day.
- Many people were asked but no one could smell anything.

Fact #5: help is available.

 Council has created a dedicated waste and recycling website to help – visit letsgetitsorted.com.au for more information.



Too much Council expenditure is on staff benefits

Fact: 37% of operating expenditure goes toward total staff costs. This is expected for a service delivery organisation.

- Employee costs includes compulsory superannuation and work cover.
- The majority of staff are involved in areas like the outdoor works team, child care and aged care
- Providing services to and for the community is a key role of local government.
- The 'staff benefits' total includes staff funded by grants and fees paid by service users e.g. staff from the Family Services Centre.
- Geelong, Ballarat and Moorabool councils were all around 40% for last year.



Council will be raising rates by over 7.5% pa every year for the next 5 years

Fact: Council will comply with the State Government rate capping framework.

- Council is committed to meet the State Government rate cap, expected to be 3.05% in 2016-17.
- Council will not apply for any variation under the rate capping framework for the 2016/17 financial year.
- For more information, visit <u>www.vlga.org.au</u> and search 'rate capping'.



\$7 million will be spent on a Customer Service Centre redevelopment

Fact: this facility is not going ahead during the life of this Council.

- To meet the needs of a growing population, a Customer Service Centre redevelopment was proposed in Council's Strategic Resource Plan 2015-19. At a workshop in September, Council resolved not to proceed with it at this time.
- However, Council will be required to update the current Pope Street facility.



Council is footing the bill for the Bannockburn Heart

Fact: Bannockburn Heart will be approximately 77% funded by State and Federal grants and the remainder by Council and Community In-Kind works.

- Council is in the process of applying for multiple State and Federal Government grants for the majority of the Bannockburn Heart precinct.
- If Council is successful in this, further community consultation will occur to develop designs.
- Council has facilitated the development of the Bannockburn Heart to provide a civic centre and active recreation infrastructure to benefit the community.



Council makes money out of the new waste system

Fact: the waste charge in your rates is based on cost recovery

- The waste charge to residents is affected by the cost of rubbish going to landfill, less the income from recyclables
- The less rubbish that goes to landfill, the easier it will be to keep the waste charge at a reasonable level.

I Bought a Houseboat

Marg Cooper

Alan Caddy explains how "our family always lived out the east" as locals still refer to east Echuca. It is an area east of the town and east of the main tourist precinct. East Echuca remains a quiet residential area bordered by the Murray River and the water channel. Alan's mother worked at the United Ball Bearing Company known as UBBCO and his father was a bricklayer. Bowen Street, where they lived, was gravel and ended not far past their house. In his youth Alan worked at the Rice Mill and there was also a flour mill that is now a Woolworths store. There were two sawmills nearby, the Red Gum Mill was steam driven, there was an abattoir and the sleeper cutters had a spot mill and burnt flitches and scrub.

Alan particularly remembers the sounds of east Echuca: the deep resonating hum and the smack of the belts of the flour mill, the whistle of the Red Gum sawmill that was blown to start and finish work Monday to Friday, the sound of the logs going through the breaking down saw and the thousands of ball bearings dropping onto a steel tray to begin the next process 4-6 times a day at UBBCO. He also remembers the smell of flour and pollard of the flour mill, the smell of smoke from the fires burning refuse from sleeper cutting and the characters who lived in huts along the river.

So, with a touch of nostalgia Alan bought a houseboat which he moors in east Echuca on the Murray River. It needs some attention but Alan is enthusiastic and keen to get back there

as often as he can. His cousin moors his home made paddle boat called Ivy-May next to Alan's. His cousin has just completed a trip to Goolwa and back that took about seven months. Alan joined him for an early section of his trip and thoroughly enjoyed the experience.

A map that Alan drew of the area could have come from "Boys Own" adventures. What a wonderful place for a boy to grow up in!

Alan is caretaker at the Caroline Chisholm school camp on Pioneer Ridge Road. He loves the bush out there and is a keen observer of the many different birds!





Dr Mina Gurgius (Male GP)

Dr Gurgius is the principal doctor. He is a current examiner in the Royal Australian College of General Practitioners. He is highly qualified GP with several subspecialties.

Dr Priyanthi Perera (Permanent Female GP)

Dr Privanthi has a Diploma in Child Health (university of Sydney). She also has a special interest in Women's Health & skin cancer.

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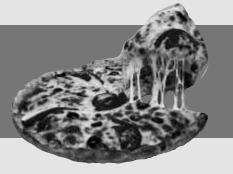
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